

Programmanr. 19
 16-2-2014 - 15:55

Jongens, 400m vrije slag

 Jongens Junioren 2 en later
 Resultaten

rang	naam		vereniging	inschrijftijd		tijd						
1.	Ruden de Ridder		Z & PC De Zeeuwse Kust	4:28.31	200001587	4:25.35						
	50m:	28.56	150m:	1:35.98	33.78	250m:	2:43.55	33.72	350m:	3:52.00	34.14	
	100m:	1:02.20	33.64	200m:	2:09.83	33.85	300m:	3:17.86	34.31	400m:	4:25.35	33.35
2.	Leon Faasse		De Schelde	4:49.46	200002473	4:46.64						
	50m:	32.29	32.29	150m:	1:44.67	36.89	250m:	2:58.83	37.17	350m:	4:12.40	36.38
	100m:	1:07.78	35.49	200m:	2:21.66	36.99	300m:	3:36.02	37.19	400m:	4:46.64	34.24
3.	Jeroen Aerssens		Z & PC De Zeeuwse Kust	5:07.30	200100061	4:46.84						
	50m:	32.40	32.40	150m:	1:45.86	37.29	250m:	3:00.59	37.28	350m:	4:12.96	35.34
	100m:	1:08.57	36.17	200m:	2:23.31	37.45	300m:	3:37.62	37.03	400m:	4:46.84	33.88
4.	Pim Verdaasdonk		Sbc2000	4:54.47	200100621	4:55.27						
	50m:	31.30	31.30	150m:	1:47.22	38.36	250m:	3:04.49	38.14	350m:	4:19.79	37.37
	100m:	1:08.86	37.56	200m:	2:26.35	39.13	300m:	3:42.42	37.93	400m:	4:55.27	35.48
5.	Melle van Gemert		Z & PC De Zeeuwse Kust	5:10.30	200100687	4:56.37						
	50m:	33.93	33.93	150m:	1:50.21	38.06	250m:	3:06.81	38.46	350m:	4:19.62	36.27
	100m:	1:12.15	38.22	200m:	2:28.35	38.14	300m:	3:43.35	36.54	400m:	4:56.37	36.75
6.	Florian van Esch		Sbc2000	6:01.08	200001355	4:57.65						
	50m:	32.38	32.38	150m:	1:48.47	38.77	250m:	3:05.79	38.74	350m:	4:21.51	37.33
	100m:	1:09.70	37.32	200m:	2:27.05	38.58	300m:	3:44.18	38.39	400m:	4:57.65	36.14
7.	Sem van Elsen		Z & PC De Zeeuwse Kust	NT	200101333	5:01.78						
	50m:	32.80	32.80	150m:	1:48.98	39.33	250m:	3:06.36	38.80	350m:	4:24.98	39.68
	100m:	1:09.65	36.85	200m:	2:27.56	38.58	300m:	3:45.30	38.94	400m:	5:01.78	36.80
8.	Chiel de Pooter		De Schelde	5:25.50	200101355	5:03.10						
	50m:	33.72	33.72	150m:	1:51.57	39.40	250m:	3:10.03	38.44	350m:	4:26.69	38.11
	100m:	1:12.17	38.45	200m:	2:31.59	40.02	300m:	3:48.58	38.55	400m:	5:03.10	36.41
9.	Luciën van Esch		Sbc2000	5:46.34	200001359	5:05.63						
	50m:	32.46	32.46	150m:	1:48.55	38.67	250m:	3:06.76	39.14	350m:	4:26.34	40.04
	100m:	1:09.88	37.42	200m:	2:27.62	39.07	300m:	3:46.30	39.54	400m:	5:05.63	39.29
10.	Jochem de Bat		De Schelde	5:31.57	200102709	5:12.03						
	50m:	35.00	35.00	150m:	1:52.55	39.56	250m:	3:12.33	39.59	350m:	4:32.58	39.93
	100m:	1:12.99	37.99	200m:	2:32.74	40.19	300m:	3:52.65	40.32	400m:	5:12.03	39.45
11.	Janne Englebert		Hieronymus	5:07.37	200101561	5:15.14						
	50m:	35.29	35.29	150m:	1:54.36	39.78	250m:	3:14.84	40.49	350m:	4:36.43	40.45
	100m:	1:14.58	39.29	200m:	2:34.35	39.99	300m:	3:55.98	41.14	400m:	5:15.14	38.71
12.	Bas Erdmann		Hieronymus	5:41.64	200003065	5:19.96						
	50m:	36.35	36.35	150m:	1:56.89	40.73	250m:	3:20.52	41.90	350m:	4:42.75	40.82
	100m:	1:16.16	39.81	200m:	2:38.62	41.73	300m:	4:01.93	41.41	400m:	5:19.96	37.21
13.	Steyn Nieuwstad		Hieronymus	5:50.56	200102641	5:43.84						
	50m:	39.38	39.38	150m:	2:05.69	43.10	250m:	3:34.25	43.96	350m:	5:02.11	43.66
	100m:	1:22.59	43.21	200m:	2:50.29	44.60	300m:	4:18.45	44.20	400m:	5:43.84	41.73
14.	Lars Kammers		Hieronymus	6:00.33	200100497	5:47.15						
	50m:	37.48	37.48	150m:	2:05.38	44.63	250m:	3:35.46	45.29	350m:	5:05.44	44.55
	100m:	1:20.75	43.27	200m:	2:50.17	44.79	300m:	4:20.89	45.43	400m:	5:47.15	41.71
15.	Youri Groenewold		De Schelde	6:28.23	200002481	5:51.37						
	50m:	34.94	34.94	150m:	2:00.44	44.14	250m:	3:31.76	46.15	350m:	5:05.83	46.72
	100m:	1:16.30	41.36	200m:	2:45.61	45.17	300m:	4:19.11	47.35	400m:	5:51.37	45.54