

Programmanr. 1
15-10-2017 - 13:30

Heren, 400m vrije slag

Junioren 1 en ouder
Resultaten Voorronde

rang	naam	vereniging	intijd	tijd	RT
Junioren 1 en 2					
1.	Teun van der Schrier	Hieronymus	4:55.96	200403627	4:43.40 A +0,73 468
	50m: 32.61	32.61 150m: 1:45.51	37.12 250m: 2:59.43	36.71 350m: 4:10.25	35.10
	100m: 1:08.39	35.78 200m: 2:22.72	37.21 300m: 3:35.15	35.72 400m: 4:43.40	33.15
2.	Sem Lazeroms	Hieronymus	5:24.33	200402921	4:58.95 A +0,83 399
	50m: 32.69	32.69 150m: 1:47.81	38.24 250m: 3:06.42	39.47 350m: 4:23.38	38.46
	100m: 1:09.57	36.88 200m: 2:26.95	39.14 300m: 3:44.92	38.50 400m: 4:58.95	35.57
3.	Sven ten Hove	Hieronymus	5:10.50	200500273	5:08.48 A +0,56 363
	50m: 35.36	35.36 150m: 1:53.28	38.95 250m: 3:13.04	40.02 350m: 4:32.19	39.19
	100m: 1:14.33	38.97 200m: 2:33.02	39.74 300m: 3:53.00	39.96 400m: 5:08.48	36.29
4.	Sem Bonte	Z & PC De Zeeuwse Kust	5:15.08	200400427	5:14.48 A +0,73 343
	50m: 35.45	35.45 150m: 1:55.75	40.37 250m: 3:17.05	40.69 350m: 4:37.50	40.15
	100m: 1:15.38	39.93 200m: 2:36.36	40.61 300m: 3:57.35	40.30 400m: 5:14.48	36.98
5.	Joshua Bijvank	Z & PC De Zeeuwse Kust	5:10.67	200401225	5:15.48 A +0,76 339
	50m: 34.19	34.19 150m: 1:52.71	40.43 250m: 3:16.51	42.32 350m: 4:38.41	40.36
	100m: 1:12.28	38.09 200m: 2:34.19	41.48 300m: 3:58.05	41.54 400m: 5:15.48	37.07
6.	Thomas Goossen	De Schelde	5:48.38	200402077	5:22.72 +0,88 317
	50m: 34.42	34.42 150m: 1:56.54	41.87 250m: 3:18.78	40.66 350m: 4:41.10	41.42
	100m: 1:14.67	40.25 200m: 2:38.12	41.58 300m: 3:59.68	40.90 400m: 5:22.72	41.62
7.	Steyn Mosterd	Z & PC De Zeeuwse Kust	5:49.92	200402289	5:25.15 A +0,89 310
	50m: 37.47	37.47 150m: 1:57.96	40.43 250m: 3:21.16	41.07 350m: 4:45.70	41.85
	100m: 1:17.53	40.06 200m: 2:40.09	42.13 300m: 4:03.85	42.69 400m: 5:25.15	39.45
8.	Devid Amiryan	De Schelde	NT	200404199	6:06.88 +0,51 216
	50m: 37.93	37.93 150m: 2:10.47	47.63 250m: 3:45.47	46.94 350m: 5:21.97	48.47
	100m: 1:22.84	44.91 200m: 2:58.53	48.06 300m: 4:33.50	48.03 400m: 6:06.88	44.91
9.	Tristan Sewalt	De Schelde	NT	200501973	6:50.23 +0,61 154
	50m: 41.26	41.26 150m: 2:23.22	52.21 250m: 4:09.40	52.92 350m: 5:57.21	54.83
	100m: 1:31.01	49.75 200m: 3:16.48	53.26 300m: 5:02.38	52.98 400m: 6:50.23	53.02
10.	Lucas Ysebaert	De Schelde	7:07.03	200501737	7:27.47 +0,77 119
	50m: 45.67	45.67 150m: 2:36.17	57.11 250m: 4:32.81	59.24 350m: 6:32.07	1:00.40
	100m: 1:39.06	53.39 200m: 3:33.57	57.40 300m: 5:31.67	58.86 400m: 7:27.47	55.40
Junioren 3 en 4					
1.	Yorick Visser	Z & PC De Zeeuwse Kust	4:27.45	200301957	4:19.56 A +0,76 609
	50m: 29.31	29.31 150m: 1:34.73	32.93 250m: 2:41.74	33.80 350m: 3:48.44	33.06
	100m: 1:01.80	32.49 200m: 2:07.94	33.21 300m: 3:15.38	33.64 400m: 4:19.56	31.12
2.	Huub Warmerdam	Arethusa	NT	200204043	4:50.65 A +0,88 434
	50m: 30.89	30.89 150m: 1:41.74	35.96 250m: 2:56.12	37.20 350m: 4:13.34	38.94
	100m: 1:05.78	34.89 200m: 2:18.92	37.18 300m: 3:34.40	38.28 400m: 4:50.65	37.31
3.	Wessel Heijnemans	Hieronymus	5:04.13	200301353	5:00.21 A +0,75 394
	50m: 33.02	33.02 150m: 1:48.56	38.55 250m: 3:06.06	38.59 350m: 4:23.52	38.83
	100m: 1:10.01	36.99 200m: 2:27.47	38.91 300m: 3:44.69	38.63 400m: 5:00.21	36.69
4.	Levi Brouwers	Hieronymus	5:46.81	200203171	5:01.92 A +0,72 387
	50m: 33.25	33.25 150m: 1:49.00	38.72 250m: 3:07.51	39.28 350m: 4:25.28	39.15
	100m: 1:10.28	37.03 200m: 2:28.23	39.23 300m: 3:46.13	38.62 400m: 5:01.92	36.64
5.	Pascal Faasse	De Schelde	5:06.66	200301923	5:02.16 +0,80 386
	50m: 32.76	32.76 150m: 1:46.73	37.46 250m: 3:06.84	40.23 350m: 4:27.01	39.65
	100m: 1:09.27	36.51 200m: 2:26.61	39.88 300m: 3:47.36	40.52 400m: 5:02.16	35.15
6.	Stijn Wildschut	Z & PC De Zeeuwse Kust	5:17.64	200201247	5:02.58 A +0,86 385
	50m: 31.76	31.76 150m: 1:47.23	38.61 250m: 3:07.41	40.36 350m: 4:28.01	39.84
	100m: 1:08.62	36.86 200m: 2:27.05	39.82 300m: 3:48.17	40.76 400m: 5:02.58	34.57
7.	Laurens Hofstede	Arethusa	5:26.08	200300417	5:09.19 A +0,65 361
	50m: 33.98	33.98 150m: 1:51.70	39.67 250m: 3:11.31	39.79 350m: 4:31.31	39.50
	100m: 1:12.03	38.05 200m: 2:31.52	39.82 300m: 3:51.81	40.50 400m: 5:09.19	37.88
8.	Jep van Gemenen	Arethusa	NT	200201455	5:09.28 R +0,76 360
	50m: 35.60	35.60 150m: 1:53.32	39.51 250m: 3:11.74	39.37 350m: 4:30.98	39.94
	100m: 1:13.81	38.21 200m: 2:32.37	39.05 300m: 3:51.04	39.30 400m: 5:09.28	38.30
9.	Karsten van Doorn	Arethusa	5:22.94	200301371	5:16.03 R +0,80 338
	50m: 33.69	33.69 150m: 1:52.75	40.69 250m: 3:14.49	41.44 350m: 4:37.11	40.96
	100m: 1:12.06	38.37 200m: 2:33.05	40.30 300m: 3:56.15	41.66 400m: 5:16.03	38.92
10.	Leco van der Veldt	De Schelde	6:20.09	200303145	5:23.19 +0,85 316
	50m: 35.84	35.84 150m: 1:56.37	40.56 250m: 3:18.65	41.10 350m: 4:42.56	42.23
	100m: 1:15.81	39.97 200m: 2:37.55	41.18 300m: 4:00.33	41.68 400m: 5:23.19	40.63

ju je se deel 1
Roosendaal, 15-10-2017

Programmanr. 1, Jongens, 400m vrije slag, Voorronde, Junioren 3 en 4

rang	naam	vereniging	intijd	tijd	RT
NG	Lars Langens	Arethusa	5:20.77	200303825	

Jeugd 1 en 2

1.	Tom Balsen Versteeg	Hieronymus	4:17.88	200005673	4:18.99 A	+0,62	614
	50m: 29.25	29.25 150m: 1:35.25	32.93	250m: 2:41.03	32.25	350m: 3:47.30	33.04
	100m: 1:02.32	33.07 200m: 2:08.78	33.53	300m: 3:14.26	33.23	400m: 4:18.99	31.69
2.	Bas Erdmann	Hieronymus	4:30.33	200003065	4:39.23 A	+0,66	490
	50m: 31.07	31.07 150m: 1:40.78	35.28	250m: 2:52.03	35.49	350m: 4:04.58	36.10
	100m: 1:05.50	34.43 200m: 2:16.54	35.76	300m: 3:28.48	36.45	400m: 4:39.23	34.65

Senioren 1 en ouder

1.	Noa Eversdijk	Z & PC De Zeeuwse Kust	4:09.23	199903595	4:27.85 A	+0,77	555
	50m: 28.13	28.13 150m: 1:33.70	33.11	250m: 2:41.72	34.22	350m: 3:51.54	35.69
	100m: 1:00.59	32.46 200m: 2:07.50	33.80	300m: 3:15.85	34.13	400m: 4:27.85	36.31