

Verbetering zwemmer - Details

[Alle wedstrijden](#)

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Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
-								

De Treffers

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Competitie hoofdklasse deel 4  
 Roosendaal, 12-3-2017

Hieronymus								43
<b>Andy van Akkeren, 23-3-1995</b>								-
50m vrije slag	series	9.	25.81	483	25.53		98%	
200m vlinderslag	series	7.	2:24.20	426	2:23.66		99%	
200m wisselslag	series	7.	2:21.70	463	2:20.70		99%	
<b>Anne van Loon, 24-2-2002</b>								1
100m rugslag	series	12.	1:23.61	285	1:27.02	13-11-2016	108%	
200m schoolslag	series	11.	3:07.82	367	3:03.43	15-1-2017	95%	
<b>Bas de Bruijn, 31-12-1994</b>								1
100m rugslag	series	6.	1:04.12	444	1:01.61		92%	
200m vlinderslag	series	6.	2:22.47	442	2:25.38		104%	
200m wisselslag	series	4.	2:15.12	534	2:13.02	5-11-2016	97%	
<b>Bibi de Jong, 2-1-2004</b>								1
400m vrije slag	series	9.	5:23.23	381	6:08.57	18-9-2016	130%	
100m schoolslag	series	8.	1:29.63	336	1:28.63	4-12-2016	98%	
<b>Christel Brugmans, 12-12-2000</b>								1
100m vrije slag	series	3.	1:01.61	564	1:00.18		95%	
200m rugslag	series	5.	2:32.16	481	2:36.53		106%	
<b>Coen de Bruijn, 6-7-1992</b>								-
50m vrije slag	series	2.	23.97	603	23.67		98%	
200m wisselslag	series	3.	2:13.99	547	2:09.99		94%	
<b>Cédric Broere, 13-12-1999</b>								2
100m vrije slag	series	1.	52.98	610	53.96		104%	
200m rugslag	series	4.	2:19.16	437	2:25.20		109%	
<b>Daan Trinh, 28-4-2004</b>								1
400m vrije slag	series	6.	5:04.84	337	5:27.97	18-9-2016	116%	
100m schoolslag	series	5.	1:24.16	288	1:23.77	28-1-2017	99%	
<b>Esmee Hereijgers, 13-4-2003</b>								2
400m vrije slag	series	8.	5:16.91	405	5:31.50	18-9-2016	109%	
100m schoolslag	series	9.	1:30.09	331	1:34.59	12-2-2017	110%	
<b>Eva van Ginneken, 10-1-1998</b>								-
50m vrije slag	series	8.	28.88	521	28.03		94%	
100m rugslag	series	2.	1:08.65	515	1:06.85		95%	
200m vlinderslag	series	5.	2:41.63	405	2:33.02		90%	
<b>Jan van Opstal, 1-12-1986</b>								-
50m vrije slag	series	7.	25.39	508	25.16		98%	
100m rugslag	series	8.	1:06.22	403	1:05.97		99%	
<b>Janne Englebert, 4-3-2001</b>								1
100m rugslag	series	1.	1:04.07	445	1:04.85		102%	
200m schoolslag	series	5.	2:53.57	334	2:53.01		99%	
<b>Jaro Musters, 19-10-1998</b>								1
50m vrije slag	series	8.	25.69	490	25.55	14-1-2017	99%	
100m rugslag	series	2.	58.62	581	58.79	8-1-2017	101%	
200m wisselslag	series	8.	2:22.23	457	2:18.91		95%	
<b>Job Erdmann, 7-9-2003</b>								2
400m vrije slag	series	9.	5:16.35	302	5:38.06		114%	
100m schoolslag	series	8.	1:34.22	205	1:34.33		100%	
<b>Kim Becx, 11-3-2003</b>								2
400m vrije slag	series	7.	5:16.32	407	5:40.18		116%	
100m schoolslag	series	5.	1:25.56	387	1:26.11	8-1-2017	101%	
<b>Kim Vriens, 14-2-2004</b>								2
400m vrije slag	series	10.	5:24.45	377	6:11.58	18-9-2016	131%	
100m schoolslag	series	2.	1:23.59	415	1:26.19	4-12-2016	106%	
<b>Lars Kammers, 19-5-2001</b>								1
100m rugslag	series	5.	1:10.78	330	1:09.37	4-12-2016	96%	
200m schoolslag	series	8.	3:01.21	293	3:05.01		104%	
<b>Levi Brouwers, 20-10-2002</b>								2
100m rugslag	series	8.	1:13.95	289	1:14.52	11-12-2016	102%	
200m schoolslag	series	9.	3:11.85	247	3:28.59	18-9-2016	118%	
<b>Lieke Konings, 16-2-2005</b>								1
50m vrije slag	series	1.	32.51	365	34.84		115%	
100m rugslag	series	2.	1:27.27	250	1:24.65		94%	
<b>Manon Vermariën, 26-5-1997</b>								-
50m vrije slag	series	10.	31.55	399	30.96		96%	
200m wisselslag	series	7.	2:44.56	406	2:43.51		99%	
<b>Mirthe Vlegels, 25-1-2005</b>								2
50m vrije slag	series	2.	32.78	356	35.05	27-11-2016	114%	
100m rugslag	series	1.	1:24.70	274	1:29.33	14-1-2017	111%	
<b>Nadja Wortel, 24-10-1998</b>								2
50m vrije slag	series	4.	27.85	581	27.63	11-12-2016	98%	
100m rugslag	series	1.	1:07.41	544	1:07.44		100%	
200m vlinderslag	series	AFGEM	-	-	NT		-	
200m wisselslag	series	1.	2:23.46	612	2:26.07	13-1-2017	104%	

Competitie hoofdklasse deel 4  
 Roosendaal, 12-3-2017

<b>Niels van Beers, 18-3-1999</b>								2
100m vrije slag	series	7.	57.31	482	57.37	15-1-2017	100%	
200m rugslag	series	7.	2:23.68	397	2:26.82		104%	
<b>Nienke Jonk, 21-1-2002</b>								1
100m rugslag	series	1.	1:05.92	581	1:05.73	15-1-2017	99%	
200m schoolslag	series	2.	2:42.09	572	2:48.41		108%	
<b>Paul Koster, 30-1-1993</b>								-
50m vrije slag	series	5.	25.03	530	24.25		94%	
100m rugslag	series	9.	1:09.08	355	1:02.58		82%	
<b>Roos Englebert, 25-4-2002</b>								2
100m rugslag	series	5.	1:11.55	454	1:11.64	15-1-2017	100%	
200m schoolslag	series	8.	2:58.72	426	3:00.37	11-12-2016	102%	
<b>Sanne Rebers, 26-9-1999</b>								1
100m vrije slag	series	9.	1:06.77	443	1:06.25		98%	
200m rugslag	series	4.	2:31.60	486	2:34.65	4-12-2016	104%	
<b>Sarah Uuldriks, 3-4-2000</b>								-
100m vrije slag	series	11.	1:07.64	426	1:04.26		90%	
200m rugslag	series	10.	2:45.74	372	2:39.14		92%	
<b>Selene Wortel, 15-1-1997</b>								2
50m vrije slag	series	2.	26.99	638	27.04	13-1-2017	100%	
200m vlinderslag	series	2.	2:33.18	476	2:34.48		102%	
200m wisselslag	series	2.	2:24.68	597	2:23.73	13-1-2017	99%	
<b>Senna Lindenberg, 5-12-1999</b>								2
100m vrije slag	series	2.	58.99	642	59.41	5-11-2016	101%	
200m rugslag	series	8.	2:36.41	442	2:41.50		107%	
<b>Teun van der Schrier, 20-9-2004</b>								1
400m vrije slag	series	4.	4:55.96	368	5:02.36	8-1-2017	104%	
100m schoolslag	series	7.	1:27.25	258	1:26.44	9-10-2016	98%	
<b>Tom Balsen Versteeg, 19-9-2000</b>								2
100m vrije slag	series	6.	56.79	495	57.09	13-1-2017	101%	
200m rugslag	series	6.	2:19.38	435	2:20.46	13-1-2017	102%	
<b>Valesca van den Bogert, 6-4-2001</b>								1
100m rugslag	series	3.	1:09.13	504	1:09.07		100%	
200m schoolslag	series	3.	2:45.19	540	2:49.09	29-1-2017	105%	
<b>Wessel Heijnemans, 16-4-2003</b>								1
400m vrije slag	series	5.	5:04.13	339	5:05.45	18-9-2016	101%	
100m schoolslag	series	6.	1:24.41	285	1:24.19	15-1-2017	99%	
<b>Wimar Lindenberg, 8-12-1996</b>								1
50m vrije slag	series	3.	23.98	603	23.41	5-11-2016	95%	
200m vlinderslag	series	3.	2:14.58	524	2:16.62		103%	
<b>Zoë de Jong, 12-8-2005</b>								2
50m vrije slag	series	3.	35.09	290	38.18	15-10-2016	118%	
100m rugslag	series	3.	1:32.25	212	1:39.27		116%	

Old Dutch

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Racing Club

SBC2000

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Competitie hoofdklasse deel 4  
 Roosendaal, 12-3-2017

<b>The Hague Swimming (SG)</b>									<b>29</b>
Anouk de Vreede, 11-1-2001									-
100m rugslag	series	9.	1:17.62	356	1:15.48	7-1-2017	95%		
200m schoolslag	series	9.	3:02.63	400	2:54.20	20-3-2016	91%		
<b>Bjarne Buijs, 18-2-2003</b>									<b>2</b>
400m vrije slag	series	3.	4:51.01	387	4:54.01	8-1-2017	102%		
100m schoolslag	series	2.	1:15.61	397	1:16.00	15-1-2017	101%		
<b>Bjorn Scherbeijn, 18-1-1996</b>									-
50m vrije slag	series	1.	23.67	627	23.37	4-11-2016	97%		
100m rugslag	series	1.	58.11	596	56.28	6-11-2016	94%		
200m vlinderslag	series	1.	2:11.31	565	NT		-		
200m wisselslag	series	5.	2:15.74	526	2:07.36	18-12-2016	88%		
<b>Cas Jansen, 8-6-2002</b>									<b>1</b>
100m rugslag	series	7.	1:11.60	318	1:12.18	14-1-2017	102%		
200m schoolslag	series	4.	2:53.52	334	2:53.15	15-10-2016	100%		
<b>Christiaan Smit, 7-5-2001</b>									<b>1</b>
100m rugslag	series	2.	1:05.13	423	1:04.86	16-10-2016	99%		
200m schoolslag	series	2.	2:39.12	434	2:43.82	7-1-2017	106%		
<b>David Jagerman, 19-9-2003</b>									-
400m vrije slag	series	AFGEM		-	5:44.57	23-10-2016	-		
100m schoolslag	series	AFGEM		-	1:24.97	15-1-2017	-		
<b>Elinore de Jong, 23-4-1989</b>									<b>2</b>
50m vrije slag	series	1.	26.31	689	25.03	6-11-2016	91%		
100m rugslag	series	4.	1:09.61	494	1:05.96	20-3-2016	90%		
200m vlinderslag	series	1.	2:23.21	582	2:37.50	5-6-2016	121%		
200m wisselslag	series	5.	2:29.00	547	2:29.35	20-3-2016	100%		
<b>Emma Berry, 5-10-1999</b>									-
100m vrije slag	series	4.	1:01.63	563	1:01.22	6-11-2016	99%		
200m rugslag	series	1.	2:26.05	544	2:23.67	14-1-2017	97%		
<b>Floor de Kievit, 28-11-2001</b>									<b>1</b>
100m rugslag	series	8.	1:15.15	392	1:11.99	18-12-2016	92%		
200m schoolslag	series	6.	2:54.83	456	2:57.53	20-3-2016	103%		
<b>Floris de Leeuw, 2-3-2001</b>									<b>2</b>
100m vrije slag	series	4.	56.65	499	57.03	25-9-2016	101%		
200m rugslag	series	3.	2:18.96	439	2:21.21	16-10-2016	103%		
<b>Freek Hollander, 19-10-2001</b>									<b>2</b>
100m rugslag	series	3.	1:07.13	386	1:08.46	14-1-2017	104%		
200m schoolslag	series	3.	2:46.54	378	2:51.56	15-10-2016	106%		
<b>Gaetane Demyttenaere, 11-6-1999</b>									<b>2</b>
100m vrije slag	series	7.	1:03.02	527	1:04.10	15-10-2016	103%		
200m rugslag	series	3.	2:31.07	491	2:34.20		104%		
<b>Ilse Schoenmaker, 8-3-2003</b>									-
400m vrije slag	series	AFGEM		-	5:42.28	20-3-2016	-		
100m schoolslag	series	AFGEM		-	1:23.22	3-12-2016	-		
<b>Ivo van Dijck, 27-4-1997</b>									<b>1</b>
50m vrije slag	series	10.	26.19	462	25.50	7-1-2017	95%		
100m rugslag	series	7.	1:05.18	422	1:02.64	25-9-2016	92%		
200m wisselslag	series	9.	2:27.98	406	2:32.08		106%		
<b>Jaap van Trijp, 7-1-1999</b>									<b>1</b>
100m vrije slag	series	9.	1:01.20	395	59.93	14-1-2017	96%		
200m rugslag	series	8.	2:26.36	375	2:26.97	20-3-2016	101%		
<b>Jip Veeman, 17-3-2001</b>									<b>1</b>
100m rugslag	series	4.	1:10.94	466	1:10.33	18-12-2016	98%		
200m schoolslag	series	5.	2:54.78	456	3:01.72	14-1-2017	108%		
<b>Jonne Schaafsma, 10-3-1998</b>									-
100m rugslag	series	4.	1:00.89	518	NT		-		
<b>Keanu Streefland, 3-4-2003</b>									-
400m vrije slag	series	AFGEM		-	4:44.70	8-1-2017	-		
100m schoolslag	series	3.	1:16.71	380	1:16.21	15-1-2017	99%		
<b>Leonoor van Dijk, 11-12-2004</b>									-
400m vrije slag	series	AFGEM		-	5:34.08	24-4-2016	-		
100m schoolslag	series	AFGEM		-	1:22.36	18-12-2016	-		
<b>Lotte Hosper, 13-9-2002</b>									<b>1</b>
100m rugslag	series	2.	1:06.29	572	1:06.23	22-10-2016	100%		
200m schoolslag	series	1.	2:41.11	582	2:45.15	29-1-2017	105%		
<b>Lotte Koornneef, 2-11-2003</b>									-
100m schoolslag	series	6.	1:27.30	364	NT		-		
<b>Marc Botter, 12-1-2000</b>									<b>1</b>
100m vrije slag	series	3.	54.99	545	54.30	3-12-2016	98%		
200m rugslag	series	5.	2:19.24	436	2:26.58		111%		
<b>Mary Kate Farrell, 23-1-2004</b>									<b>2</b>
400m vrije slag	series	5.	5:10.26	431	5:19.77	23-10-2016	106%		
100m schoolslag	series	11.	1:32.83	303	1:33.82	29-5-2016	102%		



Competitie hoofdklasse deel 4  
 Roosendaal, 12-3-2017

<b>Maud Hoofs, 22-12-1995</b>								1
50m vrije slag	series	5.	28.27	555	27.70	20-3-2016	96%	
200m vlinderslag	series	6.	2:46.96	367	2:39.22	20-3-2016	91%	
200m wisselslag	series	4.	2:28.93	547	2:29.11	4-12-2016	100%	
<b>Milan Hamel, 24-10-2003</b>								2
400m vrije slag	series	2.	4:41.62	428	4:44.36	15-10-2016	102%	
100m schoolslag	series	1.	1:13.54	432	1:15.21	15-1-2017	105%	
<b>Nicole Akkermans Castro, 21-5-2003</b>								1
400m vrije slag	series	6.	5:11.82	425	5:20.81	15-1-2017	106%	
100m schoolslag	series	4.	1:24.08	407	1:22.20	18-12-2016	96%	
<b>Olivier Jans, 5-11-2000</b>								-
100m vrije slag	series	5.	56.78	495	55.81	11-9-2016	97%	
200m rugslag	series	2.	2:14.97	479	2:09.26	29-1-2017	92%	
<b>Roderick van Doeselaar, 30-3-1992</b>								1
50m vrije slag	series	6.	25.28	514	25.33	7-1-2017	100%	
200m vlinderslag	series	5.	2:15.33	516	2:15.26	6-11-2016	100%	
200m wisselslag	series	6.	2:20.10	479	2:17.80	16-10-2016	97%	
<b>Sanne Vermeulen, 29-4-2003</b>								-
400m vrije slag	series	2.	4:57.56	489	NT		-	
100m schoolslag	series	7.	1:28.62	348	NT		-	
<b>Sterre Keller, 24-10-1999</b>								1
100m vrije slag	series	1.	58.85	647	59.38	7-1-2017	102%	
200m rugslag	series	7.	2:33.80	465	2:33.12	20-3-2016	99%	
<b>Tessa Lin van Baal, 17-11-1998</b>								1
50m vrije slag	series	7.	28.64	534	28.92	16-10-2016	102%	
100m rugslag	series	5.	1:09.79	490	1:08.46	18-12-2016	96%	
<b>Uma Kraus, 7-3-1998</b>								2
50m vrije slag	series	3.	27.84	581	28.24	18-12-2016	103%	
100m rugslag	series	6.	1:13.28	423	1:14.71	7-1-2017	104%	

Competitie hoofdklasse deel 4  
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Z & PC De Zeeuwse Kust									25
Anna Tiemersma, 16-4-2004									1
100m rugslag	series	10.	1:17.66	355	1:18.16	15-1-2017	101%		
200m schoolslag	series	7.	2:56.82	440	2:53.39	29-1-2017	96%		
Babet de Voogd, 19-6-2003									2
100m vrije slag	series	6.	1:02.75	534	1:03.00	28-12-2016	101%		
200m rugslag	series	2.	2:30.67	495	2:32.00	12-2-2017	102%		
Bridget de Bat, 11-3-2004									1
400m vrije slag	series	1.	4:50.97	523	4:48.43	26-1-2017	98%		
100m schoolslag	series	3.	1:23.90	410	1:25.84	4-11-2016	105%		
Céline Brink, 24-2-2000									-
100m vrije slag	series	8.	1:03.11	524	1:02.66	12-2-2017	99%		
200m rugslag	series	9.	2:36.57	441	2:33.45	14-1-2017	96%		
Danique Cuelenaere, 15-8-2004									1
400m vrije slag	series	11.	5:31.05	355	5:57.32		117%		
100m schoolslag	series	12.	1:41.45	232	1:38.49	12-2-2017	94%		
Esther Tiemersma, 2-2-2002									1
100m rugslag	series	7.	1:14.92	396	1:16.32	2-10-2016	104%		
200m schoolslag	series	4.	2:46.35	529	2:45.29	2-10-2016	99%		
Evert Nieuwland, 18-6-2002									1
100m rugslag	series	5.	1:10.78	330	1:10.10	8-1-2017	98%		
200m schoolslag	series	7.	2:59.83	300	3:01.27		102%		
Fenna Klaassen, 15-5-2004									-
100m vrije slag	series	10.	1:07.16	435	1:04.63	14-1-2017	93%		
200m rugslag	series	11.	2:48.19	356	2:42.56	14-1-2017	93%		
Guido Brink, 21-1-2002									1
100m rugslag	series	4.	1:10.08	340	1:14.15	8-1-2017	112%		
200m schoolslag	series	1.	2:32.89	489	2:28.39	26-1-2017	94%		
Irina de Ridder, 9-4-2003									1
400m vrije slag	series	3.	4:57.66	489	5:07.00		106%		
Janice Provoost, 19-5-2003									1
400m vrije slag	series	4.	5:03.51	461	5:12.40		106%		
100m schoolslag	series	1.	1:21.55	447	1:21.46	8-1-2017	100%		
Jarno de Jonge, 11-5-2001									-
100m vrije slag	series	AFGEM		-	58.95		-		
100m rugslag	series	AFGEM		-	1:14.36	13-11-2016	-		
Jonathan Davidse, 10-3-1997									1
50m vrije slag	series	4.	24.73	549	23.88	14-1-2017	93%		
200m vlinderslag	series	4.	2:14.91	521	2:15.79		101%		
200m wisselslag	series	1.	2:11.01	585	2:08.75	14-1-2017	97%		
Joshua Bijvank, 24-11-2004									1
400m vrije slag	series	7.	5:10.67	318	5:23.52	8-1-2017	108%		
100m schoolslag	series	9.	1:35.54	197	1:34.27	9-10-2016	97%		
Kalle van Gemert, 17-8-1998									1
100m rugslag	series	3.	1:00.65	524	1:05.95	12-2-2017	118%		
200m vlinderslag	series	2.	2:12.49	550	2:12.44	14-1-2017	100%		
200m wisselslag	series	2.	2:13.74	550	2:11.05	14-1-2017	96%		
Kirsten Walraven, 18-3-2000									-
100m vrije slag	series	5.	1:02.46	541	1:00.33	14-1-2017	93%		
200m rugslag	series	6.	2:32.56	477	2:27.56	14-1-2017	94%		
Koen Iriks, 12-5-2003									2
400m vrije slag	series	10.	5:26.74	274	5:45.26		112%		
100m schoolslag	series	10.	1:38.71	178	1:46.59	12-2-2017	117%		
Kyra Marinissen, 15-6-2001									2
100m rugslag	series	6.	1:14.32	405	1:18.53	13-11-2016	112%		
200m schoolslag	series	10.	3:03.79	392	3:04.23		100%		
Laura Nieuwland, 14-1-2000									1
50m vrije slag	series	9.	29.95	467	28.30	6-11-2016	89%		
100m rugslag	series	7.	1:14.32	405	1:14.53	9-10-2016	101%		
200m vlinderslag	series	4.	2:40.14	416	2:28.32	5-11-2016	86%		
200m wisselslag	series	6.	2:40.53	437	2:29.83	3-12-2016	87%		
Mara Kraak, 30-3-2004									-
100m schoolslag	series	10.	1:32.79	303	1:29.10	8-1-2017	92%		
Melle van Gemert, 28-8-2001									-
100m vrije slag	series	AFGEM		-	56.05	12-2-2017	-		
200m rugslag	series	AFGEM		-	2:14.23	29-1-2017	-		
Nikita van den Ouden, 14-9-1999									-
50m vrije slag	series	6.	28.29	554	27.36	4-12-2016	94%		
100m rugslag	series	3.	1:08.91	509	1:06.92	15-1-2017	94%		
200m vlinderslag	series	3.	2:37.54	437	2:27.64	7-1-2017	88%		
200m wisselslag	series	3.	2:24.71	597	2:22.77	5-11-2016	97%		
Noa Eversdijk, 15-2-1999									1
100m vrije slag	series	2.	53.30	599	52.53	27-1-2017	97%		
200m rugslag	series	1.	2:12.71	504	2:21.80		114%		

Competitie hoofdklasse deel 4  
 Roosendaal, 12-3-2017

<b>Parel Bun, 26-3-2002</b>								
100m ruqslag	series	11.	1:22.87	292	1:20.20	4-12-2016	94%	-
200m schoolslag	series	12.	3:18.84	309	NT		-	
<b>Phillip van Moll, 10-5-1997</b>								1
50m vrije slag	series	11.	26.20	462	26.49	12-2-2017	102%	
100m ruqslag	series	5.	1:01.32	507	1:01.32	13-11-2016	100%	
<b>Remy Vane, 25-7-2002</b>								1
100m rugslag	series	9.	1:16.84	258	1:16.39	8-1-2017	99%	
200m schoolslag	series	6.	2:54.63	328	3:02.76	28-12-2016	110%	
<b>Ruben Cuelenaere, 12-2-2001</b>								-
100m vrije slag	series	8.	1:00.10	418	NT		-	
100m ruqslag	series	AFGEM		-	1:13.44	8-1-2017	-	
200m rugslag	series	9.	2:41.23	281	NT		-	
200m schoolslag	series	AFGEM		-	3:09.79		-	
<b>Sem Bonte, 7-6-2004</b>								2
400m vrije slag	series	8.	5:15.08	305	5:29.54	8-1-2017	109%	
100m schoolslag	series	11.	1:41.18	166	1:46.35	12-2-2017	110%	
<b>Yorick Visser, 26-8-2003</b>								2
400m vrije slag	series	1.	4:27.45	499	4:27.48	26-1-2017	100%	
100m schoolslag	series	4.	1:20.07	335	1:21.54	12-2-2017	104%	

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