

Programmanr. 11
 18-9-2016 - 15:55

Jongens, 400m vrije slag

 Minioren 6
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
Minioren 6					
1.	Sven ten Hove	Hieronymus	NT 200500273	5:38.38	+0,72 275
	50m: 39.22	39.22 150m: 2:06.48	43.71 250m: 3:34.33	44.12 350m: 4:58.80	42.61
	100m: 1:22.77	43.55 200m: 2:50.21	43.73 300m: 4:16.19	41.86 400m: 5:38.38	39.58
2.	Barend de Voogd	Z & PC De Zeeuwse Kust	NT 200501111	5:43.10	+0,64 264
	50m: 37.06	37.06 150m: 2:03.10	43.51 250m: 3:32.66	45.57 350m: 5:00.50	43.66
	100m: 1:19.59	42.53 200m: 2:47.09	43.99 300m: 4:16.84	44.18 400m: 5:43.10	42.60
3.	Wouter Provoost	Zwemclub Koewacht	6:01.30 200500703	5:58.42	+0,83 231
	50m: 38.68	38.68 150m: 2:09.09	45.05 250m: 3:41.17	46.24 350m: 5:15.45	47.92
	100m: 1:24.04	45.36 200m: 2:54.93	45.84 300m: 4:27.53	46.36 400m: 5:58.42	42.97
4.	Owen Riemens	Z & PC De Zeeuwse Kust	NT 200500027	6:10.84	209
	50m: 38.26	38.26 150m: 2:10.20	47.12 250m: 3:45.44	47.20 350m: 5:23.09	49.46
	100m: 1:23.08	44.82 200m: 2:58.24	48.04 300m: 4:33.63	48.19 400m: 6:10.84	47.75
5.	Tjeerd Bakker	Z & PC De Zeeuwse Kust	NT 200500313	6:33.26	+0,71 175
	50m: 40.49	40.49 150m: 2:17.60	50.39 250m: 4:01.38	52.96 350m: 5:45.79	52.57
	100m: 1:27.21	46.72 200m: 3:08.42	50.82 300m: 4:53.22	51.84 400m: 6:33.26	47.47
6.	Vilmar Sosa Rodriguez	Z & PC De Zeeuwse Kust	NT 200502163	7:07.55	+0,92 136
	50m: 46.20	46.20 150m: 2:35.28	55.11 250m: 4:27.20	56.72 350m: 6:18.35	54.58
	100m: 1:40.17	53.97 200m: 3:30.48	55.20 300m: 5:23.77	56.57 400m: 7:07.55	49.20
7.	Presley Dean Henkes	Z & PC De Zeeuwse Kust	NT 200501959	7:07.68	+0,70 136
	50m: 46.78	46.78 150m: 2:35.53	55.93 250m: 4:27.07	56.08 350m: 6:18.96	54.77
	100m: 1:39.60	52.82 200m: 3:30.99	55.46 300m: 5:24.19	57.12 400m: 7:07.68	48.72
8.	Wouter Buijs	Zwemclub Koewacht	NT 200501977	7:15.58	+0,93 129
	50m: 47.47	47.47 150m: 2:38.16	55.37 250m: 4:29.15	56.36 350m: 6:22.07	55.10
	100m: 1:42.79	55.32 200m: 3:32.79	54.63 300m: 5:26.97	57.82 400m: 7:15.58	53.51
9.	Amasja Marinissen	Z & PC De Zeeuwse Kust	NT 200501963	7:17.45	127
	50m: 47.12	47.12 150m: 2:39.23	57.11 250m: 4:31.78	57.25 350m: 6:25.08	54.57
	100m: 1:42.12	55.00 200m: 3:34.53	55.30 300m: 5:30.51	58.73 400m: 7:17.45	52.37