

Programmanr. 4  
 8-3-2014 - 14:05

Dames, 400m wisselslag

 Dames Senioren Open  
 Resultaten

Rang									In.tijd	Tijd		
1.	Soraya Wasser			Psv				5:36.39	199901358	5:28.63		
	50m:	34.34	34.34	150m:	1:59.57	43.72	250m:	3:28.40	45.98	350m:	4:52.53	37.70
	100m:	1:15.85	41.51	200m:	2:42.42	42.85	300m:	4:14.83	46.43	400m:	5:28.63	36.10
2.	Eva van Ginneken			Hieronymus				5:38.45	199800164	5:39.54		
	50m:	37.20	37.20	150m:	2:05.91	44.31	250m:	3:37.75	49.08	350m:	5:04.51	36.83
	100m:	1:21.60	44.40	200m:	2:48.67	42.76	300m:	4:27.68	49.93	400m:	5:39.54	35.03
3.	Kyra Marinissen			Z & PC De Zeeuwse Kust				NT	200101202	5:54.27		
	50m:	38.72	38.72	150m:	2:11.73	45.97	250m:	3:45.77	50.26	350m:	5:17.48	41.35
	100m:	1:25.76	47.04	200m:	2:55.51	43.78	300m:	4:36.13	50.36	400m:	5:54.27	36.79
4.	Larissa Jansen			De Bevelanders				5:44.47	199500660	5:57.06		
	50m:	35.64	35.64	150m:	2:05.78	46.67	250m:	3:41.61	50.69	350m:	5:16.18	43.10
	100m:	1:19.11	43.47	200m:	2:50.92	45.14	300m:	4:33.08	51.47	400m:	5:57.06	40.88
5.	Valesca van den Bogert			Hieronymus				NT	200102138	6:06.97		
	50m:	38.33	38.33	150m:	2:09.16	47.22	250m:	3:50.43	54.55	350m:	5:28.20	42.84
	100m:	1:21.94	43.61	200m:	2:55.88	46.72	300m:	4:45.36	54.93	400m:	6:06.97	38.77
6.	Kimberly Bernaards			Hieronymus				NT	200101600	6:54.86		
	50m:	40.45	40.45	150m:	2:23.48	49.73	250m:	4:12.22	59.59	350m:	6:06.89	52.41
	100m:	1:33.75	53.30	200m:	3:12.63	49.15	300m:	5:14.48	1:02.26	400m:	6:54.86	47.97