

Programmanr. 18
 22-9-2013 - 16:10

Dames, 400m vrije slag

 Senioren Open
 Resultaten

rang	naam		vereniging	inschrijftijd		tijd
1.	Selene Wortel		Z & Pc Dio	5:03.27	199700654	4:49.66
	50m: 32.50	32.50	150m: 250m:		350m:	
	100m: 1:08.98	36.48	200m: 2:23.11		400m: 4:49.66	
2.	Eva van Ginneken		Hieronymus	4:54.93	199800164	4:55.51
	50m: 32.71	32.71	150m: 250m:		350m:	
	100m: 1:09.46	36.75	200m: 2:25.06		400m: 4:55.51	
3.	Ceylan Dursun		Hieronymus	4:56.60	199602728	4:55.82
	50m: 32.86	32.86	150m: 250m:		350m:	
	100m: 1:09.35	36.49	200m: 2:24.50		400m: 4:55.82	
4.	Carina Spronk		zv De Vennen	5:04.47	199702382	5:05.08
	50m: 34.83	34.83	150m: 250m:		350m:	
	100m: 1:13.06	38.23	200m: 2:30.20		400m: 5:05.08	
5.	Nadja Wortel		Z & Pc Dio	5:07.48	199800798	5:07.61
	50m: 33.93	33.93	150m: 250m:		350m:	
	100m: 1:12.21	38.28	200m: 2:32.07		400m: 5:07.61	
6.	Manon Vermariën		Hieronymus	5:03.93	199705680	5:07.86
	50m: 36.16	36.16	150m: 250m:		350m:	
	100m: 1:15.45	39.29	200m: 2:34.02		400m: 5:07.86	
7.	Sanne van Gelder		Z & Pc Dio	5:11.53	199803390	5:11.74
	50m: 34.49	34.49	150m: 250m:		350m:	
	100m: 1:12.96	38.47	200m: 2:32.71		400m: 5:11.74	
8.	Jolanda Post		Z & Pc Dio	5:10.00	199004848	5:19.40
	50m: 35.08	35.08	150m: 250m:		350m:	
	100m: 1:13.80	38.72	200m: 2:33.83		400m: 5:19.40	
9.	Annika Spijker		Hieronymus	5:20.86	199902860	5:23.18
	50m: 35.40	35.40	150m: 250m:		350m:	
	100m: 1:15.54	40.14	200m: 2:39.63		400m: 5:23.18	
10.	Karlijn Spijker		Hieronymus	5:32.39	199902862	5:27.50
	50m: 35.51	35.51	150m: 250m:		350m:	
	100m: 1:16.72	41.21	200m: 2:41.92		400m: 5:27.50	
11.	Madelon van Uchelen		De Krabben	5:37.03	199604180	5:45.03
	50m: 35.69	35.69	150m: 250m:		350m:	
	100m: 1:17.00	41.31	200m:		400m: 5:45.03	
12.	Margaux Damen		Hieronymus	6:02.06	199704464	5:52.55
	50m: 39.46	39.46	150m: 250m:		350m:	
	100m: 1:23.33	43.87	200m: 2:52.62		400m: 5:52.55	
13.	Valesca Bogert		Hieronymus	NT	200102138	5:59.09
	50m: 39.27	39.27	150m: 250m:		350m:	
	100m: 1:23.42	44.15	200m: 2:55.82		400m: 5:59.09	
14.	Britt Boogaart		De Krabben	6:14.80	200203756	6:17.67
	50m: 41.18	41.18	150m: 250m:		350m:	
	100m: 1:27.14	45.96	200m: 3:04.82		400m: 6:17.67	