

Competitie-Deel4-AB
 Roosendaal, 6-3-2016

 Programmanr. 4
 6-3-2016 - 13:45

Meisjes, 400m vrije slag

 Meisjes Junioren 3 en later
 Resultaten

rang	naam	vereniging	intijd	tijd	RT		
1.	Nienke Jonk	Hieronymus	4:47.30	200203000	4:38.68 +0,72		
	50m: 30.77	30.77 150m: 1:42.42	35.77	250m: 2:54.84	36.31	350m: 4:05.32	34.86
	100m: 1:06.65	35.88 200m: 2:18.53	36.11	300m: 3:30.46	35.62	400m: 4:38.68	33.36
2.	Famke Slabbers	Arethusa	4:38.72	200200100	4:38.80 +0,74		
	50m: 32.62	32.62 150m: 1:43.55	36.00	250m: 2:55.58	35.81	350m: 4:05.37	34.59
	100m: 1:07.55	34.93 200m: 2:19.77	36.22	300m: 3:30.78	35.20	400m: 4:38.80	33.43
3.	Sasya van Hamersveld	Arethusa	4:58.98	200201454	5:00.05 +0,77		
	50m: 33.76	33.76 150m: 1:48.49	37.85	250m: 3:04.59	38.08	350m: 4:21.94	38.54
	100m: 1:10.64	36.88 200m: 2:26.51	38.02	300m: 3:43.40	38.81	400m: 5:00.05	38.11
4.	Roos Englebort	Hieronymus	5:03.08	200200606	5:02.09 +0,79		
	50m: 33.43	33.43 150m: 1:48.88	38.03	250m: 3:05.90	38.62	350m: 4:24.91	39.70
	100m: 1:10.85	37.42 200m: 2:27.28	38.40	300m: 3:45.21	39.31	400m: 5:02.09	37.18
5.	Meral Bakker	Arethusa	5:20.13	200200788	5:16.35 +0,81		
	50m: 34.95	34.95 150m: 1:53.21	39.91	250m: 3:13.93	40.80	350m: 4:37.30	42.34
	100m: 1:13.30	38.35 200m: 2:33.13	39.92	300m: 3:54.96	41.03	400m: 5:16.35	39.05
6.	Demi Goosen	SBC2000	5:43.31	200204868	5:17.16 +0,83		
	50m: 35.76	35.76 150m: 1:55.96	40.64	250m: 3:17.60	40.89	350m: 4:39.32	39.76
	100m: 1:15.32	39.56 200m: 2:36.71	40.75	300m: 3:59.56	41.96	400m: 5:17.16	37.84
7.	Kemi van de Wetering	Arethusa	5:17.91	200201456	5:18.51 +0,72		
	50m: 35.38	35.38 150m: 1:55.50	40.41	250m: 3:17.30	41.09	350m: 4:39.08	40.75
	100m: 1:15.09	39.71 200m: 2:36.21	40.71	300m: 3:58.33	41.03	400m: 5:18.51	39.43
8.	Sophie Albers	Arethusa	5:31.39	200300990	5:19.13 +0,73		
	50m: 36.31	36.31 150m: 1:57.04	40.33	250m: 3:17.84	40.39	350m: 4:40.09	40.78
	100m: 1:16.71	40.40 200m: 2:37.45	40.41	300m: 3:59.31	41.47	400m: 5:19.13	39.04
9.	Mandy van Rossum	Arethusa	6:28.71	200204904	5:19.74 +0,73		
	50m: 35.10	35.10 150m: 1:56.10	41.58	250m: 3:19.08	40.96	350m: 4:41.12	41.26
	100m: 1:14.52	39.42 200m: 2:38.12	42.02	300m: 3:59.86	40.78	400m: 5:19.74	38.62
10.	Jessie Vercauteren	Hieronymus	NT	200204202	5:27.36 +0,81		
	50m: 36.08	36.08 150m: 1:59.25	42.67	250m: 3:25.28	42.84	350m: 4:49.49	41.84
	100m: 1:16.58	40.50 200m: 2:42.44	43.19	300m: 4:07.65	42.37	400m: 5:27.36	37.87
11.	Esmee Hereijgers	Hieronymus	7:17.76	200302818	5:33.16 +0,78		
	50m: 38.03	38.03 150m: 2:02.07	42.76	250m: 3:28.52	43.56	350m: 4:53.10	42.12
	100m: 1:19.31	41.28 200m: 2:44.96	42.89	300m: 4:10.98	42.46	400m: 5:33.16	40.06
12.	Joëlle Steltenpool	SBC2000	5:41.18	200301302	5:38.67 +0,70		
	50m: 36.95	36.95 150m: 2:00.13	42.49	250m: 3:29.70	44.45	350m: 4:57.53	43.74
	100m: 1:17.64	40.69 200m: 2:45.25	45.12	300m: 4:13.79	44.09	400m: 5:38.67	41.14
13.	Kim Becx	Hieronymus	NT	200302766	5:40.18 +0,81		
	50m: 36.79	36.79 150m: 2:01.64	43.57	250m: 3:32.21	44.99	350m: 5:00.36	44.35
	100m: 1:18.07	41.28 200m: 2:47.22	45.58	300m: 4:16.01	43.80	400m: 5:40.18	39.82
14.	Meggie Bakker	SBC2000	NT	200302962	5:52.21 +0,84		
	50m: 38.33	38.33 150m: 2:05.53	44.77	250m: 3:36.30	45.77	350m: 5:08.37	46.06
	100m: 1:20.76	42.43 200m: 2:50.53	45.00	300m: 4:22.31	46.01	400m: 5:52.21	43.84
DIS	Julia Vos	SBC2000	5:38.41	200202792	+0,63		
	AA - Gestart voor het startsignaal (en wel gezwommen).						