


 Programmanr. 1
 15-2-2015 - 13:00

Dames, 400m vrije slag

 Senioren Open
 Resultaten

Rang				In.tijd		Tijd
1.	Lindi Verkooijen	zc AquaDream		4:45.59	199503826	4:55.66
	100m: 1:06.65 1:06.65	200m: 2:21.39 1:14.74	300m: 3:38.77 1:17.38		400m: 4:55.66 1:16.89	
2.	Anouk van Nellestijn	Aqua-Novio '94		4:43.92	199800366	5:01.78
	100m: 1:08.81 1:08.81	200m: 2:26.00 1:17.19	300m: 3:46.47 1:20.47		400m: 5:01.78 1:15.31	
3.	Birgit van Buiten	Aquapoldro		5:06.94	200200498	5:14.37
	100m: 1:12.98 1:12.98	200m: 2:33.02 1:20.04	400m: 5:14.37 2:41.35			
4.	Gitta Koorndijk	Zeester Meerval		5:33.44	199904038	5:44.07
	100m: 1:20.57 1:20.57	200m: 2:49.88 1:29.31	300m: 4:19.29 1:29.41		400m: 5:44.07 1:24.78	
5.	Birgit Massagé	Overpeltse Zwemvereniging		5:41.71	OZV/21008/9C5	49.93
	100m: 1:19.60 1:19.60	200m: 2:50.19 1:30.59	300m: 4:21.34 1:31.15		400m: 5:49.93 1:28.59	
6.	Wies Sauren	Lutra		6:14.40	199803584	6:00.10
	100m: 1:22.35 1:22.35	200m: 2:53.73 1:31.38	300m: 4:28.13 1:34.40		400m: 6:00.10 1:31.97	
NG	Lotte Coenen	Hydrofiel		5:07.20	199301518	