

Programmanr. 11
 8-3-2014 - 18:40

Dames, 1500m vrije slag

 Dames Senioren Open
 Resultaten

Rang					In.tijd			Tijd
1.	Kuijlaars Anouk		zc AquaDream		20:00.58	199401700		20:35.73
	100m:	1:15.42 1:15.42	500m:	6:38.36 1:22.04	900m:	12:14.10 1:24.78	1300m:	17:50.04 1:24.62
	200m:	2:34.80 1:19.38	600m:	8:01.45 1:23.09	1000m:	13:37.73 1:23.63	1400m:	19:13.80 1:23.76
	300m:	3:54.39 1:19.59	700m:	9:25.39 1:23.94	1100m:	15:01.45 1:23.72	1500m:	20:35.73 1:21.93
	400m:	5:16.32 1:21.93	800m:	10:49.32 1:23.93	1200m:	16:25.42 1:23.97		
2.	Larissa Jansen		De Bevelanders		20:29.26	199500660		20:58.67
	100m:	1:15.70 1:15.70	500m:	6:48.38 1:24.53	900m:	12:28.55 1:26.94	1300m:	18:11.74 1:26.03
	200m:	2:36.07 1:20.37	600m:	8:13.91 1:25.53	1000m:	13:54.02 1:25.47	1400m:	19:36.99 1:25.25
	300m:	3:59.73 1:23.66	700m:	9:38.22 1:24.31	1100m:	15:19.39 1:25.37	1500m:	20:58.67 1:21.68
	400m:	5:23.85 1:24.12	800m:	11:01.61 1:23.39	1200m:	16:45.71 1:26.32		
3.	Lilianne Sweere		zc AquaDream		NT	199704376		22:23.06
	100m:	1:23.62 1:23.62	500m:	7:27.32 1:32.00	900m:	13:31.28 1:29.65	1300m:	19:31.44 1:29.16
	200m:	2:53.53 1:29.91	600m:	8:57.63 1:30.31	1000m:	15:01.32 1:30.04	1400m:	21:00.35 1:28.91
	300m:	4:24.16 1:30.63	700m:	10:29.69 1:32.06	1100m:	16:32.41 1:31.09	1500m:	22:23.06 1:22.71
	400m:	5:55.32 1:31.16	800m:	12:01.63 1:31.94	1200m:	18:02.28 1:29.87		
4.	Mariëtte Bulman		zc AquaDream		NT	199506846		22:33.60
	100m:	1:20.67 1:20.67	500m:	7:18.56 30.89	900m:	13:25.64 1:32.05	1300m:	19:35.54 1:31.22
	200m:	2:48.78 1:28.11	600m:	8:49.02 1:30.46	1000m:	14:59.70 1:34.06	1400m:	21:08.61 1:33.07
	300m:	4:18.06 1:29.28	700m:	10:20.79 1:31.77	1100m:	16:30.90 1:31.20	1500m:	22:33.60 1:24.99
	400m:	6:47.67 2:29.61	800m:	11:53.59 1:32.80	1200m:	18:04.32 1:33.42		
5.	Marjan Smeets - Rolffs		O.Z. & P.C. De Warande		25:16.97	197000976		26:01.76
	100m:	1:33.39 1:33.39	500m:	8:30.60 1:45.06	900m:	15:31.89 1:45.09	1300m:	22:36.00 1:44.93
	200m:	3:15.95 1:42.56	600m:	10:15.42 1:44.82	1000m:	17:18.36 1:46.47	1400m:	24:20.39 1:44.39
	300m:	5:00.51 1:44.56	700m:	12:01.00 1:45.58	1100m:	19:04.73 1:46.37	1500m:	26:01.76 1:41.37
	400m:	6:45.54 1:45.03	800m:	13:46.80 1:45.80	1200m:	20:51.07 1:46.34		