

Programmanr. 6
 8-3-2014 - 14:35

400m vrije slag

 Mix Minioren 3 en 4
 Resultaten

Rang									In.tijd	Tijd		
1.	Luuk van Rooij		Psv				NT		200400581	5:39.45		
	50m:	37.61	37.61	150m:	2:02.09	42.53	250m:	3:27.42	43.04	350m:	4:52.29	42.12
	100m:	1:19.56	41.95	200m:	2:44.38	42.29	300m:	4:10.17	42.75	400m:	5:39.45	47.16
2.	Luna de Vries		Psv				NT		200400516	6:12.90		
	50m:	41.39	41.39	150m:	2:15.03	47.21	250m:	3:50.95	48.42	350m:	5:25.76	46.63
	100m:	1:27.82	46.43	200m:	3:02.53	47.50	300m:	4:39.13	48.18	400m:	6:12.90	47.14
3.	Anna Tiemersma		Z & PC De Zeeuwse Kust				NT		200400686	6:20.74		
	50m:	43.27	43.27	150m:	2:19.62	49.16	250m:	3:56.88	49.12	350m:	5:34.45	48.76
	100m:	1:30.46	47.19	200m:	3:07.76	48.14	300m:	4:45.69	48.81	400m:	6:20.74	46.29
4.	Sem Bonte		Onderdak				NT		200400427	6:46.27		
	50m:	43.45	43.45	150m:	2:24.89	51.86	250m:	4:09.76	52.12	350m:	5:54.83	54.10
	100m:	1:33.03	49.58	200m:	3:17.64	52.75	300m:	5:00.73	50.97	400m:	6:46.27	51.44
5.	Noor Vroemen		SBC2000				NT		200402718	8:02.67		
	50m:	48.78	48.78	150m:	2:50.97	1:01.99	250m:	4:59.60	1:03.67	350m:	7:04.28	1:00.14
	100m:	1:48.98	1:00.20	200m:	3:55.93	1:04.96	300m:	6:04.14	1:04.54	400m:	8:02.67	58.39