

Programmanr. 1
 18-9-2016 - 13:30

Jongens, 400m vrije slag

 Junioren
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren					
1.	Janne Englebert	Hieronymus	4:31.55	200101561	4:24.31 +0,76 577
	50m: 29.26	29.26 150m: 1:35.28	33.17	250m: 2:42.34	33.80 350m: 3:50.95
	100m: 1:02.11	32.85 200m: 2:08.54	33.26	300m: 3:16.62	34.28 400m: 4:24.31
2.	Rinke Hiel	Zwemclub Koewacht	5:15.07	200102131	4:50.13 +0,56 436
	50m: 31.61	31.61 150m: 1:45.21	36.84	250m: 2:58.94	37.76 350m: 4:15.49
	100m: 1:08.37	36.76 200m: 2:21.18	35.97	300m: 3:37.80	38.86 400m: 4:50.13
3.	Stijn de Rechter	Zwemclub Koewacht	5:41.72	200202989	4:59.92 +0,82 395
	50m: 30.43	30.43 150m: 1:43.82	37.92	250m: 3:03.20	39.99 350m: 4:23.70
	100m: 1:05.90	35.47 200m: 2:23.21	39.39	300m: 3:43.45	40.25 400m: 4:59.92
4.	Lars Kammers	Hieronymus	5:14.97	200100497	5:04.53 +0,73 377
	50m: 34.43	34.43 150m: 1:51.20	38.93	250m: 3:09.98	39.27 350m: 4:29.38
	100m: 1:12.27	37.84 200m: 2:30.71	39.51	300m: 3:49.65	39.67 400m: 5:04.53
5.	Wessel Heijnemans	Hieronymus	5:13.44	200301353	5:05.45 +0,74 374
	50m: 33.56	33.56 150m: 1:50.87	39.08	250m: 3:10.15	39.54 350m: 4:29.03
	100m: 1:11.79	38.23 200m: 2:30.61	39.74	300m: 3:50.26	40.11 400m: 5:05.45
6.	Sander Provoost	Zwemclub Koewacht	5:20.85	200302121	5:15.30 340
	50m: 33.64	33.64 150m: 1:50.73	39.44	250m: 3:12.59	40.86 350m: 4:35.18
	100m: 1:11.29	37.65 200m: 2:31.73	41.00	300m: 3:53.93	41.34 400m: 5:15.30
7.	Teun van der Schrier	Hieronymus	5:19.30	200403627	5:18.86 +0,61 329
	50m: 35.88	35.88 150m: 1:56.66	40.98	250m: 3:18.98	41.72 350m: 4:40.63
	100m: 1:15.68	39.80 200m: 2:37.26	40.60	300m: 4:00.52	41.54 400m: 5:18.86
8.	Nathan de Bruin	Z & PC De Zeeuwse Kust	5:37.68	200302177	5:21.55 +0,58 321
	50m: 36.23	36.23 150m: 1:57.77	40.25	250m: 3:20.07	40.92 350m: 4:43.25
	100m: 1:17.52	41.29 200m: 2:39.15	41.38	300m: 4:02.34	42.27 400m: 5:21.55
9.	Daan Trinh	Hieronymus	5:38.21	200401267	5:27.97 +0,79 302
	50m: 36.24	36.24 150m: 2:01.44	43.90	250m: 3:27.77	43.64 350m: 4:50.70
	100m: 1:17.54	41.30 200m: 2:44.13	42.69	300m: 4:07.94	40.17 400m: 5:27.97
10.	Flynn Wolterman	Z & PC De Zeeuwse Kust	NT	200301063	5:39.43 +0,73 273
	50m: 35.53	35.53 150m: 1:57.45	42.07	250m:	35.00 350m: 4:49.35
	100m: 1:15.38	39.85 200m: 2:39.35	41.90	300m: 4:06.52	40.00 400m: 5:39.43
11.	Job Erdmann	Hieronymus	5:38.06	200302237	5:39.81 +0,71 272
	50m: 38.77	38.77 150m: 2:05.07	43.63	250m: 3:33.57	43.91 350m: 5:02.17
	100m: 1:21.44	42.67 200m: 2:49.66	44.59	300m: 4:17.51	43.94 400m: 5:39.81
12.	Sem Bonte	Z & PC De Zeeuwse Kust	5:41.16	200400427	5:39.92 +0,49 271
	50m: 37.95	37.95 150m: 2:05.21	44.02	250m: 3:33.31	44.38 350m: 5:01.98
	100m: 1:21.19	43.24 200m: 2:48.93	43.72	300m: 4:17.84	44.53 400m: 5:39.92
13.	Levi Brouwers	Hieronymus	6:47.07	200203171	5:46.81 +0,69 256
	50m: 34.09	34.09 150m: 1:58.18	43.61	250m: 3:27.36	45.17 350m:
	100m: 1:14.57	40.48 200m: 2:42.19	44.01	300m: 4:13.73	46.37 400m: 5:46.81
14.	Max Balsen Versteeg	Hieronymus	5:48.49	200304583	5:50.34 +0,54 248
	50m: 38.77	38.77 150m: 2:05.23	44.04	250m: 3:33.00	44.13 350m: 5:05.29
	100m: 1:21.19	42.42 200m: 2:48.87	43.64	300m: 4:18.92	45.92 400m: 5:50.34
15.	Sem Lazeroms	Hieronymus	6:43.92	200402921	6:01.30 226
	50m: 38.58	38.58 150m: 2:09.03	46.41	250m: 3:42.95	47.97 350m: 5:17.61
	100m: 1:22.62	44.04 200m: 2:54.98	45.95	300m: 4:31.26	48.31 400m: 6:01.30
16.	Steyn Mosterd	Z & PC De Zeeuwse Kust	6:36.23	200402289	6:20.37 +0,85 194
	50m: 43.46	43.46 150m: 2:19.65	49.21	250m: 3:57.52	49.78 350m: 5:30.61
	100m: 1:30.44	46.98 200m: 3:07.74	48.09	300m: 4:46.51	48.99 400m: 6:20.37
17.	Max van Zeijl	Hieronymus	6:25.18	200402075	6:22.33 +0,76 191
	50m: 43.05	43.05 150m: 2:20.40	49.22	250m: 3:59.79	49.54 350m: 5:36.92
	100m: 1:31.18	48.13 200m: 3:10.25	49.85	300m: 4:49.09	49.30 400m: 6:22.33
18.	Jan Douwe Postmus	Hieronymus	7:41.80	200202895	6:40.67 166
	50m: 43.76	43.76 150m: 2:23.62	51.50	250m: 4:06.88	50.89 350m: 5:50.35
	100m: 1:32.12	48.36 200m: 3:15.99	52.37	300m: 4:59.26	52.38 400m: 6:40.67
19.	Aaron van Waes	Zwemclub Koewacht	NT	200302191	7:11.15 133
	50m: 37.19	37.19 150m: 2:11.03	50.21	250m: 4:08.21	1:00.88 350m: 6:11.11
	100m: 1:20.82	43.63 200m: 3:07.33	56.30	300m: 5:09.18	1:00.97 400m: 7:11.15
DIS	Stijn Wildschut	Z & PC De Zeeuwse Kust	NT	200201247	
	AM - Gebruik gemaakt van hulpmiddelen of tape gebruikt op het lichaam.				
DIS	Mischa Beks	Hieronymus	NT	200403339	
	AA - Gestart voor het startsignaal (en wel gezwommen).				

Programmanr. 1, Jongens, 400m vrije slag, Junioren

rang	naam	vereniging	intijd	tijd	RT
DIS	Danny Poot AA - Gestart voor het startsignaal (en wel gezwommen).	Zwemclub Koewacht	6:16.93	200400513	