

Programmanr. 3
 24-3-2013 - 14:35

Jongens, 400m vrije slag

 Minioren 5 en later
 Resultaten

Rang									In.tijd	Tijd		
1.	Jarno Koster		ZWK Merlet				5:40.51		200200637	5:36.92		
	50m:	35.38	35.38	150m:	1:58.66	42.97	250m:	3:26.30	44.29	350m:	4:55.32	44.64
	100m:	1:15.69	40.31	200m:	2:42.01	43.35	300m:	4:10.68	44.38	400m:	5:36.92	41.60
2.	Bobby van Dijk		Dbd				6:25.45		200200153	5:49.80		
	50m:	38.46	38.46	150m:	2:09.23	46.08	250m:	3:41.40	46.10	350m:	5:11.19	44.86
	100m:	1:23.15	44.69	200m:	2:55.30	46.07	300m:	4:26.33	44.93	400m:	5:49.80	38.61
3.	Luka Bouwman		PSV				5:57.62		200201119	5:50.07		
	50m:	37.85	37.85	150m:	2:05.54	44.53	250m:	3:37.24	46.38	350m:	5:09.13	45.45
	100m:	1:21.01	43.16	200m:	2:50.86	45.32	300m:	4:23.68	46.44	400m:	5:50.07	40.94
4.	Justin Slootweg		Sbc2000				6:18.81		200201407	5:50.48		
	50m:	37.28	37.28	150m:	2:05.86	45.41	250m:	3:38.47	46.44	350m:	5:10.65	45.30
	100m:	1:20.45	43.17	200m:	2:52.03	46.17	300m:	4:25.35	46.88	400m:	5:50.48	39.83
5.	Luc van Eijndhoven		Argo				6:21.04		200200139	6:08.36		
	50m:	38.53	38.53	150m:	2:10.24	46.87	250m:	3:46.52	48.54	350m:	5:24.05	48.45
	100m:	1:23.37	44.84	200m:	2:57.98	47.74	300m:	4:35.60	49.08	400m:	6:08.36	44.31
6.	Ivar Koevoet		Njord				6:41.16		200200185	6:08.80		
	50m:	39.29	39.29	150m:	2:12.00	46.57	250m:	3:48.94	48.34	350m:	5:24.60	46.67
	100m:	1:25.43	46.14	200m:	3:00.60	48.60	300m:	4:37.93	48.99	400m:	6:08.80	44.20
7.	Coen Graat		ZWK Merlet				6:34.30		200201363	6:10.94		
	50m:	39.11	39.11	150m:	2:13.74	48.42	250m:	3:50.97	49.56	350m:	5:28.73	49.52
	100m:	1:25.32	46.21	200m:	3:01.41	47.67	300m:	4:39.21	48.24	400m:	6:10.94	42.21
8.	Milan Meurs		Z&PV Nuenen				6:15.40		200202079	6:11.71		
	50m:	40.79	40.79	150m:	2:16.85	47.91	250m:	3:54.55	47.98	350m:	5:31.21	46.65
	100m:	1:28.94	48.15	200m:	3:06.57	49.72	300m:	4:44.56	50.01	400m:	6:11.71	40.50
9.	Ananye Achintye		PSV				6:19.29		200202349	6:16.45		
	50m:	41.46	41.46	150m:	2:17.47	48.45	250m:	3:54.61	48.44	350m:	5:31.51	47.91
	100m:	1:29.02	47.56	200m:	3:06.17	48.70	300m:	4:43.60	48.99	400m:	6:16.45	44.94
10.	Nils Mulder		Sbc2000				6:23.32		200300049	6:19.85		
	50m:	42.69	42.69	150m:	2:19.44	48.01	250m:	3:56.46	48.06	350m:	5:34.28	48.29
	100m:	1:31.43	48.74	200m:	3:08.40	48.96	300m:	4:45.99	49.53	400m:	6:19.85	45.57
11.	Jelmer North		Njord				6:35.09		200200617	6:36.36		
	50m:	41.72	41.72	150m:	2:20.61	50.27	250m:	4:03.64	52.07	350m:	5:47.52	51.26
	100m:	1:30.34	48.62	200m:	3:11.57	50.96	300m:	4:56.26	52.62	400m:	6:36.36	48.84
12.	Roel Janssen		Argo				6:32.04		200201605	6:36.61		
	50m:	42.69	42.69	150m:	2:22.93	50.10	250m:	4:06.38	51.01	350m:	5:48.00	49.95
	100m:	1:32.83	50.14	200m:	3:15.37	52.44	300m:	4:58.05	51.67	400m:	6:36.61	48.61
13.	Chris Verhoeven		Z&PV Nuenen				6:44.11		200400593	6:40.98		
	50m:	42.99	42.99	150m:	2:23.86	51.49	250m:	4:09.04	52.55	350m:	5:55.20	53.27
	100m:	1:32.37	49.38	200m:	3:16.49	52.63	300m:	5:01.93	52.89	400m:	6:40.98	45.78
14.	Thomas van Beers		PSV				6:39.63		200202021	7:10.47		
	50m:	44.40	44.40	150m:	2:31.29	53.51	250m:	4:25.10	57.66	350m:	6:18.28	56.97
	100m:	1:37.78	53.38	200m:	3:27.44	56.15	300m:	5:21.31	56.21	400m:	7:10.47	52.19