

Programmanr. 28
13-3-2016

Heren, 1500m vrije slag

Heren Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Sander Crooijmans <i>Zeeuws record</i>	VZC E&P		17:56.76		200100383		17:05.73	
	100m:	1:05.61	1:05.61	500m:	5:40.46	1:08.75	900m:	10:13.53	1:07.94
	200m:	2:14.43	1:08.82	600m:	6:49.27	1:08.81	1000m:	11:21.92	1:08.39
	300m:	3:23.24	1:08.81	700m:	7:57.58	1:08.31	1100m:	12:30.29	1:08.37
	400m:	4:31.71	1:08.47	800m:	9:05.59	1:08.01	1200m:	13:39.09	1:08.80
2.	Vincent Crooijmans <i>800m*</i>	VZC E&P		17:57.49		200100381		17:29.03	
	100m:	1:05.76	1:05.76	500m:	5:40.82	1:08.95	900m:	10:23.07	1:11.45
	200m:	2:14.66	1:08.90	600m:	6:50.23	1:09.41	1000m:	11:34.54	1:11.47
	300m:	3:23.37	1:08.71	700m:	8:00.64	1:10.41	1100m:	12:45.57	1:11.03
	400m:	4:31.87	1:08.50	800m:	9:11.62	1:10.98	1200m:	13:57.12	1:11.55
3.	Olivier Jans	De Fuut		17:58.18		200001815		18:03.14	
	100m:	1:07.49	1:07.49	500m:	5:55.58	1:13.20	900m:	10:47.53	1:12.77
	200m:	2:18.82	1:11.33	600m:	7:08.57	1:12.99	1000m:	12:00.32	1:12.79
	300m:	3:30.10	1:11.28	700m:	8:21.59	1:13.02	1100m:	13:13.20	1:12.88
	400m:	4:42.38	1:12.28	800m:	9:34.76	1:13.17	1200m:	14:26.06	1:12.86
4.	Erno Vriens	WZ&PC Purmerend		17:54.41		199902587		18:18.81	
	100m:	1:07.90	1:07.90	500m:	6:02.84	1:14.38	900m:	11:00.38	1:14.28
	200m:	2:20.75	1:12.85	600m:	7:17.38	1:14.54	1000m:	12:15.03	1:14.65
	300m:	3:34.60	1:13.85	700m:	8:31.82	1:14.44	1100m:	13:29.09	1:14.06
	400m:	4:48.46	1:13.86	800m:	9:46.10	1:14.28	1200m:	14:42.48	1:13.39
5.	Christiaan Smit	De Fuut		18:34.88		200102463		18:19.72	
	100m:	1:07.39	1:07.39	500m:	6:05.21	1:14.96	900m:	11:02.63	1:13.70
	200m:	2:21.57	1:14.18	600m:	7:19.98	1:14.77	1000m:	12:16.88	1:14.25
	300m:	3:35.93	1:14.36	700m:	8:34.23	1:14.25	1100m:	13:30.97	1:14.09
	400m:	4:50.25	1:14.32	800m:	9:48.93	1:14.70	1200m:	14:44.61	1:13.64
6.	Timo Spaans	PSV		19:57.40		200201087		18:24.05	
	100m:	1:08.60	1:08.60	500m:	6:06.71	1:15.15	900m:	11:03.29	1:14.11
	200m:	2:22.44	1:13.84	600m:	7:20.91	1:14.20	1000m:	12:17.12	1:13.83
	300m:	3:37.10	1:14.66	700m:	8:35.06	1:14.15	1100m:	13:30.98	1:13.86
	400m:	4:51.56	1:14.46	800m:	9:49.18	1:14.12	1200m:	14:45.23	1:14.25
7.	Anthony Huynh	VZC E&P		19:52.37		200200605		19:04.66	
	100m:	1:11.83	1:11.83	500m:	6:20.13	1:17.11	900m:	11:28.77	1:16.86
	200m:	2:28.99	1:17.16	600m:	7:37.37	1:17.24	1000m:	12:45.72	1:16.95
	300m:	3:46.58	1:17.59	700m:	8:54.47	1:17.10	1100m:	14:03.19	1:17.47
	400m:	5:03.02	1:16.44	800m:	10:11.91	1:17.44	1200m:	15:20.57	1:17.38
8.	Bas van Haperen	DIO		19:51.20		199805507		19:18.27	
	100m:	1:10.24	1:10.24	500m:	6:21.37	1:18.66	900m:	11:33.86	1:18.23
	200m:	2:26.28	1:16.04	600m:	7:39.92	1:18.55	1000m:	12:52.14	1:18.28
	300m:	3:44.22	1:17.94	700m:	8:57.80	1:17.88	1100m:	14:09.84	1:17.70
	400m:	5:02.71	1:18.49	800m:	10:15.63	1:17.83	1200m:	15:27.55	1:17.71
9.	Lucas Peters	PSV		19:10.47		200301325		19:46.23	
	100m:	1:14.04	1:14.04	500m:	6:33.95	1:19.65	900m:	11:54.94	1:20.51
	200m:	2:33.18	1:19.14	600m:	7:53.99	1:20.04	1000m:	13:15.92	1:20.98
	300m:	3:53.85	1:20.67	700m:	9:13.79	1:19.80	1100m:	14:37.00	1:21.08
	400m:	5:14.30	1:20.45	800m:	10:34.43	1:20.64	1200m:	15:57.90	1:20.90
10.	Jordy Rens	DIO		21:19.78		199904431		22:06.75	
	100m:	1:15.66	1:15.66	500m:	7:11.07	1:29.83	900m:	13:12.53	1:30.27
	200m:	2:41.18	1:25.52	600m:	8:42.13	1:31.06	1000m:	14:43.77	1:31.24
	300m:	4:10.75	1:29.57	700m:	10:12.68	1:30.55	1100m:	16:13.50	1:29.73
	400m:	5:41.24	1:30.49	800m:	11:42.26	1:29.58	1200m:	17:43.85	1:30.35
NG.ZA	Luka Bouwman	PSV		20:49.54		200201119			