

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
AquaDream								
Evy de Rot, 30-10-2007								
400m vrije slag	series	3.	6:57.68	177	7:15.41	27-11-2016	109%	2
100m rugslag	series	3.	1:40.38	164	1:45.51	27-11-2016	110%	
Jayna Wagemakers, 24-9-2010								
25m vrije slag	series	3.	33.31	32	NT		-	-
25m rugslag	series	3.	31.18	58	NT		-	-
Lars Bulman, 4-8-2006								
400m vrije slag	series	1.	5:42.77	237	5:51.04	27-11-2016	105%	2
100m rugslag	series	2.	1:24.34	195	1:26.40	12-6-2016	105%	
Maddy van der Wegen, 28-4-2007								
400m vrije slag	series	6.	7:43.16	129	8:32.86	27-11-2016	123%	1
100m rugslag	series	6.	1:52.35	117	NT		-	
Manaudou Verhaar, 22-9-2008								
50m vrije slag	series	7.	44.40	143	45.03	12-3-2017	103%	2
50m rugslag	series	4.	53.18	112	54.65	18-12-2016	106%	
Norah van Peer, 14-2-2008								
50m vrije slag	series	11.	1:05.61	44	NT		-	-
50m rugslag	series	11.	1:05.18	61	NT		-	-
Steijn Louter, 19-5-2005								
200m rugslag	series	1.	2:38.73	294	2:41.65	27-11-2016	104%	2
100m vlinderslag	series	2.	1:21.99	206	1:23.83	27-11-2016	105%	
Argo								
DBD								
De Biesboschzwemmers								
De Krabben								
Collin Dhaese, 7-7-2007								
50m vrije slag	series	3.	49.86	67	49.63	22-1-2017	99%	1
50m schoolslag	series	3.	58.23	81	59.04	18-12-2016	103%	
Frederik Colombijn, 20-7-2006								
400m vrije slag	series	6.	7:22.95	110	7:09.97	27-11-2016	94%	1
100m rugslag	series	5.	1:44.29	103	1:48.54	27-11-2016	108%	
Loris Klippel, 12-5-2006								
400m vrije slag	series	7.	7:30.76	104	8:25.49	27-11-2016	126%	2
100m rugslag	series	4.	1:43.83	104	1:54.34	27-11-2016	121%	
Myrthe Elsten, 28-4-2007								
400m vrije slag	series	4.	7:10.20	162	7:33.41	27-11-2016	111%	2
100m rugslag	series	5.	1:41.66	158	1:44.16	27-11-2016	105%	
Roos Lambregts, 20-3-2008								
50m vrije slag	series	4.	48.44	110	50.66	18-12-2016	109%	2
50m rugslag	series	8.	1:00.14	77	1:00.59	12-2-2017	102%	
De Zilvermeeuw								
Hieronymus								
Alyssa van der Heijden, 3-11-2006								
200m rugslag	series	7.	3:24.54	198	NT		-	-
100m vlinderslag	series	8.	1:51.92	116	NT		-	-
Berend van der Schrier, 10-4-2006								
400m vrije slag	series	3.	6:48.62	140	7:27.97	27-11-2016	120%	2
100m rugslag	series	3.	1:40.28	116	1:46.20	12-6-2016	112%	
Britt Jongenelen, 4-1-2010								
50m vrije slag	series	10.	1:05.60	44	NT		-	-
50m rugslag	series	12.	1:06.49	57	NT		-	-
Daphne Vroege, 27-9-2006								
200m rugslag	series	4.	3:15.52	226	3:21.48	27-11-2016	106%	2
100m vlinderslag	series	2.	1:33.73	197	1:44.79	27-11-2016	125%	
Dion Potters, 17-12-2006								
400m vrije slag	series	2.	6:11.30	186	6:29.10	27-11-2016	110%	2
100m rugslag	series	1.	1:23.15	203	1:25.97	18-2-2017	107%	
Evelien Goorhuis, 9-1-2010								
50m vrije slag	series	7.	51.91	89	1:02.23	22-1-2017	144%	1
50m rugslag	series	7.	58.02	86	NT		-	-

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Floortje Bartels, 7-9-2006								2
200m rugslag	series	6.	3:18.26	217	3:28.60	27-11-2016	111%	
100m vlinderslag	series	5.	1:45.81	137	1:48.83	27-11-2016	106%	
Félinn van Lienden, 7-6-2006								2
200m rugslag	series	3.	3:09.31	249	3:17.35	27-11-2016	109%	
100m vlinderslag	series	3.	1:34.79	191	1:39.03	27-11-2016	109%	
Imke Gram, 22-1-2008								1
50m vrije slag	series	5.	42.74	160	44.05	18-12-2016	106%	
100m schoolslag	series	4.	2:00.66	138	NT		-	
Irene Goorhuis, 10-3-2008								2
50m vrije slag	series	5.	50.01	100	52.96	22-1-2017	112%	
50m rugslag	series	5.	55.73	97	1:04.21	18-12-2016	133%	
Jessy van Vlimmeren, 27-6-2008								1
50m vrije slag	series	3.	42.21	166	46.12	20-11-2016	119%	
100m schoolslag	series	3.	1:56.25	154	NT		-	
Jolie Frik, 7-1-2009								1
50m vrije slag	series	10.	47.68	115	59.48	20-11-2016	156%	
Karlijn van der Schrier, 1-2-2009								1
50m vrije slag	series	6.	51.25	93	53.94	22-1-2017	111%	
50m rugslag	series	6.	57.96	86	NT		-	
Kayleigh van Gastel, 17-12-2008								1
50m vrije slag	series	12.	1:09.63	37	1:07.97	22-1-2017	95%	
50m rugslag	series	13.	1:12.48	44	1:14.46	18-12-2016	106%	
Lotte IJzenbrandt, 9-11-2006								-
200m rugslag	series	10.	4:03.88	116	NT		-	
100m vlinderslag	series	10.	2:03.52	86	NT		-	
Marit van Caam, 2-6-2006								-
200m rugslag	series	11.	4:11.69	106	NT		-	
100m vlinderslag	series	11.	2:04.37	84	NT		-	
Merel Coljee, 12-1-2006								1
100m vlinderslag	series	13.	2:28.79	49	2:48.82	27-11-2016	129%	
Nienke Luijsterburg, 5-7-2007								2
50m vrije slag	series	5.	48.36	110	51.70	22-1-2017	114%	
50m schoolslag	series	5.	58.68	118	1:21.40	3-7-2016	192%	
Pien Koop, 24-2-2009								1
50m vrije slag	series	1.	44.57	141	44.05	18-12-2016	98%	
50m rugslag	series	2.	51.11	126	55.59	18-12-2016	118%	
Rinz van der Staal, 26-9-2007								1
50m vrije slag	series	1.	33.87	214	33.21	18-2-2017	96%	
100m schoolslag	series	1.	1:42.56	159	1:44.78	18-2-2017	104%	
Romano Bernard, 26-10-2008								1
50m vrije slag	series	3.	55.50	48	1:04.04	22-1-2017	133%	
50m rugslag	series	3.	1:00.77	48	NT		-	
Rona Goverde, 17-7-2009								1
50m vrije slag	series	2.	42.14	167	43.70	16-10-2016	108%	
100m schoolslag	series	5.	2:04.01	127	NT		-	
Rosalie van der Bijl, 2-10-2007								-
400m vrije slag	series	AFGEM		-	7:19.19	27-11-2016	-	
100m rugslag	series	AFGEM		-	1:45.46	27-11-2016	-	
Róben Geers, 5-5-2008								1
50m vrije slag	series	6.	43.77	149	47.23	18-12-2016	116%	
Sabrina Sahebzadah, 16-3-2006								-
200m rugslag	series	AFGEM		-	4:19.36	27-11-2016	-	
100m vlinderslag	series	AFGEM		-	NT		-	
Sjoerd Koop, 21-7-2007								1
50m vrije slag	series	2.	41.45	116	42.07	20-11-2016	103%	
Storm Buijs, 9-7-2007								1
50m vrije slag	series	4.	46.15	84	45.65	27-11-2016	98%	
100m schoolslag	series	3.	1:58.92	102	2:01.13	27-11-2016	104%	
Sven ten Hove, 19-7-2005								1
200m rugslag	series	2.	2:45.46	260	NT		-	
100m vlinderslag	series	1.	1:19.23	228	1:20.58	18-2-2017	103%	
Thijmen Pruijssers, 14-5-2010								-
50m vrije slag	series	4.	58.65	41	NT		-	
50m rugslag	series	4.	1:02.40	45	NT		-	
Vera Bastiaensen, 4-3-2008								2
50m vrije slag	series	4.	42.71	161	44.94	20-11-2016	111%	
100m schoolslag	series	1.	1:54.22	162	1:58.43	27-11-2016	108%	
Zara van Zeijl, 13-5-2007								2
400m vrije slag	series	5.	7:32.00	139	7:39.65	27-11-2016	103%	
100m rugslag	series	4.	1:41.63	158	1:45.49	27-11-2016	108%	

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Bente Bosman, 9-7-2006									1
200m rugslag	series	2.	3:06.92	259	3:14.53	27-11-2016	108%		
100m vlinderslag	series	4.	1:41.16	157	1:40.76	27-11-2016	99%		
Björn Steltenpool, 10-11-2008									2
25m vrije slag	series	1.	27.39	37	27.60	22-1-2017	102%		
25m rugslag	series	1.	26.41	60	28.07	26-11-2016	113%		
Carlijn de Dauw, 21-12-2007									1
25m vrije slag	series	1.	20.31	142	20.57	4-2-2017	103%		
25m schoolslag	series	1.	27.94	110	NT		-		
Cynthia Infosino, 7-5-2007									-
50m vrije slag	series	AFGEM		-	54.05	16-10-2016	-		
50m schoolslag	series	AFGEM		-	1:15.27	18-12-2016	-		
Doks Versteegh, 19-9-2006									1
50m vrije slag	series	2.	46.69	81	46.92	22-1-2017	101%		
50m schoolslag	series	5.	1:04.21	60	1:04.07	4-2-2017	100%		
Dylano Waas, 21-11-2007									2
50m vrije slag	series	5.	51.41	61	55.81	22-1-2017	118%		
50m schoolslag	series	6.	1:04.57	59	1:07.40	18-12-2016	109%		
Evy Krempel, 15-2-2006									1
200m rugslag	series	5.	3:17.68	219	3:17.89	27-11-2016	100%		
100m vlinderslag	series	7.	1:51.65	117	1:51.52	27-11-2016	100%		
Fieke Bersch, 17-1-2007									-
400m vrije slag	series	7.	7:58.80	117	NT		-		
100m rugslag	series	7.	1:59.98	96	NT		-		
Frans Maas, 29-11-2006									1
50m vrije slag	series	4.	51.31	61	50.18	22-1-2017	96%		
50m schoolslag	series	4.	1:02.33	66	1:12.76	26-11-2016	136%		
Isa Jansen, 9-10-2007									2
400m vrije slag	series	2.	6:19.70	235	7:01.06	27-11-2016	123%		
100m rugslag	series	2.	1:32.47	210	1:46.16	27-11-2016	132%		
Jaimy Renfurm, 24-10-2006									-
400m vrije slag	series	NG		-	NT		-		
Jayden Bergman, 18-5-2007									1
50m vrije slag	series	3.	43.92	98	46.86	19-3-2017	114%		
100m schoolslag	series	2.	1:53.38	117	NT		-		
Kasper van der Westen, 22-7-2009									2
25m vrije slag	series	2.	28.05	34	28.85	22-1-2017	106%		
25m rugslag	series	2.	28.76	46	31.75	4-2-2017	122%		
Lieze Bersch, 16-5-2008									1
50m vrije slag	series	8.	46.08	128	54.75	19-3-2017	141%		
100m schoolslag	series	2.	1:55.77	156	NT		-		
Lotje Koenraads, 13-1-2009									1
25m vrije slag	series	1.	20.62	136	NT		-		
25m rugslag	series	1.	23.52	135	25.79	4-2-2017	120%		
Lotte Dekkers, 20-11-2008									1
50m vrije slag	series	11.	49.19	105	50.66	18-12-2016	106%		
100m schoolslag	series	7.	2:12.41	104	NT		-		
Michelle Steltenpool, 29-9-2006									2
200m rugslag	series	8.	3:28.20	187	3:45.38	27-11-2016	117%		
100m vlinderslag	series	6.	1:50.32	121	2:06.58	27-11-2016	132%		
Nienke Hiel, 23-7-2006									-
200m rugslag	series	12.	4:20.76	95	NT		-		
100m vlinderslag	series	12.	2:16.83	63	NT		-		
Nina Krempel, 7-10-2008									1
50m vrije slag	series	9.	46.58	124	50.79	18-12-2016	119%		
100m schoolslag	series	8.	2:14.72	99	NT		-		
Noor Vermeer, 13-10-2006									-
200m rugslag	series	1.	2:53.23	326	NT		-		
100m vlinderslag	series	1.	1:25.23	263	NT		-		
Pien de Lange, 2-2-2007									1
400m vrije slag	series	1.	6:17.68	239	6:50.48	27-11-2016	118%		
100m rugslag	series	1.	1:29.66	231	1:29.15	18-2-2017	99%		
Romy Marinisse, 8-12-2007									-
25m vrije slag	series	2.	20.70	135	NT		-		
25m schoolslag	series	2.	30.89	81	NT		-		
Roos van Otterdijk, 6-11-2006									2
200m rugslag	series	9.	3:34.75	171	3:50.18	27-11-2016	115%		
100m vlinderslag	series	9.	2:02.13	89	2:14.80	27-11-2016	122%		
Saar Vermeer, 11-8-2010									1
25m vrije slag	series	2.	24.38	82	23.94	22-1-2017	96%		
25m rugslag	series	2.	25.82	102	28.31	4-2-2017	120%		
Senn Oude Lohuis, 26-9-2008									1
50m vrije slag	series	2.	46.85	80	48.08	22-1-2017	105%		
50m rugslag	series	1.	53.68	70	NT		-		

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Silke Bosman, 6-5-2008									1
50m vrije slag	series	1.	41.61	174	42.10	18-12-2016	102%		
100m schoolslag	series	6.	2:10.24	109	NT		-		
Simeon van de Rhee, 13-12-2006									2
400m vrije slag	series	4.	6:56.67	132	7:23.72	27-11-2016	113%		
100m rugslag	series	6.	1:46.37	97	1:46.69	27-11-2016	101%		
Yfke Noz, 14-9-2007									2
50m vrije slag	series	7.	57.33	66	59.49	16-10-2016	108%		
50m schoolslag	series	6.	58.79	117	1:01.44	24-4-2016	109%		
Z & Pc Dio									20
Annik Schoonwater, 5-11-2008									1
50m vrije slag	series	3.	46.39	125	45.16	22-1-2017	95%		
50m rugslag	series	3.	52.40	117	1:01.33	18-12-2016	137%		
Esmée Dijk, 21-9-2007									2
50m vrije slag	series	6.	49.31	104	55.39	13-3-2016	126%		
50m schoolslag	series	2.	52.92	161	56.95	16-10-2016	116%		
Evy Scherpenisse, 26-4-2008									2
50m vrije slag	series	9.	53.68	81	58.04	22-1-2017	117%		
50m rugslag	series	10.	1:03.68	65	1:16.13	18-12-2016	143%		
Gor Hajrapetyan, 19-11-2005									2
50m vrije slag	series	1.	42.38	109	42.53	22-1-2017	101%		
50m schoolslag	series	1.	53.49	105	57.64	22-6-2016	116%		
Ilse Ammerlaan, 28-10-2008									1
50m vrije slag	series	8.	53.60	81	56.85	22-1-2017	112%		
50m rugslag	series	9.	1:02.37	69	NT		-		
Ilse de Regt, 8-5-2006									2
50m vrije slag	series	1.	40.13	194	41.44	22-1-2017	107%		
50m schoolslag	series	1.	50.88	181	53.35	18-12-2016	110%		
Isis Sliet, 8-7-2005									1
50m vrije slag	series	BM	49.72	102	NT		-		
50m schoolslag	series	BM	52.25	167	55.80	20-11-2016	114%		
Jessica van de Ven, 29-5-2006									-
50m vrije slag	series	2.	41.28	178	40.07	22-1-2017	94%		
50m schoolslag	series	3.	53.96	152	53.03	18-12-2016	97%		
Kiki van Endschoot, 3-2-2007									1
50m vrije slag	series	3.	44.74	140	46.31	16-10-2016	107%		
50m schoolslag	series	4.	54.40	148	54.10	18-12-2016	99%		
Lotte Blanken, 26-11-2008									2
50m vrije slag	series	2.	45.81	130	47.16	22-1-2017	106%		
50m rugslag	series	1.	49.88	136	51.71	18-12-2016	107%		
Midas Bout, 2-1-2005									-
200m rugslag	series	3.	3:47.07	100	NT		-		
100m vlinderslag	series	3.	1:43.37	102	NT		-		
Puk Storms, 26-10-2005									2
50m vrije slag	series	BM	48.40	110	51.72	22-1-2017	114%		
50m schoolslag	series	BM	59.41	113	1:04.68	16-10-2016	119%		
Renzo Tamerus, 18-5-2008									1
50m vrije slag	series	1.	46.78	81	45.20	18-12-2016	93%		
50m rugslag	series	2.	55.85	62	1:01.29	18-12-2016	120%		
Robin Hartensveld, 16-6-2005									1
50m vrije slag	series	6.	54.72	50	1:02.73	22-1-2017	131%		
50m schoolslag	series	2.	53.65	104	53.05	20-11-2016	98%		
Robin Hendrixx, 17-11-2007									2
50m vrije slag	series	4.	47.20	119	51.07	22-1-2017	117%		
50m schoolslag	series	7.	59.81	111	1:03.16	16-10-2016	112%		
Seff von Meijenfeldt, 31-3-2006									-
400m vrije slag	series	5.	7:01.12	128	NT		-		
100m rugslag	series	7.	1:51.93	83	NT		-		