

Competitie landelijk deel 1
Roosendaal, 1-10-2017

Programmanr. 16
1-10-2017 - 14:55

Dames, 400m vrije slag

Senioren Open
Resultaten

rang	naam	vereniging				intijd				tijd				RT		
1.	Kim Busch	MNC Dordrecht				4:33.00				199801450				4:22.43	+0,82	749
	50m: 29.12	29.12	150m: 1:36.33	34.08	250m: 2:43.98	33.09	350m: 3:50.10	32.68								
	100m: 1:02.25	33.13	200m: 2:10.89	34.56	300m: 3:17.42	33.44	400m: 4:22.43	32.33								
2.	Marlijn Hendriksen	Hieronymus				4:37.98				198806828				4:35.41	+0,71	648
	50m: 32.63	32.63	150m: 1:41.88	34.84	250m: 2:50.96	34.40	350m: 4:00.75	34.83								
	100m: 1:07.04	34.41	200m: 2:16.56	34.68	300m: 3:25.92	34.96	400m: 4:35.41	34.66								
3.	Kirsten Walraven	Z & PC De Zeeuwse Kust				4:33.98				200001358				4:44.17	+0,75	590
	50m: 31.67	31.67	150m: 1:41.67	35.16	250m: 2:53.47	36.09	350m: 4:08.02	37.44								
	100m: 1:06.51	34.84	200m: 2:17.38	35.71	300m: 3:30.58	37.11	400m: 4:44.17	36.15								
4.	Selene Wortel	Hieronymus				4:39.32				199700654				4:45.36	+0,60	583
	50m: 32.85	32.85	150m: 1:45.76	36.65	250m: 2:58.12	35.49	350m: 4:10.77	36.14								
	100m: 1:09.11	36.26	200m: 2:22.63	36.87	300m: 3:34.63	36.51	400m: 4:45.36	34.59								
5.	Babet de Voogd	Z & PC De Zeeuwse Kust				4:45.59				200301362				4:46.43	+0,66	576
	50m: 32.59	32.59	150m: 1:45.78	36.84	250m: 2:58.87	36.50	350m: 4:11.85	36.24								
	100m: 1:08.94	36.35	200m: 2:22.37	36.59	300m: 3:35.61	36.74	400m: 4:46.43	34.58								
6.	Ela Hutten	MNC Dordrecht				4:45.00				199300354				4:46.44	+0,58	576
	50m: 32.92	32.92	150m: 1:44.97	36.28	250m: 2:58.18	36.49	350m: 4:10.77	36.29								
	100m: 1:08.69	35.77	200m: 2:21.69	36.72	300m: 3:34.48	36.30	400m: 4:46.44	35.67								
7.	Tessa Bruijgoms	MNC Dordrecht				4:54.30				199801322				4:50.99		550
	50m: 32.61	32.61	150m: 1:46.20	37.28	250m: 3:00.96	36.96	350m: 4:15.41	37.06								
	100m: 1:08.92	36.31	200m: 2:24.00	37.80	300m: 3:38.35	37.39	400m: 4:50.99	35.58								
8.	Senna Lindenberg	Hieronymus				4:43.90				199900738				4:52.28	+0,66	542
	50m: 32.56	32.56	150m: 1:45.35	36.72	250m: 2:59.57	37.14	350m: 4:14.42	37.46								
	100m: 1:08.63	36.07	200m: 2:22.43	37.08	300m: 3:36.96	37.39	400m: 4:52.28	37.86								
9.	Birgit Adriaansen	MNC Dordrecht				4:53.95				199503342				4:55.78	+0,79	523
	50m: 33.04	33.04	150m: 1:46.54	37.14	250m: 3:02.53	38.01	350m: 4:18.89	38.16								
	100m: 1:09.40	36.36	200m: 2:24.52	37.98	300m: 3:40.73	38.20	400m: 4:55.78	36.89								
10.	Kyra Marinissen	Z & PC De Zeeuwse Kust				NT				200101202				4:58.10	+0,66	511
	50m: 32.53	32.53	150m: 1:48.39	38.28	250m: 3:06.19	38.76	350m: 4:23.05	38.19								
	100m: 1:10.11	37.58	200m: 2:27.43	39.04	300m: 3:44.86	38.67	400m: 4:58.10	35.05								
11.	Manon Vermariën	Hieronymus				4:52.97				199705680				S9 5:00.94		674
	50m: 34.02	34.02	150m: 1:47.99	37.22	250m: 3:04.10	38.17	350m: 4:21.92	39.15								
	100m: 1:10.77	36.75	200m: 2:25.93	37.94	300m: 3:42.77	38.67	400m: 5:00.94	39.02								
12.	Nadja Wortel	Hieronymus				4:42.96				199800798				5:01.44	+0,77	494
	50m: 32.60	32.60	150m: 1:46.19	37.48	250m: 3:02.56	38.34	350m: 4:21.49	40.16								
	100m: 1:08.71	36.11	200m: 2:24.22	38.03	300m: 3:41.33	38.77	400m: 5:01.44	39.95								
13.	Eva van Ginneken	Hieronymus				4:41.84				199800164				5:04.29	+0,79	481
	50m: 34.26	34.26	150m: 1:50.65	38.71	250m: 3:08.41	38.71	350m: 4:26.34	38.79								
	100m: 1:11.94	37.68	200m: 2:29.70	39.05	300m: 3:47.55	39.14	400m: 5:04.29	37.95								
14.	Sanne Rebers	Hieronymus				5:11.99				199902082				5:06.56	+0,76	470
	50m: 34.09	34.09	150m: 1:49.63	38.30	250m: 3:07.03	38.29	350m: 4:26.92	40.34								
	100m: 1:11.33	37.24	200m: 2:28.74	39.11	300m: 3:46.58	39.55	400m: 5:06.56	39.64								
15.	Estelle van Wijngaarden	ZPB H&L Productions				5:28.67				200601020				5:29.72	+0,71	378
	50m: 34.86	34.86	150m: 1:56.43	42.15	250m: 3:22.77	43.76	350m: 4:49.20	42.55								
	100m: 1:14.28	39.42	200m: 2:39.01	42.58	300m: 4:06.65	43.88	400m: 5:29.72	40.52								