

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
De Schelde								27
Amke Bruijnzeel, 11-4-1997								-
100m vrije slag	series	7.	1:10.13	384	1:08.87	25-11-2012	96%	
200m rugslag	series	11.	3:06.92	264	2:59.58	20-1-2013	92%	
Bas van Houwelingen, 27-9-1992								-
50m vrije slag	series	1.	24.29	583	24.18	11-1-2014	99%	
100m rugslag	series	2.	1:01.04	515	59.41	11-1-2014	95%	
200m vlinderslag	series	11.	2:33.79	357	2:23.60	20-3-2011	87%	
200m wisselslag	series	7.	2:23.70	444	2:14.31	10-1-2010	87%	
Bridget de Bat, 11-3-2004								2
100m vrije slag	series	4.	1:13.12	339	1:14.65	11-1-2014	104%	
50m vlinderslag	series	5.	38.83	247	39.88	11-1-2014	105%	
Cas van Vorstenbos, 30-12-1994								-
50m vrije slag	series	15.	27.40	406	25.84	11-3-2012	89%	
100m rugslag	series	12.	1:06.67	395	1:01.78	12-1-2013	86%	
200m vlinderslag	series	12.	2:35.12	348	2:22.61	11-3-2012	85%	
Cees van Houwelingen, 24-3-1963								-
50m vrije slag	series	9.	25.75	489	24.20	1-2-2001	88%	
200m wisselslag	series	15.	2:30.59	385	2:20.60	1-1-1999	87%	
Charlotte Allonsius, 6-11-1999								-
100m rugslag	series	12.	1:27.27	253	1:23.34	2-2-2014	91%	
200m schoolslag	series	9.	3:15.94	323	3:11.61	12-2-2012	96%	
Chiel de Pooter, 2-5-2001								2
400m vrije slag	series	8.	5:03.10	343	5:25.50	8-6-2013	115%	
100m schoolslag	series	8.	1:25.02	279	1:27.96	11-1-2014	107%	
Christian de Die, 3-6-1995								-
50m vrije slag	series	5.	25.29	517	25.00	12-1-2013	98%	
100m rugslag	series	10.	1:06.33	401	1:02.44	14-1-2012	89%	
200m vlinderslag	series	14.	2:39.49	320	NT		-	
200m wisselslag	series	12.	2:27.91	407	2:19.72	20-1-2013	89%	
Claudia de Buck, 3-9-1998								-
100m rugslag	series	11.	1:23.33	291	1:22.39	15-11-2013	98%	
200m schoolslag	series	11.	3:26.76	275	3:21.19	30-9-2012	95%	
Fabiënne Michielsen, 20-7-2000								-
400m vrije slag	series	NG		-	6:07.22	17-4-2011	-	
100m schoolslag	series	NG		-	1:33.15	12-1-2014	-	
Gijs de Pooter, 16-8-2003								2
100m vrije slag	series	6.	1:17.43	195	1:23.24	8-6-2013	116%	
50m vlinderslag	series	5.	41.64	143	45.05	9-6-2013	117%	
Hilde Scheele, 2-12-1999								3
100m rugslag	series	9.	1:22.79	296	1:27.56		112%	
200m vlinderslag	series	6.	2:47.40	375	3:19.87		143%	
200m wisselslag	series	7.	2:47.78	409	3:02.76		119%	
Ilse Cové, 5-2-2002								1
100m vrije slag	series	7.	1:16.65	294	1:23.10	10-3-2013	118%	
50m vlinderslag	series	9.	39.90	228	38.10	11-1-2014	91%	
Jasper van Riet, 4-2-1996								-
100m vrije slag	series	10.	1:02.39	373	1:00.04	14-10-2012	93%	
200m rugslag	series	10.	2:42.10	280	2:41.87	1-4-2012	100%	
Jochem de Bat, 2-10-2001								2
400m vrije slag	series	10.	5:12.03	314	5:31.57	8-6-2013	113%	
100m schoolslag	series	12.	1:30.03	235	1:32.70	11-1-2014	106%	
Jomme Bruijnzeel, 9-11-1999								2
100m rugslag	series	3.	1:08.59	363	1:09.47	11-1-2014	103%	
200m schoolslag	series	2.	2:52.43	342	3:07.76	22-1-2012	119%	
Josje van Houwelingen, 2-4-1990								2
50m vrije slag	series	1.	27.84	582	27.77	3-12-2005	99%	
100m rugslag	series	1.	1:06.47	573	1:05.44	12-2-2011	97%	
200m vlinderslag	series	2.	2:33.54	486	2:35.45	15-3-2009	103%	
200m wisselslag	series	1.	2:28.19	594	2:28.69	7-1-2006	101%	
Larissa Gelderland, 23-5-1996								-
50m vrije slag	series	AFGEM		-	29.64	1-4-2012	-	
100m rugslag	series	AFGEM		-	1:13.98	6-11-2011	-	
200m vlinderslag	series	AFGEM		-	2:51.65	6-11-2011	-	
200m wisselslag	series	AFGEM		-	2:39.66	11-3-2012	-	
Laura Reym, 23-6-1995								1
50m vrije slag	series	8.	31.11	417	30.79	16-12-2012	98%	
100m rugslag	series	7.	1:19.50	335	1:13.79	13-1-2013	86%	
200m vlinderslag	series	7.	2:55.45	326	2:59.00		104%	
200m wisselslag	series	10.	2:52.43	377	2:47.91	20-1-2013	95%	

Laura van Sabben, 2-11-1998								1
100m rugslag	series	2.	1:12.20	447	1:10.33	13-1-2013	95%	
200m schoolslag	series	8.	3:14.80	329	3:20.96	22-1-2012	106%	
Leon Faasse, 28-4-2000								1
400m vrije slag	series	2.	4:46.64	406	4:49.46	1-12-2013	102%	
100m schoolslag	series	7.	1:24.95	280	1:24.34	11-1-2014	99%	
Lore van Riel, 27-7-1997								-
100m vrije slag	series	8.	1:11.42	364	1:06.31	3-11-2013	86%	
200m rugslag	series	7.	2:47.69	366	2:46.02	20-1-2013	98%	
Lorenzo Bakker, 10-12-2003								2
100m vrije slag	series	9.	1:22.32	162	1:23.06	12-1-2014	102%	
50m vlinderslag	series	10.	49.37	86	51.03	15-12-2013	107%	
Luka Jaksic, 2-2-1996								-
100m vrije slag	series	9.	1:01.52	389	59.80	3-11-2013	94%	
200m rugslag	series	9.	2:40.38	289	2:39.73	10-3-2013	99%	
Marco de Bat, 18-2-1971								1
50m vrije slag	series	18.	28.76	351	28.37	26-1-2014	97%	
200m wisselslag	series	18.	3:03.22	214	3:13.51	7-4-2013	112%	
Marilène Rijnhout, 28-5-2002								-
100m vrije slag	series	9.	1:19.18	267	1:14.14	11-1-2014	88%	
50m vlinderslag	series	7.	39.66	232	38.35	11-1-2014	94%	
Marit Cornelissen, 17-2-2002								-
100m vrije slag	series	AFGEM	-	-	1:17.69	11-1-2014	-	
50m vlinderslag	series	AFGEM	-	-	40.33	11-1-2014	-	
Mirthe de Zeeuw, 2-12-2000								2
400m vrije slag	series	8.	5:43.81	318	6:12.45	21-10-2012	117%	
100m schoolslag	series	10.	1:35.67	281	1:35.94	10-3-2013	101%	
Niels Dieleman, 3-10-1999								-
100m rugslag	series	AFGEM	-	-	1:13.13	17-11-2013	-	
200m schoolslag	series	AFGEM	-	-	2:55.50	20-1-2013	-	
Romy de Bruijne, 31-5-1996								-
100m vrije slag	series	NG	-	-	1:06.04	17-11-2013	-	
200m rugslag	series	NG	-	-	3:04.42	14-11-2010	-	
Sanny Eulink, 6-8-2000								1
400m vrije slag	series	9.	5:50.18	301	6:49.92	17-4-2011	137%	
100m schoolslag	series	11.	1:38.70	256	1:34.78	29-9-2013	92%	
Thom Allonsius, 15-1-1997								-
100m vrije slag	series	11.	1:08.10	287	1:04.11	13-1-2013	89%	
200m rugslag	series	11.	2:46.20	260	2:38.10	1-4-2012	90%	
Xanthe van Riet, 1-12-1999								-
100m rugslag	series	AFGEM	-	-	1:20.63	12-1-2014	-	
200m schoolslag	series	AFGEM	-	-	NT	-	-	
Youri Groenewold, 10-7-2000								2
400m vrije slag	series	15.	5:51.37	220	6:28.23	15-4-2012	122%	
100m schoolslag	series	10.	1:26.11	269	1:26.42	17-11-2013	101%	

Hieronymus								39
Andy van Akkeren, 23-3-1995								2
200m vlinderslag	series	6.	2:23.66	438	2:28.92	20-10-2013	107%	
200m wisselslag	series	6.	2:22.20	458	2:23.21	12-1-2013	101%	
Annika Spijker, 17-12-1999								-
100m rugslag	series	8.	1:21.96	305	1:20.74	20-1-2013	97%	
200m schoolslag	series	12.	3:42.75	220	3:26.08	20-1-2013	86%	
Bas de Bruijn, 30-12-1994								-
100m rugslag	series	11.	1:06.43	399	1:04.02	14-1-2012	93%	
200m wisselslag	series	3.	2:15.34	531	2:15.07	10-3-2013	100%	
Bas Erdmann, 23-3-2000								2
400m vrije slag	series	12.	5:19.96	291	5:41.64	10-3-2013	114%	
100m schoolslag	series	6.	1:24.70	283	1:26.59	12-1-2014	105%	
Ceylan Dursun, 14-6-1996								1
100m vrije slag	series	AFGEM		-	1:03.87	10-3-2013	-	
200m rugslag	series	2.	2:37.94	438	2:41.09	10-3-2013	104%	
Christel Brugmans, 12-12-2000								1
400m vrije slag	series	5.	5:14.24	417	5:40.00		117%	
100m schoolslag	series	3.	1:26.81	376	1:25.48	8-12-2013	97%	
Coen de Bruijn, 6-7-1992								2
200m vlinderslag	series	3.	2:21.24	461	2:25.00		105%	
200m wisselslag	series	2.	2:11.28	582	2:11.29	11-1-2014	100%	
Cédric Broere, 13-12-1999								1
100m rugslag	series	4.	1:11.80	316	1:14.38	12-1-2013	107%	
200m schoolslag	series	3.	2:52.45	342	2:45.60	31-8-2013	92%	
Dennis van Wensen, 15-9-1997								1
100m vrije slag	series	6.	58.40	455	57.46	13-1-2013	97%	
200m rugslag	series	6.	2:30.77	348	2:32.75	26-2-2012	103%	
Eva van Ginneken, 10-1-1998								1
50m vrije slag	series	3.	28.67	533	28.62	30-11-2013	100%	
100m rugslag	series	3.	1:11.23	466	1:09.43	12-1-2014	95%	
200m vlinderslag	series	5.	2:45.82	386	2:47.44		102%	
200m wisselslag	series	3.	2:35.56	513	2:33.43	20-10-2013	97%	
Fabian Sebregts, 21-3-1995								1
50m vrije slag	series	14.	26.46	451	26.17	4-11-2012	98%	
100m rugslag	series	6.	1:05.78	411	1:04.95	2-12-2012	97%	
200m wisselslag	series	10.	2:25.31	429	2:25.74	20-1-2013	101%	
Jan van Opstal, 1-12-1986								1
50m vrije slag	series	6.	25.46	506	25.29	30-5-2012	99%	
100m rugslag	series	8.	1:05.97	408	1:07.15	10-3-2013	104%	
Janne Englebert, 4-3-2001								1
400m vrije slag	series	11.	5:15.14	305	5:07.37	28-12-2013	95%	
100m schoolslag	series	14.	1:39.05	176	1:43.06	31-8-2013	108%	
Jannemieke van Avezaath, 11-2-1989								-
50m vrije slag	series	NG		-	30.25	14-3-2010	-	
100m rugslag	series	NG		-	1:14.89	7-2-2010	-	
Jennefer van Terheijden, 25-1-1998								-
100m vrije slag	series	3.	1:05.46	473	1:04.66	11-1-2014	98%	
200m rugslag	series	6.	2:46.37	375	2:41.68	11-3-2012	94%	
Job Erdmann, 7-9-2003								2
100m vrije slag	series	10.	1:27.00	137	1:31.25	20-10-2013	110%	
50m vlinderslag	series	8.	46.08	105	58.48	14-4-2013	161%	
Karlijn Spijker, 17-12-1999								1
100m rugslag	series	9.	1:22.27	302	1:21.84	16-12-2012	99%	
200m schoolslag	series	10.	3:19.49	306	3:24.43	20-1-2013	105%	
Kelly van Dongen, 21-3-2000								1
400m vrije slag	series	11.	5:52.14	296	NT		-	
100m schoolslag	series	5.	1:29.29	346	1:29.67	8-12-2013	101%	
Lars Kammers, 19-5-2001								2
400m vrije slag	series	14.	5:47.15	228	6:00.33	8-6-2013	108%	
100m schoolslag	series	15.	1:44.72	149	1:45.49	31-8-2013	101%	
Laura van Dijke, 22-1-1998								1
100m rugslag	series	6.	1:17.29	364	1:17.97	8-12-2013	102%	
200m schoolslag	series	2.	2:54.85	455	2:54.21	6-10-2013	99%	
Linda van Zundert, 1-4-1985								-
50m vrije slag	series	9.	32.98	350	32.03	14-10-2012	94%	
100m rugslag	series	10.	1:35.16	195	1:32.89	20-1-2013	95%	
Luka de Neef, 3-1-2004								1
100m vrije slag	series	10.	1:20.01	259	1:19.62	15-12-2013	99%	
50m vlinderslag	series	10.	41.51	202	43.39	26-1-2014	109%	
Maartje Tak, 29-1-2000								-
400m vrije slag	series	7.	5:35.75	342	5:27.30	21-10-2012	95%	
100m schoolslag	series	9.	1:32.75	308	1:32.19	10-3-2013	99%	

Manon Vermariën, 26-5-1997									1
200m wisselslag	series	9.	2:51.65	382	2:54.42	20-10-2013	103%		
Nadia Dahmani, 21-3-2001									1
400m vrije slag	series	10.	5:51.97	297	5:59.02	30-8-2013	104%		
100m schoolslag	series	8.	1:32.45	311	1:29.35	31-8-2013	93%		
Nick Vissers, 3-10-1999									1
100m rugslag	series	6.	1:14.11	287	1:16.37	22-12-2013	106%		
Niels van Beers, 18-3-1999									1
100m rugslag	series	7.	1:19.76	231	1:27.76	11-11-2012	121%		
200m schoolslag	series	6.	3:06.77	269	NT		-		
Nienke Jonk, 21-1-2002									1
100m vrije slag	series	1.	1:09.25	399	1:09.78	11-1-2014	102%		
50m vlinderslag	series	1.	34.56	351	33.25	30-11-2013	93%		
Nikki Burcksen, 28-4-1997									-
50m vrije slag	series	4.	29.00	515	28.36	20-11-2010	96%		
100m rugslag	series	5.	1:15.49	391	1:12.58	5-12-2010	92%		
200m wisselslag	series	6.	2:47.67	410	2:44.39	14-11-2010	96%		
Paul Koster, 30-1-1993									-
50m vrije slag	series	2.	24.76	551	24.25	8-11-2009	96%		
100m rugslag	series	5.	1:04.13	444	1:02.58	14-1-2012	95%		
200m vlinderslag	series	10.	2:33.27	360	2:22.51	10-3-2013	86%		
Ramon Verhulst, 5-3-1996									-
100m vrije slag	series	4.	58.05	463	56.35	12-10-2013	94%		
200m rugslag	series	1.	2:18.05	454	2:14.80	10-3-2013	95%		
Roos Englebort, 25-4-2002									1
100m vrije slag	series	2.	1:09.81	390	1:09.59	11-1-2014	99%		
50m vlinderslag	series	2.	36.09	308	36.95	30-11-2013	105%		
Rowey van de Klundert, 6-9-1996									2
100m vrije slag	series	6.	1:07.50	431	1:09.63	7-4-2013	106%		
200m rugslag	series	9.	2:49.18	357	2:54.56	20-1-2013	106%		
Sanne Rebers, 26-9-1999									1
100m vrije slag	series	9.	1:11.74	359	1:10.11	23-6-2013	96%		
200m rugslag	series	5.	2:43.84	393	2:53.22	20-3-2011	112%		
Sarah Uuldriks, 3-4-2000									2
400m vrije slag	series	3.	5:06.91	448	5:46.90	12-6-2011	128%		
100m schoolslag	series	4.	1:26.90	375	1:27.14	2-12-2012	101%		
Senna Lindenberg, 5-12-1999									2
100m rugslag	series	4.	1:14.92	400	1:16.45	10-3-2013	104%		
200m schoolslag	series	6.	3:02.19	402	3:07.18	10-3-2013	106%		
Steyn Nieuwstad, 21-3-2001									1
400m vrije slag	series	13.	5:43.84	235	5:50.56	23-11-2013	104%		
100m schoolslag	series	13.	1:36.62	190	1:36.21	8-12-2013	99%		
Wessel Heijnemans, 16-4-2003									2
100m vrije slag	series	7.	1:17.72	193	1:20.44	12-1-2014	107%		
50m vlinderslag	series	9.	47.33	97	49.50	26-1-2014	109%		
Wimar Lindenberg, 8-12-1996									1
100m vrije slag	series	1.	52.65	621	51.62	20-10-2013	96%		
200m rugslag	series	5.	2:26.47	380	2:32.27	10-3-2013	108%		

Onderdak

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Sbc2000								
Anne May Alkemade, 31-5-1999								1
100m vrije slag	series	4.	1:06.83	444	1:06.63	11-1-2014	99%	
200m ruqslag	series	4.	2:41.28	412	2:43.85	8-12-2013	103%	
Anne Paulusse, 4-4-2002								1
100m vrije slag	series	3.	1:10.24	383	1:10.17	2-2-2014	100%	
50m vlinderslag	series	3.	36.30	302	36.38	30-11-2013	100%	
Chloë de Vetter, 11-9-2001								2
400m vrije slag	series	6.	5:20.66	392	5:40.53	18-5-2013	113%	
100m schoolslag	series	6.	1:29.75	340	1:30.01	11-1-2014	101%	
Dagmar Alderlieste, 13-4-2001								1
100m vrije slag	series	10.	1:12.74	344	1:12.57	19-1-2014	100%	
200m ruqslag	series	10.	2:53.75	329	2:55.03	14-4-2013	101%	
Erwin van Boven, 16-11-1985								-
50m vrije slag	series	11.	25.92	480	25.83	1-12-2013	99%	
100m ruqslag	series	14.	1:07.24	385	1:05.09	12-1-2013	94%	
Florian van Esch, 22-5-2000								2
400m vrije slag	series	6.	4:57.65	362	6:01.08	28-3-2010	147%	
100m schoolslag	series	11.	1:27.42	257	1:30.77	24-11-2013	108%	
Gian Passania, 10-7-1998								2
100m vrije slag	series	8.	59.69	426	1:01.62	19-1-2014	107%	
200m rugslag	series	7.	2:39.50	294	2:40.94	10-11-2013	102%	
Joeri Prins, 15-7-1993								-
100m rugslag	series	4.	1:03.95	448	1:02.36	18-12-2011	95%	
200m vlinderslag	series	5.	2:22.79	446	2:19.67	14-3-2010	96%	
200m wisselslag	series	8.	2:23.99	441	2:21.39	11-1-2014	96%	
Jordy Jongenelen, 1-4-1995								1
50m vrije slag	series	17.	28.41	364	28.70	27-2-2011	102%	
200m vlinderslag	series	7.	2:27.21	407	2:27.20	18-12-2011	100%	
200m wisselslag	series	13.	2:28.96	398	2:25.78	18-12-2011	96%	
Justin Slootweg, 11-1-2002								1
100m vrije slag	series	1.	1:11.99	243	1:10.91	12-1-2014	97%	
50m vlinderslag	series	2.	37.17	201	37.20	1-12-2013	100%	
Kim Vos, 11-1-2000								1
400m vrije slag	series	1.	4:47.72	543	4:53.90	10-11-2013	104%	
100m schoolslag	series	1.	1:17.45	530	1:17.24	2-2-2014	99%	
Larissa Bakker, 6-11-2000								-
100m ruqslag	series	10.	1:22.64	298	1:20.02	12-1-2014	94%	
200m schoolslag	series	7.	3:14.65	330	3:13.80	20-1-2013	99%	
Laura Roelevink, 21-7-1998								1
50m vrije slag	series	7.	30.57	439	30.01	16-12-2012	96%	
100m rugslag	series	6.	1:18.22	352	1:15.32	13-1-2013	93%	
200m wisselslag	series	8.	2:49.20	399	2:53.95	17-4-2011	106%	
Luciën van Esch, 22-5-2000								2
400m vrije slag	series	9.	5:05.63	334	5:46.34	25-3-2012	128%	
100m schoolslag	series	5.	1:20.73	326	1:21.97	24-11-2013	103%	
Melvin Prins, 3-4-1995								2
100m rugslag	series	1.	59.77	548	1:00.24	11-1-2014	102%	
200m vlinderslag	series	1.	2:14.27	536	2:15.58	8-12-2013	102%	
200m wisselslag	series	5.	2:17.30	509	2:15.84	11-1-2014	98%	
Myrthe Bakker, 20-1-2000								-
100m ruqslag	series	3.	1:14.70	404	1:12.29	12-1-2014	94%	
200m schoolslag	series	1.	2:49.30	502	2:45.35	1-2-2014	95%	
Nick van Irsel, 15-3-2000								1
100m vrije slag	series	7.	59.68	426	58.47	2-2-2014	96%	
200m rugslag	series	8.	2:39.84	292	2:49.21	26-5-2013	112%	
Nils Mulder, 17-3-2003								1
100m vrije slag	series	3.	1:14.60	218	1:17.69	12-1-2014	108%	
50m vlinderslag	series	1.	36.84	207	36.47	1-12-2013	98%	
Pim Verdaasdonk, 26-3-2001								-
400m vrije slag	series	4.	4:55.27	371	4:54.47	31-1-2014	99%	
100m schoolslag	series	3.	1:19.24	345	1:18.40	2-2-2014	98%	
Sven Alderlieste, 3-2-1995								1
50m vrije slag	series	8.	25.69	493	25.49	17-11-2013	98%	
100m ruqslag	series	7.	1:05.92	409	1:03.83	11-1-2014	94%	
200m wisselslag	series	9.	2:24.99	432	2:26.19	20-1-2013	102%	
Valerie Jongenelen, 27-4-1997								-
100m rugslag	series	8.	1:19.99	329	1:10.70	13-1-2013	78%	
200m vlinderslag	series	8.	3:06.80	270	2:51.31	21-10-2012	84%	
200m wisselslag	series	11.	2:55.39	358	2:38.83	13-1-2013	82%	

unattached

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Z & PC De Zeeuwse Kust								33
Aidan Andersen, 24-3-2003								1
100m vrije slag	series	2.	1:14.49	219	1:15.98	12-1-2014	104%	
50m vlinderslag	series	6.	42.72	132	41.20	12-1-2014	93%	
Annabel van Zetten, 9-8-2002								1
100m vrije slag	series	6.	1:16.33	298	1:15.51	11-1-2014	98%	
50m vlinderslag	series	6.	39.57	233	39.72	11-1-2014	101%	
Babet de Voogd, 19-6-2003								1
100m vrije slag	series	8.	1:18.36	275	1:17.98	11-1-2014	99%	
50m vlinderslag	series	8.	39.75	230	47.18	21-4-2013	141%	
Carmen Weezepeel, 10-1-2003								-
100m vrije slag	series	NG	-	-	1:20.24	24-11-2013	-	
50m vlinderslag	series	NG	-	-	44.53	24-11-2013	-	
Céline Brink, 24-2-2000								1
100m rugslag	series	5.	1:15.08	398	1:15.60	12-1-2014	101%	
200m schoolslag	series	3.	2:58.48	428	2:56.96	19-1-2014	98%	
Demi van der Werf, 24-7-1997								2
100m vrije slag	series	2.	1:04.13	503	1:05.13	22-1-2012	103%	
200m rugslag	series	3.	2:38.92	430	2:42.96	18-12-2011	105%	
Eline Bekkers, 31-8-1999								1
100m rugslag	series	7.	1:18.71	345	1:18.19	12-1-2014	99%	
200m schoolslag	series	5.	3:01.29	408	3:09.33	22-1-2012	109%	
Esther Tiemersma, 2-2-2002								-
100m vrije slag	series	5.	1:13.76	330	1:13.05	11-1-2014	98%	
50m vlinderslag	series	4.	38.33	257	38.28	11-1-2014	100%	
Eva van Elsen, 7-6-1999								2
100m rugslag	series	1.	1:12.13	448	1:13.74	13-10-2013	105%	
200m schoolslag	series	4.	3:00.06	417	3:05.66	19-1-2014	106%	
Evert Nieuwland, 18-6-2002								2
100m vrije slag	series	8.	1:17.78	192	1:19.04	12-1-2014	103%	
50m vlinderslag	series	7.	43.99	121	47.35	12-1-2014	116%	
Guido Brink, 21-1-2002								-
100m vrije slag	series	4.	1:16.04	206	1:13.29	9-2-2014	93%	
50m vlinderslag	series	4.	41.03	149	39.91	12-1-2014	95%	
Jan Brink, 29-1-1962								1
50m vrije slag	series	13.	26.39	455	26.49	11-1-2014	101%	
200m vlinderslag	series	15.	2:48.62	270	NT	-	-	
200m wisselslag	series	14.	2:29.00	398	2:28.20	12-1-2014	99%	
Jasper Rouwendal, 28-4-1990								2
50m vrije slag	series	4.	25.09	529	25.89	12-1-2014	106%	
200m vlinderslag	series	8.	2:31.78	371	2:31.70	14-4-2013	100%	
200m wisselslag	series	4.	2:16.63	516	2:22.35	14-4-2013	109%	
Jeroen Aerssens, 6-3-2001								2
400m vrije slag	series	3.	4:46.84	405	5:07.30	8-6-2013	115%	
100m schoolslag	series	4.	1:20.11	334	1:21.38	11-1-2014	103%	
Joeri van Wallenburg, 28-11-1990								-
50m vrije slag	series	12.	26.06	472	24.86	10-1-2009	91%	
100m rugslag	series	9.	1:06.19	404	1:00.94	10-1-2009	85%	
200m vlinderslag	series	9.	2:33.12	361	2:19.67	14-3-2009	83%	
Jonathan Davidse, 10-3-1997								2
50m vrije slag	series	7.	25.54	502	24.35	2-2-2014	91%	
200m vlinderslag	series	4.	2:21.59	457	2:33.49	1-4-2013	118%	
200m wisselslag	series	1.	2:10.83	588	2:12.21	12-1-2014	102%	
Jozua Leenheer, 20-8-1999								2
100m rugslag	series	5.	1:13.67	293	1:15.24	11-1-2014	104%	
200m schoolslag	series	4.	2:57.88	312	3:10.93	20-1-2013	115%	
Kalle van Gemert, 17-8-1998								2
100m rugslag	series	1.	1:06.01	407	1:07.35	11-1-2014	104%	
200m schoolslag	series	1.	2:41.10	420	2:45.54	6-10-2013	106%	
Kirsten Walraven, 18-3-2000								1
400m vrije slag	series	2.	4:54.70	506	5:01.64	10-3-2013	105%	
100m schoolslag	series	2.	1:25.71	391	1:23.57	12-1-2014	95%	
Kyra Marinissen, 15-6-2001								1
400m vrije slag	series	4.	5:13.95	418	5:14.06	1-12-2013	100%	
100m schoolslag	series	7.	1:32.00	316	1:29.83	12-1-2014	95%	
Laura Nieuwland, 14-1-2000								-
50m vrije slag	series	6.	29.19	505	28.53	31-1-2014	96%	
200m vlinderslag	series	1.	2:31.63	505	2:30.94	2-2-2014	99%	
200m wisselslag	series	5.	2:37.22	497	2:33.81	11-1-2014	96%	
Manon Aerssens, 20-4-1999								-
50m vrije slag	series	2.	28.04	570	27.87	13-10-2013	99%	
100m rugslag	series	2.	1:10.15	488	1:08.89	12-1-2014	96%	
200m vlinderslag	series	4.	2:44.80	393	NT	-	-	
200m wisselslag	series	4.	2:36.99	499	2:28.68	11-1-2014	90%	

Marloes van der Vlies, 30-9-1998								-
100m vrije slag	series	1.	1:03.89	508	1:03.80	28-12-2013	100%	
200m rugslag	series	1.	2:31.98	492	2:29.54	10-3-2013	97%	
Melle van Gemert, 28-8-2001								2
400m vrije slag	series	5.	4:56.37	367	5:10.30	8-6-2013	110%	
100m schoolslag	series	9.	1:25.38	276	1:25.88	28-12-2013	101%	
Niek de Ridder, 3-4-1988								-
50m vrije slag	series	10.	25.82	485	24.89	6-1-2007	93%	
200m vlinderslag	series	2.	2:19.75	475	2:16.58	22-4-2007	96%	
200m wisselslag	series	11.	2:27.05	414	2:12.85	11-1-2009	82%	
Nikita van den Ouden, 14-9-1999								1
50m vrije slag	series	5.	29.09	510	29.20	12-1-2014	101%	
100m rugslag	series	3.	1:11.23	466	1:10.53	12-1-2014	98%	
200m vlinderslag	series	3.	2:38.19	445	2:36.52	1-12-2013	98%	
200m wisselslag	series	2.	2:30.32	569	2:28.91	1-11-2013	98%	
Noa Eversdijk, 15-2-1999								-
100m vrije slag	series	3.	57.13	486	55.95	12-1-2014	96%	
200m rugslag	series	3.	2:21.80	419	2:20.00	10-11-2013	97%	
Pablo Mol, 16-5-1999								1
100m rugslag	series	2.	1:08.48	365	1:07.83	11-1-2014	98%	
200m schoolslag	series	5.	3:03.34	285	3:29.31	20-1-2013	130%	
Remy Vane, 25-7-2002								2
100m vrije slag	series	5.	1:16.36	203	1:18.78	7-4-2013	106%	
50m vlinderslag	series	3.	39.93	162	41.03	24-11-2013	106%	
Ruden de Ridder, 23-6-2000								2
400m vrije slag	series	1.	4:25.35	511	4:28.31	28-12-2013	102%	
100m schoolslag	series	1.	1:13.45	433	1:14.60	11-1-2014	103%	
Sam Zegelink, 12-10-2000								-
50m vrije slag	series	NG		-	30.17	12-1-2014	-	
400m vrije slag	series	NG		-	5:22.38	21-10-2012	-	
Sarinah Leenheer, 19-10-1997								-
100m vrije slag	series	5.	1:07.32	435	1:06.51	12-1-2013	98%	
200m rugslag	series	8.	2:48.67	360	2:45.67	10-3-2013	96%	
Sem van Elsen, 26-3-2001								-
400m vrije slag	series	7.	5:01.78	347	NT		-	
100m schoolslag	series	2.	1:17.72	366	1:15.63	2-2-2014	95%	
Stefan Roovers, 12-7-1991								-
50m vrije slag	series	16.	28.13	375	27.09	2-5-2010	93%	
100m rugslag	series	3.	1:02.74	474	1:01.71	14-1-2012	97%	
200m vlinderslag	series	13.	2:38.61	325	2:26.28	14-3-2010	85%	
200m wisselslag	series	17.	2:38.17	332	2:23.17	15-1-2012	82%	
Steven Uijl, 2-12-1993								-
50m vrije slag	series	3.	25.06	531	24.67	12-1-2013	97%	
100m rugslag	series	13.	1:07.02	389	1:05.24	8-1-2011	95%	
200m wisselslag	series	16.	2:37.15	339	2:21.23	16-1-2011	81%	
Thijmen Visser, 27-3-2000								-
100m vrije slag	series	5.	58.12	462	57.04	2-2-2014	96%	
200m rugslag	series	4.	2:22.89	409	2:21.20	31-1-2014	98%	
Tom van Elsen, 4-2-1997								1
50m vrije slag	series	BM	24.13	595	23.94	11-1-2014	98%	
100m vrije slag	series	2.	52.66	621	52.49	12-1-2014	99%	
200m rugslag	series	2.	2:18.10	453	2:25.63	11-3-2012	111%	