

Programmanr. 17
13-3-2016

Heren, 400m wisselslag

Heren Senioren Open
Resultaten

rang	naam	vereniging		intijd		tijd		RT	
1.	Frank Roovers <i>Zeeuws record</i>	RTC-PSV		4:32.63		199800219		4:37.08	
	50m: 28.29	28.29	150m: 1:39.30	37.44	250m: 2:53.53	38.55	350m: 4:06.48	32.55	
	100m: 1:01.86	33.57	200m: 2:14.98	35.68	300m: 3:33.93	40.40	400m: 4:37.08	30.60	
2.	Jorgos Skotadis	RTC - De Dolfijn		4:48.43		199803317		4:47.86	
	50m: 29.65	29.65	150m: 1:43.85	38.93	250m: 3:01.16	39.63	350m: 4:16.70	34.27	
	100m: 1:04.92	35.27	200m: 2:21.53	37.68	300m: 3:42.43	41.27	400m: 4:47.86	31.16	
3.	Stijn Simons	PSV		4:44.29		199900813		4:58.15	
	50m: 31.60	31.60	150m: 1:47.67	39.78	250m: 3:06.87	41.21	350m: 4:24.38	33.90	
	100m: 1:07.89	36.29	200m: 2:25.66	37.99	300m: 3:50.48	43.61	400m: 4:58.15	33.77	
4.	Janne Englebert	Hieronymus		5:38.43		200101561		5:18.97	
	50m: 33.01	33.01	150m: 1:53.68	39.66	250m: 3:21.67	49.92	350m: 4:45.89	35.20	
	100m: 1:14.02	41.01	200m: 2:31.75	38.07	300m: 4:10.69	49.02	400m: 5:18.97	33.08	
5.	Pieter Pijnenburg	De Warande		5:21.45		199305227		5:19.00	
	50m: 34.58	34.58	150m: 2:00.97	44.46	250m: 3:27.09	41.61	350m: 4:45.77	36.31	
	100m: 1:16.51	41.93	200m: 2:45.48	44.51	300m: 4:09.46	42.37	400m: 5:19.00	33.23	
6.	Rick Bulman	PSV		5:05.74		200101899		5:20.97	
	50m: 33.50	33.50	150m: 1:59.57	46.50	250m: 3:27.55	44.36	350m: 4:47.59	35.42	
	100m: 1:13.07	39.57	200m: 2:43.19	43.62	300m: 4:12.17	44.62	400m: 5:20.97	33.38	
7.	Andy Huynh	VZC E&P		5:05.33		200001725		5:24.64	
	50m: 31.41	31.41	150m: 1:56.94	42.43	250m: 3:22.34	46.40	350m: 4:48.57	37.88	
	100m: 1:14.51	43.10	200m: 2:35.94	39.00	300m: 4:10.69	48.35	400m: 5:24.64	36.07	
8.	Leendert Paans	De Biesboschzwemmers		5:30.00		200102805		5:26.16	
	50m: 32.87	32.87	150m: 1:57.66	45.90	250m: 3:28.96	48.18	350m: 4:51.77	35.63	
	100m: 1:11.76	38.89	200m: 2:40.78	43.12	300m: 4:16.14	47.18	400m: 5:26.16	34.39	
9.	Klaas Pit	De Forel		5:00.70		200104519		5:30.27	
	50m: 34.74	34.74	150m: 1:58.18	42.63	250m: 3:25.69	45.48	350m: 4:52.05	40.01	
	100m: 1:15.55	40.81	200m: 2:40.21	42.03	300m: 4:12.04	46.35	400m: 5:30.27	38.22	
10.	Tom Kruis	De Biesboschzwemmers		5:39.55		200000059		5:36.60	
	50m: 34.52	34.52	150m: 2:02.43	45.09	250m: 3:32.30	44.62	350m: 4:58.82	38.49	
	100m: 1:17.34	42.82	200m: 2:47.68	45.25	300m: 4:20.33	48.03	400m: 5:36.60	37.78	
11.	Devin Servais	Dommelbaarzen		NT		200202285		5:37.12	
	50m: 36.78	36.78	150m: 2:03.38	44.11	250m: 3:32.50	46.70	350m: 4:59.03	39.13	
	100m: 1:19.27	42.49	200m: 2:45.80	42.42	300m: 4:19.90	47.40	400m: 5:37.12	38.09	
12.	Stan de Swart	PSV		5:35.85		200300535		5:46.70	
	50m: 37.32	37.32	150m: 2:08.23	43.92	250m: 3:39.71	48.56	350m: 5:09.33	39.26	
	100m: 1:24.31	46.99	200m: 2:51.15	42.92	300m: 4:30.07	50.36	400m: 5:46.70	37.37	
13.	Ananye Achintye	PSV		6:02.00		200202349		5:57.52	
	50m: 36.74	36.74	150m: 2:06.13	46.84	250m: 3:43.97	52.29	350m: 5:18.79	40.53	
	100m: 1:19.29	42.55	200m: 2:51.68	45.55	300m: 4:38.26	54.29	400m: 5:57.52	38.73	
14.	Floris Verburgh	De Warande		5:52.97		200001191		6:07.34	
	50m: 37.67	37.67	150m: 2:15.70	49.11	250m: 3:53.59	50.19	350m: 5:26.74	40.70	
	100m: 1:26.59	48.92	200m: 3:03.40	47.70	300m: 4:46.04	52.45	400m: 6:07.34	40.60	
15.	Jeffrey Huynh	VZC E&P		NT		200300145		6:10.10	
	50m: 38.34	38.34	150m: 2:12.70	49.65	250m: 3:52.97	50.93	350m: 5:28.93	43.09	
	100m: 1:23.05	44.71	200m: 3:02.04	49.34	300m: 4:45.84	52.87	400m: 6:10.10	41.17	
AFGEM	Yuri Wasser	PSV		NT		200301327			
NG	Derk Beemer	PSV		6:08.84		200002901			