

Programmanr. 19
 20-9-2015 - 16:10

Heren, 400m vrije slag

 Senioren Open
 Resultaten

rang	naam	vereniging	intijd		tijd	RT
1.	Janne Englebert	Hieronymus	4:44.26	200101561	4:34.61	+0,78
	50m: 30.33	30.33	150m: 1:39.24	34.70	250m: 2:49.66	35.50
	100m: 1:04.54	34.21	200m: 2:14.16	34.92	300m: 3:25.27	35.61
					350m: 4:01.09	35.82
					400m: 4:34.61	33.52
2.	Max Botermans	O.Z. & P.C. De Warande	4:51.39	200100999	4:47.26	+0,86
	50m: 32.86	32.86	150m: 1:43.26	35.45	250m: 2:57.57	37.55
	100m: 1:07.81	34.95	200m: 2:20.02	36.76	300m: 3:35.26	37.69
					350m: 4:12.79	37.53
					400m: 4:47.26	34.47
3.	Nick van Irsel	AquaDream	5:03.18	200000383	4:47.57	+0,68
	50m: 31.97	31.97	150m: 1:45.65	37.03	250m: 3:01.74	38.14
	100m: 1:08.62	36.65	200m: 2:23.60	37.95	300m: 3:39.71	38.14
					350m: 4:17.12	37.41
					400m: 4:47.57	30.45
4.	Bas van Haperen	Z & Pc Dio	5:07.08	199805507	4:50.46	+0,77
	50m: 31.59	31.59	150m: 1:44.15	37.02	250m: 2:59.09	37.58
	100m: 1:07.13	35.54	200m: 2:21.51	37.36	300m: 3:37.00	37.91
					350m: 4:14.55	37.55
					400m: 4:50.46	35.91
5.	Martino Valentijn	Z & Pc Dio	5:03.06	199403913	5:01.85	+0,71
	50m: 32.19	32.19	150m: 1:45.83	37.46	250m: 3:04.10	38.85
	100m: 1:08.37	36.18	200m: 2:25.25	39.42	300m: 3:44.34	40.24
					350m: 4:24.43	40.09
					400m: 5:01.85	37.42
6.	IJsbrand Buijnsters	AquaDream	6:07.42	200200375	5:15.72	+0,74
	50m: 35.69	35.69	150m: 1:56.98	40.74	250m: 3:19.22	41.03
	100m: 1:16.24	40.55	200m: 2:38.19	41.21	300m: 3:58.84	39.62
					350m: 4:39.00	40.16
					400m: 5:15.72	36.72
7.	Tom Kerstens	De Wildert	5:17.42	199802479	5:21.34	+0,84
	50m: 33.92	33.92	150m:		250m: 3:16.91	43.25
	100m:		200m: 2:33.66		300m: 4:00.30	43.39
					350m: 4:42.69	42.39
					400m: 5:21.34	38.65