

Programmanr. 2
29-4-2017
Meisjes, 200m wisselslag
Minioren 5 en Junioren 1
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Gioia Rond 50m: 39.23	Zwemvereniging De Zilvermee3 39.23 100m: 1:27.48	3:04.97 48.25 150m: 2:22.76	200601508 55.28 200m: 3:03.86	+0,53 323 41.10
2.	Félinn van Lienden 50m: 43.88	Hieronymus 43.88 100m: 1:31.36	3:12.34 47.48 150m: 2:28.68	200602038 57.32 200m: 3:09.80	+0,65 293 41.12
3.	Daphne Vroege 50m: 43.19	Hieronymus 43.19 100m: 1:33.73	3:20.96 50.54 150m: 2:29.75	200602310 56.02 200m: 3:22.59	241 52.84
DIS	Alyssa van der Heijden VH - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.	Hieronymus	3:42.02	200603508	

Programmanr. 4
29-4-2017
Dames, 400m wisselslag
Junioren 2 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Sanne Rebers 50m: 35.44 100m: 1:19.11	Hieronymus 35.44 150m: 1:59.47 43.67 200m: 2:39.14	5:42.69 40.36 250m: 3:26.70 39.67 300m: 4:16.18	199902082 47.56 350m: 4:55.96 49.48 400m: 5:34.65	+0,76 516 39.78 38.69
2.	Roos Englebert 50m: 34.63 100m: 1:17.52	Hieronymus 34.63 150m: 1:59.41 42.89 200m: 2:41.51	5:32.84 41.89 250m: 3:29.87 42.10 300m: 4:21.87	200200606 48.36 350m: 5:02.19 52.00 400m: 5:42.39	482 40.32 40.20
3.	Melissa de Wit 50m: 42.29 100m: 1:36.05	Hieronymus 42.29 150m: 2:29.37 53.76 200m: 3:19.82	NT 53.32 250m: 4:14.36 50.45 300m: 5:10.32	200304344 54.54 350m: 5:57.60 55.96 400m: 6:42.70	+0,78 296 47.28 45.10
4.	Rachelle Hellenbrand 50m: 43.39 100m: 1:38.94	Psv 43.39 150m: 2:34.19 55.55 200m: 3:26.20	6:53.60 55.25 250m: 4:26.74 52.01 300m: 5:27.27	199101204 1:00.54 350m: 6:15.04 1:00.53 400m: 7:00.35	260 47.77 45.31

Programmanr. 5
29-4-2017
Heren, 400m wisselslag
Junioren 1 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Max Embregts 50m: 32.79 100m: 1:12.97	O.Z. & P.C. De Warande 32.79 150m: 1:57.27 40.18 200m: 2:40.19	5:38.97 44.30 250m: 3:28.08 42.92 300m: 4:16.70	200200583 47.89 350m: 4:57.05 48.62 400m: 5:35.10	385 40.35 38.05
2.	Jordy Rens 50m: 33.00 100m: 1:12.54	Z & Pc Dio 33.00 150m: 1:56.61 39.54 200m: 2:39.66	5:39.86 44.07 250m: 3:32.06 43.05 300m: 4:26.19	199904431 52.40 350m: 5:08.50 54.13 400m: 5:49.55	+0,85 339 42.31 41.05
3.	Martijn Clarijs 50m: 35.02 100m: 1:18.88	Zwemvereniging De Zilvermeeuw 35.02 150m: 2:07.46 43.86 200m: 2:55.41	NT 48.58 250m: 3:48.41 47.95 300m: 4:41.65	200104669 53.00 350m: 5:23.94 53.24 400m: 6:07.16	+0,78 293 42.29 43.22
4.	Dion Staal 50m: 34.85 100m: 1:17.85	O.Z. & P.C. De Warande 34.85 150m: 2:07.37 43.00 200m: 2:54.73	5:45.69 49.52 250m: 3:48.15 47.36 300m: 4:41.54	200200065 53.42 350m: 5:26.99 53.39 400m: 6:08.48	290 45.45 41.49
5.	Max van Zeijl 50m: 43.20 100m: 1:38.23	Hieronymus 43.20 150m: 2:30.81 55.03 200m: 3:21.71	6:42.08 52.58 250m: 4:14.60 50.90 300m: 5:08.87	200402075 52.89 350m: 5:53.03 54.27 400m: 6:34.71	236 44.16 41.68

Programmanr. 6
29-4-2017
400m vrije slag
Minioren 3 en 4
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Zara van Zeijl 50m: 50.68 100m: 1:48.36	Hieronymus 50.68 150m: 2:48.71 57.68 200m: 3:47.38	7:32.00 1:00.35 250m: 4:46.23 58.67 300m: 5:46.14	200700394 58.85 350m: 6:46.36 59.91 400m: 7:41.93	137 1:00.22 55.57

Programmanr. 7
 29-4-2017

Meisjes, 800m vrije slag

 Minioren 5 en Junioren 1
 Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Emma Riemers	MSV-Zeemacht	10:33.96	200500748	10:38.30 445			
	50m: 34.01	34.01	250m: 3:14.60	40.15	450m: 5:58.58	41.11	650m: 8:42.71	41.14
	100m: 1:14.15	40.14	300m: 3:55.71	41.11	500m: 6:40.18	41.60	700m: 9:22.67	39.96
	150m: 1:54.30	40.15	350m: 4:36.74	41.03	550m: 7:20.94	40.76	750m: 10:02.10	39.43
	200m: 2:34.45	40.15	400m: 5:17.47	40.73	600m: 8:01.57	40.63	800m: 10:38.30	36.20
2.	Félinn van Lienden	Hieronymus	NT	200602038	13:04.18 +0,70 240			
	50m: 44.38	44.38	250m: 3:59.97	49.02	450m: 7:19.96	50.68	650m: 10:41.99	50.29
	100m: 1:32.95	48.57	300m: 4:49.88	49.91	500m: 8:10.35	50.39	700m: 11:30.40	48.41
	150m: 2:21.84	48.89	350m: 5:39.71	49.83	550m: 9:01.86	51.51	750m: 12:19.70	49.30
	200m: 3:10.95	49.11	400m: 6:29.28	49.57	600m: 9:51.70	49.84	800m: 13:04.18	44.48
3.	Gioia Rond	Zwemvereniging De Zilvermeeuw	NT	200601508	13:18.00 228			
	50m: 44.68	44.68	250m: 4:07.62	51.01	450m: 7:33.38	51.74	650m: 10:56.95	50.61
	100m: 1:34.00	49.32	300m: 4:58.48	50.86	500m: 8:24.74	51.36	700m: 11:48.38	51.43
	150m: 2:24.84	50.84	350m: 5:50.75	52.27	550m: 9:16.06	51.32	750m: 12:36.79	48.41
	200m: 3:16.61	51.77	400m: 6:41.64	50.89	600m: 10:06.34	50.28	800m: 13:18.00	41.21
4.	Alyssa van der Heijden	Hieronymus	NT	200603508	13:27.15 220			
	50m: 43.79	43.79	250m: 4:07.04	51.16	450m: 7:33.84	52.66	650m: 10:58.63	51.49
	100m: 1:32.77	48.98	300m: 4:58.52	51.48	500m: 8:24.60	50.76	700m: 11:49.73	51.10
	150m: 2:23.99	51.22	350m: 5:49.53	51.01	550m: 9:16.43	51.83	750m: 12:38.97	49.24
	200m: 3:15.88	51.89	400m: 6:41.18	51.65	600m: 10:07.14	50.71	800m: 13:27.15	48.18
5.	Hanna de Graaf	ZV Den Doorn	15:35.93	200600300	14:20.42 182			
	50m: 46.45	46.45	250m: 4:20.87	54.78	450m: 8:02.69	55.95	650m: 11:44.52	56.84
	100m: 1:37.62	51.17	300m: 5:16.26	55.39	500m: 8:57.27	54.58	700m: 12:38.12	53.60
	150m: 2:31.36	53.74	350m: 6:11.61	55.35	550m: 9:52.07	54.80	750m: 13:30.41	52.29
	200m: 3:26.09	54.73	400m: 7:06.74	55.13	600m: 10:47.68	55.61	800m: 14:20.42	50.01
6.	Sanne van Kesteren	sg SCOM/De Zeehond'73	15:32.87	200600452	14:57.37 160			
	50m: 46.71	46.71	250m: 4:29.07	54.75	450m: 8:18.22	57.23	650m: 12:09.23	58.01
	100m: 1:40.54	53.83	300m: 5:26.17	57.10	500m: 9:15.58	57.36	700m: 13:05.78	56.55
	150m: 2:36.67	56.13	350m: 6:24.46	58.29	550m: 10:12.88	57.30	750m: 14:02.43	56.65
	200m: 3:34.32	57.65	400m: 7:20.99	56.53	600m: 11:11.22	58.34	800m: 14:57.37	54.94

 Programmanr. 8
 29-4-2017

Jongens, 800m vrije slag

 Minioren 5 en 6
 Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Wouter Provoost	ZCKoewacht	12:50.79	200500703	11:40.40 +0,86 269			
	50m: 35.97	35.97	250m: 3:28.34	43.91	450m: 6:28.51	45.89	650m: 9:29.79	45.38
	100m: 1:17.59	41.62	300m: 4:11.54	43.20	500m: 7:13.82	45.31	700m: 10:16.11	46.32
	150m: 2:00.88	43.29	350m: 4:57.59	46.05	550m: 7:58.24	44.42	750m: 10:59.03	42.92
	200m: 2:44.43	43.55	400m: 5:42.62	45.03	600m: 8:44.41	46.17	800m: 11:40.40	41.37
2.	Pieter Nuijten	ZCKoewacht	NT	200600043	14:00.43 156			
	50m: 42.50	42.50	250m: 4:13.65	53.00	450m: 7:46.19	53.39	650m: 11:20.79	55.08
	100m: 1:34.44	51.94	300m: 5:06.11	52.46	500m: 8:39.43	53.24	700m: 12:15.12	54.33
	150m: 2:27.23	52.79	350m: 5:58.75	52.64	550m: 9:32.51	53.08	750m: 13:07.59	52.47
	200m: 3:20.65	53.42	400m: 6:52.80	54.05	600m: 10:25.71	53.20	800m: 14:00.43	52.84
AFGEM	Thijs Visser	Van Vliet-Barracuda	NT	200502129				

 Programmanr. 9
 29-4-2017

Dames, 1500m vrije slag

 Junioren 2 en ouder
 Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Silke Aben	ZV Hydra	NT	200103354	21:02.62 394			
	50m: 36.03	36.03	450m: 6:07.97	42.15	850m: 11:48.72	43.17	1250m: 17:32.88	42.73
	100m: 1:15.71	39.68	500m: 6:50.74	42.77	900m: 12:31.66	42.94	1300m: 18:15.35	42.47
	150m: 1:56.75	41.04	550m: 7:32.97	42.23	950m: 13:14.70	43.04	1350m: 18:58.33	42.98
	200m: 2:37.96	41.21	600m: 8:15.48	42.51	1000m: 13:57.92	43.22	1400m: 19:40.68	42.35
	250m: 3:19.76	41.80	650m: 8:57.98	42.50	1050m: 14:41.10	43.18	1450m: 20:22.99	42.31
	300m: 4:01.60	41.84	700m: 9:41.05	43.07	1100m: 15:24.15	43.05	1500m: 21:02.62	39.63
	350m: 4:43.80	42.20	750m: 10:23.33	42.28	1150m: 16:07.17	43.02		
	400m: 5:25.82	42.02	800m: 11:05.55	42.22	1200m: 16:50.15	42.98		
2.	Esmee Hereijgers	Hieronymus	NT	200302818	21:39.73 +0,74 361			
	50m: 38.64	38.64	450m: 6:22.26	43.49	850m: 12:15.15	44.38	1250m: 18:09.36	43.48
	100m: 1:21.15	42.51	500m: 7:06.29	44.03	900m: 12:59.58	44.43	1300m: 18:52.56	43.20
	150m: 2:03.66	42.51	550m: 7:50.01	43.72	950m: 13:44.91	45.33	1350m: 19:35.95	43.39
	200m: 2:46.54	42.88	600m: 8:34.38	44.37	1000m: 14:29.09	44.18	1400m: 20:19.62	43.67
	250m: 3:29.17	42.63	650m: 9:18.71	44.33	1050m: 15:13.45	44.36	1450m: 21:02.42	42.80
	300m: 4:12.58	43.41	700m: 10:02.84	44.13	1100m: 15:57.64	44.19	1500m: 21:39.73	37.31
	350m: 4:55.79	43.21	750m: 10:47.30	44.46	1150m: 16:41.58	43.94		
	400m: 5:38.77	42.98	800m: 11:30.77	43.47	1200m: 17:25.88	44.30		

Programmanr. 12, Heren, 2000m vrije slag, Senioren Open

rang	naam	vereniging	intijd	tijd	RT			
2.	Rinke Hiel	ZCKoewacht	26:55.93	200102131	25:02.46 +0,78			
	50m: 31.26	31.26	550m: 6:47.19	37.65	1050m: 13:06.44	38.36	1550m: 19:25.81	38.17
	100m: 1:07.58	36.32	600m: 7:25.06	37.87	1100m: 13:44.25	37.81	1600m: 20:04.14	38.33
	150m: 1:44.15	36.57	650m: 8:02.80	37.74	1150m: 14:22.11	37.86	1650m: 20:42.58	38.44
	200m: 2:22.03	37.88	700m: 8:40.46	37.66	1200m: 15:00.08	37.97	1700m: 21:21.44	38.86
	250m: 2:58.82	36.79	750m: 9:19.27	38.81	1250m: 15:37.17	37.09	1750m: 21:59.66	38.22
	300m: 3:36.71	37.89	800m: 9:57.42	38.15	1300m: 16:15.04	37.87	1800m: 22:36.92	37.26
	350m: 4:14.78	38.07	850m: 10:34.83	37.41	1350m: 16:52.75	37.71	1850m: 23:13.67	36.75
	400m: 4:53.36	38.58	900m: 11:12.59	37.76	1400m: 17:31.12	38.37	1900m: 23:51.02	37.35
	450m: 5:31.46	38.10	950m: 11:50.44	37.85	1450m: 18:09.00	37.88	1950m: 24:28.20	37.18
	500m: 6:09.54	38.08	1000m: 12:28.08	37.64	1500m: 18:47.64	38.64	2000m: 25:02.46	34.26
3.	Andy van Akkeren	Hieronymus	23:51.27	199505381	26:18.63 +0,64			
	50m: 30.99	30.99	550m: 6:56.95	41.36	1050m: 13:32.60	40.04	1550m: 20:19.92	41.03
	100m: 1:07.42	36.43	600m: 7:36.08	39.13	1100m: 14:12.73	40.13	1600m: 21:01.33	41.41
	150m: 1:44.44	37.02	650m: 8:15.22	39.14	1150m: 14:52.89	40.16	1650m: 21:40.68	39.35
	200m: 2:22.19	37.75	700m: 8:54.66	39.44	1200m: 15:34.08	41.19	1700m: 22:21.41	40.73
	250m: 2:59.70	37.51	750m: 9:34.60	39.94	1250m: 16:14.81	40.73	1750m: 22:02.16	40.75
	300m: 3:38.03	38.33	800m: 10:14.56	39.96	1300m: 16:55.48	40.67	1800m: 23:41.56	39.40
	350m: 4:16.69	38.66	850m: 10:53.90	39.34	1350m: 17:35.67	40.19	1850m: 24:21.43	39.87
	400m: 4:55.30	38.61	900m: 11:32.77	38.87	1400m: 18:16.81	41.14	1900m: 25:01.22	39.79
	450m: 5:35.24	39.94	950m: 12:12.79	40.02	1450m: 18:58.07	41.26	1950m: 25:40.80	39.58
	500m: 6:15.59	40.35	1000m: 12:52.56	39.77	1500m: 19:38.89	40.82	2000m: 26:18.63	37.83
4.	Tom van Gils	Sg ZOC	NT	199501799	26:50.96 +0,75			
	50m: 34.04	34.04	550m: 7:03.94	40.08	1050m: 13:45.47	40.60	1550m: 20:37.81	41.32
	100m: 1:11.37	37.33	600m: 7:43.56	39.62	1100m: 14:26.10	40.63	1600m: 21:19.43	41.62
	150m: 1:49.70	38.33	650m: 8:23.89	40.33	1150m: 15:07.37	41.27	1650m: 22:01.13	41.70
	200m: 2:28.76	39.06	700m: 9:03.41	39.52	1200m: 15:48.46	41.09	1700m: 22:42.86	41.73
	250m: 3:07.91	39.15	750m: 9:43.26	39.85	1250m: 16:29.26	40.80	1750m: 23:24.45	41.59
	300m: 3:46.92	39.01	800m: 10:23.51	40.25	1300m: 17:10.71	41.45	1800m: 24:06.19	41.74
	350m: 4:25.82	38.90	850m: 11:03.49	39.98	1350m: 17:52.15	41.44	1850m: 24:47.90	41.71
	400m: 5:04.84	39.02	900m: 11:43.53	40.04	1400m: 18:33.71	41.56	1900m: 25:29.48	41.58
	450m: 5:44.29	39.45	950m: 12:24.05	40.52	1450m: 19:15.17	41.46	1950m: 26:11.03	41.55
	500m: 6:23.86	39.57	1000m: 13:04.87	40.82	1500m: 19:56.49	41.32	2000m: 26:50.96	39.93
5.	Dion Staal	O.Z. & P.C. De Warande	NT	200200065	28:02.09			
	50m: 35.76	35.76	550m: 7:36.69	42.88	1050m: 14:42.78	42.85	1550m: 21:48.01	43.22
	100m: 1:16.01	40.25	600m: 8:18.62	41.93	1100m: 15:25.63	42.85	1600m: 22:30.54	42.53
	150m: 1:57.63	41.62	650m: 9:02.23	43.61	1150m: 16:07.69	42.06	1650m: 23:12.76	42.22
	200m: 2:39.51	41.88	700m: 9:44.60	42.37	1200m: 16:50.29	42.60	1700m: 23:55.59	42.83
	250m: 3:21.37	41.86	750m: 10:27.33	42.73	1250m: 17:32.53	42.24	1750m: 24:38.35	42.76
	300m: 4:03.54	42.17	800m: 11:09.15	41.82	1300m: 18:14.96	42.43	1800m: 25:20.03	41.68
	350m: 4:45.88	42.34	850m: 11:51.66	42.51	1350m: 18:57.01	42.05	1850m: 26:02.63	42.60
	400m: 5:27.99	42.11	900m: 12:34.18	42.52	1400m: 19:39.88	42.87	1900m: 26:44.29	41.66
	450m: 6:11.31	43.32	950m: 13:17.28	43.10	1450m: 20:22.02	42.14	1950m: 27:24.61	40.32
	500m: 6:53.81	42.50	1000m: 13:59.93	42.65	1500m: 21:04.79	42.77	2000m: 28:02.09	37.48
6.	Max Embregts	O.Z. & P.C. De Warande	NT	200200583	28:27.74 +0,76			
	50m: 35.18	35.18	550m: 7:35.77	42.91	1050m: 14:43.24	42.60	1550m: 22:02.07	43.90
	100m: 1:15.65	40.47	600m: 8:18.43	42.66	1100m: 15:26.82	43.58	1600m: 22:46.24	44.17
	150m: 1:56.71	41.06	650m: 9:01.03	42.60	1150m: 16:09.51	42.69	1650m: 23:29.38	43.14
	200m: 2:38.47	41.76	700m: 9:44.38	43.35	1200m: 16:52.90	43.39	1700m: 24:12.75	43.37
	250m: 3:20.17	41.70	750m: 10:26.04	41.66	1250m: 17:36.98	44.08	1750m: 24:56.50	43.75
	300m: 4:02.22	42.05	800m: 11:08.73	42.69	1300m: 18:22.25	45.27	1800m: 25:40.71	44.21
	350m: 4:44.49	42.27	850m: 11:52.06	43.33	1350m: 19:06.14	43.89	1850m: 26:25.18	44.47
	400m: 5:27.50	43.01	900m: 12:34.89	42.83	1400m: 19:50.60	44.46	1900m: 27:08.55	43.37
	450m: 6:09.67	42.17	950m: 13:18.25	43.36	1450m: 20:34.92	44.32	1950m: 27:52.24	43.69
	500m: 6:52.86	43.19	1000m: 14:00.64	42.39	1500m: 21:18.17	43.25	2000m: 28:27.74	35.50

**Programmanr. 1
29-4-2017**
200m wisselslag
**Minioren 3 en 4
Resultaten**

rang	naam	vereniging	intijd	tijd	RT			
1.	Giulia Rond	Zwemvereniging De Zilvermew	NT	200800648	3:47.15 171			
	50m: 56.49	56.49	100m: 1:54.83	58.34	150m: 2:57.79	1:02.96	200m: 3:47.15	49.36
2.	Zara van Zeijl	Hieronymus	3:47.73	200700394	3:47.44 171			
	50m: 57.06	57.06	100m: 1:52.38	55.32	150m: 2:54.86	1:02.48	200m: 3:47.44	52.58

Programmanr. 3
29-4-2017

Jongens, 200m wisselslag

Miniores 5 en 6
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Programmanr. 13		Dames, 800m vrije slag		Senioren Open	
29-4-2017				Resultaten	

rang	naam	vereniging	intijd	tijd	RT	
1.	Chimène Huisman	De Biesboschzwemmers	NT 200400534	13:49.86	203	
	50m: 45.88	45.88	250m: 4:10.36	51.42	450m: 7:43.48	53.97
	100m: 1:36.08	50.20	300m: 5:03.35	52.99	500m: 8:37.32	53.84
	150m: 2:27.08	51.00	350m: 5:56.67	53.32	550m: 9:31.33	54.01
	200m: 3:18.94	51.86	400m: 6:49.51	52.84	600m: 10:24.33	53.00
					650m: 11:17.45	53.12
					700m: 12:10.73	53.28
					750m: 13:02.41	51.68
					800m: 13:49.86	47.45