



Carnavals limietwedstrijd Zeester-Meerval en Hieronymus
Eindhoven, 10-2-2013



Programmanr. 1
10-2-2013 - 12:30

Dames, 400m vrije slag

Senioren Open
Resultaten

Rang							In.tijd	Tijd	
1.	Esmee Vermeulen		De Dolfijn				4:11.10	199600678	4:22.02
	50m: 31.41 31.41	150m: 1:36.47 32.65	250m: 2:42.83 33.29	350m: 3:49.72 33.06	400m: 4:22.02 32.30				
	100m: 1:03.82 32.41	200m: 2:09.54 33.07	300m: 3:16.66 33.83						
2.	Anne-Sophie Jammaer		Overpeltse Zwemvereniging				4:43.80	OZV/194/95	4:51.10
	50m: 32.48 32.48	150m: 1:45.93 36.87	250m: 3:00.53 37.17	350m: 4:15.03 37.34	400m: 4:51.10 36.07				
	100m: 1:09.06 36.58	200m: 2:23.36 37.43	300m: 3:37.69 37.16						
3.	Serena Stel		De Dolfijn				4:38.54	199801528	4:51.64
	50m: 32.99 32.99	150m: 1:46.48 37.22	250m: 3:01.22 37.18	350m: 4:16.13 37.22	400m: 4:51.64 35.51				
	100m: 1:09.26 36.27	200m: 2:24.04 37.56	300m: 3:38.91 37.69						
4.	Nikita van den Ouden		Hieronymus				5:03.54	199900622	5:08.79
	50m: 33.11 33.11	150m: 1:49.19 38.99	250m: 3:08.20 39.80	350m: 4:29.66 41.12	400m: 5:08.79 39.13				
	100m: 1:10.20 37.09	200m: 2:28.40 39.21	300m: 3:48.54 40.34						
5.	Lobke Schoonderbeek		Vzc E&P				5:05.16	199802070	5:13.32
	50m: 32.53 32.53	150m: 1:49.55 39.48	250m: 3:10.23 40.85	350m: 4:32.71 41.58	400m: 5:13.32 40.61				
	100m: 1:10.07 37.54	200m: 2:29.38 39.83	300m: 3:51.13 40.90						
6.	Claudia Schouten		GoSwim				5:03.76	200000812	5:14.20
	50m: 34.10 34.10	150m: 1:53.86 40.48	250m: 3:16.50 41.00	350m: 4:38.11 40.19	400m: 5:14.20 36.09				
	100m: 1:13.38 39.28	200m: 2:35.50 41.64	300m: 3:57.92 41.42						
7.	Alinda Dingshoff		ZPC Bikkel Hoogeveen				5:30.14	200000928	5:15.73
	50m: 36.80 36.80	150m: 1:54.93 40.98	250m: 3:16.62 40.25	350m: 4:37.87 38.82	400m: 5:15.73 37.86				
	100m: 1:13.95 37.15	200m: 2:36.37 41.44	300m: 3:59.05 42.43						
8.	Kaylin Stel		De Dolfijn				5:27.13	200100290	5:30.35
	50m: 35.63 35.63	150m: 1:59.02 42.42	250m: 3:25.83 43.05	350m: 4:51.48 41.69	400m: 5:30.35 38.87				
	100m: 1:16.60 40.97	200m: 2:42.78 43.76	300m: 4:09.79 43.96						
9.	Sanne Barten		Aquarijn				5:16.10	200101282	5:36.81
	50m: 37.28 37.28	150m: 2:03.27 43.27	250m: 3:29.78 43.01	350m: 4:56.56 43.20	400m: 5:36.81 40.25				
	100m: 1:20.00 42.72	200m: 2:46.77 43.50	300m: 4:13.36 43.58						
10.	Uma Kraus		D'Elft				NT	199802328	5:36.86
	50m: 34.73 34.73	150m: 1:59.12 43.43	250m: 3:27.48 44.24	350m: 4:56.25 44.21	400m: 5:36.86 40.61				
	100m: 1:15.69 40.96	200m: 2:43.24 44.12	300m: 4:12.04 44.56						
11.	Valeska Willner		D'Elft				6:32.65	200103784	6:34.95
	50m: 38.30 38.30	150m: 2:12.63 49.64	250m: 3:57.73 53.13	350m: 5:44.61 52.86	400m: 6:34.95 50.34				
	100m: 1:22.99 44.69	200m: 3:04.60 51.97	300m: 4:51.75 54.02						
AFGEM	Simone van de Wolfshaar		Dommelbaarzen				NT	200000198	