

Programmanr. 19  
 22-9-2013 - 16:30

Heren, 400m vrije slag

 Senioren Open  
 Resultaten

rang	naam		vereniging	inschrijftijd		tijd
1.	Stijn Avezaat		ZPC Woerden	4:14.36	199700729	4:12.49
	50m:	27.90	150m:	250m:	350m:	
	100m:	59.33	200m:	300m:	400m:	4:12.49
2.	Martijn Kornet		One Team Swimming	4:21.55	199700231	4:23.36
	50m:	29.53	150m:	250m:	350m:	
	100m:	1:01.63	200m:	300m:	400m:	4:23.36
3.	Andy van Akkeren		Hieronymus	4:28.42	199505381	4:36.47
	50m:	29.55	150m:	250m:	350m:	
	100m:	1:03.47	200m:	300m:	400m:	4:36.47
4.	Ronaldo Nagtzaam		O.Z. & P.C. De Warande	4:54.20	199803293	4:43.36
	50m:	29.55	150m:	250m:	350m:	
	100m:	1:04.40	200m:	300m:	400m:	4:43.36
5.	Viktor Warndorff		Hieronymus	6:23.95	199703885	4:52.77
	50m:	32.28	150m:	250m:	350m:	
	100m:	1:08.81	200m:	300m:	400m:	4:52.77
6.	Timo Musters		Z & Pc Dio	NT	199803325	4:59.47
	50m:	32.07	150m:	250m:	350m:	
	100m:	1:09.02	200m:	300m:	400m:	4:59.47
7.	Bram van Ginneken		Hieronymus	4:51.19	199501385	5:01.77
	50m:	33.64	150m:	250m:	350m:	
	100m:	1:11.11	200m:	300m:	400m:	5:01.77
8.	Martino Valentijn		Z & Pc Dio	5:10.58	199403913	5:07.41
	50m:	33.76	150m:	250m:	350m:	
	100m:	1:11.60	200m:	300m:	400m:	5:07.41
9.	Tom Kerstens		De Wildert	NT	199802479	5:24.21
	50m:	33.79	150m:	250m:	350m:	
	100m:	1:12.96	200m:	300m:	400m:	5:24.21
10.	Jordy Rens		Z & Pc Dio	6:00.57	199904431	5:29.33
	50m:	33.62	150m:	250m:	350m:	
	100m:	1:12.75	200m:	300m:	400m:	5:29.33
11.	Max Botermans		O.Z. & P.C. De Warande	5:40.33	200100999	5:44.36
	50m:	38.00	150m:	250m:	350m:	
	100m:	1:21.20	200m:	300m:	400m:	5:44.36
12.	Steyn Nieuwstad		Hieronymus	6:04.93	200102641	5:57.68
	50m:	40.92	150m:	250m:	350m:	
	100m:	1:27.58	200m:	300m:	400m:	5:57.68