



## Verbetering zwemmer - Details

[Alle wedstrijden](#)

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
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AquAmigos									1
David Koers, 6-10-1995									-
400m wisselslag	series	5.	5:26.14	417	5:04.64	1-3-2015	87%		
Manon van Geene, 8-3-2002									-
800m vrije slag	series	7.	11:32.11	363	11:18.98	1-3-2015	96%		
Melissa van der Geld, 15-9-1995									-
800m vrije slag	series	6.	10:14.25	520	9:50.40	25-1-2015	92%		
Wouter van Gent, 30-1-2003									1
400m vrije slag	series	6.	5:41.93	266	5:52.96	25-1-2015	107%		
Ymke van Dongen, 7-7-2002									-
800m vrije slag	series	6.	11:30.99	365	11:29.23	1-3-2015	99%		



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Arethusa									1
Steef Warmerdam, 19-7-2000									1
1500m vrije slag	series	3.	18:58.54	453	19:10.34	19-4-2014	102%		



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Argo								2
Leonie Habraken, 15-7-2005								1
400m vrije slag	series	11.	6:17.08	255	6:35.80	12-12-2014	110%	
Luc van Eijndhoven, 6-4-2002								1
1500m vrije slag	series	2.	20:25.75	363	20:55.20	7-3-2015	105%	
400m wisselslag	series	2.	5:55.61	322	5:46.57	22-2-2015	95%	
Sanne Peters, 1-8-2004								-
400m vrije slag	series	17.	6:23.57	242	6:18.42	25-1-2015	97%	



Bolsward

-



DBD

Bobby van Dijk, 26-3-2002  
1500m vrije slag

series

1.

20:24.35

364

20:15.81

99%

-

-



De Biesboschwemmers

Tom Kruis, 24-4-2000

400m wisselslag

series

6.

5:39.55

370

5:29.67

22-2-2015

94%

-

-



De Ganze

-





De Roersoppers

Roel Wijnands, 24-6-1999

1500m vrije slag

series

4.

19:34.94

412

19:30.98

7-12-2014

99%

-

-



De Treffers

Daniek van Lokven, 30-10-2001

800m vrije slag

series

3.

11:00.80

418

10:52.78

1-3-2015

98%

-

-

Robin van Lokven, 1-1-1998

1500m vrije slag

series

1.

18:28.90

490

17:51.21

1-3-2015

93%

-



Dommelbaarzen

Anne Theunissen, 24-2-2004

400m vrije slag

series

6.

5:56.80

301

5:57.67

25-1-2015

100%

1

1



Eurode Kerkrade									2
Amy Tebben, 27-7-2004									1
400m vrije slag	series	3.	5:38.08	353	5:39.93	7-12-2014	101%		
Jenny van de Ven, 7-2-2002									-
800m vrije slag	series	10.	11:46.21	342	11:34.87	14-9-2014	97%		
Jesse Goritzer, 13-3-2003									1
800m vrije slag	series	4.	11:56.10	328	12:10.80	14-9-2014	104%		
Joëlle Savelberg, 11-9-1997									-
800m vrije slag	series	4.	10:40.24	459	10:19.81	23-3-2014	94%		
Manon Ritten, 22-6-2000									-
800m vrije slag	series	1.	9:57.20	566	9:33.81	29-1-2015	92%		
Niels de Boer, 8-3-2000									-
1500m vrije slag	series	1.	18:39.99	476	18:38.26	14-9-2014	100%		
400m wisselslag	series	5.	5:35.21	384	5:34.70	17-5-2014	100%		
Rebecca Vroomen, 16-1-1993									-
800m vrije slag	series	NG		-	9:36.34	8-11-2014	-		



Hellas-Glana

-

HGN (Sg)									8
Bart de Heer, 20-10-1995									-
400m wisselslag	series	2.	5:09.32	489	4:57.47	4-5-2014	92%		-
Bas Dijkstra, 13-2-2000									-
1500m vrije slag	series	2.	18:50.85	462	18:40.05	14-9-2014	98%		-
400m wisselslag	series	2.	5:28.83	407	5:13.21	8-2-2015	91%		-
Chayenne Poorts, 8-7-1998									1
800m vrije slag	series	2.	10:15.01	518	10:23.87	1-3-2015	103%		1
Christian van der Haijden, 4-6-2003									1
400m vrije slag	series	13.	6:07.27	215	6:12.26	28-9-2014	103%		-
Cynthia Kugler, 2-3-2004									-
400m vrije slag	series	13.	6:17.44	254	6:05.10	25-1-2015	94%		-
Denise Blok, 13-11-1999									-
800m vrije slag	series	1.	10:43.74	452	10:43.38	23-3-2014	100%		1
Imke Beekman, 23-1-2003									1
800m vrije slag	series	1.	10:41.25	457	10:48.45	8-11-2014	102%		1
Iris Dijkstra, 27-2-2002									-
800m vrije slag	series	1.	10:15.67	516	10:26.77	22-11-2014	104%		-
Janina Beckers, 7-3-1998									-
800m vrije slag	series	1.	9:30.36	650	9:01.06	17-10-2014	90%		-
400m wisselslag	series	1.	5:19.37	600	5:08.03	16-11-2014	93%		-
Jasmijn van der Valk, 28-9-2001									-
800m vrije slag	series	NG		-	10:44.62	22-11-2014	-		1
Judith Houtvast, 25-2-2003									1
800m vrije slag	series	2.	11:27.34	371	12:01.10	4-5-2014	110%		-
Kim Rebergen, 2-4-2001									-
400m wisselslag	series	3.	5:49.63	457	5:47.29	18-1-2015	99%		-
Kjell Bakker, 16-5-2000									-
400m wisselslag	series	4.	5:35.07	385	5:32.77	4-5-2014	99%		-
Kjell Reumkens, 28-7-2004									-
400m vrije slag	series	AFGEM		-	6:33.06	28-9-2014	-		-
Kyanie Blom, 20-3-2003									-
800m vrije slag	series	3.	11:48.21	339	11:47.08	14-9-2014	100%		1
Lars van der Haijden, 25-12-1999									1
400m wisselslag	series	3.	5:24.58	423	5:26.92	28-9-2014	101%		1
Lorena Dreschers, 16-7-2004									-
400m vrije slag	series	8.	6:06.32	278	6:08.59	25-1-2015	101%		-
Mark Gorissen, 25-1-1986									-
1500m vrije slag	series	4.	18:57.66	454	17:53.28	22-11-2014	89%		-
400m wisselslag	series	1.	5:09.27	490	4:55.45	7-12-2014	91%		-
McKenzie Kelly, 24-8-1998									-
800m vrije slag	series	4.	10:29.12	484	10:02.39	22-11-2014	92%		1
Moyra Baggen, 10-3-2004									-
400m vrije slag	series	20.	6:41.11	211	6:41.71	25-1-2015	100%		-
Quinty Rouschop, 31-10-2003									-
800m vrije slag	series	5.	11:57.04	327	11:39.76	22-11-2014	95%		-

								2
<b>Hieronymus</b>								-
<b>Christel Brugmans, 12-12-2000</b>								-
800m vrije slag	series	7.	11:00.56	418	10:35.84	22-2-2015	93%	-
<b>Daniek van den Bos, 24-3-2004</b>								-
400m vrije slag	series	14.	6:18.78	251	6:12.82	25-1-2015	97%	-
<b>Janne Englebert, 4-3-2001</b>								-
1500m vrije slag	series	2.	19:45.97	401	19:21.31	22-2-2015	96%	-
400m wisselslag	series	1.	5:49.85	338	5:30.54	8-2-2015	89%	-
<b>Nienke Jonk, 21-1-2002</b>								1
800m vrije slag	series	3.	10:38.01	464	10:58.44	23-3-2014	107%	-
400m wisselslag	series	1.	5:48.43	462	5:37.01	22-2-2015	94%	-
<b>Roos Englebert, 25-4-2002</b>								1
800m vrije slag	series	5.	10:49.21	440	10:46.42	4-10-2014	99%	-
400m wisselslag	series	2.	5:59.61	420	6:01.61	22-2-2015	101%	-
<b>Sanne Rebers, 26-9-1999</b>								-
800m vrije slag	series	2.	11:03.32	413	10:32.67	22-2-2015	91%	-
400m wisselslag	series	1.	5:51.03	452	5:44.12	18-1-2015	96%	-
<b>Sarah Uuldriks, 3-4-2000</b>								-
400m wisselslag	series	2.	5:33.31	528	5:28.88	18-1-2015	97%	-
<b>Valesca van den Bogert, 6-4-2001</b>								-
800m vrije slag	series	2.	10:43.88	451	10:25.30	22-2-2015	94%	-
400m wisselslag	series	2.	5:48.59	461	5:30.50	22-2-2015	90%	-



HZV Lutra

Jelle Hendriks, 17-5-2000

1500m vrije slag

series

7.

20:40.41

350

19:42.75

1-3-2015

91%

-

-





MZ&PC

-



Nautilus

-

O.Z. & P.C. De Warande								1
Amy de Veth, 29-12-2002								-
800m vrije slag	series	13.	12:17.72	300	11:40.81	22-11-2014	90%	-
Désirée Emmen, 14-11-1992								-
800m vrije slag	series	8.	10:41.81	456	10:10.87	4-10-2014	91%	-
Fleur Koreman, 3-3-2000								-
800m vrije slag	series	9.	11:04.08	411	10:52.21	4-10-2014	96%	-
Floris Verburgh, 21-8-2000								-
1500m vrije slag	series	9.	20:51.73	341	20:04.71	8-2-2015	93%	-
Max Botermans, 18-4-2001								-
1500m vrije slag	series	1.	19:45.85	401	19:15.26	8-2-2015	95%	-
Nicko Kamphuis, 8-7-1999								1
1500m vrije slag	series	2.	18:01.92	528	18:22.88	23-3-2014	104%	-
400m wisselslag	series	1.	5:00.24	535	4:40.83	8-2-2015	87%	-
Pieter Pijnenburg, 12-1-1993								-
400m wisselslag	series	3.	5:21.45	436	5:03.90	8-2-2015	89%	-
Rick Embregts, 15-6-2000								-
1500m vrije slag	series	AFGEM		-	18:32.33	22-2-2015	-	-
400m wisselslag	series	1.	5:20.04	442	5:10.85	8-2-2015	94%	-
Sammy Koster, 16-1-2002								-
800m vrije slag	series	12.	12:05.39	316	11:41.52	22-11-2014	94%	-



Patrick

Fiona Meuffels, 31-1-1995

800m vrije slag

series

5.

10:12.90

523

10:00.45

26-10-2014

96%

-

-

PSV									6
Esmee Venner, 26-6-2000									1
800m vrije slag	series	4.	10:23.58	497	11:02.26	23-11-2014	113%		
Joris Hendriks, 16-9-1999									-
400m wisselslag	series	4.	5:34.45	387	5:26.46	18-1-2015	95%		
Kim Servaas, 8-4-2004									-
400m vrije slag	series	5.	5:51.47	315	5:42.95	22-2-2015	95%		
Lisa de Beijer, 25-9-2000									1
800m vrije slag	series	2.	10:13.80	521	10:15.10	4-1-2015	100%		
400m wisselslag	series	4.	5:55.58	435	5:37.39	20-12-2014	90%		
Liselotte Joling, 4-3-1975									-
800m vrije slag	series	7.	10:29.40	483	9:50.95	18-5-2014	88%		
400m wisselslag	series	4.	5:44.77	477	5:30.28	24-1-2015	92%		
Lucas Peters, 18-1-2003									-
400m vrije slag	series	1.	5:15.45	339	5:03.75	22-2-2015	93%		
Luuk van Rooij, 25-1-2004									1
400m vrije slag	series	1.	5:16.61	335	5:30.11	23-3-2014	109%		
Maarten Brzoskowski, 19-9-1995									-
1500m vrije slag	series	1.	15:28.15	836	14:47.03	8-11-2014	91%		
Sanne Lukken, 26-3-2004									1
400m vrije slag	series	9.	6:07.28	276	6:08.63	25-1-2015	101%		
Stan de Swart, 5-5-2003									-
400m vrije slag	series	2.	5:17.30	333	5:13.72	25-1-2015	98%		
Sterre Hendriks, 12-7-2004									1
400m vrije slag	series	2.	5:33.41	369	5:49.97	25-1-2015	110%		
Yuri Wasser, 6-7-2003									1
400m vrije slag	series	8.	5:50.64	247	5:59.42	25-1-2015	105%		

SBC2000										3	
Anne Dickens, 3-5-2001											-
800m vrije slag	series	1.	10:12.68	524	10:05.52	8-11-2014	98%				-
Anne Paulusse, 4-4-2002											-
800m vrije slag	series	2.	10:23.86	496	10:18.82	8-11-2014	98%				-
Britt van Leijsen, 3-7-2001											-
800m vrije slag	series	6.	11:34.25	360	11:32.75	22-11-2014	100%				-
Chloë de Vetter, 11-9-2001											-
800m vrije slag	series	5.	11:25.00	375	11:01.37	22-11-2014	93%				-
Dagmar Alderlieste, 13-4-2001											-
800m vrije slag	series	4.	11:14.41	393	11:01.37	22-11-2014	96%				-
Demi Goosen, 8-10-2002											1
800m vrije slag	series	9.	11:44.66	344	12:08.49	8-2-2015	107%				1
Dimitri Lans, 15-8-2004											-
400m vrije slag	series	5.	6:20.50	193	6:16.64	22-11-2014	98%				-
Julia Vos, 11-8-2002											-
800m vrije slag	series	8.	11:43.93	345	11:32.75	22-11-2014	97%				-
Nils Mulder, 17-3-2003											1
400m vrije slag	series	4.	5:31.76	291	5:33.69	23-3-2014	101%				1
Remco van Althuis, 25-1-1983											-
1500m vrije slag	series	2.	17:57.48	534	17:37.12	22-2-2015	96%				-
Robbie van den Berg, 1-5-2003											-
400m vrije slag	series	15.	6:28.48	181	6:00.80	25-1-2015	86%				-
Sterre van 't Land, 15-4-2003											-
400m vrije slag	series	12.	6:03.18	222	5:52.98	25-1-2015	94%				-
Thomas Tolsma, 16-4-2003											-
400m vrije slag	series	5.	5:39.26	272	5:35.19	25-1-2015	98%				-
Tiemen Tolsma, 16-4-2003											1
400m vrije slag	series	7.	5:50.63	247	6:00.07	25-1-2015	105%				1



Swimteam Helden~Mosa									3
Jelle Kockx, 14-2-2004									1
400m vrije slag	series	4.	6:08.09	213	6:08.75	1-3-2015	100%		
Jesse Janssen, 14-3-2000									1
400m wisselslag	series	3.	5:29.01	407	5:44.60	20-6-2014	110%		
Luna de Vries, 14-7-2004									-
400m vrije slag	series	1.	5:30.70	378	5:26.63	22-2-2015	98%		
Manon van der Wielen, 5-11-2002									-
400m wisselslag	series	3.	6:13.06	376	6:08.25	8-2-2015	97%		
Milou van den Beucken, 11-4-2000									-
800m vrije slag	series	3.	10:14.73	519	10:13.81	1-3-2015	100%		
400m wisselslag	series	1.	5:31.33	537	5:23.56	20-12-2014	95%		
Verena van Rens, 16-1-2004									1
400m vrije slag	series	10.	6:15.15	259	6:29.32	25-1-2015	108%		



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Tempo Valkenswaard								1
Cas Hungens, 13-1-2004								1
400m vrije slag	series	3.	5:55.70	236	6:09.13	27-1-2015	108%	
Yanna van der Heijden, 30-9-2003								-
800m vrije slag	series	6.	12:32.46	283	12:12.21	27-1-2015	95%	



Trb/Res									
Amy van Lier, 21-11-1996									2
800m vrije slag	series	1.	9:55.33	571	9:30.54	8-11-2014	92%		-
400m wisselslag	series	2.	5:28.31	552	5:18.02	16-11-2014	94%		-
Casper Bolkenbaas, 1-11-2000									-
1500m vrije slag	series	6.	19:25.57	422	19:14.92	22-11-2014	98%		-
Freek Gabriels, 18-4-2003									1
400m vrije slag	series	3.	5:29.94	296	5:44.40	25-1-2015	109%		-
Jari den Ottelander, 21-5-1998									-
400m wisselslag	series	1.	5:26.07	418	5:17.60	1-3-2015	95%		-
Kim Roestenberg, 22-11-2004									1
400m vrije slag	series	18.	6:23.90	241	6:30.26	25-1-2015	103%		-
Lars Hurks, 31-10-1999									-
400m wisselslag	series	5.	5:44.44	354	5:33.56	18-1-2015	94%		-
Lené Doomen, 24-1-2000									-
800m vrije slag	series	5.	10:39.06	462	10:19.77	23-3-2014	94%		-
400m wisselslag	series	5.	5:55.71	434	5:41.02	23-3-2014	92%		-
Manon van Esch, 7-11-1997									-
800m vrije slag	series	1.	9:46.93	596	9:38.89	27-1-2015	97%		-
Thijn Damen, 24-9-2003									-
400m vrije slag	series	16.	6:33.41	175	5:31.99	25-1-2015	71%		-
Thijs Manders, 18-11-2000									-
1500m vrije slag	series	5.	19:08.38	441	18:10.44	22-11-2014	90%		-



unattached

-



V.Z.V. Njord								1
William Webster, 1-1-2003								1
400m vrije slag	series	11.	6:02.26	224	6:10.45	25-1-2015	105%	



WZV

Ally Geers, 28-9-2004

400m vrije slag

series

22.

6:55.13

191

6:35.63

25-1-2015

91%

Marte van Broekhoven, 29-1-2002

800m vrije slag

series

11.

11:55.47

329

11:54.11

8-2-2015

100%



Z & Pc Dio

Bas van Haperen, 21-12-1998									-
400m wisselslag	series	3.	5:43.56	357	5:23.58	8-2-2015	89%		-
Jasmijn Knoop, 9-1-2004									-
400m vrije slag	series	21.	6:46.32	203	6:43.72	25-1-2015	99%		-
Nadja Wortel, 24-10-1998									-
400m wisselslag	series	3.	5:47.96	464	5:35.42	22-2-2015	93%		-
Sanne van Gelder, 20-4-1998									-
800m vrije slag	series	5.	10:48.29	442	10:17.04	22-11-2014	91%		-
Selene Wortel, 15-1-1997									-
800m vrije slag	series	2.	10:15.67	516	9:50.55	8-2-2015	92%		-

Z&PV Nuenen								4
<b>Anne Gibbels, 20-11-1996</b>								1
800m vrije slag	series	4.	10:05.34	543	10:13.75	23-3-2014	103%	
400m wisselslag	series	3.	5:31.18	538	5:16.22	16-11-2014	91%	
<b>Bas Gibbels, 12-2-1998</b>								-
1500m vrije slag	series	2.	18:59.20	452	18:38.63	12-12-2014	96%	
400m wisselslag	series	2.	5:30.53	401	5:21.06	1-2-2015	94%	
<b>Chris Verhoeven, 22-10-2004</b>								-
400m vrije slag	series	NG		-	5:26.03	1-2-2015	-	
<b>Flore Meulendijks, 5-4-2004</b>								1
400m vrije slag	series	12.	6:17.09	255	6:38.83	25-1-2015	112%	
<b>Joeri Phaff, 28-4-1997</b>								-
1500m vrije slag	series	1.	18:32.43	485	18:27.15	23-3-2014	99%	
<b>Lot Sauren, 17-2-2000</b>								-
800m vrije slag	series	8.	11:02.35	415	10:57.69	23-3-2014	99%	
<b>Merel Phaff, 25-10-2001</b>								1
400m wisselslag	series	1.	5:39.14	501	5:59.97	23-3-2014	113%	
<b>Robin Goossens, 7-2-2000</b>								-
400m wisselslag	series	3.	5:43.25	483	5:27.85	18-1-2015	91%	
<b>Silke Voets, 3-4-1998</b>								-
800m vrije slag	series	3.	10:20.62	504	10:11.79	23-3-2014	97%	
400m wisselslag	series	2.	5:40.50	495	5:38.54	23-3-2014	99%	
<b>Thomas van Ekert, 12-5-1999</b>								1
1500m vrije slag	series	1.	18:00.48	530	18:31.21	23-3-2014	106%	
400m wisselslag	series	2.	5:10.30	485	4:54.45	12-12-2014	90%	



zc AquaDream

Lindi Verkooijen, 26-12-1995

800m vrije slag	series	3.	10:03.17	549	9:50.18	7-6-2014	96%	-
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Luka de Neef, 3-1-2004

400m vrije slag	series	4.	5:40.83	345	5:35.77	25-1-2015	97%	-
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Vincent Dermaux, 18-7-1996

1500m vrije slag	series	3.	18:50.44	463	18:02.21	6-4-2014	92%	-
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400m wisselslag	series	4.	5:22.30	433	5:09.91	8-2-2015	92%	-
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ZCKoewacht

Sander Provoost, 7-9-2003

400m vrije slag

series

10.

5:59.02

230

5:42.06

25-1-2015

91%

-

-





Zeester Meerval								1
Audrey Pieck, 28-6-2004								-
400m vrije slag	series	7.	6:04.09	283	6:01.29	25-1-2015	98%	
Brian van Gennip, 13-11-2000								-
1500m vrije slag	series	8.	20:41.06	349	20:05.44	1-3-2015	94%	
Denise van der Burgt, 16-10-2002								1
800m vrije slag	series	4.	10:48.62	442	10:57.93	12-12-2014	103%	
Lotte Langenhoff, 24-9-1996								-
800m vrije slag	series	2.	9:59.00	561	9:48.47	12-12-2014	97%	
400m wisselslag	series	1.	5:16.72	615	5:08.16	7-12-2014	95%	



Zegenwerp

Iris van der Aa, 18-4-2004

400m vrije slag

series

15.

6:19.85

249

6:19.42

25-1-2015

100%

1

-

Isa Schellekens, 8-6-2000

800m vrije slag

series

6.

10:55.44

428

10:59.55

8-2-2015

101%

1

400m wisselslag

series

6.

5:56.73

430

5:51.34

8-2-2015

97%



ZON/S&S

-



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ZPK Budel									1
Noor Segers, 10-5-2005									1
400m vrije slag	series	16.	6:23.39	242	6:37.80	1-2-2015	108%		



zv De Vennen

Carina Spronk, 30-12-1997

800m vrije slag	series	5.	10:52.54	434	10:12.76	22-11-2014	88%	-
400m wisselslag	series	1.	5:54.42	439	5:42.02	2-11-2014	93%	-

Zv Kimbria								3
Cas Vandewall, 15-3-2004								-
400m vrije slag	series	AFGEM		-	5:49.08	8-2-2015	-	-
Itsuki Wakabayashi, 9-6-2002								-
400m wisselslag	series	1.	5:44.98	353	5:32.49	8-2-2015	93%	-
Luca Bourdjanadze, 20-7-2004								1
400m vrije slag	series	2.	5:43.81	262	5:48.95	8-2-2015	103%	1
Maikel Nelissen, 18-7-2003								-
400m vrije slag	series	14.	6:12.40	206	6:00.76	25-1-2015	94%	-
Xavi Laumen, 20-8-2003								1
400m vrije slag	series	9.	5:51.95	244	5:53.47	25-1-2015	101%	1
Yuna Suzuki, 3-11-2004								1
400m vrije slag	series	19.	6:27.10	235	6:28.91	25-1-2015	101%	1



ZVDO'74

Lisanne van Giessen, 10-6-1999									-
400m wisselslag	series	2.	6:01.22	415	5:45.36	1-3-2015	91%		-
Marit Westerlaken, 3-4-2002									-
800m vrije slag	series	NG		-	11:41.55	1-3-2015	-		-
Renske den Dekker, 7-10-1997									-
800m vrije slag	series	3.	10:28.26	486	10:10.10	1-3-2015	94%		-
Sven Westerlaken, 31-7-1999									-
1500m vrije slag	series	3.	19:25.77	422	19:17.88	1-3-2015	99%		-
Yulian Oppenhuizen, 3-12-2000									-
1500m vrije slag	series	4.	19:00.44	450	18:19.37	1-3-2015	93%		-