

OWKW deel 5  
Roosendaal, 13-4-2014

Programmanr. 19  
13-4-2014 - 16:31

Heren, 400m vrije slag

Senioren Open  
Resultaten

rang	naam		vereniging		inschrijftijd				tijd
1.	Andy van Akkeren		Hieronymus		4:28.42	199505381			<b>4:30.54</b>
	50m:	30.18	30.18	150m:	1:39.26	34.67	250m:	2:49.46	35.05
	100m:	1:04.59	34.41	200m:	2:14.41	35.15	300m:	3:24.29	34.83
							350m:	3:58.44	34.15
							400m:	4:30.54	32.10
2.	Tim Vinckx		De Wildert		5:05.17	199005367			<b>4:46.29</b>
	50m:	30.87	30.87	150m:	1:42.55	36.77	250m:	2:56.10	36.83
	100m:	1:05.78	34.91	200m:	2:19.27	36.72	300m:	3:33.33	37.23
							350m:	4:10.32	36.99
							400m:	4:46.29	35.97
3.	Max Botermans		O.Z. & P.C. De Warande		5:22.91	200100999			<b>5:01.25</b>
	50m:	34.11	34.11	150m:	1:50.06	37.90	250m:	3:07.64	39.16
	100m:	1:12.16	38.05	200m:	2:28.48	38.42	300m:	3:46.88	39.24
							350m:	4:25.57	38.69
							400m:	5:01.25	35.68
4.	Rick de Schutter		De Krabben		NT	198202523			<b>5:08.32</b>
	50m:	33.73	33.73	150m:	1:49.93	38.77	250m:	3:09.26	39.95
	100m:	1:11.16	37.43	200m:	2:29.31	39.38	300m:	3:49.49	40.23
							350m:	4:29.45	39.96
							400m:	5:08.32	38.87
5.	Floris Verburgh		O.Z. & P.C. De Warande		5:22.82	200001191			<b>5:15.36</b>
	50m:	35.73	35.73	150m:	1:56.15	40.17	250m:	3:17.64	40.02
	100m:	1:15.98	40.25	200m:	2:37.62	41.47	300m:	3:58.09	40.45
							350m:	4:37.56	39.47
							400m:	5:15.36	37.80
6.	Tom Kerstens		De Wildert		5:20.43	199802479			<b>5:17.42</b>
	50m:	34.21	34.21	150m:	1:53.74	40.72	250m:	3:17.44	42.10
	100m:	1:13.02	38.81	200m:	2:35.34	41.60	300m:	3:59.48	42.04
							350m:	4:40.28	40.80
							400m:	5:17.42	37.14
7.	Lars Kammers		Hieronymus		5:47.15	200100497			<b>5:39.09</b>
	50m:	37.03	37.03	150m:	2:03.67	43.92	250m:	3:31.42	44.29
	100m:	1:19.75	42.72	200m:	2:47.13	43.46	300m:	4:15.24	43.82
							350m:	4:58.62	43.38
							400m:	5:39.09	40.47