

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
								-
De Schelde								48
Aniek Harreman, 14-9-2003								2
200m rugslag	series	16.	3:09.97	247	3:11.10		101%	
50m vlinderslag	series	8.	39.32	238	42.78	12-2-2017	118%	
Anouk Bijl, 10-12-2005								-
200m rugslag	series	29.	3:45.99	146	NT		-	
50m vlinderslag	series	31.	55.59	84	NT		-	
Britt Sutin, 18-10-2004								2
200m rugslag	series	3.	2:54.57	318	2:56.50	13-11-2016	102%	
50m vlinderslag	series	14.	40.38	220	42.87	6-11-2016	113%	
Carlijn Sigmond, 7-4-2006								2
100m vrije slag	series	3.	1:17.68	281	1:18.74	12-2-2017	103%	
200m wisselslag	series	4.	3:15.92	240	3:19.21	3-12-2016	103%	
Devid Amiryran, 26-7-2004								-
200m rugslag	series	24.	3:31.52	124	NT		-	
50m vlinderslag	series	27.	55.84	59	NT		-	
Emma Bos, 10-9-2007								-
200m vrije slag	series	9.	3:41.94	124	NT		-	
100m schoolslag	series	12.	2:16.99	94	NT		-	
Esmee van Esbroek, 13-5-2005								-
50m vlinderslag	series	18.	42.15	193	41.01	8-1-2017	95%	
400m wisselslag	series	11.	6:53.90	246	NT		-	
Evie Meerveld, 12-11-2005								1
200m rugslag	series	27.	3:31.27	179	NT		-	
50m vlinderslag	series	30.	52.67	99	53.65	8-1-2017	104%	
Floor de Pooter, 5-9-2005								2
50m vlinderslag	series	9.	39.54	234	40.12	6-11-2016	103%	
400m wisselslag	series	8.	6:45.02	262	7:05.64	11-12-2016	110%	
Gijs de Pooter, 16-8-2003								1
50m vlinderslag	series	12.	37.00	204	37.81	10-4-2016	104%	
Hasse Theys, 14-2-2007								-
100m vrije slag	series	6.	1:37.28	98	NT		-	
50m schoolslag	series	7.	58.30	81	55.53	18-12-2016	91%	
Ibe van Boven, 8-5-2004								-
200m rugslag	series	13.	3:05.00	267	NT		-	
50m vlinderslag	series	16.	41.35	204	41.16	3-12-2016	99%	
Jelle Fermont, 14-6-2006								2
200m vrije slag	series	5.	2:48.94	203	2:52.60	3-12-2016	104%	
100m schoolslag	series	3.	1:35.10	199	1:35.99	19-2-2017	102%	
Jeroen de Kort, 21-11-2003								1
50m vlinderslag	series	18.	40.54	155	43.13	15-1-2017	113%	
Jie Long de Ridder, 8-1-2004								-
200m rugslag	series	10.	2:47.74	249	NT		-	
50m vlinderslag	series	7.	33.46	276	33.42	15-1-2017	100%	
Joeri Harreman, 6-1-2006								2
200m vrije slag	series	1.	2:35.38	261	2:44.19	16-10-2016	112%	
100m schoolslag	series	1.	1:33.15	212	1:34.64	6-11-2016	103%	
Jure Buric, 17-11-2003								2
200m rugslag	series	18.	3:09.24	173	3:12.63	11-12-2016	104%	
50m vlinderslag	series	16.	37.83	191	39.46	15-1-2017	109%	
Kimi-Njorndr Jonkman, 22-7-2007								1
100m vrije slag	series	3.	1:30.59	122	1:29.35	16-10-2016	97%	
50m schoolslag	series	2.	49.49	132	49.76	20-11-2016	101%	
Lauren Vrijland, 26-8-2007								-
200m vrije slag	series	13.	4:11.96	84	NT		-	
100m schoolslag	series	11.	2:07.05	118	NT		-	
Leco van der Veldt, 16-10-2003								2
200m rugslag	series	14.	2:54.32	222	2:56.11	7-1-2017	102%	
50m vlinderslag	series	17.	38.21	185	38.86	15-1-2017	103%	
Leon Pladdet, 11-9-2004								1
200m rugslag	series	22.	3:17.95	151	NT		-	
50m vlinderslag	series	24.	47.41	97	50.07	17-4-2016	112%	
Lien Fermont, 20-5-2005								2
200m rugslag	series	1.	2:45.57	373	2:48.47	14-1-2017	104%	
400m wisselslag	series	2.	5:58.58	378	6:16.59	11-12-2016	110%	

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Lorenzo Bakker, 10-12-2003									2
200m ruqslag	series	8.	2:45.99	257	2:48.90	13-11-2016	104%		
50m vlinderslag	series	13.	37.21	201	37.42	15-1-2017	101%		
Lucas Ysebaert, 27-8-2005									2
100m vrije slag	series	6.	1:32.65	114	1:34.43	4-11-2016	104%		
100m ruqslag	series	4.	1:46.74	96	1:47.49	6-11-2016	101%		
Mathijs de Bruijne, 8-2-2007									2
100m vrije slag	series	4.	1:32.09	116	1:40.59	4-11-2016	119%		
50m schoolslag	series	5.	53.36	105	55.15	20-11-2016	107%		
Maud Koster, 16-3-2008									-
100m vrije slag	series	5.	1:44.29	116	NT		-		
50m schoolslag	series	8.	1:01.30	103	58.35	20-11-2016	91%		
Maud Sutin, 29-8-2007									2
200m vrije slag	series	3.	3:04.80	215	3:23.19	16-10-2016	121%		
100m schoolslag	series	2.	1:45.94	203	1:50.75	4-11-2016	109%		
Max Franken, 21-1-2005									2
100m vrije slag	series	4.	1:17.76	193	1:18.48	4-11-2016	102%		
200m wisselslag	series	3.	3:17.77	170	3:24.31	16-10-2016	107%		
Merel Hommers, 24-11-2006									2
100m vrije slag	series	9.	1:26.01	207	1:30.92	6-11-2016	112%		
200m wisselslag	series	11.	3:42.34	164	3:45.37	12-6-2016	103%		
Sam Albicher, 11-4-2006									2
100m vrije slag	series	14.	1:30.78	176	1:37.36	6-11-2016	115%		
100m ruqslag	series	12.	1:44.69	145	1:58.43	4-11-2016	128%		
Sanne Matthijs, 7-6-2003									2
200m rugslag	series	14.	3:05.27	266	3:13.45	11-12-2016	109%		
50m vlinderslag	series	17.	41.50	202	45.76	25-9-2016	122%		
Sigsten Jonkman, 12-4-2005									2
100m vrije slag	series	1.	1:06.73	305	1:07.44	18-2-2017	102%		
200m wisselslag	series	1.	2:47.43	280	2:54.64	13-11-2016	109%		
Simone Cijssouw, 7-9-2003									1
50m vlinderslag	series	23.	45.31	155	45.90	9-10-2016	103%		
Stijn Matthijs, 12-1-2006									1
200m vrije slag	series	16.	3:30.40	105	3:31.47	27-11-2016	101%		
100m schoolslag	series	14.	1:59.23	101	1:56.50	16-10-2016	95%		
Tessa Koster, 19-1-2006									1
100m vrije slag	series	15.	1:31.26	173	1:33.37	20-11-2016	105%		
200m wisselslag	series	12.	3:49.91	148	NT		-		
Tessa Roovers, 1-3-2004									2
200m ruqslag	series	10.	3:02.19	280	3:06.49	11-12-2016	105%		
400m wisselslag	series	1.	5:58.23	379	6:14.92	11-12-2016	110%		
Xander de Pooter, 7-4-2006									2
200m vrije slag	series	15.	3:29.88	106	3:45.17	27-11-2016	115%		
100m schoolslag	series	14.	1:59.03	101	2:09.15	16-10-2016	118%		
Hieronymus									58
Alyssa van der Heijden, 3-11-2006									1
100m vrije slag	series	10.	1:26.35	204	1:39.95	22-1-2017	134%		
100m rugslag	series	10.	1:38.01	177	NT		-		
200m wisselslag	series	10.	3:42.02	165	NT		-		
Amber Saabeel, 8-11-2005									2
200m rugslag	series	26.	3:30.64	181	3:42.21	11-12-2016	111%		
50m vlinderslag	series	29.	50.81	110	53.48	12-2-2017	111%		
400m wisselslag	series	19.	8:16.89	142	NT		-		
Berend van der Schrier, 10-4-2006									2
200m vrije slag	series	10.	3:09.77	143	3:34.12	16-10-2016	127%		
100m schoolslag	series	12.	1:55.21	112	2:03.50	16-10-2016	115%		
Bibi de Jong, 2-1-2004									1
200m ruqslag	series	8.	3:00.40	288	2:54.30	14-1-2017	93%		
50m vlinderslag	series	3.	36.56	296	38.21	11-12-2016	109%		
400m wisselslag	series	3.	6:11.86	339	NT		-		
Daan Trinh, 28-4-2004									-
200m rugslag	series	4.	2:38.77	294	2:37.82	13-1-2017	99%		
50m vlinderslag	series	6.	32.39	304	32.27	15-1-2017	99%		
400m wisselslag	series	7.	5:49.17	306	NT		-		
Daniek van den Bos, 24-3-2004									-
100m vrije slag	series	BM	1:14.08	324	NT		-		
100m rugslag	series	BM	1:19.48	331	NT		-		
Daphne Vroege, 27-9-2006									3
100m vrije slag	series	12.	1:28.62	189	1:29.13	11-6-2016	101%		
100m rugslag	series	5.	1:33.35	204	1:38.38	27-11-2016	111%		
200m wisselslag	series	5.	3:20.96	222	3:33.17	16-10-2016	113%		
Dion Potters, 17-12-2006									2
200m vrije slag	series	6.	2:54.21	185	3:09.14	27-11-2016	118%		
100m schoolslag	series	6.	1:42.71	158	1:48.19	16-10-2016	111%		

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Elise Voll, 31-12-2005									-
200m rugslag	series	21.	3:17.76	219	NT			-	
50m vlinderslag	series	28.	50.27	114	46.94	12-2-2017		87%	
400m wisselslag	series	14.	7:08.70	221	6:54.60	11-12-2016		94%	
Esmee de Volder, 25-10-2004									2
200m rugslag	series	3.	2:54.56	318	2:59.20	14-1-2017		105%	
50m vlinderslag	series	1.	36.32	302	37.31	2-10-2016		106%	
400m wisselslag	series	7.	6:31.56	290	NT			-	
Floortje Bartels, 7-9-2006									3
100m vrije slag	series	7.	1:24.23	220	1:28.65	20-11-2016		111%	
100m rugslag	series	6.	1:35.29	192	1:41.87	27-11-2016		114%	
200m wisselslag	series	7.	3:25.19	209	3:39.59	16-10-2016		115%	
Félinn van Lienden, 7-6-2006									2
100m vrije slag	series	5.	1:18.85	269	1:18.79	20-11-2016		100%	
100m rugslag	series	3.	1:30.80	222	1:32.75	16-10-2016		104%	
200m wisselslag	series	3.	3:12.34	254	3:24.23	16-10-2016		113%	
Heidi van Dijke, 28-8-2003									-
200m rugslag	series	21.	3:17.56	219	NT			-	
50m vlinderslag	series	11.	39.65	232	39.23	16-10-2016		98%	
400m wisselslag	series	18.	7:30.56	190	NT			-	
Imke Gram, 22-1-2008									-
100m vrije slag	series	4.	1:44.00	117	NT			-	
Jan Douwe Postmus, 17-9-2002									-
50m vlinderslag	series	23.	46.48	103	43.49	13-11-2016		88%	
400m wisselslag	series	14.	7:11.11	163	7:02.39	11-12-2016		96%	
Jessy van Vlimmeren, 27-6-2008									1
100m vrije slag	series	3.	1:43.45	119	NT			-	
50m schoolslag	series	2.	52.23	167	53.93	20-11-2016		107%	
Job Erdmann, 7-9-2003									1
200m rugslag	series	16.	3:01.37	197	2:55.66	2-10-2016		94%	
50m vlinderslag	series	13.	37.20	201	39.92	6-11-2016		115%	
400m wisselslag	series	9.	6:04.05	270	NT			-	
Julia van Loon, 17-2-2005									2
200m rugslag	series	24.	3:21.05	208	3:26.17	11-12-2016		105%	
50m vlinderslag	series	19.	43.63	174	44.04	2-10-2016		102%	
400m wisselslag	series	13.	7:01.49	233	NT			-	
Kim Vriens, 14-2-2004									2
200m rugslag	series	2.	2:50.77	340	2:53.36	14-1-2017		103%	
50m vlinderslag	series	2.	36.41	300	37.22	13-1-2017		104%	
Lars Kammers, 19-5-2001									-
200m rugslag	series	AFGEM		-	2:30.41	13-1-2017		-	
50m vlinderslag	series	AFGEM		-	31.41	15-1-2017		-	
400m wisselslag	series	AFGEM		-	5:26.23	12-2-2017		-	
Laura Vos, 18-6-2005									2
200m rugslag	series	31.	4:04.60	115	4:20.71	11-12-2016		114%	
50m vlinderslag	series	32.	58.22	73	59.86	11-12-2016		106%	
Levi Brouwers, 20-10-2002									2
200m rugslag	series	6.	2:41.80	278	2:44.72	11-12-2016		104%	
50m vlinderslag	series	8.	33.71	270	35.21	6-11-2016		109%	
400m wisselslag	series	8.	5:52.88	297	NT			-	
Lieke Konings, 16-2-2005									1
200m rugslag	series	11.	3:02.67	278	NT			-	
50m vlinderslag	series	5.	38.24	259	39.40	12-2-2017		106%	
Lotte IJzenbrandt, 9-11-2006									1
100m vrije slag	series	19.	1:42.29	123	1:52.36	22-1-2017		121%	
100m rugslag	series	16.	1:53.82	113	NT			-	
200m wisselslag	series	14.	4:00.85	129	NT			-	
Max van Zeijl, 11-2-2004									2
200m rugslag	series	19.	3:12.95	164	3:18.86	11-12-2016		106%	
50m vlinderslag	series	19.	41.70	142	45.01	2-10-2016		117%	
400m wisselslag	series	13.	6:42.08	200	NT			-	
Merel Coljee, 12-1-2006									3
100m vrije slag	series	22.	1:46.55	109	2:04.71	16-10-2016		137%	
100m rugslag	series	17.	1:58.30	100	2:12.82	27-11-2016		126%	
200m wisselslag	series	15.	4:02.48	126	4:44.66	16-10-2016		138%	
Mirthe Vlegels, 25-1-2005									1
200m rugslag	series	6.	2:57.58	302	3:03.57	14-1-2017		107%	
50m vlinderslag	series	12.	39.77	230	38.51	12-2-2017		94%	
400m wisselslag	series	6.	6:30.78	292	NT			-	
Mischa Beks, 27-10-2004									-
200m rugslag	series	23.	3:25.01	136	NT			-	
50m vlinderslag	series	25.	49.29	86	49.23	2-10-2016		100%	
400m wisselslag	series	17.	7:37.14	136	NT			-	
Nienke van den Hout, 25-2-2004									2
200m rugslag	series	7.	2:58.19	299	3:10.79	10-4-2016		115%	
50m vlinderslag	series	6.	38.99	244	40.34	16-10-2016		107%	

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Rinz van der Staal, 26-9-2007									1
100m vrije slag	series	1.	1:16.56	202	1:15.37	19-2-2017	97%		
50m schoolslag	series	1.	4:6.02	165	47.79	20-11-2016	108%		
Rona Goverde, 17-7-2009									-
100m vrije slag	series	2.	1:39.57	133	NT		-		
50m schoolslag	series	6.	59.84	111	56.62	16-10-2016	90%		
Rosalie van der Bijl, 2-10-2007									1
200m vrije slag	series	7.	3:32.81	141	3:36.05	27-11-2016	103%		
100m schoolslag	series	9.	1:55.98	155	NT		-		
Róben Geers, 5-5-2008									1
100m vrije slag	series	8.	1:50.79	97	NT		-		
50m schoolslag	series	4.	5:3.47	156	57.34	16-10-2016	115%		
Sabrina Sahebzadah, 16-3-2006									3
100m vrije slag	series	20.	1:43.01	120	1:48.66	16-10-2016	111%		
100m rugslag	series	18.	2:02.79	90	2:04.91	27-11-2016	103%		
200m wisselslag	series	17.	4:10.03	115	4:27.76	16-10-2016	115%		
Sem Lazeroms, 24-2-2004									2
200m rugslag	series	12.	2:52.55	229	3:03.34	11-12-2016	113%		
50m vlinderslag	series	9.	34.09	261	34.89	15-1-2017	105%		
400m wisselslag	series	10.	6:04.62	269	NT		-		
Sjoerd Koop, 21-7-2007									1
100m vrije slag	series	7.	1:39.05	93	NT		-		
50m schoolslag	series	6.	54.33	100	54.51	19-2-2017	101%		
Sofie van der Velden, 13-5-2005									1
200m rugslag	series	18.	3:12.01	239	NT		-		
50m vlinderslag	series	24.	46.23	146	43.57	12-2-2017	89%		
400m wisselslag	series	12.	6:57.17	240	6:57.56	11-12-2016	100%		
Suzie Pellis, 30-11-2007									1
200m vrije slag	series	4.	3:34.39	137	3:44.21	27-11-2016	109%		
100m schoolslag	series	1.	2:05.16	123	2:04.55	19-2-2017	99%		
Sven ten Hove, 19-7-2005									2
100m vrije slag	series	2.	1:09.17	274	1:11.27	16-10-2016	106%		
100m rugslag	series	1.	1:21.01	220	1:18.62	19-2-2017	94%		
200m wisselslag	series	1.	2:47.49	280	2:49.56	18-2-2017	102%		
Vera Bastiaensen, 4-3-2008									2
100m vrije slag	series	6.	1:45.00	113	1:53.49	16-10-2016	117%		
50m schoolslag	series	1.	51.52	174	54.97	16-10-2016	114%		
Violette van der Bijl, 20-8-2005									-
200m rugslag	series	28.	3:40.34	158	NT		-		
50m vlinderslag	series	27.	48.60	126	48.28	12-2-2017	99%		
400m wisselslag	series	17.	7:28.75	193	NT		-		
Wessel Heijnemans, 16-4-2003									1
200m rugslag	series	7.	2:43.00	272	2:40.37	13-1-2017	97%		
50m vlinderslag	series	11.	36.85	207	38.81	14-1-2017	111%		
400m wisselslag	series	6.	5:46.27	314	NT		-		
Yara Wortel, 11-1-2003									1
200m rugslag	series	17.	3:11.20	242	NT		-		
50m vlinderslag	series	13.	40.01	226	44.89	13-11-2016	126%		
400m wisselslag	series	16.	7:27.23	195	NT		-		
Zara van Zeijl, 13-5-2007									2
200m vrije slag	series	8.	3:33.73	139	3:41.94	16-10-2016	108%		
100m schoolslag	series	6.	1:53.67	165	1:53.98	16-10-2016	101%		
Zoë de Jong, 12-8-2005									1
200m rugslag	series	23.	3:19.42	213	NT		-		
50m vlinderslag	series	7.	39.27	239	39.40	12-2-2017	101%		
400m wisselslag	series	10.	6:50.61	252	NT		-		
Psv									41
Advik Singh, 7-1-2006									-
200m vrije slag	series	17.	3:52.64	77	NT		-		
100m schoolslag	series	13.	1:57.54	105	NT		-		
Alexander Töpfer, 5-11-2005									2
100m vrije slag	series	8.	1:38.23	95	1:39.00	20-11-2016	102%		
100m rugslag	series	3.	1:45.45	99	1:59.68	16-10-2016	129%		
Aniek Lueb, 23-1-2007									-
200m vrije slag	series	12.	3:54.48	105	NT		-		
Casper Spaans, 7-4-2006									2
200m vrije slag	series	2.	2:45.08	218	2:54.53	16-10-2016	112%		
100m schoolslag	series	4.	1:35.44	197	1:37.52	19-2-2017	104%		
Daniel Simons, 15-1-2006									1
200m vrije slag	series	3.	2:45.78	215	2:55.03	16-10-2016	111%		
100m schoolslag	series	7.	1:43.39	155	1:42.56	11-6-2016	98%		
Dave ten Brink, 10-9-2005									1
100m vrije slag	series	3.	1:13.99	224	1:13.04	12-2-2017	97%		
100m rugslag	series	2.	1:26.40	181	1:28.95	11-6-2016	106%		

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Federico Lisitano, 27-11-2006								1
200m vrije slag	series	9.	3:07.12	149	3:03.60	16-10-2016	96%	
100m schoolslag	series	8.	1:45.00	148	1:45.19	16-10-2016	100%	
Floor Brakel, 6-8-2004								1
200m rugslag	series	9.	3:01.81	282	3:04.85	14-1-2017	103%	
50m vlinderslag	series	25.	46.35	145	NT		-	
400m wisselslag	series	8.	6:45.23	262	NT		-	
Ginevra Lisitano, 1-12-2008								1
100m vrije slag	series	10.	1:52.62	92	2:00.42	9-4-2016	114%	
Iris van der Veer, 15-9-2005								-
200m rugslag	series	19.	3:13.69	233	3:12.76	11-12-2016	99%	
50m vlinderslag	series	21.	44.26	167	42.48	12-2-2017	92%	
Ivan Bachvarov, 17-7-2008								1
100m vrije slag	series	5.	1:32.39	115	2:03.37	9-4-2016	178%	
Jasmijn Versmissen, 16-5-2006								2
100m vrije slag	series	8.	1:25.23	213	1:25.33	12-2-2017	100%	
100m rugslag	series	8.	1:36.37	186	1:41.97	11-6-2016	112%	
Joe van den Hooff, 18-2-2006								2
200m vrije slag	series	7.	2:59.55	169	3:25.70	16-10-2016	131%	
100m schoolslag	series	5.	1:41.19	165	1:53.84	16-10-2016	127%	
Julia van der Sande, 3-7-2006								2
100m vrije slag	series	16.	1:35.05	153	1:42.78	18-12-2016	117%	
100m rugslag	series	9.	1:37.32	180	1:52.10	16-10-2016	133%	
Lara Geven, 24-3-2007								-
200m vrije slag	series	11.	3:53.43	106	NT		-	
100m schoolslag	series	4.	1:51.88	173	NT		-	
Lars Servaas, 17-8-2006								2
200m vrije slag	series	3.	2:45.64	215	2:52.29	16-10-2016	108%	
100m schoolslag	series	2.	1:33.59	209	1:35.03	19-2-2017	103%	
Laura van Lierop, 7-3-2007								1
200m vrije slag	series	6.	3:24.96	157	3:46.15	27-11-2016	122%	
100m schoolslag	series	10.	1:58.70	144	NT		-	
Livia Groenewegen, 16-10-2007								1
200m vrije slag	series	5.	3:12.92	189	3:42.13	16-10-2016	133%	
100m schoolslag	series	6.	1:53.67	165	NT		-	
Luka Beric, 28-10-2006								-
200m vrije slag	series	13.	3:16.23	129	NT		-	
Maksim Fisekovic, 10-6-2004								1
200m rugslag	series	21.	3:16.28	155	3:13.46	11-12-2016	97%	
50m vlinderslag	series	21.	43.88	122	45.18	5-2-2017	106%	
400m wisselslag	series	15.	7:15.55	158	NT		-	
Mannan Handa, 28-5-2004								-
200m rugslag	series	AFGEM		-	NT		-	
50m vlinderslag	series	AFGEM		-	50.75	2-10-2016	-	
400m wisselslag	series	AFGEM		-	NT		-	
Milco Matla, 30-11-2006								2
200m vrije slag	series	11.	3:11.74	139	3:33.69	27-11-2016	124%	
100m schoolslag	series	10.	1:50.87	126	2:03.27	24-4-2016	124%	
Myrthe Vos, 19-12-2006								3
100m vrije slag	series	17.	1:38.63	137	1:47.28	22-1-2017	118%	
100m rugslag	series	15.	1:51.45	120	1:55.94	16-10-2016	108%	
200m wisselslag	series	13.	3:54.47	140	4:17.29	16-10-2016	120%	
Nienke Stupers, 5-2-2005								1
200m rugslag	series	15.	3:08.86	251	3:26.64	11-12-2016	120%	
50m vlinderslag	series	15.	40.87	212	40.49	12-2-2017	98%	
Nina Versmissen, 16-5-2006								3
100m vrije slag	series	6.	1:24.00	222	1:25.37	12-2-2017	103%	
100m rugslag	series	11.	1:38.08	176	1:43.71	16-10-2016	112%	
200m wisselslag	series	6.	3:22.03	219	3:42.46	16-10-2016	121%	
Phileine D'Hert, 9-4-2006								-
100m vrije slag	series	AFGEM		-	2:10.22	20-11-2016	-	
100m rugslag	series	AFGEM		-	NT		-	
200m wisselslag	series	AFGEM		-	NT		-	
Praganye Achintye, 25-8-2006								2
200m vrije slag	series	12.	3:14.60	133	3:33.70	16-10-2016	121%	
100m schoolslag	series	11.	1:51.97	122	1:54.78	16-10-2016	105%	
Rico Meijll, 5-2-2005								2
100m vrije slag	series	5.	1:28.68	130	1:32.02	20-11-2016	108%	
200m wisselslag	series	4.	3:41.23	121	3:54.15	16-10-2016	112%	
Sip Beckmann, 30-9-2002								-
200m rugslag	series	13.	2:52.87	228	NT		-	
50m vlinderslag	series	10.	35.07	240	34.94	5-2-2017	99%	
400m wisselslag	series	AFGEM		-	NT		-	

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Thom Maassen, 20-9-2005								3
100m vrije slag	series	7.	1:33.75	110	1:36.87	16-10-2016	107%	
100m rugslag	series	4.	1:46.62	96	2:06.90	27-11-2016	142%	
200m wisselslag	series	5.	3:51.91	105	4:03.53	16-10-2016	110%	
Tim van Rooij, 8-3-2007								2
100m vrije slag	series	2.	1:18.17	190	1:18.40	12-2-2017	101%	
50m schoolslag	series	2.	49.49	132	51.08	20-11-2016	107%	
Timo Cuijpers, 8-11-2004								-
200m rugslag	series	20.	3:14.03	161	3:07.79	11-12-2016	94%	
50m vlinderslag	series	22.	44.69	116	44.00	5-2-2017	97%	
400m wisselslag	series	16.	7:30.32	143	NT		-	
Valerie van der Velden, 7-5-2006								2
100m vrije slag	series	2.	1:15.56	305	1:15.74	12-2-2017	100%	
100m rugslag	series	2.	1:27.16	251	1:32.60	16-10-2016	113%	
Sbc2000								41
Axel Mulders, 15-6-2004								1
50m vlinderslag	series	26.	52.43	71	58.82	17-4-2016	126%	
Bente Bosman, 9-7-2006								2
100m vrije slag	series	4.	1:17.83	279	1:19.90	9-4-2016	105%	
100m rugslag	series	4.	1:33.04	206	1:32.13	24-4-2016	98%	
200m wisselslag	series	2.	3:11.30	258	3:17.16	16-10-2016	106%	
Berdien Daemen, 12-10-2005								2
200m rugslag	series	20.	3:15.70	226	3:48.64	2-10-2016	136%	
50m vlinderslag	series	20.	43.70	173	47.31	9-10-2016	117%	
Damian Waas, 22-9-2004								3
200m rugslag	series	9.	2:46.30	256	2:48.92	4-12-2016	103%	
50m vlinderslag	series	2.	31.61	328	34.75	29-12-2016	121%	
400m wisselslag	series	5.	5:44.54	319	5:55.46	15-1-2017	106%	
Evy Krempel, 15-2-2006								1
100m vrije slag	series	11.	1:26.51	203	1:23.84	20-11-2016	94%	
100m rugslag	series	6.	1:35.31	192	1:33.39	27-11-2016	96%	
200m wisselslag	series	8.	3:26.09	206	3:28.09	16-10-2016	102%	
Fieke Bersch, 17-1-2007								-
200m vrije slag	series	10.	3:49.89	111	NT		-	
100m schoolslag	series	5.	1:52.25	171	NT		-	
Frederique Steltenpool, 7-8-2004								2
200m rugslag	series	12.	3:04.72	268	3:07.16	11-12-2016	103%	
50m vlinderslag	series	4.	37.86	267	40.66	29-12-2016	115%	
400m wisselslag	series	4.	6:15.75	329	NT		-	
Isa Jansen, 9-10-2007								2
200m vrije slag	series	2.	3:01.85	226	3:24.01	16-10-2016	126%	
100m schoolslag	series	3.	1:49.30	185	1:56.48	16-10-2016	114%	
Jayden Bergman, 18-5-2007								2
100m vrije slag	series	8.	1:47.21	73	1:58.20	16-10-2016	122%	
50m schoolslag	series	4.	51.42	118	53.35	20-11-2016	108%	
Julian van de Rhee, 6-3-2001								2
200m rugslag	series	3.	2:37.18	303	2:38.70	13-11-2016	102%	
50m vlinderslag	series	4.	31.76	323	33.71	29-12-2016	113%	
400m wisselslag	series	2.	5:29.01	366	NT		-	
Justin Slootweg, 11-1-2002								2
200m rugslag	series	2.	2:33.79	324	2:36.13	11-12-2016	103%	
50m vlinderslag	series	1.	29.12	419	29.61	15-1-2017	103%	
400m wisselslag	series	1.	5:18.64	403	NT		-	
Levi Martens, 11-2-2003								1
200m rugslag	series	15.	2:55.25	218	2:53.97	13-11-2016	99%	
50m vlinderslag	series	15.	37.22	200	38.11	29-12-2016	105%	
400m wisselslag	series	12.	6:34.09	213	NT		-	
Lieze Bersch, 16-5-2008								1
100m vrije slag	series	11.	2:02.82	71	NT		-	
50m schoolslag	series	3.	52.51	164	58.68	16-10-2016	125%	
Lotte Dekkers, 20-11-2008								1
100m vrije slag	series	7.	1:47.11	107	NT		-	
50m schoolslag	series	7.	1:01.00	105	1:03.84	16-10-2016	110%	
Meggie Bakker, 23-6-2003								1
200m rugslag	series	5.	2:54.89	316	2:59.10	2-10-2016	105%	
50m vlinderslag	series	9.	39.52	234	39.07	13-1-2017	98%	
400m wisselslag	series	5.	6:24.59	307	NT		-	
Michelle Steltenpool, 29-9-2006								3
100m vrije slag	series	13.	1:29.10	186	1:33.45	20-11-2016	110%	
100m rugslag	series	13.	1:47.10	135	1:50.42	27-11-2016	106%	
200m wisselslag	series	9.	3:39.42	171	3:54.88	16-10-2016	115%	
Mike Vogelpoel, 28-10-2001								-
200m rugslag	series	AFGEM		-	NT		-	
50m vlinderslag	series	AFGEM		-	40.67	12-2-2017	-	
400m wisselslag	series	AFGEM		-	NT		-	

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Milou Zwijnenburg, 23-7-2004									1
200m rugslag	series	25.	3:25.60	195	3:22.26	11-12-2016	97%		
50m vlinderslag	series	26.	47.62	134	53.02	2-10-2016	124%		
400m wisselslag	series	15.	7:21.53	202	NT		-		
Nienke Hiel, 23-7-2006									-
100m vrije slag	series	18.	1:39.23	135	NT		-		
100m rugslag	series	14.	1:47.59	133	NT		-		
Nina Krempel, 7-10-2008									-
100m vrije slag	series	9.	1:52.07	93	NT		-		
50m schoolslag	series	9.	1:02.70	96	1:01.95	20-11-2016	98%		
Noor Vermeer, 13-10-2006									-
100m vrije slag	series	1.	1:12.54	345	1:12.06	18-2-2017	99%		
100m rugslag	series	1.	1:22.62	295	1:18.46	19-2-2017	90%		
200m wisselslag	series	1.	2:53.01	349	2:49.80	18-2-2017	96%		
Pien de Lange, 2-2-2007									1
200m vrije slag	series	1.	2:59.61	234	3:13.19	16-10-2016	116%		
100m schoolslag	series	8.	1:55.50	157	1:54.94	16-10-2016	99%		
Renzo van der Westen, 31-3-2003									3
200m rugslag	series	17.	3:05.29	185	3:10.71		106%		
50m vlinderslag	series	20.	42.05	139	45.25	27-11-2016	116%		
400m wisselslag	series	11.	6:32.33	216	6:44.49	11-12-2016	106%		
Robbie van den Berg, 1-5-2003									-
200m rugslag	series	11.	2:49.91	240	2:48.59	18-12-2016	98%		
Siem van den Bogaert, 18-9-2006									2
200m vrije slag	series	8.	3:04.96	155	3:24.72	27-11-2016	123%		
100m schoolslag	series	9.	1:47.50	138	1:54.86	24-4-2016	114%		
Silke Bosman, 6-5-2008									1
100m vrije slag	series	1.	1:34.78	154	NT		-		
50m schoolslag	series	5.	57.68	124	59.02	16-10-2016	105%		
Simeon van de Rhee, 13-12-2006									2
200m vrije slag	series	14.	3:20.35	122	3:41.07	27-11-2016	122%		
100m schoolslag	series	16.	2:05.02	88	2:11.59	16-10-2016	111%		
Sofie van Heel, 17-7-2006									2
100m vrije slag	series	20.	1:43.06	120	1:55.46	16-10-2016	126%		
200m wisselslag	series	16.	4:03.81	124	4:22.28	16-10-2016	116%		
Suze Wegkamp, 28-10-2004									1
200m rugslag	series	30.	3:48.80	141	4:05.37		115%		
50m vlinderslag	series	22.	44.55	163	NT		-		
Thomas Tolsma, 16-4-2003									-
200m rugslag	series	1.	2:32.70	331	2:29.54	29-1-2017	96%		
50m vlinderslag	series	5.	31.86	320	31.82	15-1-2017	100%		
400m wisselslag	series	2.	5:29.04	366	NT		-		
Tiemen Tolsma, 16-4-2003									2
200m rugslag	series	5.	2:41.27	280	2:47.21	13-1-2017	108%		
50m vlinderslag	series	3.	31.70	325	33.09	15-1-2017	109%		
400m wisselslag	series	4.	5:33.06	353	NT		-		

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