

OWKW deel 5  
Roosendaal, 13-4-2014

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
<b>De Krabben</b>								<b>14</b>
<b>Bibi de Jong, 2-1-2004</b>								<b>1</b>
100m vlinderslag	series	1.	1:46.43	138	NT		-	
100m wisselslag	series	3.	<b>1:42.86</b>	176	1:50.34		115%	
<b>Femke Heimerikx, 29-9-2002</b>								<b>1</b>
200m vrije slag	series	12.	2:57.40	246	2:56.77		99%	
200m schoolslag	series	8.	<b>3:32.03</b>	255	3:32.92		101%	
<b>Jaëla Goossens, 21-1-2000</b>								<b>1</b>
50m vrije slag	series	8.	31.51	401	30.56		94%	
200m schoolslag	series	5.	<b>3:18.66</b>	310	3:20.97	17-3-2013	102%	
<b>Koen de Weert, 15-10-1996</b>								<b>-</b>
50m vrije slag	series	5.	28.55	359	28.26		98%	
100m vlinderslag	series	5.	1:16.29	256	1:12.92	30-9-2012	91%	
<b>Lars de Kock, 6-4-1999</b>								<b>2</b>
50m vrije slag	series	25.	<b>36.14</b>	177	36.89		104%	
100m rugslag	series	12.	<b>1:30.53</b>	157	1:33.72		107%	
<b>Lieke de Kock, 23-12-2001</b>								<b>2</b>
200m vrije slag	series	8.	<b>2:43.05</b>	316	2:51.54		111%	
400m vrije slag	series	6.	<b>6:09.47</b>	257	7:08.58	15-4-2012	135%	
<b>Madelon van Uchelen, 21-1-1996</b>								<b>1</b>
100m rugslag	series	4.	<b>1:19.96</b>	329	1:20.25	11-3-2012	101%	
50m vlinderslag	series	5.	35.08	335	33.03		89%	
<b>Melvin Giebels, 23-8-2001</b>								<b>1</b>
50m vrije slag	series	15.	<b>31.65</b>	263	32.20		104%	
50m vlinderslag	series	18.	40.52	155	39.85		97%	
<b>Rick de Schutter, 1-12-1982</b>								<b>-</b>
50m vrije slag	series	11.	29.65	320	29.31		98%	
400m vrije slag	series	4.	5:08.32	328	NT		-	
50m vlinderslag	series	9.	33.52	275	33.22		98%	
<b>Saad Danjaoui, 20-12-2004</b>								<b>-</b>
50m vrije slag	series	5.	39.96	131	39.82		99%	
100m wisselslag	series	9.	1:51.07	95	1:48.91		96%	
<b>Steijn Louter, 19-5-2005</b>								<b>-</b>
100m wisselslag	series	NG		-	1:36.23		-	
<b>Sven ten Hove, 19-7-2005</b>								<b>1</b>
50m vrije slag	series	8.	44.11	97	42.05		91%	
100m wisselslag	series	6.	<b>1:47.65</b>	104	1:54.29		113%	
<b>Tim Verheesen, 16-1-2002</b>								<b>-</b>
50m vrije slag	series	23.	35.31	190	35.01		98%	
50m vlinderslag	series	25.	50.49	80	47.02		87%	
<b>Timothy Giebels, 14-1-1999</b>								<b>1</b>
100m vlinderslag	series	3.	<b>1:13.77</b>	283	1:32.95	14-10-2012	159%	
<b>Tristan Goossens, 2-4-2002</b>								<b>1</b>
50m vrije slag	series	29.	<b>38.16</b>	150	38.33		101%	
<b>Zoë de Jong, 12-8-2005</b>								<b>2</b>
50m vrije slag	series	9.	<b>45.82</b>	130	50.77		123%	
100m wisselslag	series	10.	<b>1:53.61</b>	131	1:55.08		103%	
<b>De Wildert</b>								<b>17</b>
<b>Ann Kerstens, 8-9-1996</b>								<b>-</b>
50m vrije slag	series	4.	30.01	465	29.20		95%	
400m vrije slag	series	2.	5:13.41	421	NT		-	
50m vlinderslag	series	2.	32.42	425	32.39		100%	
<b>Evi van Gils, 19-8-2003</b>								<b>2</b>
50m vrije slag	series	4.	<b>39.48</b>	204	40.26		104%	
100m vlinderslag	series	2.	2:01.81	92	NT		-	
100m wisselslag	series	7.	<b>1:48.05</b>	152	1:54.16		112%	
<b>Ineke Vriends, 20-2-1997</b>								<b>2</b>
50m vrije slag	series	31.	<b>41.62</b>	174	42.79		106%	
100m rugslag	series	17.	<b>1:52.02</b>	119	1:54.13		104%	
50m vlinderslag	series	13.	50.90	109	49.94	17-2-2013	96%	
<b>Joke Matheussen, 8-2-2002</b>								<b>-</b>
50m vrije slag	series	24.	36.77	252	36.29		97%	
50m vlinderslag	series	10.	42.92	183	40.67		90%	
100m vlinderslag	series	7.	1:38.00	177	NT		-	
<b>Jolien Matheussen, 20-2-1998</b>								<b>-</b>
50m vrije slag	series	19.	35.42	282	34.22		93%	
100m rugslag	series	11.	1:34.21	201	1:31.34		94%	
100m vlinderslag	series	9.	1:38.95	172	1:34.39		91%	

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Krista Verstralen, 9-4-1992								3
50m vrije slag	series	9.	<b>32.65</b>	361	32.74			101%
100m vrije slag	series	10.	<b>1:14.23</b>	324	1:14.37			100%
50m vlinderslag	series	9.	<b>41.23</b>	206	42.28			105%
Lien Stevens, 19-12-2000								1
100m vrije slag	series	18.	1:36.02	149	1:35.46			99%
100m rugslag	series	16.	<b>1:50.33</b>	125	1:53.70			106%
100m vlinderslag	series	10.	2:04.17	87	NT			-
Midas Overbeeke, 9-6-1999								3
50m vrije slag	series	14.	<b>30.42</b>	297	31.64			108%
100m rugslag	series	9.	<b>1:25.25</b>	189	1:28.10	11-11-2012		107%
100m vlinderslag	series	9.	<b>1:33.89</b>	137	1:42.66			120%
Ruben Aarts, 27-10-2000								2
50m vrije slag	series	28.	<b>37.07</b>	164	38.08			106%
200m vrije slag	series	7.	3:10.35	142	NT			-
100m rugslag	series	14.	<b>1:38.02</b>	124	1:39.94			104%
Saskia Rombouts, 20-7-1993								1
50m vrije slag	series	6.	31.14	416	30.48	1-4-2012		96%
100m vrije slag	series	7.	1:12.85	343	1:10.76	20-1-2013		94%
50m vlinderslag	series	7.	<b>35.57</b>	321	36.36	23-9-2012		104%
Tim Vinckx, 12-7-1990								1
400m vrije slag	series	2.	<b>4:46.29</b>	410	5:05.17	23-9-2012		114%
50m vlinderslag	series	1.	27.35	506	27.12	17-2-2013		98%
100m vlinderslag	series	1.	1:04.55	423	1:02.44			94%
Tom Kerstens, 12-5-1998								2
400m vrije slag	series	6.	<b>5:17.42</b>	301	5:20.43			102%
200m schoolslag	series	6.	3:01.10	295	NT			-
50m vlinderslag	series	5.	<b>30.48</b>	365	30.59	25-11-2012		101%
Hieronymus								33
Andy van Akkeren, 23-3-1995								1
50m vrije slag	series	2.	<b>25.72</b>	491	25.92	25-11-2012		102%
400m vrije slag	series	1.	4:30.54	486	4:28.42	16-12-2012		98%
50m vlinderslag	series	3.	28.09	467	28.07			100%
Annika Spijker, 17-12-1999								1
100m vrije slag	series	3.	1:07.81	425	1:06.95			97%
400m vrije slag	series	3.	<b>5:19.15</b>	398	5:20.86	10-3-2013		101%
Bram Kuijpers, 8-7-1998								1
50m vrije slag	series	12.	29.78	316	29.68			99%
100m vrije slag	series	3.	<b>1:05.33</b>	325	1:11.36	11-11-2012		119%
Emiel van Avezaath, 9-7-1992								1
50m vrije slag	series	4.	28.13	375	27.87	2-12-2012		98%
50m vlinderslag	series	11.	<b>34.35</b>	255	36.05	25-4-2011		110%
Janne Englebert, 4-3-2001								2
50m vrije slag	series	18.	<b>31.87</b>	258	31.92			100%
50m vlinderslag	series	15.	<b>37.26</b>	200	38.93	18-11-2012		109%
Jannemieke van Avezaath, 11-2-1989								1
50m vrije slag	series	2.	<b>29.65</b>	482	30.25			104%
50m vlinderslag	series	3.	33.16	397	32.24			95%
Jordi van Akkeren, 16-9-1996								-
200m schoolslag	series	4.	2:52.80	340	2:47.48			94%
100m vlinderslag	series	4.	1:14.70	273	1:12.16			93%
Karlijn Spijker, 17-12-1999								-
200m vrije slag	series	6.	2:35.27	367	2:34.29			99%
100m rugslag	series	5.	1:22.63	298	1:21.84	16-12-2012		98%
Kelly van Dongen, 21-3-2000								2
50m vrije slag	series	9.	32.65	361	32.29			98%
200m schoolslag	series	3.	<b>3:14.72</b>	330	3:18.21			104%
50m vlinderslag	series	8.	<b>39.86</b>	228	43.38	1-4-2013		118%
Kimberly Bernaards, 12-1-2001								1
50m vrije slag	series	15.	<b>33.93</b>	321	35.30			108%
200m schoolslag	series	9.	3:46.36	210	NT			-
Lars Kammers, 19-5-2001								2
200m vrije slag	series	4.	<b>2:40.36</b>	237	2:50.17			113%
400m vrije slag	series	7.	<b>5:39.09</b>	247	5:47.15			105%
Laura van Dijke, 22-1-1998								1
200m vrije slag	series	4.	<b>2:27.59</b>	427	2:29.11			102%
100m rugslag	series	2.	1:17.47	362	1:17.29			100%
Margaux Damen, 9-2-1997								1
50m vrije slag	series	17.	34.76	299	33.80			95%
200m schoolslag	series	4.	<b>3:17.74</b>	315	3:29.34	5-2-2012		112%
Niels van Beers, 18-3-1999								2
50m vrije slag	series	13.	<b>29.95</b>	311	32.76			120%
200m schoolslag	series	5.	<b>3:00.56</b>	298	3:06.77			107%

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Ralph Damen, 10-2-2001								1
50m vrije slag	series	26.	<b>36.84</b>	167	37.02		101%	
50m vlinderslag	series	24.	48.15	92	45.99		91%	
Ramon Verhulst, 5-3-1996								1
50m vrije slag	series	1.	<b>25.44</b>	508	25.50		100%	
50m vlinderslag	series	2.	27.93	475	27.44		97%	
Rana Mabrouk, 25-9-2001								1
50m vlinderslag	series	12.	<b>50.69</b>	111	55.60		120%	
Roos Englebert, 25-4-2002								2
50m vrije slag	series	7.	<b>31.30</b>	409	32.73		109%	
100m vrije slag	series	4.	<b>1:08.62</b>	410	1:09.59		103%	
Rowey van de Klundert, 6-9-1996								2
50m vrije slag	series	5.	<b>30.31</b>	451	31.96	22-1-2012	111%	
200m schoolslag	series	6.	<b>3:21.00</b>	300	3:25.40	10-3-2013	104%	
50m vlinderslag	series	4.	34.51	352	34.16		98%	
Said Mabrouk, 7-10-1999								2
50m vrije slag	series	27.	<b>37.04</b>	164	39.11		111%	
50m vlinderslag	series	20.	<b>41.13</b>	148	45.20	20-1-2013	121%	
Sander van Akkeren, 11-12-1999								3
50m vrije slag	series	16.	<b>31.70</b>	262	34.93		121%	
100m rugslag	series	10.	<b>1:25.75</b>	185	1:28.58		107%	
50m vlinderslag	series	17.	<b>38.97</b>	175	43.65		125%	
Sanne Rebers, 26-9-1999								2
200m vrije slag	series	5.	<b>2:30.83</b>	400	2:34.09		104%	
100m rugslag	series	1.	<b>1:16.24</b>	380	1:19.14		108%	
Steyn Nieuwstad, 21-3-2001								3
50m vrije slag	series	20.	<b>34.40</b>	205	34.68		102%	
100m rugslag	series	11.	<b>1:30.16</b>	159	1:32.32	17-3-2013	105%	
50m vlinderslag	series	22.	<b>44.41</b>	118	45.80	1-4-2013	106%	
Valesca van den Bogert, 6-4-2001								-
200m schoolslag	series	1.	3:10.46	352	NT		-	
100m vlinderslag	series	1.	1:19.96	326	1:18.48		96%	
O.Z. & P.C. De Warande								23
Amy de Veth, 29-12-2002								2
100m rugslag	series	8.	<b>1:28.09</b>	246	1:30.42	6-4-2014	105%	
100m vlinderslag	series	6.	<b>1:33.87</b>	201	1:42.18	6-4-2014	118%	
Britt van Zundert, 15-10-2000								1
100m vrije slag	series	5.	1:08.65	410	1:07.30	23-6-2013	96%	
100m vlinderslag	series	2.	<b>1:23.29</b>	288	1:23.61	21-4-2013	101%	
Désirée Emmen, 14-11-1992								-
200m vrije slag	series	1.	2:17.58	527	2:14.52	11-11-2012	96%	
200m schoolslag	series	2.	3:13.28	337	3:09.51	21-4-2013	96%	
Elisabeth Verschure, 28-9-2001								1
200m vrije slag	series	7.	<b>2:42.72</b>	318	2:43.69	16-2-2014	101%	
100m rugslag	series	12.	1:35.19	195	1:30.22	22-3-2014	90%	
Fleur Koreman, 3-3-2000								-
400m vrije slag	series	5.	5:34.50	346	5:18.19	28-12-2013	90%	
100m vlinderslag	series	4.	1:28.06	244	1:26.46	8-2-2014	96%	
Floris Verburgh, 21-8-2000								2
200m vrije slag	series	3.	<b>2:31.03</b>	284	2:32.04	16-2-2014	101%	
400m vrije slag	series	5.	<b>5:15.36</b>	307	5:22.82	9-2-2014	105%	
Isabel Schapers, 20-5-2002								1
50m vrije slag	series	32.	41.90	170	41.48	22-3-2014	98%	
50m vlinderslag	series	14.	<b>55.80</b>	83	56.73	16-3-2014	103%	
Loes van Geel, 2-10-2002								2
50m vrije slag	series	28.	<b>38.11</b>	227	38.64	22-3-2014	103%	
100m rugslag	series	14.	<b>1:39.21</b>	172	1:45.25	10-11-2013	113%	
Luuk Vermeulen, 2-3-2001								-
100m vrije slag	series	5.	1:15.33	212	1:14.60	22-3-2014	98%	
200m vrije slag	series	5.	2:47.75	207	2:46.65	26-1-2014	99%	
Malou van Fessem, 22-4-2002								2
50m vrije slag	series	27.	<b>37.83</b>	232	38.39	22-3-2014	103%	
100m rugslag	series	13.	<b>1:37.96</b>	179	1:42.69	10-11-2013	110%	
Marit van Uijen, 20-2-2001								1
100m vrije slag	series	12.	1:15.25	311	1:15.02	9-2-2014	99%	
100m vlinderslag	series	8.	<b>1:38.33</b>	175	1:41.76	21-2-2014	107%	
Max Botermans, 18-4-2001								2
400m vrije slag	series	3.	<b>5:01.25</b>	352	5:22.91	8-3-2014	115%	
50m vlinderslag	series	19.	<b>40.67</b>	154	44.37	3-11-2013	119%	
Max Embregts, 11-6-2002								1
100m rugslag	series	13.	1:34.25	140	1:29.72	16-3-2014	91%	
50m vlinderslag	series	21.	<b>41.42</b>	145	41.60	16-2-2014	101%	

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Pauline Magnée, 5-6-1992								1
200m vrije slag	series	11.	<b>2:52.39</b>	268	2:59.32	16-3-2013	108%	
100m rugslag	series	6.	1:25.42	270	1:23.70	11-3-2012	96%	
Rick Embregts, 15-6-2000								1
200m vrije slag	series	1.	2:22.68	337	2:14.81	16-2-2014	89%	
100m rugslag	series	1.	<b>1:08.14</b>	370	1:09.31	8-2-2014	103%	
Ruben Vermeulen, 2-3-2001								-
100m vrije slag	series	7.	1:16.35	203	1:16.33	22-3-2014	100%	
200m vrije slag	series	6.	2:52.56	190	2:51.44	16-2-2014	99%	
Sammy Koster, 16-1-2002								3
50m vrije slag	series	13.	<b>33.55</b>	332	33.95	8-2-2014	102%	
200m vrije slag	series	10.	<b>2:47.93</b>	290	2:58.01	26-1-2014	112%	
100m rugslag	series	9.	<b>1:30.92</b>	224	1:32.57	6-4-2014	104%	
Sven Geers, 24-9-1996								3
50m vrije slag	series	7.	<b>28.94</b>	345	29.40	23-2-2014	103%	
100m vrije slag	series	2.	<b>1:04.98</b>	330	1:10.19	16-12-2012	117%	
100m rugslag	series	4.	<b>1:16.29</b>	263	1:21.64	30-9-2012	115%	
Vera Vermeulen, 18-4-1999								-
50m vrije slag	series	21.	36.43	259	35.12	16-2-2014	93%	
100m vrije slag	series	17.	1:23.29	229	1:21.35	23-3-2013	95%	
S.Z.C. Daphnia								3
Bas Nijssen, 30-10-1989								-
50m vrije slag	series	17.	31.83	259	31.03		95%	
100m rugslag	series	7.	1:22.41	209	1:18.52		91%	
50m vlinderslag	series	12.	34.90	243	34.07		95%	
Denise Sloekers, 14-4-2001								1
50m vrije slag	series	25.	<b>37.01</b>	247	39.32		113%	
200m schoolslag	series	7.	3:27.98	270	NT		-	
Tinisha Cremers, 19-12-2000								2
50m vrije slag	series	29.	<b>39.79</b>	199	43.17		118%	
100m vrije slag	series	19.	<b>1:40.23</b>	131	1:43.66		107%	
SBC2000								-
Z & Pc Dio								7
Aniek Resink, 12-1-1995								-
50m vrije slag	series	1.	28.21	559	27.73		97%	
50m vlinderslag	series	1.	32.28	430	32.27	13-6-2012	100%	
Bas van Haperen, 21-12-1998								3
50m vrije slag	series	8.	<b>28.99</b>	343	29.34		102%	
100m rugslag	series	2.	<b>1:12.12</b>	312	1:21.22		127%	
50m vlinderslag	series	8.	<b>33.35</b>	279	37.36		125%	
Evi Huijbregts, 7-9-2000								2
50m vrije slag	series	12.	<b>33.19</b>	343	34.38		107%	
100m vrije slag	series	9.	<b>1:14.15</b>	325	1:14.37		101%	
IJsbrand Buijnsters, 8-1-2002								1
100m rugslag	series	6.	1:22.27	210	1:19.32		93%	
200m schoolslag	series	7.	3:27.17	197	NT		-	
100m vlinderslag	series	8.	<b>1:32.17</b>	145	1:40.32		118%	
Jordy Rens, 23-5-1999								1
200m vrije slag	series	2.	<b>2:29.32</b>	294	2:30.42		101%	
50m vlinderslag	series	7.	33.05	286	31.25		89%	
100m vlinderslag	series	6.	1:17.80	241	1:14.67		92%	
Karin Potters, 7-3-1999								-
50m vrije slag	series	22.	36.52	258	35.49	16-12-2012	94%	
100m vrije slag	series	15.	1:22.28	238	1:18.51	11-11-2012	91%	
zc AquaDream								4
Anouk Kuijlaars, 3-1-1994								2
200m vrije slag	series	3.	<b>2:22.41</b>	475	2:26.89		106%	
400m vrije slag	series	1.	<b>5:03.04</b>	465	5:09.75		104%	
Lilianne Sweere, 10-3-1997								-
100m vrije slag	series	8.	1:13.71	331	1:12.56	22-1-2012	97%	
100m vlinderslag	series	3.	1:25.56	266	1:23.76	11-11-2012	96%	
Shakira Verschuren, 3-10-2002								1
50m vrije slag	series	30.	<b>40.54</b>	188	40.83		101%	
200m schoolslag	series	10.	4:03.53	168	NT		-	
Vincent Dermaux, 18-7-1996								1
200m schoolslag	series	2.	<b>2:45.06</b>	390	2:49.08	30-9-2012	105%	
zv De Vennen								10

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Anouk Ijpelaar, 1-7-1999								-
100m vrije slag	series	6.	1:10.76	374	1:08.00	17-2-2013	92%	
100m vlinderslag	series	5.	1:30.08	228	1:25.71	6-1-2013	91%	
Carina Spronk, 30-12-1997								1
100m vrije slag	series	2.	1:06.18	457	1:05.59		98%	
200m vrije slag	series	2.	<b>2:19.72</b>	503	2:20.70		101%	
100m rugslag	series	3.	1:19.13	340	1:18.07		97%	
Erwin Ijpelaar, 20-9-1997								2
100m vrije slag	series	1.	<b>1:01.55</b>	389	1:02.16		102%	
100m vlinderslag	series	7.	<b>1:27.53</b>	169	1:30.07	11-11-2012	106%	
Lars Verhulst, 15-1-1999								3
50m vrije slag	series	24.	<b>35.41</b>	188	36.21		105%	
100m vrije slag	series	8.	<b>1:19.08</b>	183	1:21.06		105%	
50m vlinderslag	series	23.	<b>44.99</b>	113	47.45		111%	
Merijn van der Donk, 7-10-1999								1
50m vrije slag	series	10.	<b>29.37</b>	330	29.40		100%	
50m vlinderslag	series	13.	35.77	226	34.48		93%	
Stefan van der Heijden, 8-6-1997								3
50m vrije slag	series	6.	<b>28.78</b>	350	29.51		105%	
100m rugslag	series	5.	<b>1:16.36</b>	263	1:24.61	10-3-2013	123%	
50m vlinderslag	series	14.	<b>35.87</b>	224	39.48		121%	
ZV Den Doorn								21
Anna Burghout, 17-2-2004								2
50m vrije slag	series	11.	<b>49.14</b>	105	49.62		102%	
100m wisselslag	series	12.	<b>1:59.60</b>	112	2:06.45		112%	
Brian Kramer, 20-6-2002								1
50m vrije slag	series	30.	38.36	148	37.95		98%	
100m rugslag	series	15.	<b>1:45.97</b>	98	1:53.54		115%	
Christel Kramer, 29-4-1999								2
50m vrije slag	series	3.	<b>29.83</b>	473	29.98		101%	
100m vrije slag	series	1.	<b>1:06.16</b>	458	1:07.58		104%	
Davina Branderhorst, 2-2-1996								-
400m vrije slag	series	4.	5:31.31	356	5:20.44	12-2-2011	94%	
50m vlinderslag	series	6.	35.35	328	34.73	11-2-2012	97%	
Derrek Koekkoek, 20-7-2003								1
50m vrije slag	series	2.	37.48	158	37.42		100%	
100m wisselslag	series	2.	<b>1:42.31</b>	122	1:45.21		106%	
Emiel Smits, 1-10-1996								2
200m schoolslag	series	3.	<b>2:52.41</b>	342	2:54.54		102%	
50m vlinderslag	series	6.	<b>31.30</b>	337	34.67	17-3-2012	123%	
Esmee van der Pluym, 22-4-2001								-
50m vrije slag	series	26.	37.82	232	37.29		97%	
100m rugslag	series	15.	1:42.95	154	1:41.99		98%	
Ilja van der Stelt, 12-11-2002								-
50m vrije slag	series	20.	36.01	269	35.74		99%	
100m vrije slag	series	16.	1:22.49	236	1:20.86		96%	
Ilona Swart, 12-11-2003								2
50m vrije slag	series	10.	<b>45.98</b>	129	47.59		107%	
100m wisselslag	series	8.	<b>1:50.09</b>	144	1:55.33		110%	
Jasmijn Ten Kate, 20-3-2002								2
50m vrije slag	series	33.	<b>43.86</b>	148	48.46	16-3-2013	122%	
100m rugslag	series	18.	<b>1:52.12</b>	119	2:05.79	20-1-2013	126%	
Lars Duijnhouwer, 6-11-1991								1
50m vrije slag	series	3.	<b>27.17</b>	417	27.49		102%	
200m schoolslag	series	1.	2:42.62	408	2:39.34	22-1-2012	96%	
Luuk Heijstek, 9-4-2000								2
50m vrije slag	series	21.	<b>34.42</b>	205	35.23		105%	
100m vrije slag	series	6.	<b>1:15.76</b>	208	1:20.94		114%	
Lysanne Bongers, 26-3-2005								-
50m vrije slag	series	12.	55.53	73	54.21		95%	
100m wisselslag	series	13.	2:14.93	78	NT		-	
Maike Bongers, 23-2-2003								1
50m vrije slag	series	6.	<b>41.05</b>	181	42.69		108%	
100m wisselslag	series	5.	1:44.69	167	1:44.54		100%	
Mandy Swart, 24-11-1999								2
50m vrije slag	series	16.	<b>34.07</b>	317	34.94		105%	
100m rugslag	series	7.	<b>1:27.33</b>	252	1:28.82	11-11-2012	103%	
Nynke Bongers, 18-6-2001								-
50m vrije slag	series	18.	35.40	283	35.39		100%	
100m vrije slag	series	14.	1:21.64	243	1:17.97		91%	
Olivier Koekkoek, 20-7-2005								-
50m vrije slag	series	13.	58.66	41	57.10		95%	

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<b>Ruben Kant, 6-11-1997</b>								<b>1</b>
50m vlinderslag	series	4.	<b>30.06</b>	381	31.63		111%	
100m vlinderslag	series	2.	1:11.80	307	1:11.51		99%	
<b>Sasha Maas, 8-9-2001</b>								<b>2</b>
50m vrije slag	series	23.	<b>36.62</b>	255	37.45		105%	
100m rugslag	series	10.	<b>1:30.98</b>	223	1:35.98		111%	
<b>Tabitha de Ruijter, 15-6-1999</b>								<b>-</b>
50m vrije slag	series	14.	33.92	322	32.90	27-11-2011	94%	
100m vrije slag	series	13.	1:15.58	307	1:12.94	14-1-2012	93%	
<b>Zwemvereniging de Flippers</b>								<b>8</b>
<b>Aniek Aarts, 30-6-2003</b>								<b>1</b>
50m vrije slag	series	3.	<b>38.04</b>	228	39.89		110%	
100m wisselslag	series	4.	1:44.56	168	NT		-	
<b>Bart de Bruijn, 1-1-2000</b>								<b>3</b>
50m vrije slag	series	19.	<b>32.22</b>	250	32.32		101%	
100m vrije slag	series	4.	<b>1:10.76</b>	256	1:11.94		103%	
100m rugslag	series	8.	<b>1:24.79</b>	192	1:30.39		114%	
<b>Inez Overbeeke, 12-1-2000</b>								<b>2</b>
50m vrije slag	series	11.	<b>32.69</b>	359	32.94		102%	
100m vrije slag	series	11.	<b>1:14.53</b>	320	1:17.25		107%	
<b>Jordi Martens, 26-8-1999</b>								<b>2</b>
50m vrije slag	series	9.	29.29	332	29.28		100%	
100m rugslag	series	3.	<b>1:15.97</b>	267	1:17.18		103%	
50m vlinderslag	series	10.	<b>33.90</b>	265	34.64		104%	
<b>Julian Antens, 22-5-2005</b>								<b>-</b>
50m vrije slag	series	7.	43.67	100	41.17		89%	
100m wisselslag	series	11.	1:54.27	87	1:48.91		91%	
<b>Lizet Elsten, 13-7-1989</b>								<b>-</b>
200m vrije slag	series	13.	3:06.28	212	NT		-	
50m vlinderslag	series	11.	45.21	156	43.92	29-4-2012	94%	
<b>Romy Pfeijffer, 16-5-1999</b>								<b>-</b>
200m vrije slag	series	9.	2:45.61	302	NT		-	
<b>Zwemvereniging De Zilvermeeuw</b>								<b>2</b>
<b>Jordi van Paassen, 13-8-1996</b>								<b>-</b>
50m vrije slag	series	22.	35.13	192	32.32	20-1-2013	85%	
50m vlinderslag	series	16.	38.10	187	36.52	30-9-2012	92%	
<b>Mike Corporaal, 30-5-2003</b>								<b>2</b>
50m vrije slag	series	1.	<b>36.16</b>	176	37.13		105%	
100m wisselslag	series	1.	<b>1:40.39</b>	129	1:40.84		101%	