

Programmanr. 6
 22-3-2015 - 15:40

Heren, 400m wisselslag

 Junioren 1 en ouder
 Resultaten

rang	naam	vereniging	intijd	tijd	RT
Junioren 1					
1.	Itsuki Wakabayashi	Zv Kimbria	5:32.49	200202507	5:44.98 +0,75
	50m: 33.74	150m: 1:59.81	250m: 3:34.45	350m: 5:06.47	
	100m: 1:15.23	200m: 2:44.55	300m: 4:25.87	400m: 5:44.98	
2.	Luc van Eijndhoven	Argo	5:46.57	200200139	5:55.61 +0,73
	50m: 35.76	150m: 2:03.67	250m: 3:40.92	350m: 5:16.62	
	100m: 1:17.67	200m: 2:47.19	300m: 4:35.35	400m: 5:55.61	
Junioren 2					
1.	Janne Englebert	Hieronymus	5:30.54	200101561	5:49.85 +0,82
	50m: 37.28	150m: 2:05.62	250m: 3:40.17	350m: 5:12.00	
	100m: 1:21.72	200m: 2:48.88	300m: 4:33.54	400m: 5:49.85	
Junioren 3					
1.	Rick Embregts	O.Z. & P.C. De Warande	5:10.85	200000449	5:20.04 +0,80
	50m: 31.81	150m: 1:51.69	250m: 3:19.74	350m: 4:44.11	
	100m: 1:11.09	200m: 2:33.43	300m: 4:07.58	400m: 5:20.04	
2.	Bas Dijkstra	HGN (Sg)	5:13.21	200000043	5:28.83 +0,80
	50m: 32.31	150m: 1:54.59	250m: 3:25.06	350m: 4:52.06	
	100m: 1:11.49	200m: 2:36.61	300m: 4:14.79	400m: 5:28.83	
3.	Jesse Janssen	Swimteam Helden-Mosa	5:44.60	200000267	5:29.01 +0,75
	50m: 32.69	150m: 1:55.75	250m: 3:26.36	350m: 4:53.59	
	100m: 1:10.30	200m: 2:41.19	300m: 4:13.96	400m: 5:29.01	
4.	Kjell Bakker	HGN (Sg)	5:32.77	200000297	5:35.07 +0,78
	50m: 35.29	150m: 2:02.86	250m: 3:31.30	350m: 4:58.38	
	100m: 1:18.13	200m: 2:45.30	300m: 4:18.45	400m: 5:35.07	
5.	Niels de Boer	Eurode Kerkrade	5:34.70	200001977	5:35.21 +0,77
	50m: 32.78	150m: 1:57.03	250m: 3:27.41	350m: 4:58.11	
	100m: 1:12.85	200m: 2:37.53	300m: 4:19.40	400m: 5:35.21	
6.	Tom Kruis	De Biesboschwimmers	5:29.67	200000059	5:39.55 +0,73
	50m: 33.61	150m: 2:00.08	250m: 3:30.67	350m: 4:59.75	
	100m: 1:16.42	200m: 2:43.37	300m: 4:20.08	400m: 5:39.55	
Junioren 4					
1.	Nicko Kamphuis	O.Z. & P.C. De Warande	4:40.83	199900887	5:00.24 +0,63
	50m: 31.99	150m: 1:49.74	250m: 3:11.30	350m: 4:27.61	
	100m: 1:09.69	200m: 2:29.65	300m: 3:53.93	400m: 5:00.24	
2.	Thomas van Ekert	Z&PV Nuenen	4:54.45	199901917	5:10.30 +0,78
	50m: 32.38	150m: 1:52.21	250m: 3:16.03	350m: 4:36.87	
	100m: 1:09.97	200m: 2:31.34	300m: 3:59.72	400m: 5:10.30	
3.	Lars van der Haijden	HGN (Sg)	5:26.92	199900225	5:24.58
	50m: 31.78	150m: 1:56.23	250m: 3:25.15	350m: 4:48.91	
	100m: 1:11.50	200m: 2:39.18	300m: 4:11.95	400m: 5:24.58	
4.	Joris Hendriks	PSV	5:26.46	199904859	5:34.45 +0,72
	50m: 34.23	150m: 1:57.98	250m: 3:29.66	350m: 4:59.04	
	100m: 1:15.37	200m: 2:40.63	300m: 4:19.53	400m: 5:34.45	
5.	Lars Hurks	Trb/Res	5:33.56	199901667	5:44.44 +0,63
	50m: 34.11	150m: 2:04.32	250m: 3:32.89	350m: 5:06.21	
	100m: 1:21.25	200m: 2:46.73	300m: 4:25.50	400m: 5:44.44	
Jeugd 1					
1.	Jari den Ottelander	Trb/Res	5:17.60	199800059	5:26.07 +0,75
	50m: 30.12	150m: 1:51.71	250m: 3:21.90	350m: 4:49.31	
	100m: 1:08.85	200m: 2:32.93	300m: 4:11.57	400m: 5:26.07	
2.	Bas Gibbels	Z&PV Nuenen	5:21.06	199801973	5:30.53 +0,71
	50m: 35.86	150m: 2:04.70	250m: 3:30.78	350m: 4:54.60	
	100m: 1:20.05	200m: 2:47.26	300m: 4:16.17	400m: 5:30.53	
3.	Bas van Haperen	Z & Pc Dio	5:23.58	199805507	5:43.56 +0,80
	50m: 34.06	150m: 1:59.78	250m: 3:34.00	350m: 5:03.80	
	100m: 1:14.83	200m: 2:44.30	300m: 4:24.14	400m: 5:43.56	

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Senioren 1 en ouder

1.	Mark Gorissen	HGN (Sg)	4:55.45	198600973	5:09.27	+0,70
	50m: 31.18	150m: 1:48.39	250m: 3:14.29	350m: 4:35.76		
	100m: 1:07.25	200m: 2:29.31	300m: 3:59.61	400m: 5:09.27		
2.	Bart de Heer	HGN (Sg)	4:57.47	199500359	5:09.32	+0,58
	50m: 30.99	150m: 1:51.11	250m: 3:15.10	350m: 4:35.51		
	100m: 1:08.01	200m: 2:31.73	300m: 3:58.35	400m: 5:09.32		
3.	Pieter Pijnenburg	O.Z. & P.C. De Warande	5:03.90	199305227	5:21.45	+0,72
	50m: 33.48	150m: 1:56.35	250m: 3:22.65	350m: 4:44.78		
	100m: 1:13.75	200m: 2:39.86	300m: 4:07.71	400m: 5:21.45		
4.	Vincent Dermaux	zc AquaDream	5:09.91	199600599	5:22.30	+0,82
	50m: 34.62	150m: 1:58.32	250m: 3:26.38	350m: 4:48.30		
	100m: 1:16.49	200m: 2:39.55	300m: 4:13.41	400m: 5:22.30		
5.	David Koers	AquAmigos	5:04.64	199501229	5:26.14	+0,74
	50m: 31.42	150m: 1:47.96	250m: 3:15.30	350m: 4:45.36		
	100m: 1:09.05	200m: 2:26.66	300m: 4:04.59	400m: 5:26.14		