

Verbetering zwemmer - Details

Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
AquaDream								2
Ev de Rot, 30-10-2007								2
50m vrije slag	series	19.	4 6 . 0 8	136	49.59	1-11-2015	116%	
50m rugslag	series	16.	5 2 . 2 5	138	57.41	8-11-2015	121%	
50m schoolslag	series	15.	1:03.53	99	1:03.35		99%	
IJsbrand Buijnsters, 8-1-2002								-
100m vrije slag	series	32.	1:04.12	391	1:00.99	10-1-2016	90%	
100m vlinderslag	series	12.	1:13.09	316	1:08.85	27-12-2015	89%	
Kristy Nagtzaam, 29-5-2000								-
50m schoolslag	series	13.	37.64	480	34.85	28-11-2015	86%	
50m vlinderslag	series	3.	30.82	498	28.82	28-11-2015	87%	
100m vlinderslag	series	12.	1:16.09	398	1:05.74	9-1-2016	75%	
Lilianne Sweere, 10-3-1997								-
50m rugslag	series	13.	36.63	403	34.96		91%	
200m wisselslag	series	20.	2:58.51	352	2:55.77		97%	
Ronaldo Nagtzaam, 27-8-1998								-
50m vrije slag	series	13.	26.40	496	25.52	10-10-2015	93%	
100m vrije slag	series	19.	1:00.62	463	56.48		87%	
50m vlinderslag	series	6.	27.86	521	27.02	29-11-2015	94%	
100m vlinderslag	series	5.	1:04.29	465	1:01.03		90%	
Tessa Loos, 3-1-2002								-
50m vrije slag	series	23.	29.53	518	28.16	28-11-2015	91%	
100m vrije slag	series	37.	1:07.76	453	1:03.91	9-1-2016	89%	
100m schoolslag	series	28.	1:32.17	340	1:21.22	9-1-2016	78%	
Vincent Dermaux, 18-7-1996								-
200m rugslag	series	8.	2:28.93	424	2:22.26		91%	
100m schoolslag	series	18.	1:22.25	359	1:15.64		85%	
Yasmine Bartelds, 27-12-1996								-
200m rugslag	series	7.	2:40.92	458	2:30.66		88%	
50m schoolslag	series	22.	41.21	366	40.25		95%	

AquAmigos									9
Fleur Buijs, 1-7-2005									2
50m vrije slag	series	13.	39.81	211	42.30	15-11-2015	113%		
50m rugslag	series	6.	44.47	225	49.20	4-10-2015	122%		
Jule Franken, 3-7-2002									2
200m vrije slag	series	14.	2:23.09	492	2:23.33		100%		
50m schoolslag	series	4.	36.46	528	36.07	1-11-2015	98%		
50m vlinderslag	series	5.	31.44	469	31.85	28-11-2015	103%		
Karin de Kok, 17-7-1993									1
100m schoolslag	series	22.	1:28.10	389	1:23.38		90%		
200m vlinderslag	series	12.	2:56.24	330	2:56.89		101%		
Luc van Drunen, 29-10-2001									-
100m vrije slag	series	44.	1:07.60	334	1:05.89	15-11-2015	95%		
100m vlinderslag	series	15.	1:18.60	254	1:15.98	6-12-2015	93%		
Manon de Hoogt, 15-3-2003									-
200m rugslag	series	29.	3:17.49	247	3:14.45	11-10-2015	97%		
200m wisselslag	series	23.	3:16.80	263	3:13.71	24-1-2016	97%		
Manon van Geene, 8-3-2002									-
100m vrije slag	series	AFGEM		-	1:08.67	9-1-2016	-		
50m rugslag	series	AFGEM		-	34.35	29-11-2015	-		
100m rugslag	series	AFGEM		-	1:14.77	10-1-2016	-		
Marijn van Keulen, 22-9-2001									-
100m rugslag	series	NG		-	1:13.20	17-1-2016	-		
200m wisselslag	series	NG		-	2:42.66	17-1-2016	-		
Melissa van der Geld, 15-9-1995									-
100m vrije slag	series	19.	1:04.62	523	1:00.38	18-10-2015	87%		
400m vrije slag	series	10.	4:59.04	506	4:42.60	22-1-2016	89%		
100m rugslag	series	2.	1:11.52	536	1:05.92	24-1-2016	85%		
Sam van Drunen, 6-10-2003									-
50m vrije slag	series	56.	35.45	205	33.51	17-1-2016	89%		
100m vrije slag	series	62.	1:22.14	186	1:20.19	6-12-2015	95%		
Sanne van der Hulst, 25-10-2001									2
100m vrije slag	series	53.	1:12.02	377	1:13.08	15-11-2015	103%		
50m schoolslag	series	20.	40.48	386	39.90	28-11-2015	97%		
100m schoolslag	series	27.	1:31.89	343	1:34.27	18-10-2015	105%		
Tim Klopper, 22-8-2001									1
50m schoolslag	series	20.	42.43	248	42.50	1-11-2015	100%		
100m schoolslag	series	22.	1:29.63	277	1:28.28	15-11-2015	97%		
Ymke van Dongen, 7-7-2002									1
400m vrije slag	series	24.	5:27.61	385	5:30.19		102%		
100m vlinderslag	series	20.	1:22.23	315	1:21.66	9-1-2016	99%		

Aquapoldro

Sanne Ditzel, 9-8-1999

1

1

50m rugslag	series	4.	32.95	553	32.14	11-7-2015	95%
200m rugslag	series	4.	2:34.10	521	2:32.08	31-5-2015	97%
200m wisselslag	series	3.	2:35.67	532	2:35.72	11-7-2015	100%

Aquarijn								7
Bjorn van Doesburg, 18-12-2002								-
50m vrije slag	series	7.	25.68	539	25.02	20-12-2015	95%	
100m vrije slag	series	11.	58.74	509	55.31	16-1-2016	89%	
100m vlinderslag	series	7.	1:05.01	450	1:04.59	9-1-2016	99%	
Britt Steunenbergh, 19-12-2003								1
200m schoolslag	series	12.	3:08.68	400	3:04.82	16-1-2016	96%	
200m wisselslag	series	16.	2:53.65	383	2:56.18	14-11-2015	103%	
Claudia Schouten, 4-9-2000								-
50m schoolslag	series	11.	37.54	484	36.29	20-12-2015	93%	
100m schoolslag	series	14.	1:22.97	466	1:17.58		87%	
50m vlinderslag	series	16.	33.60	384	32.97		96%	
Jesse Puts, 1-8-1994								1
50m vrije slag	series	1.	22.69	782	22.70	12-12-2015	100%	
50m vlinderslag	series	1.	24.38	778	23.36	30-10-2015	92%	
Jonna Wieling, 9-11-2002								1
50m vrije slag	series	32.	30.16	487	30.19	9-1-2016	100%	
100m vrije slag	series	40.	1:08.12	446	1:05.79	28-11-2015	93%	
100m vlinderslag	series	13.	1:16.43	392	1:13.98	20-12-2015	94%	
Karl van den Burg, 19-7-2000								-
50m vrije slag	series	23.	27.94	419	27.16	20-12-2015	94%	
200m vrije slag	series	3.	2:14.63	434	2:11.84	20-12-2015	96%	
Lieke Remmits, 7-8-1998								-
50m vrije slag	series	14.	29.03	546	28.02	1-11-2015	93%	
100m vrije slag	series	14.	1:03.07	562	1:00.64	31-10-2015	92%	
Linda Kamperman, 1-4-1996								1
50m vrije slag	series	28.	30.06	491	29.78		98%	
200m vrije slag	series	4.	2:13.02	612	2:13.94	11-12-2015	101%	
50m vlinderslag	series	7.	31.76	455	31.11		96%	
Marije Jansen, 29-9-1985								-
50m vrije slag	series	6.	28.27	591	27.18	19-12-2015	92%	
50m rugslag	series	7.	33.91	508	31.72		88%	
100m rugslag	series	3.	1:13.75	489	1:09.50	19-12-2015	89%	
Marin Wieling, 25-4-2005								1
50m vrije slag	series	4.	36.19	281	36.50	9-1-2016	102%	
50m vlinderslag	series	3.	42.13	194	40.57	10-1-2016	93%	
Martijn Kornet, 26-12-1997								-
50m vrije slag	series	14.	27.12	458	26.21	17-10-2015	93%	
400m vrije slag	series	7.	4:38.07	495	4:25.07	3-10-2015	91%	
Michael Smink, 20-12-2003								-
100m vrije slag	series	48.	1:10.27	297	1:08.56	18-10-2015	95%	
100m vlinderslag	series	16.	1:18.69	253	1:14.84	29-11-2015	90%	
Pieke Sterk, 20-4-2004								2
50m vrije slag	series	58.	32.95	373	32.69	16-1-2016	98%	
100m vrije slag	series	52.	1:11.65	383	1:12.29	27-12-2015	102%	
100m vlinderslag	series	28.	1:32.28	223	1:36.74	5-12-2015	110%	
Quinty Jansen, 3-11-2000								-
50m vrije slag	series	21.	29.44	523	28.65		95%	
50m schoolslag	series	10.	37.49	486	36.90	17-10-2015	97%	
50m vlinderslag	series	15.	32.76	414	32.05	19-12-2015	96%	
Richelle Koot, 28-7-1996								-
50m vrije slag	series	2.	27.20	664	26.28	17-10-2015	93%	
200m vrije slag	series	2.	2:12.22	623	2:08.99	14-11-2015	95%	
Sanne Barten, 27-5-2001								-
50m rugslag	series	10.	35.55	441	34.44	29-11-2015	94%	
100m schoolslag	series	28.	43.48	311	41.96	10-1-2016	93%	
200m wisselslag	series	6.	2:42.54	467	2:39.70		97%	
Swen van Elteren, 15-7-2001								-
50m vrije slag	series	20.	27.68	431	27.45	20-12-2015	98%	
200m vlinderslag	series	7.	2:33.58	382	2:26.85	20-12-2015	91%	

Arethusa								16
Ela Ince, 13-7-2004								-
50m vrije slag	series	83.	38.36	236	38.00	4-10-2015	98%	
100m vrije slag	series	84.	1:24.25	236	1:23.00	20-12-2015	97%	
100m rugslag	series	35.	1:37.25	213	1:33.34	15-11-2015	92%	
Eline Slabbers, 8-9-2000								1
200m wisselslag	series	18.	2:54.87	375	3:02.64		109%	
Famke Slabbers, 16-7-2002								-
100m vrije slag	series	28.	1:06.72	475	1:01.64	9-1-2016	85%	
200m vrije slag	series	16.	2:23.51	487	2:14.17	19-12-2015	87%	
400m vrije slag	series	10.	4:59.04	506	4:38.72	28-1-2016	87%	
Huib Warmerdam, 29-10-2002								2
50m vrije slag	series	55.	34.89	215	35.20	1-11-2015	102%	
50m vlinderslag	series	46.	43.56	136	43.67	1-11-2015	101%	
Isabel van Hees, 18-8-2000								-
50m vrije slag	series	29.	30.07	491	28.88	28-11-2015	92%	
100m vrije slag	series	21.	1:05.49	502	1:02.18	9-1-2016	90%	
100m vlinderslag	series	6.	1:11.91	471	1:08.09	28-12-2015	90%	
Kemi van de Wetering, 22-3-2002								-
100m schoolslag	series	10.	1:21.45	493	1:16.15	31-1-2016	87%	
200m schoolslag	series	8.	3:03.26	437	2:52.37	30-1-2016	88%	
50m vlinderslag	series	13.	32.13	439	31.47	29-12-2015	96%	
Lars Langens, 2-12-2003								2
100m vrije slag	series	59.	1:19.61	204	1:23.29	15-11-2015	109%	
50m rugslag	series	23.	42.67	178	45.28	1-11-2015	113%	
Laurens Hofstede, 27-1-2003								2
200m rugslag	series	18.	3:04.18	224	3:00.27	4-10-2015	96%	
50m vlinderslag	series	38.	37.89	207	41.09		118%	
200m wisselslag	series	13.	3:05.43	232	3:07.34	6-12-2015	102%	
Lieke van Rossum, 24-6-2002								-
50m schoolslag	series	36.	46.55	253	45.77	20-12-2015	97%	
Luca van Gemert, 21-4-2001								-
50m vrije slag	series	27.	29.99	495	29.25	29-11-2015	95%	
100m vrije slag	series	28.	1:06.72	475	1:03.49	28-12-2015	91%	
Mandy van Rossum, 24-6-2002								3
200m rugslag	series	25.	3:00.70	323	3:25.87		130%	
50m vlinderslag	series	21.	36.82	292	39.66	1-11-2015	116%	
200m wisselslag	series	15.	2:53.24	386	3:03.28	15-11-2015	112%	
Marlijn Hendriksen, 16-8-1988								-
200m vlinderslag	series	2.	2:26.91	570	2:22.90		95%	
200m wisselslag	series	1.	2:32.12	570	2:23.94	31-10-2015	90%	
Matthijs Kooijman, 10-4-1999								-
100m vrije slag	series	23.	1:02.54	422	58.63	10-1-2016	88%	
50m schoolslag	series	6.	32.69	543	31.51	29-11-2015	93%	
100m schoolslag	series	3.	1:12.80	517	1:09.02	10-1-2016	90%	
Mel van Gemert, 22-2-2003								1
50m rugslag	series	19.	40.91	202	39.81	20-12-2015	95%	
50m schoolslag	series	23.	42.91	240	43.40	29-11-2015	102%	
100m schoolslag	series	28.	1:35.12	232	1:34.02	10-1-2016	98%	
Meral Bakker, 17-10-2002								-
100m vrije slag	series	AFGEM		-	1:10.77	29-1-2016	-	
200m rugslag	series	AFGEM		-	2:45.10	4-10-2015	-	
200m wisselslag	series	AFGEM		-	3:04.63		-	
Ricardo Jansen, 14-4-2003								1
200m rugslag	series	17.	3:00.43	238	3:00.51	4-10-2015	100%	
Sanne Nijholt, 14-9-1998								-
100m vrije slag	series	4.	1:01.59	604	58.76	17-10-2015	91%	
200m vrije slag	series	6.	2:14.18	596	2:06.67	31-10-2015	89%	
Sasya van Hamersveld, 13-9-2002								-
400m vrije slag	series	19.	5:13.47	439	4:58.98	6-12-2015	91%	
100m rugslag	series	14.	1:16.96	430	1:13.38	10-1-2016	91%	
Sophie Albers, 8-7-2003								2
400m vrije slag	series	27.	5:31.39	372	6:19.49		131%	
200m schoolslag	series	16.	3:21.11	330	3:23.20		102%	
Steeff Warmerdam, 19-7-2000								-
100m vrije slag	series	12.	59.27	495	54.56	10-1-2016	85%	
400m vrije slag	series	16.	4:56.54	408	4:30.42	19-12-2015	83%	
100m rugslag	series	4.	1:08.10	443	1:02.02	9-1-2016	83%	
Sterre van de Goor, 1-5-2001								-
50m vrije slag	series	35.	30.31	479	29.48	30-12-2015	95%	
200m vrije slag	series	14.	2:23.09	492	2:14.95	29-1-2016	89%	
400m vrije slag	series	12.	4:59.32	505	4:45.31	6-12-2015	91%	
Suze van Bergen, 14-7-2003								1
50m vrije slag	series	57.	32.93	374	32.27	28-11-2015	96%	
200m vrije slag	series	33.	2:44.64	323	3:07.16		129%	
50m rugslag	series	18.	40.23	304	39.01	29-11-2015	94%	

Thomas Moerland, 11-11-2003

1

50m vrije slag	series	66.	47.14	87	47.58	6-12-2015	102%
100m vrije slag	series	70.	1:48.04	81	1:40.06	20-12-2015	86%
50m rugslag	series	30.	56.92	75	55.22	1-11-2015	94%

Argo

Luc van Eijndhoven, 6-4-2002

100m vrije slag	series	24.	1:02.84	415	1:00.33	31-1-2016	92%
400m vrije slag	series	12.	4:48.65	443	4:38.17	28-1-2016	93%
100m rugslag	series	9.	1:12.68	364	1:08.56	9-1-2016	89%

Azc

Jonne Moleman, 9-6-2000

50m vrije slag	series	72.	35.29	304	32.48	4-10-2015	85%
100m vrije slag	series	67.	1:15.63	326	1:11.40	9-1-2016	89%
200m vrije slag	series	32.	2:43.09	332	2:34.16	30-1-2016	89%
400m vrije slag	series	28.	5:31.83	370	5:21.57	1-11-2015	94%

Brunssum

Nikki Douma, 28-7-2001

50m vrije slag	series	20.	29.42	524	29.39		100%
100m vrije slag	series	17.	1:04.07	536	1:03.25	10-1-2016	97%
100m rugslag	series	8.	1:15.71	452	1:12.89	17-1-2016	93%

Dbd							2
Bobby van Dijk, 26-6-2002							1
100m vrije slag	series	21.	1:01.73	438	1:03.51	106%	
50m rugslag	series	3.	32.32	411	31.97	98%	
100m rugslag	series	7.	1:11.06	390	1:10.25	98%	
Nienke Versteegen, 23-5-2000							1
100m vlinderslag	series	23.	1:27.03	266	1:26.83	12-10-2014	100%
200m wisselslag	series	19.	2:58.07	355	3:00.88	16-2-2014	103%
Wout van Dijk, 6-7-1962							-
50m vrije slag	series	47.	32.51	266	32.00		97%
200m wisselslag	series	15.	3:06.99	226	3:05.73		99%

De Aalscholver								3
Anne van der Schatte Olivier, 6-11-1996								-
50m vrije slag	series	51.	31.94	410	29.88	8-2-2015	88%	
400m vrije slag	series	18.	5:12.85	442	4:57.38	18-10-2015	90%	
100m rugslag	series	15.	1:17.40	423	1:10.87	13-4-2014	84%	
Demi Brama, 2-6-2000								-
400m vrije slag	series	23.	5:25.83	391	5:11.40	18-10-2015	91%	
50m schoolslag	series	31.	44.16	297	40.42		84%	
100m vlinderslag	series	19.	1:20.95	330	1:14.97	28-12-2015	86%	
Joey de Groot, 13-3-2003								-
400m vrije slag	series	25.	5:28.04	301	5:19.54		95%	
100m rugslag	series	14.	1:18.66	287	1:15.85	10-1-2016	93%	
50m schoolslag	series	18.	41.20	271	40.55	18-10-2015	97%	
Julie van Leeuwen, 23-1-1998								2
400m vrije slag	series	26.	5:30.21	376	5:05.42		86%	
50m schoolslag	series	19.	40.28	392	43.14	13-12-2015	115%	
100m schoolslag	series	25.	1:29.94	366	1:33.34	13-12-2015	108%	
Paula Mestrum, 2-6-1999								-
50m vrije slag	series	47.	31.76	417	31.05	17-1-2016	96%	
400m vrije slag	series	31.	5:37.20	353	5:20.06		90%	
100m vlinderslag	series	21.	1:23.66	299	1:19.37	29-12-2015	90%	
Storm Heezen, 22-6-1998								1
400m vrije slag	series	18.	5:06.85	368	5:16.13	22-11-2015	106%	
50m schoolslag	series	10.	34.81	449	33.75	29-11-2015	94%	
100m schoolslag	series	15.	1:19.45	398	1:14.18	29-11-2015	87%	

De Duinkickers									10
Angela Whitney, 18-1-2007									1
50m vrije slag	series	10.	38.42	235	39.72	7-11-2015	107%		
50m rugslag	series	8.	46.08	202	46.05	7-11-2015	100%		
Daniek Willemse, 24-5-2006									-
50m rugslag	series	14.	51.91	141	51.84	3-10-2015	100%		
50m schoolslag	series	5.	52.69	175	51.49	16-1-2016	95%		
Deborah Visser, 4-7-2001									-
200m vrije slag	series	36.	2:52.54	280	2:37.38	30-1-2016	83%		
50m vlinderslag	series	27.	40.00	227	36.70	30-1-2016	84%		
Devi de Gier, 21-8-2004									1
50m vrije slag	series	80.	36.70	270	36.14	14-11-2015	97%		
50m vlinderslag	series	30.	41.29	207	42.75	18-10-2015	107%		
Femke Doorenbos, 12-3-2004									1
50m vrije slag	series	73.	35.32	303	35.72	16-1-2016	102%		
50m vlinderslag	series	36.	46.64	143	45.68	16-1-2016	96%		
Femke Hoppenbrouwer, 11-1-2003									1
100m vlinderslag	series	14.	1:16.64	389	1:16.00	29-1-2016	98%		
200m vlinderslag	series	14.	3:00.43	307	3:03.62	12-12-2015	104%		
Kevin Roest, 28-9-2000									1
50m vrije slag	series	29.	28.89	379	29.30	3-10-2015	103%		
100m vrije slag	series	22.	1:02.38	425	1:02.27	14-11-2015	100%		
Lonneke van Veen, 4-6-2001									-
50m vrije slag	series	65.	34.14	335	33.26	16-1-2016	95%		
100m vrije slag	series	64.	1:15.08	333	1:13.89	26-9-2015	97%		
Lotte Hilhorst, 28-9-2004									1
50m vrije slag	series	83.	38.36	236	39.04	14-11-2015	104%		
50m rugslag	series	34.	45.77	206	44.01	9-1-2016	92%		
Margriet Zweers, 28-6-2000									2
50m vrije slag	series	54.	32.36	394	32.87	31-10-2015	103%		
100m vrije slag	series	58.	1:12.90	364	1:13.15	28-11-2015	101%		
Noortje Wijnstekers, 24-4-2003									-
50m vrije slag	series	55.	32.53	388	31.33	16-1-2016	93%		
100m vrije slag	series	60.	1:13.48	355	1:11.85	28-11-2015	96%		
Peter Voerman, 19-5-2000									-
50m schoolslag	series	17.	40.92	276	39.98	28-11-2015	95%		
100m schoolslag	series	23.	1:30.19	272	1:28.40		96%		
Querijn Hensen, 28-5-2001									1
100m vrije slag	series	33.	1:04.48	385	1:01.16	31-1-2016	90%		
400m vrije slag	series	20.	5:07.95	364	4:52.26		90%		
200m rugslag	series	11.	2:35.42	373	2:56.82		129%		
Sam Janmaat, 16-5-2002									-
100m vrije slag	series	40.	1:06.55	350	1:03.13	9-1-2016	90%		
200m rugslag	series	13.	2:39.31	346	2:34.57	10-10-2015	94%		
Tess Bemer, 28-2-2006									1
50m vrije slag	series	6.	36.97	264	37.72	23-1-2016	104%		
50m rugslag	series	5.	44.03	232	41.98	9-1-2016	91%		

De Krabben								4
Christy Baaij, 24-8-2002								1
50m vrije slag	series	70.	34.70	319	34.86	17-1-2016	101%	
100m schoolslag	series	43.	1:41.13	257	1:35.55	6-12-2015	89%	
David Malm, 3-4-2004								1
50m vrije slag	series	60.	37.19	177	39.17	18-10-2015	111%	
50m schoolslag	series	27.	45.05	207	44.91	17-1-2016	99%	
Kim Kluts, 26-11-2002								-
200m vrije slag	series	34.	2:45.27	319	2:44.33	20-9-2015	99%	
400m vrije slag	series	33.	5:49.76	316	5:45.95	20-12-2015	98%	
Kimberly Bernaards, 12-1-2001								-
200m rugslag	series	24.	2:58.68	334	2:50.69		91%	
50m vlinderslag	series	20.	35.99	312	34.66	29-12-2015	93%	
200m wisselslag	series	21.	3:06.66	308	2:58.96	18-10-2015	92%	
Luna van Tilburg, 25-2-2005								2
50m vrije slag	series	5.	36.63	271	36.24	28-11-2015	98%	
50m rugslag	series	4.	42.94	250	46.96		120%	
50m schoolslag	series	4.	49.03	217	47.93	8-11-2015	96%	
50m vlinderslag	series	6.	45.52	154	45.53	8-11-2015	100%	
Melvin Giebels, 23-8-2001								-
100m schoolslag	series	20.	1:24.72	328	1:18.62	29-12-2015	86%	
200m wisselslag	series	12.	3:03.86	238	2:42.17	17-1-2016	78%	
Tim Verheesen, 16-1-2002								-
50m schoolslag	series	13.	37.92	347	36.10	29-11-2015	91%	
100m schoolslag	series	21.	1:25.93	314	1:24.51	6-12-2015	97%	
Timothy Giebels, 14-1-1999								-
50m vrije slag	series	32.	29.04	373	27.03	13-12-2015	87%	
50m vlinderslag	series	29.	33.07	312	30.83	13-12-2015	87%	

De Meer									29
Anaëlle De Briais Backer, 2-3-1998									1
50m vrije slag	series	22.	29.52	519	30.12			104%	
100m vrije slag	series	26.	1:06.43	481	1:03.78			92%	
200m vrije slag	series	23.	2:31.82	412	2:29.80			97%	
Anneloes de Groot, 18-1-2001									-
50m vrije slag	series	66.	34.19	334	34.08			99%	
100m vrije slag	series	65.	1:15.19	332	1:14.94			99%	
100m rugslag	series	29.	1:30.30	266	1:30.20			100%	
Arie van der Vlist, 8-12-1998									1
50m vrije slag	series	8.	25.71	537	25.74			100%	
100m vrije slag	series	9.	57.56	541	56.98			98%	
100m rugslag	series	5.	1:08.97	427	1:06.15			92%	
Brent Gunther, 29-12-2000									3
50m vrije slag	series	17.	27.46	441	28.36			107%	
100m vlinderslag	series	6.	1:04.66	457	1:06.73			107%	
200m vlinderslag	series	5.	2:33.26	385	2:38.19			107%	
Chantal van der Horst, 8-1-1994									-
400m vrije slag	series	15.	5:10.18	453	5:07.98			99%	
100m schoolslag	series	5.	1:19.58	528	1:18.74			98%	
200m schoolslag	series	2.	2:48.83	559	2:47.96			99%	
Chimène Gommans, 2-9-2003									1
50m rugslag	series	20.	41.55	276	40.59	19-12-2015		95%	
100m schoolslag	series	38.	1:35.94	301	1:37.29	16-1-2016		103%	
400m wisselslag	series	11.	6:57.38	266	NT			-	
Dominique De Briais Backer, 2-11-2000									2
100m vrije slag	series	55.	1:12.24	374	1:12.54			101%	
100m rugslag	series	20.	1:22.81	345	1:20.90			95%	
200m rugslag	series	17.	2:55.09	355	2:59.74			105%	
Eelke van Ballegooijen, 19-4-2001									2
50m schoolslag	series	15.	38.08	463	38.27			101%	
100m schoolslag	series	18.	1:24.95	434	1:26.53			104%	
200m schoolslag	series	10.	3:04.15	431	3:00.30			96%	
Eline van Gemert, 29-10-1995									2
50m schoolslag	series	7.	36.99	506	38.78			110%	
100m schoolslag	series	17.	1:24.78	437	1:24.29			99%	
50m vlinderslag	series	19.	35.12	336	43.01			150%	
Floris van Vulpen, 18-3-2003									2
100m vrije slag	series	65.	1:24.28	172	1:28.96			111%	
100m rugslag	series	22.	1:35.06	163	1:32.43	16-1-2016		95%	
100m schoolslag	series	32.	1:48.15	157	1:54.88			113%	
Gerco Korteweg, 13-3-2001									2
100m schoolslag	series	14.	1:18.82	408	1:25.25			117%	
200m schoolslag	series	9.	2:56.31	373	3:01.08			105%	
200m wisselslag	series	8.	2:58.91	258	2:58.40			99%	
Josine van Ballegooijen, 11-9-1997									2
50m vrije slag	series	50.	31.93	410	31.76			99%	
100m vrije slag	series	42.	1:08.54	438	1:11.07			108%	
200m rugslag	series	11.	2:46.46	413	2:59.60			116%	
Juline van Meeteren, 25-11-2003									1
50m rugslag	series	17.	39.10	331	39.47	19-12-2015		102%	
200m wisselslag	series	22.	3:11.38	286	3:10.81			99%	
Lisanne van Elst, 5-3-2003									3
100m vrije slag	series	69.	1:15.86	323	1:17.72			105%	
100m vlinderslag	series	25.	1:30.77	234	1:34.67			109%	
400m wisselslag	series	10.	6:30.20	325	6:53.07			112%	
Malou Collé, 3-3-2001									-
100m vrije slag	series	AFGEM		-	1:17.27	17-10-2015		-	
200m schoolslag	series	AFGEM		-	NT			-	
50m vlinderslag	series	AFGEM		-	49.79	20-9-2015		-	
Melissa Frisart, 6-7-2004									-
50m schoolslag	series	34.	44.56	289	43.49	9-1-2016		95%	
100m schoolslag	series	39.	1:36.72	294	1:34.44	9-1-2016		95%	
200m schoolslag	series	21.	3:29.03	294	3:23.00	10-1-2016		94%	
Raisa Schasfoort, 19-3-2004									-
50m vrije slag	series	AFGEM		-	38.46	19-12-2015		-	
100m schoolslag	series	AFGEM		-	1:47.84	16-1-2016		-	
50m vlinderslag	series	AFGEM		-	39.48	19-12-2015		-	
Renske Meulenbeld, 21-7-2003									2
50m vrije slag	series	60.	33.23	364	34.45	17-10-2015		107%	
100m vrije slag	series	70.	1:16.44	316	1:19.59	20-9-2015		108%	
Richard van der Horst, 26-11-1997									-
400m vrije slag	series	14.	4:52.65	425	4:46.70			96%	
100m schoolslag	series	5.	1:14.22	488	1:14.08			100%	
200m schoolslag	series	1.	2:38.54	514	2:37.75			99%	

Sjoerd Gunther, 29-12-2000							3
50m vrije slag	series	37.	29.49	356	32.46	121%	
100m vrije slag	series	37.	1:05.21	372	1:10.96	118%	
100m rugslag	series	13.	1:17.57	300	1:25.51	122%	
Zoë Termeer, 17-7-2001							2
50m vrije slag	series	76.	35.85	290	36.41	103%	
100m vrije slag	series	77.	1:20.82	267	1:20.85	100%	
50m vlinderslag	series	35.	46.05	149	42.41	17-10-2015	85%

De Mors								3
Andy Zandvliet, 25-7-2003								-
100m vrije slag	series	52.	1:13.40	261	1:11.04	31-10-2015	94%	
100m schoolslag	series	24.	1:32.14	255	1:28.17	19-9-2015	92%	
200m schoolslag	series	13.	3:14.83	277	3:07.70	11-10-2015	93%	
Finn Slinkman, 5-2-2005								3
50m vrije slag	series	4.	34.71	218	35.48	14-11-2015	104%	
50m rugslag	series	1.	39.58	224	40.58	26-9-2015	105%	
50m vlinderslag	series	2.	40.55	169	41.40	24-10-2015	104%	
Maquinho Vorst, 4-3-2002								-
100m vrije slag	series	18.	1:00.21	472	59.14	31-10-2015	96%	
200m vrije slag	series	9.	2:20.78	380	2:15.28		92%	
200m schoolslag	series	10.	3:05.27	322	3:01.26	24-10-2015	96%	
Tahnee Slinkman, 25-3-2003								-
100m vrije slag	series	51.	1:11.49	386	1:10.40	11-10-2015	97%	
200m vrije slag	series	27.	2:37.99	365	2:35.15		96%	
200m schoolslag	series	20.	3:28.23	298	3:20.98	10-10-2015	93%	
Zoè Slinkman, 13-7-2001								-
100m vrije slag	series	34.	1:07.58	457	1:06.76	31-10-2015	98%	
100m schoolslag	series	13.	1:22.69	471	1:18.19	11-10-2015	89%	
200m schoolslag	series	9.	3:03.63	434	2:55.48	24-10-2015	91%	

De Otters Het Gooi
Josh Renkema, 20-10-2004

2
2

100m vrije slag	series	71.	2 : 09.62	47	2:22.81		121%
50m rugslag	series	32.	1 : 10.93	38	1:07.03	17-1-2016	89%
50m schoolslag	series	38.	1 : 18.71	38	1:26.75		121%

De Roersoppers								3
Anneloes Meijers, 4-1-1997								-
50m vrije slag	series	42.	31.32	434	30.30		94%	
100m vrije slag	series	46.	1:09.37	422	1:06.63	18-10-2015	92%	
Daan Wijnands, 22-6-2002								-
200m vrije slag	series	11.	2:26.48	337	2:23.89	13-12-2015	96%	
50m schoolslag	series	16.	40.46	286	39.68	30-12-2015	96%	
50m vlinderslag	series	24.	31.85	349	31.68	29-11-2015	99%	
100m vlinderslag	series	19.	1:21.11	231	1:16.57	10-1-2016	89%	
Femke Scheepers, 23-6-2005								-
50m rugslag	series	3.	42.84	252	41.05	29-11-2015	92%	
50m schoolslag	series	3.	47.54	238	44.58	15-11-2015	88%	
50m vlinderslag	series	2.	41.80	199	38.41	10-1-2016	84%	
Jacqueline Houben, 23-2-2006								2
50m vrije slag	series	11.	38.85	227	41.03	24-1-2016	112%	
50m rugslag	series	15.	51.93	141	47.11	17-1-2016	82%	
50m schoolslag	series	9.	55.69	148	53.12	8-11-2015	91%	
50m vlinderslag	series	12.	53.27	96	55.99	1-11-2015	110%	
Joeri Jacobs, 19-3-1997								1
400m vrije slag	series	6.	4:36.81	502	4:47.10	6-12-2015	108%	
Koen Wijnands, 2-1-1998								-
100m schoolslag	series	19.	1:22.57	354	1:14.34	10-1-2016	81%	
200m vlinderslag	series	8.	2:46.83	298	2:33.53	18-10-2015	85%	
Max Ketelaars, 13-12-2005								-
50m vrije slag	series	9.	38.34	162	36.06	24-1-2016	88%	
50m rugslag	series	6.	46.96	134	44.99	1-11-2015	92%	
50m schoolslag	series	5.	48.36	167	47.64	17-1-2016	97%	
50m vlinderslag	series	7.	45.67	118	43.20	13-12-2015	89%	
Roel Wijnands, 24-6-1999								-
50m vrije slag	series	30.	28.92	377	26.77	30-12-2015	86%	
400m vrije slag	series	15.	4:54.11	418	4:50.03	18-10-2015	97%	
Roger Pouls, 7-7-1987								-
50m vrije slag	series	12.	26.27	504	25.53		94%	
100m vrije slag	series	8.	57.15	553	55.56	10-1-2016	95%	
Sanne Vilters, 6-11-1999								-
50m vlinderslag	series	9.	31.96	446	31.33	28-12-2015	96%	
100m vlinderslag	series	11.	1:15.15	413	1:12.26	29-12-2015	92%	
Stef Wolters, 14-12-2005								-
50m vrije slag	series	10.	41.50	127	37.92	24-1-2016	83%	
50m rugslag	series	9.	49.37	115	46.52	1-11-2015	89%	
50m schoolslag	series	8.	53.52	123	50.97	15-11-2015	91%	
Tjeu Gehlen, 6-6-1999								-
50m vrije slag	series	34.	29.40	359	28.07	30-12-2015	91%	
100m vrije slag	series	38.	1:05.26	371	1:02.44	9-1-2016	92%	
50m rugslag	series	11.	36.23	292	33.96	29-12-2015	88%	

De Vennen
Carina Spronk, 30-12-1997

100m vrije slag	series	68.	1:15.64	326	1:05.31	27-9-2015	75%
100m rugslag	series	23.	1:25.00	319	1:14.06	20-12-2015	76%
50m vlinderslag	series	8.	31.93	447	31.66	13-12-2015	98%

Meike van den Hoek, 29-10-2003

50m vrije slag	series	75.	35.72	293	35.12	18-10-2015	97%
50m rugslag	series	22.	41.72	272	38.81	18-10-2015	87%
100m rugslag	series	28.	1:29.94	269	1:26.27		92%
200m rugslag	series	28.	3:16.17	252	3:12.64		96%

Merijn van der Donk, 7-10-1999

50m vlinderslag	series	22.	31.38	365	32.03	31-1-2016	104%
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De Warande

De Watervogels								9
Bart Duisterhof, 1-1-1997								1
50m vrije slag	series	36.	29.48	356	28.33	12-4-2015	92%	
100m schoolslag	series	16.	1:19.97	390	1:19.02	7-11-2015	98%	
50m vlinderslag	series	30.	33.75	293	34.33	19-12-2015	103%	
Emma Rijnsdorp, 2-3-1999								-
50m vrije slag	series	52.	31.95	409	31.04	29-11-2015	94%	
100m rugslag	series	18.	1:20.83	371	1:14.20	15-11-2015	84%	
50m vlinderslag	series	10.	32.06	442	31.34	16-11-2014	96%	
Femke Noordhoek, 19-6-1999								1
100m vrije slag	series	46.	1:09.37	422	1:07.58	7-11-2015	95%	
50m rugslag	series	16.	37.63	371	35.68	15-11-2015	90%	
200m rugslag	series	21.	2:56.37	348	3:03.68	19-10-2014	108%	
Ilse la Brijn, 27-8-1998								-
100m vrije slag	series	44.	1:08.80	433	1:04.51	20-12-2014	88%	
50m schoolslag	series	8.	37.00	505	36.56	4-7-2015	98%	
100m schoolslag	series	20.	1:26.24	415	1:21.97	17-1-2016	90%	
Jade Geurts, 24-10-2004								2
200m vrije slag	series	AFGEM		-	3:30.75	13-12-2014	-	
50m rugslag	series	31.	44.75	221	45.33	17-1-2016	103%	
200m wisselslag	series	27.	3:23.20	239	3:36.58	18-4-2015	114%	
Jade Verbrugge, 8-8-2003								1
50m rugslag	series	21.	41.64	274	43.48	27-9-2015	109%	
50m schoolslag	series	32.	44.45	291	43.52	7-11-2015	96%	
100m schoolslag	series	40.	1:37.57	286	1:33.64	7-11-2015	92%	
Marloes Apperloo, 18-4-2003								1
50m vrije slag	series	67.	34.31	330	33.31	4-10-2015	94%	
50m vlinderslag	series	32.	43.79	173	42.37	25-10-2015	94%	
200m wisselslag	series	25.	3:21.10	246	3:22.44	14-3-2015	101%	
Pepijn van Egmond, 18-4-2004								3
50m vrije slag	series	49.	32.67	262	33.04	5-7-2015	102%	
50m rugslag	series	18.	40.78	204	41.01	17-1-2016	101%	
200m wisselslag	series	9.	3:00.08	253	3:23.09	25-1-2015	127%	
Viktor Reijns, 2-5-1984								-
200m vrije slag	series	7.	2:19.61	389	2:11.20	16-11-2014	88%	
50m schoolslag	series	9.	34.80	450	33.38	14-12-2014	92%	
50m vlinderslag	series	17.	30.24	408	28.69	14-12-2014	90%	

De Wildert								19
Emma Stevens, 3-11-2004								1
100m vrije slag	series	95.	1:45.26	121	1:46.14		102%	
50m rugslag	series	39.	48.91	169	48.64	13-12-2015	99%	
50m schoolslag	series	44.	55.38	150	53.61	17-1-2016	94%	
Evi van Gils, 19-8-2003								1
100m vrije slag	series	83.	1:23.53	242	1:25.76	18-10-2015	105%	
50m rugslag	series	37.	47.36	186	46.54		97%	
50m schoolslag	series	41.	49.06	216	47.73		95%	
50m vlinderslag	series	40.	48.97	124	47.25	20-9-2015	93%	
Gwen van Hasselt, 3-3-2001								2
100m vrije slag	series	89.	1:29.36	197	1:30.85		103%	
100m schoolslag	series	46.	1:45.12	229	1:43.72	18-10-2015	97%	
50m vlinderslag	series	37.	48.04	131	49.18	15-11-2015	105%	
Joke Matheeußen, 8-2-2002								-
100m vrije slag	series	73.	1:18.51	291	1:18.00		99%	
100m rugslag	series	36.	1:38.01	208	1:32.35	15-11-2015	89%	
50m vlinderslag	series	26.	39.70	233	39.07		97%	
Kobe Simons, 5-3-2003								2
100m vrije slag	series	66.	1:34.42	122	1:34.48		100%	
100m schoolslag	series	34.	1:50.25	149	1:50.61		101%	
200m wisselslag	series	17.	3:53.12	116	NT		-	
Louis van Royen, 1-1-2002								2
100m vrije slag	series	67.	1:38.66	107	1:41.16		105%	
50m rugslag	series	28.	49.24	116	48.35		96%	
50m schoolslag	series	34.	50.44	147	51.29	15-11-2015	103%	
Lynn Vermeiren, 25-7-2002								2
200m vrije slag	series	37.	3:13.92	197	NT		-	
50m rugslag	series	38.	47.64	183	49.45	4-10-2015	108%	
100m schoolslag	series	50.	1:49.93	200	1:56.25		112%	
50m vlinderslag	series	41.	52.37	101	51.22	17-1-2016	96%	
Pieter Meyvis, 14-2-2003								2
50m vrije slag	series	54.	34.39	224	34.87	20-9-2015	103%	
100m vrije slag	series	60.	1:20.58	197	1:17.07	13-12-2015	91%	
50m rugslag	series	20.	41.49	194	41.47	18-10-2015	100%	
100m rugslag	series	16.	1:26.40	217	1:27.65	13-12-2015	103%	
Remco Herijgens, 22-4-2004								2
50m vrije slag	series	63.	38.88	155	38.45	18-10-2015	98%	
50m rugslag	series	26.	46.89	134	49.54	18-10-2015	112%	
100m schoolslag	series	31.	1:43.94	177	1:47.22		106%	
Tom Kerstens, 12-5-1998								-
50m vrije slag	series	16.	27.35	446	26.60		95%	
200m vrije slag	series	12.	2:27.51	330	2:19.11		89%	
50m vlinderslag	series	18.	30.27	406	29.57	29-11-2015	95%	
Tuur Boden, 8-10-2002								1
100m vrije slag	series	58.	1:18.67	212	1:27.51		124%	
50m schoolslag	series	28.	45.73	198	44.48	15-11-2015	95%	
Ward Overbeeke, 29-9-2004								1
50m vrije slag	series	65.	44.62	102	42.93		93%	
100m vrije slag	series	69.	1:42.02	97	1:36.73		90%	
50m rugslag	series	31.	58.15	70	54.07		86%	
50m vlinderslag	series	51.	54.66	69	54.99	13-12-2015	101%	
Wout van Gils, 25-12-2005								3
50m vrije slag	series	16.	48.65	79	50.78	18-10-2015	109%	
50m rugslag	series	12.	50.41	108	52.76	20-9-2015	110%	
50m schoolslag	series	7.	53.49	123	53.61	4-10-2015	100%	

Dommelbaarzen									8
Anne van Zandbeek, 8-5-2004									-
50m vrije slag	series	NG		-	35.49	17-1-2016	-		
100m vrije slag	series	NG		-	1:19.73	20-12-2015	-		
100m rugslag	series	NG		-	1:26.80	15-11-2015	-		
Devin Servais, 12-5-2002									-
100m vrije slag	series	30.	1:03.78	397	1:01.65	10-1-2016	93%		
200m schoolslag	series	11.	3:06.51	315	3:01.56	11-10-2015	95%		
50m vlinderslag	series	28.	32.71	322	32.42	29-11-2015	98%		
Edvin Hodzic, 13-11-2005									-
50m vrije slag	series	1.	33.03	253	32.02	24-1-2016	94%		
50m schoolslag	series	3.	47.50	177	46.53	29-11-2015	96%		
Enzo Widdershoven, 28-1-2000									-
100m vrije slag	series	AFGEM		-	1:01.58	10-1-2016	-		
100m rugslag	series	AFGEM		-	1:13.26	10-1-2016	-		
Isabel van Gessel, 14-3-2005									1
50m vrije slag	series	7.	37.32	257	38.08	1-11-2015	104%		
50m rugslag	series	7.	45.62	208	42.54	29-11-2015	87%		
50m vlinderslag	series	9.	47.02	140	42.71	8-11-2015	83%		
Jasper van Gessel, 11-9-2003									-
100m vrije slag	series	68.	1:40.32	102	1:33.96	15-11-2015	88%		
50m rugslag	series	29.	50.19	109	47.71	1-11-2015	90%		
50m schoolslag	series	37.	55.45	111	53.83		94%		
Joris te Booy, 13-3-1999									1
50m vlinderslag	series	20.	30.60	393	32.13	17-1-2016	110%		
Lucas Bons, 1-1-1997									-
100m vrije slag	series	AFGEM		-	1:02.26	6-12-2015	-		
50m schoolslag	series	AFGEM		-	36.96	6-12-2015	-		
100m schoolslag	series	AFGEM		-	1:18.40	6-12-2015	-		
Luke Looymans, 31-5-2002									1
50m schoolslag	series	21.	42.78	242	41.87	17-1-2016	96%		
50m vlinderslag	series	36.	36.45	233	38.23	6-12-2015	110%		
Luke van Hamond, 16-1-1996									1
50m vrije slag	series	21.	27.91	420	26.53	6-12-2015	90%		
50m rugslag	series	6.	33.32	375	32.07	1-11-2015	93%		
50m vlinderslag	series	12.	29.23	451	29.35	29-11-2015	101%		
Max Peters, 24-2-1999									-
50m vrije slag	series	9.	25.88	527	25.21	29-11-2015	95%		
100m vrije slag	series	5.	56.29	578	53.57	10-1-2016	91%		
50m schoolslag	series	4.	31.27	620	30.89	10-1-2016	98%		
Mike Krielaart, 16-3-2000									-
100m vrije slag	series	15.	59.77	483	57.37	17-1-2016	92%		
50m vlinderslag	series	15.	29.81	425	29.66	22-11-2015	99%		
100m vlinderslag	series	8.	1:05.47	440	1:04.41	10-1-2016	97%		
Olaf Schoen, 8-1-2002									1
50m rugslag	series	16.	39.90	218	41.53	1-11-2015	108%		
200m rugslag	series	16.	2:59.41	242	2:55.89	24-1-2016	96%		
200m wisselslag	series	10.	3:02.41	244	3:00.06	24-1-2016	97%		
Ramón Pleijers, 1-1-1998									1
200m schoolslag	series	7.	2:49.09	423	2:46.19	4-10-2015	97%		
50m vlinderslag	series	9.	28.45	490	28.55	29-11-2015	101%		
Rick van Hamond, 30-12-1992									-
50m vrije slag	series	5.	25.38	559	24.98	29-11-2015	97%		
100m vrije slag	series	3.	54.78	627	54.05	11-10-2015	97%		
50m vlinderslag	series	4.	27.52	541	26.92	29-11-2015	96%		
Samira Hodzic, 8-10-2000									-
50m vrije slag	series	46.	31.68	420	31.12		96%		
100m vrije slag	series	57.	1:12.65	368	1:09.03	20-12-2015	90%		
100m schoolslag	series	35.	1:34.01	320	1:28.61		89%		
Senna Groos, 7-2-2004									-
100m rugslag	series	30.	1:31.52	256	1:31.44	17-1-2016	100%		
Simone van de Wolfshaar, 16-4-2000									-
50m vrije slag	series	31.	30.11	489	28.62		90%		
200m vrije slag	series	19.	2:27.96	445	2:20.65		90%		
50m rugslag	series	15.	37.26	383	35.59		91%		
Sjoerd Looymans, 31-5-2002									-
50m vrije slag	series	51.	33.17	250	32.72		97%		
50m rugslag	series	22.	42.34	183	41.34	24-1-2016	95%		
Steven Smith, 6-10-2004									1
50m vrije slag	series	64.	42.56	118	44.72	27-9-2015	110%		
100m schoolslag	series	35.	1:54.63	132	1:52.26	13-12-2015	96%		
Teye Chan, 1-1-2005									1
50m vrije slag	series	3.	34.57	221	34.24	24-1-2016	98%		
50m vlinderslag	series	3.	42.94	142	43.33	1-11-2015	102%		

Dwt									5
Adia Seye, 2-4-2000									2
50m vrije slag	series	59.	33.15	366	33.64	20-6-2015	103%		
100m schoolslag	series	41.	1:37.63	286	1:35.90	20-6-2015	96%		
50m vlinderslag	series	22.	37.43	278	38.36	11-10-2015	105%		
Anton Smirnov, 10-7-2000									-
50m schoolslag	series	19.	42.01	255	40.23	27-12-2015	92%		
100m schoolslag	series	25.	1:32.67	251	1:28.50	6-12-2015	91%		
50m vlinderslag	series	44.	42.71	144	38.88	27-12-2015	83%		
Bertjan Schelhaas, 22-6-1965									-
50m vrije slag	series	48.	32.58	264	31.08	10-1-2015	91%		
50m schoolslag	series	12.	36.72	383	34.54	23-1-2016	88%		
100m schoolslag	series	17.	1:21.63	367	1:16.58	21-12-2014	88%		
50m vlinderslag	series	34.	35.62	249	33.69	21-12-2014	89%		
Iliir Ihtijarevic, 1-3-2001									1
50m vrije slag	series	45.	31.50	292	31.88	8-3-2015	102%		
50m rugslag	series	21.	41.82	189	39.91	26-10-2014	91%		
100m schoolslag	series	26.	1:32.74	250	1:32.19	16-11-2014	99%		
Jeffrey Camphens, 4-11-1995									2
100m vrije slag	series	14.	59.67	485	1:01.48	14-2-2015	106%		
400m vrije slag	series	9.	4:39.55	487	4:37.22	14-2-2015	98%		
200m schoolslag	series	6.	2:47.74	434	2:57.26	19-4-2015	112%		
Willem Geskes, 25-12-1999									-
50m schoolslag	series	AFGEM		-	52.93	4-10-2015	-		
100m schoolslag	series	AFGEM		-	1:52.62	4-10-2015	-		
50m vlinderslag	series	AFGEM		-	55.79	17-1-2016	-		

Eurode Kerkrade								8
Amy Tebben, 27-7-2004								1
400m vrije slag	series	21.	5:16.80	425	5:06.60	28-1-2016	94%	
400m wisselslag	series	8.	5:58.71	419	6:01.27	6-12-2015	101%	
Arijana Alijagic, 26-6-1999								-
50m rugslag	series	3.	32.93	554	32.31		96%	
100m rugslag	series	1.	1:11.40	539	1:08.13	9-1-2016	91%	
Britt de Jong, 24-7-2002								1
50m vrije slag	series	40.	30.93	451	29.73	19-9-2015	92%	
100m vrije slag	series	30.	1:06.74	474	1:06.94	15-11-2015	101%	
Gina Tebben, 7-9-2001								1
50m vrije slag	series	82.	37.61	251	42.35	18-10-2015	127%	
100m vrije slag	series	78.	1:21.51	260	1:21.51	6-12-2015	100%	
Jenny van de Ven, 7-2-2002								-
50m vrije slag	series	62.	33.82	345	33.28		97%	
400m vrije slag	series	32.	5:38.00	350	5:34.38	18-10-2015	98%	
100m vlinderslag	series	24.	1:28.25	255	1:25.33	6-12-2015	93%	
Jesse Goritzer, 13-3-2003								2
50m vrije slag	series	43.	31.40	431	31.51	18-10-2015	101%	
50m vlinderslag	series	18.	34.34	360	35.69	24-1-2016	108%	
Kylie Baumann, 9-9-2002								1
50m vrije slag	series	74.	35.41	300	36.06	20-9-2015	104%	
100m vrije slag	series	75.	1:20.65	269	1:17.86	6-12-2015	93%	
50m rugslag	series	25.	42.71	254	42.05	4-10-2015	97%	
Niels de Boer, 8-3-2000								1
200m rugslag	series	7.	2:28.54	427	2:14.93	29-1-2016	83%	
50m vlinderslag	series	8.	28.33	496	28.71	9-1-2016	103%	
Yvonne Bruls, 27-7-1990								1
400m vrije slag	series	29.	5:32.79	367	5:36.79		102%	
100m rugslag	series	21.	1:23.96	331	1:22.80		97%	

Hellas-Glana								24
Alan Smeets, 6-3-1984								-
50m vrije slag	series	2.	24.68	608	24.08	30-10-2015	95%	
50m rugslag	series	2.	29.10	563	28.20	20-9-2015	94%	
200m rugslag	series	1.	2:18.86	523	2:14.20	17-1-2016	93%	
50m vlinderslag	series	2.	26.58	600	25.85	28-12-2015	95%	
100m vlinderslag	series	13.	1:14.07	304	59.12	29-12-2015	64%	
Alrik van Eeghem, 12-8-2006								1
50m rugslag	series	14.	52.00	98	50.05	8-11-2015	93%	
50m schoolslag	series	4.	48.25	168	48.55	8-11-2015	101%	
Anne Köhlen, 8-2-2002								-
200m vrije slag	series	31.	2:42.63	335	2:37.23	19-9-2015	93%	
400m vrije slag	series	34.	5:51.78	311	5:38.20	19-9-2015	92%	
Anouk van Hattum, 22-5-2006								1
50m vrije slag	series	12.	39.26	220	40.47	8-11-2015	106%	
50m rugslag	series	12.	47.93	179	46.65	13-12-2015	95%	
Bart de Heer, 20-10-1995								1
50m schoolslag	series	3.	30.89	643	29.86	15-11-2015	93%	
50m vlinderslag	series	7.	27.99	514	27.21	28-12-2015	95%	
200m wisselslag	series	1.	2:23.30	503	2:25.39		103%	
Bo Souhoka, 10-1-2002								1
400m vrije slag	series	14.	5:06.96	468	5:09.60	22-11-2015	102%	
100m schoolslag	series	11.	1:21.56	491	1:17.40	9-1-2016	90%	
Britt Cornelissens, 19-3-2000								-
50m vrije slag	series	7.	28.40	583	27.36	19-12-2015	93%	
100m vrije slag	series	5.	1:01.69	601	1:00.03	10-1-2016	95%	
50m schoolslag	series	17.	38.41	452	34.93	30-12-2015	83%	
100m schoolslag	series	19.	1:25.56	425	1:16.59	9-1-2016	80%	
Chanour Mercelina, 4-4-2001								-
50m vrije slag	series	AFGEM		-	27.97	19-12-2015	-	
200m vrije slag	series	AFGEM		-	2:18.86	19-12-2015	-	
400m vrije slag	series	AFGEM		-	5:06.56	22-11-2015	-	
Charissa Drost, 8-9-1997								-
200m vrije slag	series	18.	2:26.75	456	2:20.64	15-11-2015	92%	
50m rugslag	series	12.	36.50	407	35.08	29-12-2015	92%	
200m rugslag	series	6.	2:40.35	463	2:34.67	17-1-2016	93%	
Claire Alizé, 10-9-2006								2
50m vrije slag	series	18.	43.87	158	44.88	18-10-2015	105%	
50m rugslag	series	13.	49.93	159	50.68	13-12-2015	103%	
50m schoolslag	series	10.	55.86	146	52.17	15-11-2015	87%	
Cynthia Kugler, 2-3-2004								-
50m vrije slag	series	56.	32.64	384	31.41	17-1-2016	93%	
100m vrije slag	series	54.	1:12.09	376	1:09.51	31-1-2016	93%	
100m schoolslag	series	33.	1:33.69	324	1:28.71	10-1-2016	90%	
100m vlinderslag	series	27.	1:32.13	224	1:23.45	9-1-2016	82%	
Denise Blok, 13-11-1999								-
50m vrije slag	series	17.	29.24	534	28.23	30-12-2015	93%	
100m vrije slag	series	18.	1:04.32	530	1:02.22	10-1-2016	94%	
100m rugslag	series	6.	1:15.07	464	1:09.78	30-10-2015	86%	
Felicia Ruers, 10-4-2005								1
50m rugslag	series	11.	46.62	195	47.46	4-10-2015	104%	
50m schoolslag	series	8.	54.56	157	53.75	29-11-2015	97%	
Isa Coenen, 17-9-2003								2
100m schoolslag	series	34.	1:33.85	322	1:35.35	29-12-2015	103%	
200m schoolslag	series	18.	3:24.18	316	3:16.62	17-1-2016	93%	
50m vlinderslag	series	24.	39.13	243	40.01	29-12-2015	105%	
Isabel Dijkstra, 20-1-2002								-
50m vrije slag	series	24.	29.60	515	28.76	17-1-2016	94%	
200m vrije slag	series	8.	2:18.40	543	2:15.67	17-1-2016	96%	
400m vrije slag	series	7.	4:53.52	535	4:41.76	28-1-2016	92%	
Joost Schuurmans, 28-2-2004								-
50m vlinderslag	series	41.	41.45	158	40.18	17-1-2016	94%	
100m vlinderslag	series	22.	1:34.42	146	1:32.54	13-12-2015	96%	
Judith Houtvast, 25-2-2003								-
100m vrije slag	series	15.	1:03.46	552	1:01.60	31-1-2016	94%	
100m vlinderslag	series	7.	1:13.64	439	1:10.55	10-1-2016	92%	
Julia van Sloun, 16-2-2005								1
50m vrije slag	series	2.	34.92	313	35.45	4-10-2015	103%	
50m vlinderslag	series	1.	41.13	209	40.08	10-1-2016	95%	
Jurje Veldhuijsen, 28-11-2004								-
200m vrije slag	series	17.	3:01.42	177	2:57.15	13-12-2015	95%	
50m rugslag	series	25.	45.44	148	44.11	17-1-2016	94%	
50m schoolslag	series	36.	52.95	127	51.32	15-11-2015	94%	
Kenny Sieben, 6-1-1995								-
50m vrije slag	series	11.	25.98	521	24.82	30-12-2015	91%	
50m vlinderslag	series	3.	26.94	577	26.49	28-12-2015	97%	

Kevin Kitzen, 3-11-2005								1
50m rugslag	series	15.	54.42	86	57.10	4-10-2015	110%	
50m schoolslag	series	10.	56.57	104	55.10	17-1-2016	95%	
Kevin Meuwissen, 12-1-1995								-
50m vrije slag	series	10.	25.94	523	24.72	30-12-2015	91%	
100m vrije slag	series	13.	59.56	488	55.60	29-12-2015	87%	
100m schoolslag	series	8.	1:15.20	469	1:09.65	9-1-2016	86%	
Kiki Fijnaut, 13-11-2003								-
50m vrije slag	series	64.	34.10	337	33.60	18-10-2015	97%	
100m vrije slag	series	72.	1:16.95	309	1:14.42		94%	
100m schoolslag	series	30.	1:32.50	336	1:28.23	18-10-2015	91%	
Kim Rebergen, 2-4-2001								-
50m vrije slag	series	25.	29.61	514	29.08	30-12-2015	96%	
200m vrije slag	series	11.	2:21.36	510	2:15.82	4-10-2015	92%	
400m vrije slag	series	8.	4:58.88	507	4:46.36	20-12-2015	92%	
Koen de Jonge, 13-4-2002								1
50m vrije slag	series	28.	28.88	379	29.27	30-12-2015	103%	
100m vrije slag	series	29.	1:03.57	401	1:03.30	9-1-2016	99%	
Lars Kerremans, 1-9-2001								-
100m vrije slag	series	27.	1:03.05	411	1:00.21	17-1-2016	91%	
200m vrije slag	series	15.	2:30.83	309	2:15.12	19-9-2015	80%	
50m vlinderslag	series	25.	32.01	344	30.99	29-12-2015	94%	
100m vlinderslag	series	14.	1:15.31	289	1:08.99	28-12-2015	84%	
Lars van der Haijden, 25-12-1999								-
50m vrije slag	series	4.	25.24	568	24.37	29-1-2016	93%	
100m vrije slag	series	4.	55.84	592	53.69	31-1-2016	92%	
100m vlinderslag	series	4.	1:03.93	473	1:02.44	29-12-2015	95%	
Lex Carter, 4-9-2000								1
100m rugslag	series	6.	1:11.00	391	1:09.00	10-1-2016	94%	
50m vlinderslag	series	23.	31.67	355	31.20	28-12-2015	97%	
400m wisselslag	series	2.	5:28.90	407	5:48.85		112%	
Lianne Kaanen, 3-10-2003								-
50m vrije slag	series	61.	33.29	362	33.19	30-12-2015	99%	
100m vrije slag	series	50.	1:11.05	393	1:10.62	20-12-2015	99%	
100m rugslag	series	25.	1:27.16	296	1:23.10	10-1-2016	91%	
Loes Gelissen, 7-12-2001								-
50m vrije slag	series	18.	29.39	526	28.04	30-12-2015	91%	
100m vrije slag	series	20.	1:05.03	513	1:00.72	10-1-2016	87%	
50m vlinderslag	series	6.	31.69	458	30.92	29-12-2015	95%	
100m vlinderslag	series	16.	1:18.47	363	1:15.35	9-1-2016	92%	
Lorena Dreschers, 16-7-2004								-
100m vrije slag	series	59.	1:13.32	358	1:06.75	31-1-2016	83%	
200m rugslag	series	22.	2:57.42	341	2:40.09	29-1-2016	81%	
50m schoolslag	series	27.	43.19	318	40.77	30-12-2015	89%	
Lynn Meijers, 20-9-1998								-
50m schoolslag	series	9.	37.47	487	36.98	9-1-2016	97%	
100m schoolslag	series	16.	1:23.96	450	1:19.28	9-1-2016	89%	
Muriël Blok, 15-2-2003								-
100m vrije slag	series	39.	1:08.08	447	1:06.80	9-1-2016	96%	
200m vrije slag	series	21.	2:30.79	420	2:28.50	13-12-2015	97%	
200m rugslag	series	23.	2:57.97	338	2:45.94	24-1-2016	87%	
Pim Thijert, 22-6-1993								1
100m vrije slag	series	16.	59.93	479	59.57	17-1-2016	99%	
50m vlinderslag	series	16.	30.23	408	31.50		109%	
Rani Skrabanja, 7-9-1998								1
100m vrije slag	series	12.	1:02.92	566	1:04.85	15-11-2015	106%	
400m vrije slag	series	1.	4:46.67	574	4:42.71	15-11-2015	97%	
100m rugslag	series	9.	1:16.35	441	1:15.71		98%	
Robin Schnijderberg, 21-3-2001								-
50m vrije slag	series	45.	31.67	420	30.63	30-12-2015	94%	
100m vrije slag	series	35.	1:07.62	456	1:04.70	20-9-2015	92%	
200m rugslag	series	16.	2:54.64	358	2:39.41	19-9-2015	83%	
Sem Fijnaut, 20-4-2006								1
50m vrije slag	series	10.	41.50	127	40.20	24-1-2016	94%	
50m rugslag	series	8.	48.68	120	49.98	4-10-2015	105%	
Sophia van Issum, 30-10-2004								2
400m vrije slag	series	37.	6:24.97	237	6:37.20	22-11-2015	106%	
100m rugslag	series	27.	1:29.56	273	1:31.48	15-11-2015	104%	
Stan Kepers, 28-8-2005								1
50m vrije slag	series	7.	37.91	167	40.77	15-11-2015	116%	
50m rugslag	series	7.	47.79	127	45.29	4-10-2015	90%	
Sven van Eeghem, 3-11-2004								1
100m vrije slag	series	64.	1:22.82	181	1:18.70	10-1-2016	90%	
100m rugslag	series	23.	1:36.46	156	1:32.65	20-9-2015	92%	
50m schoolslag	series	33.	48.44	166	48.75	10-1-2016	101%	

Timo Kaanen, 20-7-2005								2
50m vrije slag	series	2.	33.60	241	34.53	10-1-2016	106%	
50m schoolslag	series	1.	43.09	237	45.28	9-1-2016	110%	
50m vlinderslag	series	5.	43.60	136	40.44	10-1-2016	86%	
Ylva Konings, 23-7-2007								2
50m vrije slag	series	9.	38.31	237	39.85	10-1-2016	108%	
50m vlinderslag	series	5.	43.78	173	44.64	10-1-2016	104%	

Hieronymus								26
Bas Erdmann, 23-3-2000								1
200m wisselslag	series	2.	2:27.96	457	2:36.04		111%	
400m wisselslag	series	1.	5:18.32	449	5:06.54	17-1-2016	93%	
Berend van der Schrier, 10-4-2006								-
50m vrije slag	series	15.	44.96	100	44.37	24-1-2016	97%	
50m rugslag	series	11.	49.75	112	48.82	17-1-2016	96%	
50m schoolslag	series	12.	1:01.31	82	59.04	15-11-2015	93%	
Bibi de Jong, 2-1-2004								2
50m vrije slag	series	81.	37.37	256	37.53	15-11-2015	101%	
50m rugslag	series	24.	42.64	255	42.79	17-1-2016	101%	
200m wisselslag	series	24.	3:19.37	253	3:16.04	6-12-2015	97%	
Christel Brugmans, 12-12-2000								2
50m vrije slag	series	16.	29.14	540	28.18		94%	
50m vlinderslag	series	4.	31.36	472	32.19		105%	
200m wisselslag	series	5.	2:40.32	487	2:44.40		105%	
Coen de Bruijn, 6-7-1992								-
400m vrije slag	series	1.	4:28.45	550	4:14.02		90%	
50m schoolslag	series	1.	30.05	699	28.46		90%	
100m schoolslag	series	1.	1:07.10	661	1:02.53		87%	
Cédric Broere, 13-12-1999								-
400m vrije slag	series	5.	4:35.48	509	4:23.72	15-11-2015	92%	
200m schoolslag	series	2.	2:38.98	509	2:30.86	4-10-2015	90%	
Esmee de Volder, 25-10-2004								3
50m vrije slag	series	87.	39.40	218	37.94	15-11-2015	93%	
100m vrije slag	series	88.	1:28.72	202	1:37.03		120%	
50m rugslag	series	26.	43.49	240	43.70	13-12-2015	101%	
100m rugslag	series	34.	1:37.24	213	1:38.45	17-1-2016	103%	
Esmee Hereijgers, 13-4-2003								1
400m vrije slag	series	35.	5:57.09	297	7:17.76	26-1-2014	150%	
100m rugslag	series	24.	1:26.24	306	1:21.12	10-1-2016	88%	
Eva van Ginneken, 10-1-1998								-
50m vrije slag	series	11.	28.77	561	28.03	20-9-2015	95%	
100m vrije slag	series	6.	1:01.82	597	1:00.75	9-1-2016	97%	
400m vrije slag	series	5.	4:51.28	548	4:47.26		97%	
200m rugslag	series	2.	2:31.72	546	2:30.03		98%	
Isa Bakker, 3-9-2003								-
100m vrije slag	series	93.	1:32.39	179	1:31.21	4-10-2015	97%	
100m rugslag	series	40.	1:53.57	134	1:50.54	15-11-2015	95%	
100m schoolslag	series	51.	1:54.73	176	1:45.41	11-10-2015	84%	
Jan van Opstal, 1-12-1986								-
50m schoolslag	series	8.	34.05	480	32.61		92%	
50m vlinderslag	series	10.	28.53	485	27.60		94%	
Janne Englebert, 4-3-2001								-
400m vrije slag	series	10.	4:41.78	476	4:34.61	20-9-2015	95%	
200m rugslag	series	5.	2:25.82	452	2:25.52	15-11-2015	100%	
Jaro Musters, 19-10-1998								-
50m rugslag	series	1.	28.45	603	26.99	31-1-2016	90%	
200m rugslag	series	2.	2:22.61	483	2:20.22		97%	
100m schoolslag	series	13.	1:18.11	419	1:12.46	10-1-2016	86%	
Job Erdmann, 7-9-2003								-
50m schoolslag	series	31.	46.73	185	43.49	29-11-2015	87%	
100m schoolslag	series	30.	1:41.53	190	1:34.33	6-12-2015	86%	
50m vlinderslag	series	45.	42.82	143	39.62	8-11-2015	86%	
Karlijn Spijker, 17-12-1999								-
200m rugslag	series	19.	2:55.81	351	2:49.72		93%	
200m wisselslag	series	13.	2:52.49	391	2:48.93	15-11-2015	96%	
Kim Becx, 11-3-2003								-
50m schoolslag	series	25.	42.85	325	41.16	8-11-2015	92%	
100m schoolslag	series	31.	1:33.32	327	1:29.26	9-1-2016	91%	
200m schoolslag	series	15.	3:19.61	338	3:14.49	17-1-2016	95%	
Levi Brouwers, 20-10-2002								1
50m vrije slag	series	50.	33.01	254	34.18		107%	
50m rugslag	series	17.	40.74	205	40.00		96%	
Lieke Konings, 16-2-2005								-
50m vrije slag	series	3.	35.97	287	34.84	20-12-2015	94%	
50m rugslag	series	1.	41.47	277	39.50	29-11-2015	91%	
50m schoolslag	series	2.	45.69	268	43.55	28-11-2015	91%	
Max van Zeijl, 11-2-2004								1
50m vrije slag	series	62.	38.79	156	37.93	15-11-2015	96%	
50m schoolslag	series	32.	47.22	180	46.50	17-1-2016	97%	
50m vlinderslag	series	50.	47.95	102	49.34		106%	
Mischa Beks, 27-10-2004								1
50m vrije slag	series	61.	38.78	156	38.24	15-11-2015	97%	
50m rugslag	series	27.	48.39	122	49.00	4-10-2015	103%	

Nadja Wortel, 24-10-1998								-
50m vrije slag	series	13.	29.02	546	27.92	28-11-2015	93%	
100m schoolslag	series	6.	1:20.05	519	1:15.50	4-10-2015	89%	
Niels van Beers, 18-3-1999								1
200m vrije slag	series	5.	2:16.68	415	2:17.83		102%	
50m rugslag	series	7.	33.67	363	31.89	8-11-2015	90%	
200m schoolslag	series	3.	2:41.56	485	2:30.56	4-10-2015	87%	
Nienke Jonk, 21-1-2002								-
50m vrije slag	series	3.	27.64	632	26.96	29-1-2016	95%	
100m vrije slag	series	2.	1:00.33	642	58.30	9-1-2016	93%	
100m vlinderslag	series	1.	1:06.48	597	1:05.81	29-1-2016	98%	
Nienke van den Hout, 25-2-2004								-
100m vrije slag	series	91.	1:29.96	193	1:21.23	6-12-2015	82%	
100m rugslag	series	38.	1:40.45	193	1:34.31	15-11-2015	88%	
50m schoolslag	series	39.	48.53	224	46.93	8-11-2015	94%	
Paul Koster, 30-1-1993								-
50m vlinderslag	series	4.	27.52	541	26.08		90%	
200m wisselslag	series	4.	2:30.73	432	2:19.06		85%	
Rinz van der Staal, 26-9-2007								3
50m vrije slag	series	5.	35.62	202	36.75	29-11-2015	106%	
50m rugslag	series	2.	41.00	201	43.89	17-1-2016	115%	
50m vlinderslag	series	4.	43.17	140	45.75	13-12-2015	112%	
Roos Englebert, 25-4-2002								1
200m rugslag	series	5.	2:38.47	479	2:39.98	4-10-2015	102%	
200m wisselslag	series	7.	2:42.66	466	2:36.87	6-12-2015	93%	
Saad Danjaoui, 20-12-2004								2
50m vrije slag	series	59.	36.02	195	35.20	15-11-2015	95%	
50m rugslag	series	24.	43.08	173	43.49	17-1-2016	102%	
50m schoolslag	series	30.	46.35	190	46.52	17-1-2016	101%	
50m vlinderslag	series	40.	40.81	166	39.64	29-11-2015	94%	
Sanne Rebers, 26-9-1999								-
50m rugslag	series	11.	35.77	432	34.37		92%	
Sarah Roks, 24-6-2006								1
50m vrije slag	series	25.	52.96	89	54.24	8-11-2015	105%	
50m schoolslag	series	16.	1:05.75	90	1:02.78	8-11-2015	91%	
Sebastiaan Broere, 8-11-1998								-
50m vrije slag	series	31.	29.03	373	28.11	29-1-2016	94%	
100m vrije slag	series	34.	1:04.49	384	1:00.29	10-1-2016	87%	
100m rugslag	series	12.	1:16.81	309	1:11.83	30-1-2016	87%	
Selene Wortel, 15-1-1997								-
50m vrije slag	series	4.	27.82	620	27.05	29-11-2015	95%	
100m schoolslag	series	2.	1:17.85	564	1:14.40	9-1-2016	91%	
Senna Lindenberg, 5-12-1999								-
50m vrije slag	series	12.	29.00	547	27.47		90%	
100m vrije slag	series	10.	1:02.57	576	1:00.73	9-1-2016	94%	
100m schoolslag	series	23.	1:28.62	382	1:20.62	9-1-2016	83%	
Sven ten Hove, 19-7-2005								-
50m rugslag	series	3.	42.32	183	41.86	17-1-2016	98%	
50m schoolslag	series	2.	46.33	190	45.90	29-11-2015	98%	
50m vlinderslag	series	1.	40.25	173	37.54	13-12-2015	87%	
Teun van der Schrier, 20-9-2004								1
50m vrije slag	series	46.	31.54	291	31.84	8-11-2015	102%	
50m rugslag	series	15.	38.61	241	37.63		95%	
100m schoolslag	series	27.	1:35.07	232	1:31.78		93%	
100m vlinderslag	series	20.	1:23.46	212	1:19.47		91%	
Timo Musters, 19-10-1998								1
200m vrije slag	series	4.	2:16.27	419	2:17.23	15-11-2015	101%	
50m rugslag	series	4.	32.92	389	31.58	18-10-2015	92%	
200m schoolslag	series	8.	2:53.34	393	2:46.93	4-10-2015	93%	
Valesca van den Bogert, 6-4-2001								-
50m rugslag	series	2.	32.89	556	31.08	11-10-2015	89%	
50m schoolslag	series	14.	37.89	470	35.68	28-11-2015	89%	
100m schoolslag	series	15.	1:23.67	454	1:19.34	10-10-2015	90%	
Wessel Heijnemans, 16-4-2003								-
100m vrije slag	series	49.	1:11.56	281	1:09.88	10-1-2016	95%	
50m schoolslag	series	24.	43.28	233	41.50		92%	
Zara van Zeijl, 13-5-2007								2
50m vrije slag	series	22.	50.65	102	51.02	24-1-2016	101%	
50m rugslag	series	17.	52.54	136	54.38	8-11-2015	107%	
50m schoolslag	series	13.	59.05	124	58.84	11-10-2015	99%	
Zoë de Jong, 12-8-2005								2
50m vrije slag	series	15.	40.79	196	40.85		100%	
50m vlinderslag	series	8.	46.11	148	46.72		103%	

Hzpc									1
Anna van Kuijk, 3-5-2003									-
100m vrije slag	series	36.	1:07.71	454	1:06.90	10-1-2016	98%		
200m rugslag	series	13.	2:51.59	377	2:40.54	20-12-2015	88%		
Anouk Seuren, 15-9-2002									-
200m rugslag	series	14.	2:53.59	365	2:46.95	15-11-2015	92%		
200m wisselslag	series	17.	2:54.48	377	2:52.04	31-5-2015	97%		
Björn Piket, 17-10-1996									-
100m vrije slag	series	10.	57.58	540	54.24	29-12-2015	89%		
50m schoolslag	series	5.	32.62	546	31.17	29-11-2015	91%		
Floor Weijmans, 12-9-1995									-
100m vlinderslag	series	2.	1:10.39	502	1:07.35	29-12-2015	92%		
200m vlinderslag	series	7.	2:44.31	407	2:35.82	6-12-2015	90%		
Ilse Swinkels, 30-1-2002									1
100m vrije slag	series	25.	1:06.05	489	1:06.50	9-1-2016	101%		
100m vlinderslag	series	18.	1:20.13	340	1:18.14	19-4-2015	95%		
Imke van den Hoef, 2-1-2001									-
100m vrije slag	series	16.	1:03.70	546	1:01.37	10-1-2016	93%		
400m wisselslag	series	5.	5:46.12	466	5:26.32	30-1-2016	89%		
Ingrid van Horen, 14-1-1992									-
100m vlinderslag	series	3.	1:10.53	500	1:06.84	29-12-2015	90%		
200m wisselslag	series	2.	2:34.07	548	2:29.33	31-10-2015	94%		
Judith van Meijel, 26-6-1991									-
50m schoolslag	series	1.	34.81	607	33.47	28-11-2015	92%		
200m vlinderslag	series	1.	2:26.44	575	2:21.33	31-10-2015	93%		
Manon Koster, 3-6-1997									-
100m vrije slag	series	8.	1:02.22	586	59.55	17-1-2016	92%		
400m wisselslag	series	1.	5:24.45	566	5:09.81	15-11-2015	91%		
Manon van der Wielen, 5-11-2002									-
100m vrije slag	series	41.	1:08.29	443	1:04.97	28-12-2015	91%		
400m wisselslag	series	9.	6:04.91	398	5:40.63	30-1-2016	87%		
Marlijn Zwart, 18-6-2003									-
200m schoolslag	series	13.	3:10.45	389	3:01.01	27-9-2015	90%		
200m wisselslag	series	14.	2:52.91	388	2:44.59	31-1-2016	91%		
Maud Weijmans, 18-1-2001									-
400m vrije slag	series	17.	5:11.46	448	4:54.16	8-3-2015	89%		
100m rugslag	series	10.	1:16.40	440	1:13.97	9-1-2016	94%		
Serafina Vlijt, 28-2-1998									-
200m vlinderslag	series	3.	2:33.82	496	2:32.38	17-10-2015	98%		

IJZPC

Lutra

Kyra Spierings, 15-3-2003

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50m schoolslag	series	33.	44.46	291	42.77	93%
100m schoolslag	series	42.	1:37.65	286	1:37.91	101%

Patrick								2
Fiona Meuffels, 31-1-1995								1
200m vrije slag	series	13.	2:22.74	495	2:25.19	17-5-2014	103%	
200m rugslag	series	10.	2:45.84	418	2:44.85	24-5-2014	99%	
Fleur Beckers, 18-7-2002								1
100m vrije slag	series	43.	1:08.57	437	1:11.02	31-5-2015	107%	
100m schoolslag	series	36.	1:34.97	311	1:32.24	17-5-2015	94%	
Lotte Beckers, 20-8-2000								-
100m vrije slag	series	56.	1:12.42	371	1:11.03	15-11-2015	96%	
200m vrije slag	series	26.	2:37.95	365	2:36.00	31-1-2016	98%	

Psv								5
Alena Kutuzova, 26-3-2000								-
50m vrije slag	series	39.	30.80	457	29.45		91%	
100m vrije slag	series	27.	1:06.52	479	1:02.75		89%	
100m schoolslag	series	26.	1:31.45	348	1:24.53		85%	
Amy de Langen, 15-4-1997								-
400m vrije slag	series	AFGEM		-	4:22.84		-	
200m rugslag	series	AFGEM		-	2:18.71		-	
200m wisselslag	series	AFGEM		-	2:26.52		-	
Amy Verhouden, 20-11-2001								1
100m vrije slag	series	33.	1:07.27	463	1:04.81	8-11-2015	93%	
200m vrije slag	series	20.	2:29.51	431	2:35.41		108%	
50m schoolslag	series	18.	39.49	416	39.23	29-12-2015	99%	
Annemarie Meijer, 29-9-1999								1
400m vrije slag	series	4.	4:49.76	556	4:35.55	1-11-2015	90%	
200m schoolslag	series	1.	2:47.81	569	2:43.73		95%	
200m vlinderslag	series	10.	2:49.95	368	2:57.55		109%	
Floor Ketting, 5-9-2001								1
50m vlinderslag	series	14.	32.31	432	32.44	28-11-2015	101%	
Jasmijn de Kok, 7-9-2001								1
200m vrije slag	series	22.	2:31.01	418	2:41.87		115%	
50m rugslag	series	14.	37.16	386	35.05	17-1-2016	89%	
50m schoolslag	series	21.	40.52	385	38.12	30-12-2015	89%	
Joyce Feith Tafatatha, 18-4-1998								1
100m vrije slag	series	1.	1:00.20	647	57.70	9-1-2016	92%	
200m vrije slag	series	12.	2:21.56	508	2:26.57		107%	
50m schoolslag	series	2.	35.33	580	33.76	15-11-2015	91%	
Kristel Doreleijers, 17-6-1993								-
100m schoolslag	series	AFGEM		-	1:10.87		-	
200m schoolslag	series	AFGEM		-	2:30.20		-	
Lisa de Beijer, 25-9-2000								-
400m vrije slag	series	9.	4:58.98	506	4:53.88	20-12-2015	97%	
200m wisselslag	series	10.	2:48.78	417	2:36.32	10-1-2016	86%	
400m wisselslag	series	6.	5:47.78	459	5:37.39		94%	
Manon Aerssens, 20-4-1999								-
200m vrije slag	series	3.	2:12.85	615	2:08.00	30-10-2015	93%	
100m schoolslag	series	8.	1:20.80	505	1:17.01		91%	
50m vlinderslag	series	1.	30.55	511	30.34		99%	
400m wisselslag	series	3.	5:29.37	541	5:14.47	19-12-2015	91%	
Mathilde Sekai Panis-Jones, 28-12-1998								-
50m vrije slag	series	AFGEM		-	30.73	20-12-2015	-	
50m rugslag	series	AFGEM		-	33.55	19-12-2015	-	
100m rugslag	series	AFGEM		-	1:09.07	19-12-2015	-	
200m rugslag	series	AFGEM		-	2:28.78	20-12-2015	-	
Nelly Velthuijs, 2-8-1994								-
50m vrije slag	series	1.	26.04	756	25.22	19-12-2015	94%	
200m vrije slag	series	1.	2:07.47	696	2:02.04	17-1-2016	92%	
50m rugslag	series	1.	32.01	604	30.18	4-10-2015	89%	
Soraya Wasser, 23-1-1999								-
100m vrije slag	series	3.	1:00.62	633	58.82		94%	
50m rugslag	series	6.	33.09	546	31.84		93%	
200m schoolslag	series	3.	2:51.26	535	2:45.63		94%	
Steven Nonnekes, 27-7-1990								-
50m vrije slag	series	3.	25.15	574	22.62		81%	
100m vrije slag	series	1.	54.13	650	49.71		84%	
400m vrije slag	series	8.	4:39.21	489	4:02.82		76%	
Tom van Elsen, 4-2-1997								-
100m vrije slag	series	2.	54.19	648	51.64	19-12-2015	91%	
400m vrije slag	series	3.	4:31.47	532	4:17.95		90%	
100m rugslag	series	3.	1:06.48	476	1:03.92		92%	

SBC2000

SCOM

sg SCOM/De Zeehond'73								11
Emma Huige, 1-1-2004								-
50m vrije slag	series	85.	38.55	233	38.03	4-10-2015	97%	
50m rugslag	series	29.	44.37	226	42.44	5-12-2015	91%	
100m schoolslag	series	49.	1:49.57	202	1:49.41	19-9-2015	100%	
Ivo Stolk, 16-5-2001								1
50m vrije slag	series	19.	27.65	432	27.40	31-1-2016	98%	
100m rugslag	series	2.	1:05.78	492	1:04.24	31-1-2016	95%	
200m vlinderslag	series	4.	2:26.18	443	2:26.90	6-12-2015	101%	
Jarno van Oyen, 25-11-2001								-
50m vrije slag	series	32.	29.04	373	28.24	19-12-2015	95%	
50m vlinderslag	series	27.	32.49	329	31.41	29-11-2015	93%	
100m vlinderslag	series	18.	1:19.54	245	1:12.74	8-11-2015	84%	
Jelle den Otter, 23-1-2006								2
50m vrije slag	series	12.	43.02	114	43.44	5-12-2015	102%	
50m rugslag	series	13.	50.72	106	53.50	19-9-2015	111%	
Kirsten de Hoog, 2-5-2000								-
50m vrije slag	series	53.	32.00	407	29.84	29-11-2015	87%	
100m vrije slag	series	31.	1:07.15	466	1:05.42	6-12-2015	95%	
100m rugslag	series	7.	1:15.29	460	1:10.70	10-1-2016	88%	
Max Huige, 1-8-2001								1
400m vrije slag	series	13.	4:49.02	441	5:06.09	22-11-2014	112%	
100m vlinderslag	series	11.	1:10.44	353	1:07.04	8-11-2015	91%	
200m wisselslag	series	3.	2:29.59	442	2:22.31	31-1-2016	91%	
Megan de Hoog, 1-4-2003								-
50m vrije slag	series	37.	30.57	467	28.77	31-1-2016	89%	
400m vrije slag	series	13.	5:00.15	500	4:44.60	31-1-2016	90%	
100m rugslag	series	11.	1:16.65	435	1:10.65	31-1-2016	85%	
Niels den Otter, 16-10-2002								3
50m vrije slag	series	58.	35.94	196	37.25	5-12-2015	107%	
100m vrije slag	series	61.	1:20.72	196	1:22.85	4-4-2015	105%	
100m schoolslag	series	33.	1:49.95	150	1:52.45	30-12-2015	105%	
Nikhom Westphal, 9-9-2002								1
50m vrije slag	series	27.	28.87	379	28.09	31-1-2016	95%	
100m vrije slag	series	26.	1:02.93	414	1:00.22	31-1-2016	92%	
100m vlinderslag	series	10.	1:06.60	418	1:06.88	31-1-2016	101%	
Sanne van Kesteren, 7-5-2006								1
50m vrije slag	series	21.	49.60	109	47.05	31-10-2015	90%	
50m rugslag	series	19.	54.45	122	54.68	15-11-2015	101%	
50m vlinderslag	series	14.	1:01.86	61	59.80	19-12-2015	93%	
Senna Pols, 28-2-1997								-
50m schoolslag	series	3.	35.60	567	34.26	28-6-2015	93%	
100m schoolslag	series	1.	1:17.83	565	1:15.44	30-10-2015	94%	
Thom de Hoog, 28-2-2006								2
50m vrije slag	series	8.	37.98	166	38.39	23-1-2016	102%	
50m rugslag	series	5.	45.89	143	43.14	7-11-2015	88%	
50m vlinderslag	series	8.	46.23	114	46.92	21-11-2015	103%	

Tempo Valkenswaard								4
Chantal de Lau, 3-10-1997								-
50m vrije slag	series	26.	29.62	514	27.80	1-11-2015	88%	
100m vrije slag	series	22.	1:05.72	497	1:01.41		87%	
Daan Smits, 23-3-2004								1
50m schoolslag	series	29.	46.06	194	44.83	17-1-2016	95%	
200m wisselslag	series	14.	3:05.90	230	3:12.77		108%	
Djep Doreleijers, 27-11-2000								-
50m vrije slag	series	43.	30.66	317	30.33	18-10-2015	98%	
100m vrije slag	series	39.	1:06.17	356	1:03.85	22-11-2015	93%	
50m vlinderslag	series	26.	32.47	329	31.55	29-11-2015	94%	
Eva van de Mortel, 4-11-2001								-
50m vrije slag	series	49.	31.88	412	31.09	30-12-2015	95%	
100m vrije slag	series	48.	1:09.52	420	1:08.56	13-12-2015	97%	
100m rugslag	series	22.	1:24.05	330	1:18.11	13-12-2015	86%	
Evi Meuleman, 2-4-2003								-
400m vrije slag	series	38.	6:34.89	219	6:12.30		89%	
200m schoolslag	series	19.	3:24.66	314	3:21.59		97%	
Luuk Smits, 9-9-2000								1
200m vrije slag	series	6.	2:18.60	398	2:13.38	4-10-2015	93%	
200m rugslag	series	8.	2:28.93	424	2:32.89		105%	
50m vlinderslag	series	13.	29.46	441	28.78	29-11-2015	95%	
Max Compen, 14-1-2000								-
50m vlinderslag	series	31.	33.86	290	33.28	29-12-2015	97%	
200m wisselslag	series	5.	2:39.07	368	2:37.33	17-1-2016	98%	
Nina Spit, 28-6-2001								-
50m vrije slag	series	30.	30.08	490	28.61	28-11-2015	90%	
100m vrije slag	series	24.	1:05.99	491	1:02.54	9-1-2016	90%	
100m rugslag	series	4.	1:14.30	478	1:10.20	29-12-2015	89%	
Sjoerd van Meeteren, 20-8-1999								-
100m vrije slag	series	42.	1:07.20	340	1:06.55	29-12-2015	98%	
50m vlinderslag	series	33.	35.28	256	34.85		98%	
Sjors van Kruijsdijk, 20-10-2001								1
50m rugslag	series	8.	34.06	351	31.91	29-12-2015	88%	
100m rugslag	series	10.	1:14.45	339	1:09.35	9-1-2016	87%	
200m rugslag	series	15.	2:43.65	319	2:49.58		107%	
Zenn Doreleijers, 26-8-2002								1
50m vrije slag	series	53.	34.22	228	35.65	1-11-2015	109%	

Trb-Res

Amy van Lier, 21-11-1996

100m rugslag	series	5.	1:14.87	467	1:10.86	15-1-2012	90%
200m schoolslag	series	7.	3:03.22	437	2:55.10	17-1-2016	91%
200m vlinderslag	series	4.	2:35.22	483	2:29.23	8-3-2015	92%

VZ&PC Nautilus

Karin Verbeek, 30-7-1992

200m vlinderslag

series

13.

2:56.64

327

2:56.23

100%

Vera van den Oord, 2-4-1994

200m vlinderslag

series

15.

3:08.68

269

2:45.70

77%

Vzv								1
Ben Zentveldt, 28-1-1995								-
400m vrije slag	series	4.	4:32.22	528	4:28.00		97%	
100m vlinderslag	series	9.	1:06.51	420	1:05.05		96%	
Rik Hofland, 11-2-1997								-
50m vrije slag	series	6.	25.59	545	25.45		99%	
100m vrije slag	series	7.	56.67	567	56.46		99%	
Tenzin Tieman, 22-9-2000								1
400m vrije slag	series	26.	5:28.33	301	5:45.05		110%	
Thomas Huisman, 1-3-1998								-
400m vrije slag	series	11.	4:48.58	443	4:36.00		91%	
100m schoolslag	series	6.	1:14.88	475	1:13.34		96%	

VZV Njord

-

Wiekslag

Brighid van Uffelen, 18-8-1998

100m schoolslag	series	12.	1:22.35	477	1:16.46	6-10-2013	86%	-
200m schoolslag	series	5.	2:57.09	484	2:49.51	11-10-2014	92%	-

Irma van der Wulp, 4-9-2004

50m schoolslag	series	24.	41.86	349	39.70	29-1-2016	90%	-
100m schoolslag	series	21.	1:27.90	392	1:24.88	31-1-2016	93%	
200m schoolslag	series	11.	3:06.16	417	3:00.01	30-1-2016	94%	

Wijchen

Anouk van Nellestijn, 26-3-1998

100m vrije slag	series	13.	1:03.06	562	59.63	89%
50m schoolslag	series	6.	36.70	518	34.85	90%
100m vlinderslag	series	8.	1:13.80	436	1:08.02	85%

WS Twente

Merel Visser, 5-1-1999

50m vrije slag	series	36.	30.41	475	27.84	10-1-2016	84%
100m vrije slag	series	23.	1:05.85	494	59.71	29-12-2015	82%
200m vrije slag	series	17.	2:24.69	476	NT		-
100m vlinderslag	series	4.	1:11.42	481	NT		-
200m vlinderslag	series	5.	2:40.82	434	2:30.28	16-1-2016	87%

Wzk									2
Bart Drechsel, 20-5-1986									-
50m vrije slag	series	15.	27.13	457	25.04	10-10-2015	85%		
100m vrije slag	series	AFGEM		-	56.20	22-1-2016	-		
Cathelijn Bogers, 28-12-2001									1
200m rugslag	series	9.	2:45.16	423	2:40.99	9-1-2016	95%		
200m wisselslag	series	12.	2:52.23	392	3:00.00		109%		
Charlotte Drastich, 11-4-2002									-
200m schoolslag	series	NG		-	2:58.30	10-1-2016	-		
200m wisselslag	series	NG		-	2:39.40	9-1-2016	-		
Jasmine el Taraboulsi, 1-5-2001									-
200m vrije slag	series	AFGEM		-	2:26.99	15-11-2015	-		
200m schoolslag	series	AFGEM		-	2:58.34	6-12-2015	-		
Karel Drastich, 22-7-2005									-
50m schoolslag	series	6.	48.67	164	48.35	19-12-2015	99%		
Maximilian Lopes Cardozo, 18-12-2003									-
50m vrije slag	series	44.	31.45	293	30.79	29-11-2015	96%		
100m vrije slag	series	53.	1:14.60	248	1:10.98	10-10-2015	91%		
Nuria Boersma, 30-5-2001									-
200m vrije slag	series	AFGEM		-	2:28.55		-		
200m schoolslag	series	AFGEM		-	3:02.60	10-1-2016	-		
Oliver Maddock, 12-5-2000									-
100m rugslag	series	8.	1:11.08	390	1:07.84	10-1-2016	91%		
200m rugslag	series	12.	2:39.29	346	2:30.21	10-1-2016	89%		
Sera Emmers, 1-1-2005									1
50m vrije slag	series	1.	34.21	333	36.82	4-10-2015	116%		
50m rugslag	series	2.	41.72	272	41.21	17-1-2016	98%		
50m schoolslag	series	1.	44.77	285	43.73	17-1-2016	95%		
50m vlinderslag	series	4.	42.46	190	NT		-		

Z & PC De Zeeuwse Kust								14
Anna Tiemersma, 16-4-2004								1
200m rugslag	series	15.	2:54.49	359	3:03.53	18-10-2015	111%	
50m schoolslag	series	23.	41.52	357	39.14	29-1-2016	89%	
200m wisselslag	series	11.	2:51.85	395	2:51.53	31-1-2016	100%	
Babet de Voogd, 19-6-2003								1
100m vrije slag	series	32.	1:07.21	465	1:05.39	9-1-2016	95%	
400m vrije slag	series	20.	5:13.54	439	5:19.95		104%	
100m rugslag	series	13.	1:16.66	435	1:12.75	10-1-2016	90%	
Céline Brink, 24-2-2000								-
100m schoolslag	series	9.	1:21.15	498	1:17.28	31-1-2016	91%	
200m schoolslag	series	6.	3:01.21	452	2:47.40	6-12-2015	85%	
Danique Cuelenaere, 15-8-2004								2
50m vrije slag	series	78.	36.01	286	36.56	4-10-2015	103%	
50m vlinderslag	series	33.	44.71	163	44.90	9-1-2016	101%	
200m wisselslag	series	26.	3:22.57	241	3:21.94		99%	
Esther Tiemersma, 2-2-2002								-
100m vlinderslag	series	10.	1:14.51	424	1:14.41	9-1-2016	100%	
200m vlinderslag	series	9.	2:47.21	386	2:47.02	31-1-2016	100%	
400m wisselslag	series	4.	5:41.99	483	5:33.81	30-1-2016	95%	
Eva van Elsen, 7-6-1999								-
50m vrije slag	series	9.	28.57	573	27.33	10-1-2016	92%	
100m vrije slag	series	9.	1:02.54	577	59.57	9-1-2016	91%	
50m schoolslag	series	12.	37.55	483	35.08	18-10-2015	87%	
100m schoolslag	series	7.	1:20.73	506	1:16.08	10-1-2016	89%	
Evert Nieuwland, 18-6-2002								-
100m vrije slag	series	35.	1:04.68	381	1:02.06	31-1-2016	92%	
400m vrije slag	series	19.	5:07.76	365	4:59.90	6-12-2015	95%	
200m rugslag	series	14.	2:41.96	329	2:37.71	6-12-2015	95%	
Fenna Klaassen, 15-5-2004								1
100m vrije slag	series	62.	1:14.41	342	1:11.51	9-1-2016	92%	
200m vrije slag	series	29.	2:42.24	337	2:46.77	27-9-2015	106%	
200m rugslag	series	27.	3:09.31	281	3:03.57	6-12-2015	94%	
Guido Brink, 21-1-2002								-
100m schoolslag	series	12.	1:16.91	439	1:10.96	31-1-2016	85%	
200m schoolslag	series	4.	2:43.63	467	2:34.55	30-1-2016	89%	
Irina de Ridder, 9-4-2003								-
100m vlinderslag	series	9.	1:14.42	425	1:12.71	9-1-2016	95%	
200m vlinderslag	series	11.	2:53.79	344	2:50.53	6-12-2015	96%	
400m wisselslag	series	7.	5:57.12	424	NT		-	
Janice Provoost, 19-5-2003								-
100m vrije slag	series	49.	1:10.46	403	1:06.26	9-1-2016	88%	
400m vrije slag	series	30.	5:35.69	358	5:16.18	6-12-2015	89%	
100m vlinderslag	series	17.	1:18.71	359	1:18.53	9-1-2016	100%	
Jeroen Aerssens, 6-3-2001								3
100m vrije slag	series	6.	56.64	568	57.14		102%	
200m vrije slag	series	2.	2:07.72	509	2:09.84		103%	
50m vlinderslag	series	11.	28.84	470	30.07		109%	
Kalle van Gemert, 17-8-1998								-
100m schoolslag	series	4.	1:13.56	501	1:08.34	9-1-2016	86%	
100m vlinderslag	series	2.	1:00.96	545	59.74	10-1-2016	96%	
200m vlinderslag	series	3.	2:19.91	506	2:14.28	17-1-2016	92%	
Kirsten Walraven, 18-3-2000								-
50m vrije slag	series	15.	29.10	542	28.56	20-12-2015	96%	
200m vrije slag	series	9.	2:20.28	522	2:14.13	20-12-2015	91%	
400m vrije slag	series	6.	4:51.97	544	4:41.89	20-12-2015	93%	
Kyra Marinissen, 15-6-2001								-
100m rugslag	series	19.	1:21.08	368	1:14.39	20-12-2015	84%	
200m wisselslag	series	9.	2:48.51	419	2:43.44		94%	
Laura Nieuwland, 14-1-2000								-
50m vrije slag	series	18.	29.39	526	28.20	10-1-2016	92%	
100m vrije slag	series	11.	1:02.82	569	1:00.58	9-1-2016	93%	
100m vlinderslag	series	5.	1:11.88	472	1:08.43	29-1-2016	91%	
Mara Kraak, 30-3-2004								2
100m vrije slag	series	61.	1:14.00	348	1:13.01	9-1-2016	97%	
200m vrije slag	series	28.	2:41.28	343	3:11.85		142%	
50m vlinderslag	series	31.	41.81	199	48.67		136%	
Mario Cuelenaere, 3-5-1969								1
100m vrije slag	series	45.	1:08.06	327	1:08.20		100%	
Melle van Gemert, 28-8-2001								-
100m vrije slag	series	17.	1:00.20	473	57.01	17-1-2016	90%	
100m rugslag	series	1.	1:04.38	525	1:01.55	9-1-2016	91%	
200m rugslag	series	3.	2:22.64	483	2:18.31	18-10-2015	94%	
Nathan de Bruin, 29-3-2003								-
100m rugslag	series	21.	1:32.88	174	1:30.04	17-1-2016	94%	
50m vlinderslag	series	42.	41.57	157	40.11	31-1-2016	93%	
200m wisselslag	series	16.	3:16.71	194	3:14.79	15-11-2015	98%	

Nikita van den Ouden, 14-9-1999								-
50m vrije slag	series	8.	28.52	576	27.38	10-1-2016	92%	
200m vrije slag	series	5.	2:13.26	609	2:10.84	30-10-2015	96%	
200m rugslag	series	1.	2:28.88	578	2:28.49		99%	
Noa Eversdijk, 15-2-1999								-
200m vrije slag	series	1.	2:04.40	551	1:56.77		88%	
400m vrije slag	series	2.	4:31.10	534	4:17.48	20-12-2015	90%	
Remy Vane, 25-7-2002								1
100m vrije slag	series	46.	1:08.75	317	1:07.48	10-1-2016	96%	
200m vrije slag	series	16.	2:32.12	301	2:29.44	22-11-2015	97%	
400m vrije slag	series	24.	5:24.96	310	6:04.59		126%	
Ruben Cuelenaere, 12-2-2001								1
50m vrije slag	series	22.	27.93	419	28.24	10-1-2016	102%	
200m wisselslag	series	7.	2:46.26	322	2:44.11	22-11-2015	97%	
Sem van Elsen, 26-3-2001								-
50m vrije slag	series	18.	27.47	441	25.79	9-1-2016	88%	
100m vrije slag	series	20.	1:00.89	457	57.31	17-1-2016	89%	
50m schoolslag	series	7.	33.23	516	32.27	29-1-2016	94%	
100m schoolslag	series	10.	1:15.77	459	1:09.79	6-12-2015	85%	
Yorick Visser, 26-8-2003								1
100m vrije slag	series	41.	1:06.56	350	1:04.04	31-1-2016	93%	
50m rugslag	series	13.	37.41	265	38.74	22-11-2015	107%	
400m wisselslag	series	5.	6:10.44	285	5:43.05	29-1-2016	86%	

Z&PC De Gouwe

Angelique van Vark, 19-6-1997

2

2

200m vrije slag	series	7.	2:14.63	590	2:16.65	103%
400m vrije slag	series	3.	4:47.35	570	4:48.84	101%

Z&PV Nuenen
Bram Zwetsloot, 3-8-2002

100m schoolslag	series	7.	1:15.12	471	1:12.67	31-1-2016	94%
200m schoolslag	series	5.	2:47.61	435	2:40.96	30-1-2016	92%

Britt Bogers, 2-11-1999

50m vrije slag	series	33.	30.17	486	28.89	28-11-2015	92%
50m vlinderslag	series	12.	32.10	440	31.38	28-11-2015	96%
100m vlinderslag	series	15.	1:16.84	386	1:12.35	26-4-2015	89%

Dian van Leeuwen, 13-9-1998

400m vrije slag	series	25.	5:30.19	376	4:56.25	7-12-2014	80%
200m rugslag	series	20.	2:56.18	349	2:27.28	9-3-2014	70%
100m schoolslag	series	29.	1:32.49	336	1:27.83	28-12-2015	90%

Flore Meulendijks, 5-4-2004

100m schoolslag	series	32.	1:33.33	327	1:27.88	31-1-2016	89%
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Floris Sonneveld, 16-10-2004

50m vrije slag	series	AFGEM	-	35.53	28-6-2015	-	-
100m rugslag	series	AFGEM	-	1:24.95	31-1-2016	-	-
50m vlinderslag	series	AFGEM	-	43.91	19-4-2015	-	-

Frans Slaats, 11-9-1993

200m rugslag	series	6.	2:28.45	428	2:18.41	17-1-2016	87%
100m schoolslag	series	11.	1:16.09	453	1:12.10	9-12-2012	90%

Jelmer North, 8-10-2002

200m vrije slag	series	8.	2:20.21	385	2:15.14	30-1-2016	93%
400m vrije slag	series	17.	4:57.36	405	4:42.04	28-1-2016	90%
400m wisselslag	series	4.	5:34.83	386	5:14.44	29-1-2016	88%

Joeri Phaff, 28-4-1997

200m rugslag	series	4.	2:25.35	456	2:18.28	17-1-2016	91%
50m vlinderslag	series	14.	29.54	437	28.79	29-11-2015	95%

Loes Kolenberg, 26-6-2001

50m vrije slag	series	41.	31.21	439	30.30	6-12-2015	94%
100m vrije slag	series	38.	1:07.88	451	1:04.69	17-1-2016	91%
100m vlinderslag	series	22.	1:26.51	270	1:22.71	22-11-2015	91%

Merel Phaff, 25-10-2001

200m rugslag	series	3.	2:31.89	544	2:24.82	29-1-2016	91%
50m vlinderslag	series	2.	30.81	498	30.03	30-1-2016	95%

Milan Meurs, 3-1-2002

100m vrije slag	series	28.	1:03.40	405	59.06	10-1-2016	87%
200m vrije slag	series	10.	2:24.77	349	2:12.79	30-1-2016	84%
200m rugslag	series	10.	2:33.05	391	2:22.97	29-1-2016	87%

Robin Goossens, 7-2-2000

50m schoolslag	series	5.	36.66	520	34.65	28-11-2015	89%
100m schoolslag	series	3.	1:19.07	539	1:15.03	9-1-2016	90%

Ruud van Heerbeek, 2-6-1993

50m schoolslag	series	2.	30.51	667	29.54	15-11-2015	94%
100m schoolslag	series	2.	1:07.22	657	1:04.33	28-12-2015	92%

Silke Voets, 3-4-1998

50m rugslag	series	5.	32.97	552	31.30	1-12-2013	90%
100m schoolslag	series	4.	1:19.27	534	1:14.03	28-12-2014	87%
200m schoolslag	series	4.	2:52.73	522	2:43.14	30-10-2015	89%

Susan Teijken, 10-3-1995

50m vrije slag	series	5.	28.05	605	27.19	30-12-2015	94%
100m vrije slag	series	7.	1:01.96	593	59.33	9-1-2016	92%

ZCKoewacht								1
Jody Sturms, 23-7-2001								-
100m rugslag	series	16.	1:19.07	397	1:16.02	17-1-2016	92%	
200m vlinderslag	series	8.	2:47.07	387	2:42.06	6-12-2015	94%	
Pieter Nuijten, 25-5-2006								1
50m vrije slag	series	14.	44.39	104	43.68	24-1-2016	97%	
50m rugslag	series	10.	49.62	113	51.05	17-1-2016	106%	
50m schoolslag	series	9.	55.69	109	54.16	17-1-2016	95%	
50m vlinderslag	series	9.	1:03.62	43	58.78	13-12-2015	85%	
Stijn de Rechter, 23-4-2002								-
50m vrije slag	series	41.	30.29	328	29.34	17-1-2016	94%	
50m rugslag	series	9.	35.55	309	34.63	9-1-2016	95%	
Thijmen van de Beek, 30-7-1999								-
50m schoolslag	series	11.	34.97	443	33.14	9-1-2016	90%	
100m schoolslag	series	9.	1:15.74	459	1:09.00	9-1-2016	83%	
200m vlinderslag	series	6.	2:33.54	383	2:22.69	31-1-2016	86%	

Zdkb									25
Dysis Cummings, 12-9-2003									3
50m vrije slag	series	68.	34.32	330	35.93			110%	
100m vrije slag	series	71.	1:16.63	313	1:23.31	22-11-2015		118%	
50m rugslag	series	19.	41.43	278	42.44			105%	
100m rugslag	series	32.	1:34.67	231	1:30.08	17-1-2016		91%	
Elena Verjans, 17-1-2004									1
100m vrije slag	series	81.	1:23.30	244	1:24.44			103%	
50m rugslag	series	27.	43.85	235	42.83	17-1-2016		95%	
100m rugslag	series	33.	1:35.82	223	1:29.08	17-1-2016		86%	
50m schoolslag	series	38.	48.43	225	45.80	17-1-2016		89%	
Emily Deruyck, 30-1-2002									3
100m vrije slag	series	62.	1:14.41	342	1:15.29			102%	
50m schoolslag	series	29.	43.54	310	45.28	17-1-2016		108%	
50m vlinderslag	series	23.	38.04	264	43.38	17-1-2016		130%	
Evelien Vroonen, 1-10-2003									2
50m vrije slag	series	71.	35.14	307	39.75			128%	
100m vrije slag	series	82.	1:23.48	242	1:26.24			107%	
50m rugslag	series	32.	45.66	208	44.48	17-1-2016		95%	
Frauke De Mol, 18-9-2003									2
100m vrije slag	series	85.	1:25.19	228	1:23.62	28-12-2015		96%	
50m rugslag	series	23.	42.09	265	43.10	23-2-2014		105%	
100m rugslag	series	31.	1:34.42	233	1:31.32	29-12-2015		94%	
50m schoolslag	series	37.	47.75	235	48.76	29-12-2015		104%	
Frederick Liebens, 13-3-1997									-
50m vrije slag	series	26.	28.54	393	28.21	29-12-2015		98%	
100m vrije slag	series	25.	1:02.92	414	1:02.48	27-11-2010		99%	
50m vlinderslag	series	21.	31.33	366	NT			-	
Giel Knaepen, 29-12-2002									3
50m vrije slag	series	52.	34.02	232	35.56	17-1-2016		109%	
100m vrije slag	series	54.	1:15.13	243	1:15.44	17-1-2016		101%	
100m rugslag	series	20.	1:31.70	181	1:36.89	17-1-2016		112%	
50m vlinderslag	series	49.	44.61	127	NT			-	
Han Stulens, 25-11-1999									-
50m vrije slag	series	24.	28.19	408	27.99			99%	
100m vrije slag	series	31.	1:04.02	393	1:02.93	29-12-2015		97%	
100m rugslag	series	11.	1:16.37	314	1:13.75	28-12-2015		93%	
50m vlinderslag	series	19.	30.30	405	30.27	28-12-2015		100%	
Jana Vanherle, 19-9-2001									-
100m vrije slag	series	90.	1:29.45	197	NT			-	
100m rugslag	series	39.	1:44.10	174	1:38.73	17-1-2016		90%	
Jonathan Vervenne, 27-5-2003									3
100m vrije slag	series	56.	1:15.42	240	1:18.05	17-1-2016		107%	
100m rugslag	series	18.	1:30.13	191	1:29.97	17-1-2016		100%	
50m schoolslag	series	22.	42.87	240	44.96	30-12-2015		110%	
50m vlinderslag	series	47.	44.07	131	45.85	29-12-2015		108%	
Kaat Huygen, 4-2-2003									2
100m vrije slag	series	74.	1:19.42	281	1:26.50			119%	
100m rugslag	series	26.	1:28.91	279	1:25.65	17-1-2016		93%	
50m schoolslag	series	42.	49.14	215	48.16			96%	
50m vlinderslag	series	27.	40.00	227	42.66			114%	
Lara Meertens, 17-9-2002									1
100m vrije slag	series	92.	1:31.02	187	1:26.59	28-12-2015		91%	
50m rugslag	series	36.	46.10	202	44.79	28-12-2015		94%	
100m rugslag	series	37.	1:39.76	197	1:36.52	17-1-2016		94%	
50m schoolslag	series	40.	48.99	217	49.82	29-12-2015		103%	
Laurens Liebens, 4-6-1999									1
100m vrije slag	series	36.	1:04.79	379	1:04.57	17-1-2016		99%	
50m rugslag	series	10.	35.58	308	35.44	29-12-2015		99%	
50m schoolslag	series	14.	38.82	324	39.14	28-12-2015		102%	
100m vlinderslag	series	17.	1:19.53	245	1:16.69	17-1-2016		93%	
Thomas Nuyts, 24-12-1999									-
100m vrije slag	series	50.	1:11.65	280	1:10.47	29-12-2015		97%	
100m rugslag	series	15.	1:23.94	236	1:21.03	28-12-2015		93%	
50m schoolslag	series	26.	44.77	211	43.58	28-12-2015		95%	
50m vlinderslag	series	39.	39.31	185	39.20	28-12-2015		99%	
Tijs Claesen, 25-7-2002									3
50m vrije slag	series	42.	30.53	321	32.79			115%	
100m vrije slag	series	51.	1:12.36	272	1:12.75	17-1-2016		101%	
50m rugslag	series	14.	38.07	251	41.80			121%	
100m vlinderslag	series	21.	1:30.90	164	1:28.40	17-1-2016		95%	
Wout Huygen, 18-10-2000									1
100m vrije slag	series	55.	1:15.36	241	1:14.85	17-1-2016		99%	
100m rugslag	series	19.	1:30.16	191	1:28.20			96%	
50m schoolslag	series	25.	44.51	215	43.98			98%	
50m vlinderslag	series	48.	44.53	127	45.44	17-1-2016		104%	

Zeester-Meerval								27
Audrey Pieck, 28-6-2004								-
100m schoolslag	series	24.	1:29.10	376	1:24.71	17-1-2016	90%	
200m schoolslag	series	14.	3:14.70	364	3:08.86	26-4-2015	94%	
100m vlinderslag	series	26.	1:31.28	230	1:26.51	9-1-2016	90%	
Benthe van de Ree, 4-7-2007								2
50m vrije slag	series	26.	1:06.79	44	1:07.09	22-11-2015	101%	
50m rugslag	series	21.	58.19	100	1:04.77	22-11-2015	124%	
50m schoolslag	series	18.	1:10.15	74	1:06.25	13-12-2015	89%	
Denise van der Burgt, 16-10-2002								-
50m vrije slag	series	38.	30.73	460	29.94	31-1-2016	95%	
200m vrije slag	series	10.	2:20.98	514	2:13.56	30-1-2016	90%	
200m rugslag	series	12.	2:51.13	380	2:41.95	20-12-2015	90%	
200m wisselslag	series	8.	2:48.12	422	2:41.40	10-1-2016	92%	
Devan Jonkers, 19-2-2002								1
50m vlinderslag	series	43.	42.53	146	45.26	24-1-2016	113%	
Evy van Duijnhoven, 1-1-2007								2
50m vrije slag	series	23.	50.83	101	51.48	24-1-2016	103%	
50m schoolslag	series	14.	59.74	120	56.47	27-9-2015	89%	
50m vlinderslag	series	15.	1:03.40	57	1:12.82	11-10-2015	132%	
Francie Kuppen, 9-10-2003								3
50m rugslag	series	28.	44.35	227	44.63	17-1-2016	101%	
50m schoolslag	series	30.	43.83	304	42.69	28-11-2015	95%	
100m schoolslag	series	37.	1:35.42	306	1:36.05	18-1-2016	101%	
50m vlinderslag	series	34.	45.07	159	46.48	8-3-2015	106%	
Ilse Opheij, 14-4-2003								2
50m vrije slag	series	86.	38.58	232	41.24	8-3-2015	114%	
50m rugslag	series	30.	44.52	224	46.81	18-1-2016	111%	
100m schoolslag	series	47.	1:48.78	207	1:48.37	17-1-2016	99%	
Iris van den Heuvel, 12-10-2005								2
50m vrije slag	series	20.	47.31	126	52.04	25-1-2016	121%	
50m rugslag	series	18.	52.70	135	53.02	22-11-2015	101%	
50m schoolslag	series	17.	1:05.96	89	1:04.18	11-10-2015	95%	
Lisa van Duijnhoven, 26-11-2004								-
100m vrije slag	series	94.	1:38.18	149	1:32.61	22-11-2015	89%	
100m schoolslag	series	52.	1:57.54	164	1:54.55	29-12-2015	95%	
50m vlinderslag	series	42.	55.03	87	51.60	29-12-2015	88%	
Lotte Mudde, 1-1-2007								1
50m vrije slag	series	17.	41.97	180	41.34	24-1-2016	97%	
50m rugslag	series	20.	55.66	114	53.67	13-12-2015	93%	
50m vlinderslag	series	13.	53.52	95	57.30	11-10-2015	115%	
Marte Vlieg, 4-8-2003								2
50m vrije slag	series	88.	41.97	180	47.73	13-12-2015	129%	
50m schoolslag	series	43.	54.32	159	54.29	27-9-2015	100%	
50m vlinderslag	series	39.	48.85	125	53.86	13-12-2015	122%	
Meike van de Ree, 18-8-2004								2
100m vrije slag	series	87.	1:28.70	202	1:29.14	28-12-2015	101%	
50m rugslag	series	35.	45.95	204	43.58	28-12-2015	90%	
50m vlinderslag	series	29.	40.50	219	42.16	13-12-2015	108%	
Mirthe van der Heijden, 5-6-2005								3
50m vrije slag	series	16.	41.12	192	44.52	13-12-2015	117%	
50m rugslag	series	9.	46.18	201	48.64	4-4-2015	111%	
50m schoolslag	series	6.	54.12	161	53.67	11-10-2015	98%	
50m vlinderslag	series	11.	50.55	112	52.95	13-12-2015	110%	
Sarah Vandeursen, 22-1-2001								1
50m vrije slag	series	44.	31.65	421	32.62	17-1-2016	106%	
200m vrije slag	series	24.	2:33.45	399	2:31.91	4-10-2015	98%	
50m rugslag	series	9.	35.13	457	33.19	29-11-2015	89%	
Simon van Gogh, 26-5-2005								1
50m vrije slag	series	13.	44.32	105	45.73	25-1-2016	106%	
50m schoolslag	series	11.	59.52	89	58.67	8-11-2015	97%	
Sybe van Nuland, 26-6-2004								2
50m vrije slag	series	57.	35.67	201	36.23	8-11-2015	103%	
100m vrije slag	series	57.	1:17.30	223	1:20.95	8-11-2015	110%	
50m schoolslag	series	35.	52.56	130	48.88	15-11-2015	86%	
Sylvie van Kooten, 1-1-2004								3
100m vrije slag	series	86.	1:26.82	215	1:30.21	28-12-2015	108%	
50m rugslag	series	32.	45.66	208	45.76	22-11-2015	100%	
100m schoolslag	series	53.	1:58.72	159	1:55.16	29-12-2015	94%	
50m vlinderslag	series	38.	48.50	127	50.37	24-1-2016	108%	

Zeps

Esper Schreurs, 21-4-2003

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50m rugslag	series	5.	33.24	378	31.80	28-12-2015	92%
400m wisselslag	series	3.	5:33.58	390	5:50.96		111%

Zpb H&L

Lars Schoffelman, 20-5-1995

100m vlinderslag	series	3.	1:02.02	518	57.63	27-10-2012	86%
200m vlinderslag	series	2.	2:19.84	507	2:07.33	1-11-2013	83%

ZPC De Rog Weert								3
Beau Geenen, 25-8-1999								-
50m vrije slag	series	10.	28.61	570	27.92		95%	-
Catarina Matos, 24-11-1972								-
200m vlinderslag	series	AFGEM		-	NT		-	-
Jamie Stals, 5-5-2004								-
50m vrije slag	series	AFGEM		-	NT		-	-
100m rugslag	series	AFGEM		-	1:46.02	5-10-2014	-	-
100m schoolslag	series	AFGEM		-	1:47.94	5-10-2014	-	-
50m vlinderslag	series	AFGEM		-	43.29	14-6-2014	-	-
Josephien Kersten, 22-1-2001								-
50m vrije slag	series	AFGEM		-	NT		-	-
100m schoolslag	series	AFGEM		-	1:28.05	10-1-2015	-	-
50m vlinderslag	series	AFGEM		-	35.36	29-11-2014	-	-
Lotte Kuijpers, 28-2-2004								1
200m vrije slag	series	30.	2:42.36	336	2:55.42		117%	-
400m wisselslag	series	NG		-	NT		-	-
Michel Zurawski, 7-8-2005								-
50m vrije slag	series	AFGEM		-	46.20	25-1-2015	-	-
50m rugslag	series	AFGEM		-	53.63	21-12-2014	-	-
50m schoolslag	series	AFGEM		-	58.20	18-1-2015	-	-
50m vlinderslag	series	AFGEM		-	1:02.08	14-12-2014	-	-
Tim van Melick, 22-11-2004								-
100m vrije slag	series	AFGEM		-	2:01.66	5-10-2014	-	-
100m rugslag	series	AFGEM		-	2:07.98	18-1-2015	-	-
50m schoolslag	series	AFGEM		-	59.23	18-1-2015	-	-
50m vlinderslag	series	AFGEM		-	NT		-	-
Xander Koole, 3-7-2000								2
50m vrije slag	series	25.	28.42	398	28.69	30-12-2015	102%	-
200m wisselslag	series	11.	3:03.48	239	3:07.42	15-11-2015	104%	-

ZV Haerlem

Colin Degenaars, 8-7-1995

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50m vrije slag	series	37.	29.49	356	29.04	16-1-2016	97%
200m vrije slag	series	13.	2:28.37	324	2:25.81	20-12-2015	97%
400m vrije slag	series	23.	5:17.76	332	5:26.69	11-10-2015	106%

ZV Hydra									7
Bjarn Martens, 10-6-2005									-
50m vrije slag	series	6.	37.67	171	36.42	29-11-2015	93%		
50m rugslag	series	4.	42.70	178	40.62	28-11-2015	90%		
50m vlinderslag	series	6.	44.68	126	43.62	29-11-2015	95%		
Brian van Gennip, 13-11-2000									1
50m vrije slag	series	35.	29.46	357	28.86	20-12-2015	96%		
400m vrije slag	series	22.	5:12.96	347	5:05.84	17-10-2015	96%		
200m wisselslag	series	6.	2:42.82	343	2:55.58		116%		
Cas de Groot, 25-3-2002									1
50m vrije slag	series	40.	30.08	335	29.56	29-11-2015	97%		
50m rugslag	series	12.	36.82	278	37.11	22-11-2015	102%		
50m vlinderslag	series	32.	34.54	273	34.37	29-11-2015	99%		
Fiene Donkers, 21-1-2006									1
50m vrije slag	series	14.	39.90	210	38.98	15-11-2015	95%		
50m schoolslag	series	7.	54.20	160	49.13	8-11-2015	82%		
50m vlinderslag	series	10.	47.32	137	53.54		128%		
Lisa de Groot, 15-10-2002									1
50m schoolslag	series	26.	43.05	321	42.59	15-11-2015	98%		
200m schoolslag	series	17.	3:24.06	316	3:24.37	20-12-2015	100%		
Lisanne van Gennip, 1-4-1997									-
50m vrije slag	series	48.	31.86	413	30.53		92%		
200m vrije slag	series	25.	2:35.02	387	2:27.87	15-11-2015	91%		
50m vlinderslag	series	17.	33.67	381	32.46	8-11-2015	93%		
Pleun de Rooi, 12-3-2004									1
50m vrije slag	series	77.	35.92	288	36.96	15-11-2015	106%		
100m vrije slag	series	80.	1:22.72	249	1:19.60	20-12-2015	93%		
100m schoolslag	series	48.	1:48.84	206	1:42.56	12-12-2015	89%		
Rens Martens, 26-4-2002									1
100m vrije slag	series	47.	1:08.82	316	1:04.80	10-1-2016	89%		
200m vrije slag	series	14.	2:28.84	321	2:39.82		115%		
50m schoolslag	series	15.	39.92	298	38.26	29-11-2015	92%		
Sharon Snijders, 6-8-2002									-
50m vrije slag	series	63.	33.94	341	32.25	17-1-2016	90%		
100m vrije slag	series	66.	1:15.36	329	1:12.51	13-12-2015	93%		
50m schoolslag	series	35.	45.89	265	43.59	8-11-2015	90%		
Silke van de Weijer, 28-1-2003									-
100m vrije slag	series	45.	1:09.23	425	1:08.67	9-1-2016	98%		
100m rugslag	series	17.	1:20.26	379	1:16.73	13-12-2015	91%		
Sjoerd Rooijackers, 5-9-1998									1
100m rugslag	series	17.	1:26.94	213	1:22.82	9-1-2016	91%		
50m vlinderslag	series	37.	37.27	217	37.61	4-10-2015	102%		

Zwemclub Zeist

Elles Becker, 23-7-1996

200m vlinderslag	series	6.	2:41.94	425	2:30.87	31-10-2015	87%	-
200m wisselslag	series	4.	2:39.58	493	2:29.08	8-11-2015	87%	-

Zwemvereniging De Zilvermeeuw								4
Anka de Koning, 22-5-2000								-
100m vrije slag	series	76.	1:20.71	268	1:20.66	22-6-2014	100%	
200m schoolslag	series	22.	3:38.14	259	3:33.18	21-12-2014	96%	
Femke van Dijk, 14-8-2002								1
50m vrije slag	series	69.	34.41	327	33.05	17-1-2016	92%	
100m schoolslag	series	45.	1:43.48	240	1:37.85	20-9-2015	89%	
50m vlinderslag	series	25.	39.18	242	40.90	20-9-2015	109%	
Gioia Rond, 5-2-2006								2
50m vrije slag	series	7.	37.32	257	38.01	8-11-2015	104%	
50m rugslag	series	10.	46.37	198	43.67	17-1-2016	89%	
50m schoolslag	series	11.	57.53	134	52.65	8-11-2015	84%	
50m vlinderslag	series	7.	46.09	148	47.27	8-11-2015	105%	
Giulia Rond, 8-4-2008								-
50m vrije slag	series	1.	49.88	107	NT		-	
50m schoolslag	series	1.	1:05.91	89	NT		-	
Jools Van Volsem, 7-9-2006								-
50m vrije slag	series	24.	52.50	92	50.92	18-10-2015	94%	
50m schoolslag	series	12.	58.13	130	55.65	21-6-2015	92%	
Mike Corporaal, 30-5-2003								1
50m vrije slag	series	39.	30.04	337	30.72	17-1-2016	105%	
100m schoolslag	series	29.	1:37.49	215	1:34.68	18-10-2015	94%	
50m vlinderslag	series	35.	36.19	238	34.54	17-1-2016	91%	

Zwemvereniging Hoogland
Esmée Morel, 24-11-1998

1
1

50m vrije slag	series	34.	30.24	483	29.63		96%
50m rugslag	series	8.	34.73	473	34.89		101%
100m rugslag	series	11.	1:16.65	435	1:12.28		89%
50m schoolslag	series	16.	38.21	459	37.78	19-9-2015	98%
50m vlinderslag	series	11.	32.07	442	31.40		96%

ZWK Merlet								8
Coen Graat, 30-3-2002								1
100m vrije slag	series	43.	1:07.27	339	1:07.37	5-7-2015	100%	
400m wisselslag	series	6.	6:23.82	256	6:14.75	15-2-2015	95%	
Cynthia van Elen, 30-3-2003								1
400m vrije slag	series	22.	5:19.99	413	5:17.74	11-6-2015	99%	
200m rugslag	series	18.	2:55.30	354	3:01.69	12-6-2015	107%	
Fleur Lamers, 25-8-2001								-
400m vrije slag	series	36.	6:11.59	263	5:27.68	26-4-2015	78%	
200m rugslag	series	26.	3:01.75	318	2:52.19	24-5-2015	90%	
Inge Arts, 29-5-1992								1
400m vrije slag	series	2.	4:47.11	572	4:48.94	23-5-2015	101%	
400m wisselslag	series	2.	5:24.70	564	5:22.66		99%	
Kirsten te Velde, 15-5-2003								1
100m vrije slag	series	79.	1:21.82	257	1:22.97	15-11-2015	103%	
200m rugslag	series	30.	3:19.48	240	3:05.19	25-10-2015	86%	
Loek van Houtert, 20-6-1995								-
100m vlinderslag	series	1.	59.68	581	58.74	31-5-2015	97%	
200m vlinderslag	series	1.	2:15.54	556	2:08.70	23-5-2015	90%	
Nienke Timmers, 17-12-2001								2
50m vrije slag	series	79.	36.16	282	36.45	4-7-2015	102%	
100m schoolslag	series	44.	1:41.32	256	1:47.60		113%	
Noor Jansen, 28-4-2003								1
200m vrije slag	series	35.	2:45.92	315	2:59.51	14-12-2014	117%	
100m vlinderslag	series	29.	1:32.32	222	1:27.83		91%	
Sabien Timmers, 18-1-1999								-
400m vrije slag	series	16.	5:10.42	452	5:00.73	23-5-2015	94%	
200m rugslag	series	8.	2:42.14	447	2:40.30	24-5-2015	98%	
Sjors Lemmers, 3-6-2003								1
400m vrije slag	series	21.	5:11.76	351	4:59.05	28-1-2016	92%	
200m schoolslag	series	12.	3:08.58	305	3:10.50	11-10-2015	102%	
Tren Lemmers, 10-7-2002								-
100m vrije slag	series	63.	1:22.42	184	1:21.81	6-12-2015	99%	
200m schoolslag	series	14.	3:42.68	185	3:34.19	6-12-2015	93%	