

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
Hieronymus								19
Catalina Lodiers, 1-1-2005								-
50m vrije slag	series	4.	1:01.50	-	59.52	23-11-2014	94%	-
Daan Trinh, 28-4-2004								-
50m vrije slag	series	NG		-	41.49	2-11-2014	-	-
200m wisselslag	series	NG		-	NT		-	-
Daniek van den Bos, 24-3-2004								1
400m vrije slag	series	2.	6:12.82	-	NT		-	-
100m wisselslag	series	2.	1:28.40	-	1:30.57		105%	-
Ernson van den Bos, 14-2-2003								1
100m wisselslag	series	13.	1:52.34	-	2:09.33	23-11-2014	133%	-
Gerwin Konings, 26-6-2004								1
50m vrije slag	series	3.	40.68	-	44.92	23-11-2014	122%	-
Job Erdmann, 7-9-2003								1
400m vrije slag	series	6.	6:22.76	-	NT		-	-
100m wisselslag	series	7.	1:32.35	-	1:37.10		111%	-
Julia van Loon, 17-2-2005								1
50m vrije slag	series	3.	47.56	-	47.65	12-10-2014	100%	-
Julie van Dijk, 4-12-2006								-
50m vrije slag	series	7.	54.18	-	51.70	2-11-2014	91%	-
Kevin Kersten, 21-2-2003								1
100m wisselslag	series	9.	1:38.21	-	1:39.81	16-11-2014	103%	-
Lars Lootens, 12-1-2006								-
50m vrije slag	series	AFGEM		-	48.98	5-10-2014	-	-
100m wisselslag	series	AFGEM		-	NT		-	-
Lieke Konings, 16-2-2005								-
50m vrije slag	series	AFGEM		-	44.12	12-10-2014	-	-
200m wisselslag	series	AFGEM		-	NT		-	-
Lora Konings, 1-3-2006								1
50m vrije slag	series	6.	52.14	-	53.35	12-10-2014	105%	-
100m wisselslag	series	4.	2:13.80	-	NT		-	-
Lotte Paulussen, 15-4-2006								1
50m vrije slag	series	5.	48.41	-	51.58	23-11-2014	114%	-
100m wisselslag	series	3.	2:03.39	-	NT		-	-
Marit van Caam, 2-6-2006								1
50m vrije slag	series	9.	1:05.54	-	1:16.75		137%	-
Nienke van den Hout, 25-2-2004								1
400m vrije slag	series	5.	7:00.75	-	NT		-	-
100m wisselslag	series	5.	1:43.42	-	1:44.36	16-11-2014	102%	-
Owen van Aalst, 27-3-2005								2
50m vrije slag	series	4.	41.29	-	42.63	12-10-2014	107%	-
100m wisselslag	series	3.	1:41.18	-	1:47.56	7-9-2014	113%	-
Rinz van der Staal, 26-9-2007								-
50m vrije slag	series	6.	50.77	-	46.44	2-11-2014	84%	-
100m wisselslag	series	6.	1:51.06	-	NT		-	-
Saad Danjaoui, 20-12-2004								1
50m vrije slag	series	1.	38.39	-	39.34	2-11-2014	105%	-
200m wisselslag	series	1.	3:42.07	-	NT		-	-
Sem Lazeroms, 24-2-2004								1
50m vrije slag	series	4.	45.45	-	52.17	2-11-2014	132%	-
Stefan van Dijke, 1-4-2005								-
50m vrije slag	series	NG		-	43.18	2-11-2014	-	-
100m wisselslag	series	NG		-	NT		-	-
Steijn Louter, 19-5-2005								2
50m vrije slag	series	1.	32.85	-	35.14	12-10-2014	114%	-
100m wisselslag	series	1.	1:24.92	-	1:28.28	29-11-2014	108%	-
Sven ten Hove, 19-7-2005								1
50m vrije slag	series	3.	39.09	-	39.42	2-11-2014	102%	-
100m wisselslag	series	5.	1:45.99	-	1:39.98		89%	-
Sverre Spijker, 26-1-2007								-
50m vrije slag	series	AFGEM		-	47.16	5-10-2014	-	-
100m wisselslag	series	AFGEM		-	NT		-	-
Wessel Heijnemans, 16-4-2003								1
100m wisselslag	series	3.	1:24.92	-	1:26.74	23-11-2014	104%	-
Yara Mabrouk, 12-2-2007								1
50m vrije slag	series	8.	59.51	-	1:12.95	23-11-2014	150%	-

Sbc2000									15
Anna van Doorn, 31-3-2004									-
400m vrije slag	series	8.	7:52.63	-	NT		-		
100m wisselslag	series	9.	2:00.22	-	NT		-		
Bente Bosman, 9-7-2006									-
50m vrije slag	series	4.	44.08	-	43.74	12-10-2014	98%		
100m wisselslag	series	1.	1:51.18	-	NT		-		
Demi Goosen, 8-10-2002									-
200m rugslag	series	3.	3:07.69	-	NT		-		
200m wisselslag	series	3.	3:07.95	-	NT		-		
Evy Krempel, 15-2-2006									-
50m vrije slag	series	3.	43.49	-	43.32	14-12-2014	99%		
100m wisselslag	series	2.	1:54.24	-	NT		-		
Ingmar Mulder, 26-4-2007									1
50m vrije slag	series	5.	41.40	-	48.73	23-11-2014	139%		
100m wisselslag	series	4.	1:44.96	-	NT		-		
Joan Touburg, 21-5-2004									-
50m vrije slag	series	5.	46.47	-	42.47	27-9-2014	84%		
200m wisselslag	series	2.	4:18.86	-	NT		-		
Josephine Paans, 23-9-2004									-
400m vrije slag	series	7.	7:41.15	-	NT		-		
100m wisselslag	series	8.	1:58.01	-	NT		-		
Julia Vos, 11-8-2002									2
200m rugslag	series	2.	3:02.76	-	3:07.09	5-10-2014	105%		
200m wisselslag	series	1.	3:00.99	-	3:07.95	7-12-2014	108%		
Julian van de Rhee, 6-3-2001									-
200m rugslag	series	NG		-	2:54.82	5-10-2014	-		
200m wisselslag	series	NG		-	2:57.61	16-11-2014	-		
Levi Martens, 11-2-2003									1
400m vrije slag	series	7.	6:36.16	-	6:45.86	22-11-2014	105%		
100m wisselslag	series	8.	1:36.92	-	1:36.61	2-11-2014	99%		
Lex Verdaasdonk, 18-6-2004									1
50m vrije slag	series	2.	40.55	-	41.06	16-11-2014	103%		
Maaïke van Heeswijk, 20-4-2005									-
50m vrije slag	series	2.	42.29	-	42.09	12-10-2014	99%		
200m wisselslag	series	2.	3:44.90	-	NT		-		
Marijn Thijssen, 28-11-2003									-
400m vrije slag	series	11.	8:41.91	-	NT		-		
100m wisselslag	series	14.	1:58.39	-	NT		-		
Meggie Bakker, 23-6-2003									-
200m rugslag	series	4.	3:14.26	-	NT		-		
Milou Zwiinnenburg, 23-7-2004									1
400m vrije slag	series	6.	7:36.69	-	NT		-		
100m wisselslag	series	6.	1:47.41	-	1:55.75	23-11-2014	116%		
Nils Mulder, 17-3-2003									-
400m vrije slag	series	2.	5:37.24	-	5:33.69		98%		
100m wisselslag	series	2.	1:23.15	-	1:22.21	29-11-2014	98%		
Noor Vermeer, 13-10-2006									1
50m vrije slag	series	2.	43.48	-	43.69	12-10-2014	101%		
Pippa van 't Land, 25-1-2006									1
50m vrije slag	series	1.	39.49	-	39.99	12-10-2014	103%		
Renzo van der Westen, 31-3-2003									-
400m vrije slag	series	10.	7:37.71	-	NT		-		
100m wisselslag	series	12.	1:51.35	-	NT		-		
Robbie van den Berg, 1-5-2003									1
400m vrije slag	series	5.	6:00.80	-	6:00.95	22-11-2014	100%		
100m wisselslag	series	6.	1:31.36	-	1:28.43	23-11-2014	94%		
Sterre van 't Land, 15-4-2003									2
400m vrije slag	series	3.	5:52.98	-	6:04.38	22-11-2014	107%		
100m wisselslag	series	4.	1:25.15	-	1:27.88	23-11-2014	107%		
Thomas Tolsma, 16-4-2003									2
400m vrije slag	series	1.	5:35.19	-	5:48.26	19-12-2014	108%		
100m wisselslag	series	1.	1:20.63	-	1:23.52	23-11-2014	107%		
Tiemen Tolsma, 16-4-2003									2
400m vrije slag	series	4.	6:00.07	-	6:18.60	19-12-2014	111%		
100m wisselslag	series	5.	1:26.25	-	1:56.01		181%		
Tjeerd Bezemer, 3-11-2003									-
400m vrije slag	series	9.	7:09.81	-	NT		-		
100m wisselslag	series	10.	1:38.51	-	NT		-		

Z & Pc Dio									10
Aliyah Schouten, 21-1-2004									1
400m vrije slag	series	4.	6:56.69	-	NT			-	
100m wisselslag	series	3.	1:36.16	-	1:44.18	12-10-2014	117%		
Amber Simons, 23-6-2002									-
200m rugslag	series	NG		-	3:08.08	12-10-2014	-		
200m wisselslag	series	NG		-	3:13.76	16-11-2014	-		
Dennis van Haperen, 1-5-2001									2
200m rugslag	series	2.	3:10.30	-	3:15.48	5-10-2014	106%		
200m wisselslag	series	2.	3:16.94	-	3:31.53	16-3-2014	115%		
Dynke van Sliedregt, 13-5-2003									1
200m rugslag	series	7.	3:48.88	-	NT		-		
200m wisselslag	series	5.	3:37.32	-	3:40.57	6-4-2014	103%		
Enya van Dongen, 22-2-2002									-
200m rugslag	series	5.	3:38.58	-	NT		-		
IJsbrand Buijnsters, 8-1-2002									1
200m rugslag	series	1.	2:50.61	-	2:51.26	12-10-2014	101%		
200m wisselslag	series	1.	2:55.10	-	2:54.03	28-9-2014	99%		
Iris van Haperen, 31-1-2004									1
100m wisselslag	series	7.	1:52.69	-	1:56.06	16-11-2014	106%		
Isis Knoop, 31-3-2002									2
200m rugslag	series	1.	2:57.70	-	3:02.71	6-4-2014	106%		
200m wisselslag	series	2.	3:05.34	-	3:09.73	16-11-2014	105%		
Jasmijn Knoop, 9-1-2004									-
400m vrije slag	series	3.	6:43.72	-	NT		-		
100m wisselslag	series	4.	1:39.16	-	1:36.20	4-6-2014	94%		
Melissa Tamerus, 19-7-2005									-
50m vrije slag	series	1.	40.14	-	39.76	16-11-2014	98%		
200m wisselslag	series	1.	3:42.50	-	NT		-		
Ricardo Forsten, 8-5-2003									-
400m vrije slag	series	8.	6:47.78	-	NT		-		
100m wisselslag	series	11.	1:39.16	-	1:39.10	12-10-2014	100%		
Rosa Ta, 2-6-2003									2
200m rugslag	series	6.	3:39.68	-	3:48.57	5-10-2014	108%		
200m wisselslag	series	4.	3:31.86	-	3:37.05	6-4-2014	105%		

zc AquaDream									2
Lars Bulman, 4-8-2006									1
50m vrije slag	series	2.	3 6 . 4 2	-	40.54	5-10-2014	124%		
100m wisselslag	series	2.	1:32.46	-	NT		-		
Luka de Neef, 3-1-2004									1
400m vrije slag	series	1.	5:35.77	-	NT		-		
100m wisselslag	series	1.	1 : 2 3 . 9 7	-	1:25.16	23-11-2014	103%		