

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
Arethusa								37
Anastasia Matyjek, 2-1-2005								1
100m vrije slag	series	4.	1:13.15	339	1:13.64	9-1-2016	101%	
50m vlinderslag	series	2.	36.87	289	36.24	28-11-2015	97%	
Anne van de Loo, 7-9-1998								-
100m vrije slag	series	4.	1:03.26	524	1:02.15	15-11-2015	97%	
200m rugslag	series	4.	2:34.19	462	2:28.81		93%	
Bo van Aalst, 28-5-1998								-
100m vrije slag	series	7.	1:05.79	466	1:03.37		93%	
Bo van Ieperen, 3-2-1998								1
50m vrije slag	series	5.	29.00	514	29.02	28-11-2015	100%	
100m rugslag	series	7.	1:18.22	348	1:15.70	4-10-2015	94%	
200m wisselslag	series	6.	2:40.82	435	2:40.41		99%	
Charlotte Kusters, 13-5-2004								2
100m vrije slag	series	2.	1:10.69	375	1:12.66	9-1-2016	106%	
50m vlinderslag	series	4.	39.24	239	42.10	10-1-2016	115%	
Dieuwertje van den Heuvel, 7-3-2004								2
100m vrije slag	series	6.	1:18.33	276	1:24.39		116%	
50m vlinderslag	series	11.	48.84	124	53.68	6-12-2015	121%	
Ela Ince, 13-7-2004								1
50m vlinderslag	series	10.	48.54	126	49.52	1-11-2015	104%	
Eline Slabbers, 8-9-2000								1
50m vrije slag	series	9.	31.12	416	31.28	6-12-2015	101%	
100m rugslag	series	5.	1:17.73	354	1:14.88	9-1-2016	93%	
Evy Ulijn, 21-10-1996								-
50m vrije slag	series	6.	29.04	512	27.33		89%	
100m rugslag	series	6.	1:14.14	408	1:10.17		90%	
200m vlinderslag	series	4.	2:41.83	403	2:31.03		87%	
200m wisselslag	series	4.	2:36.56	471	2:28.37		90%	
Famke Slabbers, 16-7-2002								-
400m vrije slag	series	2.	4:38.80	595	4:38.72	28-1-2016	100%	
100m schoolslag	series	4.	1:24.38	403	1:23.78	9-1-2016	99%	
Fleur Kalberq, 17-10-1999								2
100m vrije slag	series	12.	1:13.67	331	1:15.46		105%	
200m rugslag	series	11.	3:03.79	273	3:14.88		112%	
Isabel van Hees, 18-8-2000								1
100m rugslag	series	3.	1:12.86	430	1:11.63	10-1-2016	97%	
200m schoolslag	series	6.	3:03.38	395	3:08.15		105%	
Jep van Gemeren, 27-6-2002								2
400m vrije slag	series	8.	5:41.81	239	6:15.36		121%	
100m schoolslag	series	10.	1:37.32	186	1:41.30	20-12-2015	108%	
Karsten van Doorn, 31-12-2003								1
400m vrije slag	series	11.	6:01.32	202	6:40.47		123%	
100m schoolslag	series	12.	1:48.22	135	1:47.67	17-1-2016	99%	
Kemi van de Wetering, 22-3-2002								-
400m vrije slag	series	7.	5:18.51	399	5:17.91	10-10-2015	100%	
100m schoolslag	series	2.	1:18.69	497	1:16.15	31-1-2016	94%	
Laurens Hofstede, 27-1-2003								2
400m vrije slag	series	9.	5:48.18	226	6:25.82		123%	
100m schoolslag	series	8.	1:36.68	190	1:37.26		101%	
Luca van Gemert, 21-4-2001								1
100m rugslag	series	8.	1:18.89	339	1:18.64	15-11-2015	99%	
200m schoolslag	series	4.	3:02.37	401	3:03.94	17-1-2016	102%	
Mandy van Rossum, 24-6-2002								2
400m vrije slag	series	9.	5:19.74	394	6:28.71		148%	
100m schoolslag	series	6.	1:24.76	398	1:24.90	9-1-2016	100%	
Marlijn Hendriksen, 16-8-1988								3
50m vrije slag	series	1.	27.09	631	27.74		105%	
100m rugslag	series	2.	1:08.97	507	1:08.27	10-1-2016	98%	
200m vlinderslag	series	1.	2:22.56	590	2:22.90		100%	
200m wisselslag	series	1.	2:23.75	609	2:23.94	31-10-2015	100%	
Matthijs Kooijman, 10-4-1999								1
50m vrije slag	series	6.	26.58	442	27.17		104%	
100m rugslag	series	5.	1:11.43	321	1:10.88		98%	
200m wisselslag	series	4.	2:31.39	379	2:30.74		99%	
Max-Fernon Troenokarso, 5-4-1999								-
100m vrije slag	series	AFGEM		-	54.71		-	
200m rugslag	series	AFGEM		-	2:35.00		-	
Mel van Gemert, 22-2-2003								2
400m vrije slag	series	10.	5:53.48	216	6:36.66		126%	
100m schoolslag	series	3.	1:28.26	250	1:34.02	10-1-2016	113%	

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 Roosendaal, 6-3-2016

Menno van der Heijden, 23-3-1997								-
50m vrije slag	series	AFGEM	-	28.08	-	-	-	-
100m rugslag	series	AFGEM	-	1:21.61	-	-	-	-
200m wisselslag	series	AFGEM	-	2:45.10	-	-	-	-
Meral Bakker, 17-10-2002								1
400m vrije slag	series	5.	5:16.35	407	5:20.13	6-12-2015	102%	
100m schoolslag	series	12.	1:33.39	297	1:31.92	29-12-2015	97%	
Paul van den Heuvel, 11-7-1970								1
200m wisselslag	series	7.	2:33.13	366	2:33.17		100%	
Ricardo Jansen, 14-4-2003								2
400m vrije slag	series	4.	5:26.58	274	5:55.66		119%	
100m schoolslag	series	2.	1:27.95	252	1:32.22	17-1-2016	110%	
Ron van der Pol, 26-5-1968								-
200m wisselslag	series	8.	2:44.09	298	2:35.00		89%	
Roos Kalberg, 14-4-2003								-
100m schoolslag	series	AFGEM	-	1:36.13	10-5-2015		-	
Sanne Nijholt, 14-9-1998								1
100m vrije slag	series	1.	59.68	624	58.76	17-10-2015	97%	
200m rugslag	series	1.	2:25.56	549	2:28.71		104%	
Sasya van Hamersveld, 13-9-2002								1
400m vrije slag	series	3.	5:00.05	477	4:58.98	6-12-2015	99%	
100m schoolslag	series	8.	1:30.96	322	1:33.31	17-1-2016	105%	
Sophie Albers, 8-7-2003								2
400m vrije slag	series	8.	5:19.13	396	5:31.39	14-2-2016	108%	
100m schoolslag	series	10.	1:31.78	313	1:32.89	9-1-2016	102%	
Steeff Warmerdam, 19-7-2000								-
100m vrije slag	series	3.	57.12	487	54.56	10-1-2016	91%	
200m rugslag	series	3.	2:21.56	421	2:15.99		92%	
Sterre van de Goor, 1-5-2001								2
100m rugslag	series	7.	1:18.07	350	1:19.85	29-12-2015	105%	
200m schoolslag	series	7.	3:04.78	386	3:20.33		118%	
Tim Ploegmakers, 9-1-2000								2
100m rugslag	series	8.	1:16.79	258	1:18.13		104%	
200m schoolslag	series	4.	2:58.56	307	3:00.39		102%	

								28
De Schelde								1
Aniek Harreman, 14-9-2003								
200m vrije slag	series	2.	2:48.99	281	2:50.20		101%	
100m schoolslag	series	7.	1:29.81	334	1:29.12	10-1-2016	98%	
Bridget de Bat, 11-3-2004								-
100m vrije slag	series	1.	1:05.58	470	1:03.79	31-1-2016	95%	
50m vlinderslag	series	1.	33.46	386	33.45	9-1-2016	100%	
Britt Sutin, 18-10-2004								-
100m vrije slag	series	10.	1:28.40	192	1:20.59	31-1-2016	83%	
50m vlinderslag	series	8.	46.53	143	44.20	8-11-2015	90%	
Carlijn Sigmond, 7-4-2006								1
100m vrije slag	series	9.	1:23.72	226	1:23.61	9-1-2016	100%	
50m vlinderslag	series	9.	47.93	131	51.44	22-11-2015	115%	
Cas van Vorstenbos, 30-12-1994								1
50m vrije slag	series	8.	27.44	402	29.17	17-1-2016	113%	
100m rugslag	series	4.	1:09.10	355	1:05.55	9-1-2016	90%	
200m vlinderslag	series	3.	2:39.36	316	2:35.12		95%	
Cees van Houwelingen, 24-3-1963								1
50m vrije slag	series	4.	26.34	455	25.98	9-1-2016	97%	
200m wisselslag	series	6.	2:32.57	371	2:34.43	15-11-2015	102%	
Charlotte Allonsius, 6-11-1999								2
100m vrije slag	series	11.	1:10.77	374	1:10.85	22-11-2015	100%	
200m rugslag	series	10.	2:56.40	308	3:03.08		108%	
Chiel de Pooter, 2-5-2001								1
100m rugslag	series	6.	1:13.27	297	1:10.84	9-1-2016	93%	
200m schoolslag	series	2.	2:49.78	357	2:50.90	31-1-2016	101%	
Demi van der Velde, 12-9-2003								-
200m vrije slag	series	1.	2:34.35	369	2:21.76	6-12-2015	84%	
100m schoolslag	series	5.	1:24.52	401	1:22.30	10-1-2016	95%	
Fabiënne Michielsen, 20-7-2000								1
100m rugslag	series	10.	1:22.98	291	1:23.37	27-9-2015	101%	
200m schoolslag	series	8.	3:27.04	274	3:24.96		98%	
Floor de Pooter, 5-9-2005								1
100m vrije slag	series	7.	1:20.61	253	1:25.73	22-11-2015	113%	
50m vlinderslag	series	7.	43.31	178	42.35	8-11-2015	96%	
Gijs de Pooter, 16-8-2003								-
100m schoolslag	series	11.	1:42.25	160	1:37.40	22-11-2015	91%	
Hilde Scheele, 2-12-1999								3
50m vrije slag	series	10.	31.59	398	32.14	31-1-2016	104%	
200m vlinderslag	series	6.	2:46.48	370	2:51.73		106%	
200m wisselslag	series	9.	2:47.29	386	2:49.16	15-11-2015	102%	
Jielong de Ridder, 8-1-2004								-
100m vrije slag	series	7.	1:18.68	186	1:16.34	31-1-2016	94%	
50m vlinderslag	series	3.	39.28	170	38.46	10-1-2016	96%	
Jochem de Bat, 10-2-2001								-
100m vrije slag	series	7.	59.19	437	58.81	24-10-2015	99%	
200m rugslag	series	5.	2:26.12	382	2:25.60	15-11-2015	99%	
Joeri Harreman, 6-1-2006								2
100m vrije slag	series	4.	1:13.21	231	1:16.53	31-1-2016	109%	
50m vlinderslag	series	6.	40.01	161	41.01	10-1-2016	105%	
Jomme Bruijnzeel, 9-11-1999								2
100m vrije slag	series	2.	55.29	536	55.44	31-1-2016	101%	
200m rugslag	series	2.	2:20.71	428	2:28.00		111%	
Josje van Houwelingen, 2-4-1990								-
50m vrije slag	series	7.	29.30	499	28.51	10-1-2016	95%	
100m rugslag	series	5.	1:12.04	445	1:08.22	10-1-2016	90%	
200m vlinderslag	series	5.	2:45.74	375	2:33.54		86%	
200m wisselslag	series	5.	2:37.70	461	2:33.57	9-1-2016	95%	
Laura van Sabben, 2-11-1998								-
50m vrije slag	series	3.	28.07	567	27.81	10-1-2016	98%	
100m rugslag	series	4.	1:11.89	448	1:10.99	10-1-2016	98%	
200m wisselslag	series	7.	2:41.74	427	2:41.23		99%	
Leco van der Veldt, 16-10-2003								2
200m vrije slag	series	1.	2:44.49	220	3:10.85		135%	
100m schoolslag	series	6.	1:31.27	226	1:36.16	9-1-2016	111%	
Leon Faasse, 28-4-2000								2
100m rugslag	series	2.	1:06.95	390	1:08.77	27-9-2015	106%	
200m schoolslag	series	3.	2:51.64	345	2:57.65		107%	
Lorenzo Bakker, 10-12-2003								2
200m vrije slag	series	2.	2:45.36	217	2:55.76		113%	
100m schoolslag	series	13.	1:50.42	127	1:50.47	17-1-2016	100%	
Richard Oskam, 28-8-1994								2
50m vrije slag	series	4.	26.34	455	31.67	4-10-2015	145%	
100m rugslag	series	6.	1:11.50	320	1:11.92		101%	
200m vlinderslag	series	4.	2:49.08	264	2:38.25		88%	
200m wisselslag	series	5.	2:31.99	375	2:31.48		99%	

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Sigsten Jonkman, 12-4-2005								1
100m vrije slag	series	3.	1:10.39	260	1:11.66	20-11-2015	104%	
50m vlinderslag	series	4.	39.52	167	37.79	13-12-2015	91%	
Thomas Goossen, 1-7-2004								1
100m vrije slag	series	5.	1:15.35	212	1:15.85	31-1-2016	101%	
50m vlinderslag	series	7.	41.15	148	40.40	10-1-2016	96%	
Xanthe van Riet, 1-12-1999								2
100m vrije slag	series	6.	1:05.63	469	1:07.54	31-1-2016	106%	
200m rugslag	series	9.	2:46.56	366	2:53.00		108%	

Hieronymus								38
Bas de Bruijn, 31-12-1994								1
50m vrije slag	series	2.	24.67	553	24.65	29-11-2015	100%	
100m rugslag	series	1.	1:01.61	501	1:03.92	11-1-2015	108%	
200m wisselslag	series	2.	2:14.67	539	2:12.75	9-1-2016	97%	
Bas Erdmann, 23-3-2000								2
100m rugslag	series	3.	1:11.22	324	1:13.05	8-3-2015	105%	
200m schoolslag	series	1.	2:44.92	389	2:45.87	20-12-2015	101%	
Christel Brugmans, 12-12-2000								1
100m rugslag	series	4.	1:13.84	413	1:13.66	10-1-2016	100%	
200m schoolslag	series	2.	2:51.92	479	2:53.60	8-3-2015	102%	
Coen de Bruijn, 6-7-1992								-
200m vlinderslag	series	2.	2:22.20	444	2:21.24		99%	
200m wisselslag	series	1.	2:14.61	540	2:09.99	9-1-2016	93%	
Cédric Broere, 13-12-1999								1
100m vrije slag	series	1.	54.25	568	54.07	31-1-2016	99%	
200m rugslag	series	4.	2:25.20	390	2:42.98		126%	
Daan Trinh, 28-4-2004								2
100m vrije slag	series	2.	1:09.00	276	1:12.71	10-1-2016	111%	
50m vlinderslag	series	2.	36.68	209	40.63	29-11-2015	123%	
Daniek van den Bos, 24-3-2004								2
100m vrije slag	series	3.	1:12.19	352	1:12.83	9-1-2016	102%	
50m vlinderslag	series	3.	37.08	284	37.33	28-11-2015	101%	
Esmee Hereijgers, 13-4-2003								2
400m vrije slag	series	11.	5:33.16	348	7:17.76		173%	
100m schoolslag	series	13.	1:34.65	285	1:39.94	1-3-2015	111%	
Eva van Ginneken, 10-1-1998								3
50m vrije slag	series	4.	28.18	560	28.03	20-9-2015	99%	
100m rugslag	series	1.	1:06.85	557	1:07.11	10-1-2016	101%	
200m vlinderslag	series	2.	2:33.02	477	2:45.74		117%	
200m wisselslag	series	3.	2:28.37	554	2:29.06	17-1-2016	101%	
Fabian Sebregts, 21-3-1995								-
50m vrije slag	series	7.	26.82	431	26.17		95%	
100m rugslag	series	2.	1:05.69	413	1:04.95		98%	
200m wisselslag	series	3.	2:29.16	397	2:25.31		95%	
Jan van Opstal, 1-12-1986								-
50m vrije slag	series	3.	25.80	484	25.29		96%	
100m rugslag	series	3.	1:07.10	387	1:05.97		97%	
Janne Englebert, 4-3-2001								2
100m rugslag	series	1.	1:04.85	429	1:07.03	9-1-2016	107%	
200m schoolslag	series	5.	2:59.41	302	3:10.04	18-1-2015	112%	
Jaro Musters, 19-10-1998								1
100m vrije slag	series	6.	58.17	461	56.76	10-1-2016	95%	
200m rugslag	series	1.	2:16.79	466	2:20.22	8-3-2015	105%	
Jessie Vercauteren, 17-11-2002								-
400m vrije slag	series	10.	5:27.36	367	NT		-	
Job Erdmann, 7-9-2003								1
400m vrije slag	series	7.	5:38.06	247	6:03.10	13-6-2015	115%	
100m schoolslag	series	9.	1:37.18	187	1:34.33	6-12-2015	94%	
Kim Becx, 11-3-2003								-
400m vrije slag	series	13.	5:40.18	327	NT		-	
100m schoolslag	series	9.	1:31.31	318	1:29.26	9-1-2016	96%	
Lars Kammers, 19-5-2001								2
100m rugslag	series	4.	1:12.09	312	1:12.72	9-1-2016	102%	
200m schoolslag	series	8.	3:05.01	276	3:05.19	13-12-2015	100%	
Laura van Dijke, 22-1-1998								-
100m vrije slag	series	8.	1:06.18	457	1:05.54		98%	
200m rugslag	series	8.	2:46.50	367	2:46.49	8-3-2015	100%	
Lieke Konings, 16-2-2005								-
100m vrije slag	series	5.	1:18.23	277	1:17.98	9-1-2016	99%	
50m vlinderslag	series	5.	40.41	219	39.87	28-11-2015	97%	
Manon Vermariën, 26-5-1997								1
50m vrije slag	series	8.	31.06	418	30.96	19-12-2015	99%	
100m rugslag	series	8.	1:21.52	307	1:22.44		102%	
200m wisselslag	series	8.	2:44.73	404	2:43.51	20-12-2015	99%	
Nadja Wortel, 24-10-1998								2
100m vrije slag	series	2.	1:00.34	604	1:00.59	9-1-2016	101%	
200m rugslag	series	2.	2:26.27	541	2:32.84	17-1-2016	109%	
Niels van Beers, 18-3-1999								2
100m vrije slag	series	4.	57.41	479	59.56	10-10-2015	108%	
200m rugslag	series	6.	2:26.82	377	2:38.80		117%	
Nienke Jonk, 21-1-2002								1
400m vrije slag	series	1.	4:38.68	595	4:47.30	20-9-2015	106%	
100m schoolslag	series	1.	1:18.30	505	1:17.02	9-1-2016	97%	

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Nienke van den Hout, 25-2-2004									1
100m vrije slag	series	8.	1:22.02	240	1:21.23	6-12-2015	98%		
50m vlinderslag	series	6.	4:2.51	188	46.36	13-12-2015	119%		
Roos Englebort, 25-4-2002									2
400m vrije slag	series	4.	5:02.09	467	5:03.08	22-11-2015	101%		
100m schoolslag	series	3.	1:24.08	407	1:24.48	9-1-2016	101%		
Sanne Rebers, 26-9-1999									-
100m vrije slag	series	9.	1:06.56	450	1:06.25	8-3-2015	99%		
200m rugslag	series	5.	2:36.09	445	2:34.47	8-3-2015	98%		
Sanne van Gelder, 20-4-1998									-
100m vrije slag	series	10.	1:06.68	447	1:03.39	10-1-2015	90%		
200m rugslag	series	7.	2:44.38	381	2:39.26	8-3-2015	94%		
Sarah Uldriks, 3-4-2000									-
100m rugslag	series	6.	1:17.86	353	1:14.76	8-3-2015	92%		
200m schoolslag	series	3.	3:02.19	402	2:53.56	8-3-2015	91%		
Selene Wortel, 15-1-1997									2
50m vrije slag	series	2.	27.49	604	27.05	29-11-2015	97%		
100m rugslag	series	3.	1:10.05	484	1:08.52	6-12-2015	96%		
200m vlinderslag	series	3.	2:34.48	464	2:42.18	1-3-2015	110%		
200m wisselslag	series	2.	2:27.60	562	2:27.79	10-1-2016	100%		
Senna Lindenberg, 5-12-1999									1
100m vrije slag	series	5.	1:03.91	508	1:00.73	9-1-2016	90%		
200m rugslag	series	6.	2:41.50	402	2:46.05		106%		
Sven ten Hove, 19-7-2005									-
100m vrije slag	series	6.	1:17.22	197	1:14.13	10-1-2016	92%		
50m vlinderslag	series	5.	40.00	161	37.54	13-12-2015	88%		
Teun van der Schrier, 20-9-2004									1
100m vrije slag	series	1.	1:08.05	288	1:07.79	10-1-2016	99%		
50m vlinderslag	series	1.	34.21	258	34.25	8-11-2015	100%		
Timo Musters, 19-10-1998									1
100m vrije slag	series	5.	57.79	470	57.19	10-1-2016	98%		
200m rugslag	series	7.	2:31.17	345	2:46.07	8-3-2015	121%		
Valesca van den Bogert, 6-4-2001									1
100m rugslag	series	2.	1:09.07	505	1:09.40	10-1-2016	101%		
Wessel Heijnemans, 16-4-2003									2
400m vrije slag	series	2.	5:19.37	293	6:04.00		130%		
100m schoolslag	series	5.	1:29.77	237	1:30.42	13-6-2015	101%		
Wimar Lindenberg, 8-12-1996									1
50m vrije slag	series	1.	23.78	618	23.64	24-1-2016	99%		
200m vlinderslag	series	1.	2:16.62	501	2:20.00		105%		

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 Roosendaal, 6-3-2016

								25
SBC2000								
Anne Dickens, 3-5-2001								1
100m vrije slag	series	3.	1:02.56	542	1:02.10	9-1-2016	99%	
200m rugslag	series	3.	2:29.27	509	2:32.42		104%	
Anne May Alkemade, 31-5-1999								-
100m vrije slag	series	AFGEM		-	1:16.00	4-10-2015	-	
200m rugslag	series	AFGEM		-	2:41.28		-	
Britt van Leijsen, 3-7-2001								-
50m vrije slag	series	12.	33.17	343	33.16	30-12-2015	100%	
200m wisselslag	series	10.	3:00.29	308	2:57.86		97%	
Conor Hunter, 14-9-2000								2
100m rugslag	series	9.	1:18.01	246	1:25.29	15-11-2015	120%	
200m schoolslag	series	9.	3:12.75	244	3:42.15		133%	
Dagmar Alderlieste, 13-4-2001								1
50m vrije slag	series	11.	32.34	371	32.51	18-10-2015	101%	
200m wisselslag	series	11.	3:02.85	296	2:59.01		96%	
Demi Goosen, 8-10-2002								2
400m vrije slag	series	6.	5:17.16	404	5:43.31	20-12-2015	117%	
100m schoolslag	series	16.	1:40.25	240	1:42.16	17-1-2016	104%	
Florian van Esch, 22-5-2000								2
100m rugslag	series	5.	1:12.84	303	1:16.03	29-12-2015	109%	
200m schoolslag	series	7.	3:02.17	289	3:04.59		103%	
Gian Passania, 10-7-1998								1
100m vrije slag	series	8.	1:00.52	409	1:11.55	15-11-2015	140%	
200m rugslag	series	9.	2:50.16	242	2:39.12		87%	
Joëlle Steltenpool, 27-5-2003								2
400m vrije slag	series	12.	5:38.67	332	5:41.18	20-12-2015	101%	
100m schoolslag	series	11.	1:31.81	313	1:33.96	9-1-2016	105%	
Julia Vos, 11-8-2002								1
100m schoolslag	series	15.	1:38.45	254	1:39.12	29-12-2015	101%	
Julian van de Rhee, 6-3-2001								2
100m rugslag	series	7.	1:14.80	280	1:16.29	29-12-2015	104%	
200m schoolslag	series	6.	3:00.68	296	3:20.11		123%	
Justin Slootweg, 11-1-2002								-
400m vrije slag	series	1.	4:50.19	391	NT		-	
Kim Vos, 11-1-2000								2
100m rugslag	series	1.	1:08.92	509	1:10.95	10-1-2016	106%	
200m schoolslag	series	1.	2:37.25	626	2:37.67	30-1-2016	101%	
Larissa Bakker, 6-11-2000								2
100m rugslag	series	9.	1:19.33	333	1:19.37	4-10-2015	100%	
200m schoolslag	series	5.	3:03.07	397	3:10.55	4-10-2015	108%	
Luciën van Esch, 22-5-2000								2
100m vrije slag	series	9.	1:00.98	400	1:01.99	17-1-2016	103%	
200m rugslag	series	8.	2:37.02	308	2:38.50		102%	
Marnix Brosens, 11-2-1995								-
50m vrije slag	series	AFGEM		-	25.98	6-12-2015	-	
100m rugslag	series	AFGEM		-	1:11.16	28-12-2015	-	
200m wisselslag	series	AFGEM		-	NT		-	
Meggie Bakker, 23-6-2003								-
400m vrije slag	series	14.	5:52.21	295	NT		-	
100m schoolslag	series	14.	1:34.77	284	1:33.86	9-1-2016	98%	
Robbie van den Berg, 1-5-2003								1
400m vrije slag	series	6.	5:29.72	266	5:50.42	20-12-2015	113%	
100m schoolslag	series	7.	1:35.67	196	1:33.96	4-10-2015	96%	
Thomas Tolsma, 16-4-2003								2
400m vrije slag	series	3.	5:24.90	278	5:35.19		106%	
100m schoolslag	series	4.	1:29.38	240	1:36.47	17-1-2016	116%	
Tiemen Tolsma, 16-4-2003								2
400m vrije slag	series	5.	5:26.88	273	5:46.87		113%	
100m schoolslag	series	1.	1:26.60	264	1:29.76	10-1-2016	107%	