

## Verbetering zwemmer - Details

## Alle wedstrijden

Programmanr.	Ronde	Rang	Eindtijd	Pnt	Inschrijftijd	Datum	%	PR
<b>De Bevelanders</b>								<b>3</b>
<b>Bjorn van Son, 21-1-2010</b>								-
50m vrije slag	series	2.	59.82	-	NT		-	
50m rugslag	series	2.	1:06.57	-	NT		-	
<b>Brechtje Crajé, 7-4-2009</b>								-
100m vrije slag	series	11.	1:55.72	-	NT		-	
100m rugslag	series	10.	2:02.37	-	NT		-	
<b>Jan Mol, 13-1-2007</b>								<b>1</b>
100m rugslag	series	2.	1:26.52	-	1:30.50	9-6-2018	109%	
<b>Lieke Luteijn, 4-5-2008</b>								<b>1</b>
50m vrije slag	series	2.	48.85	-	50.48	25-2-2018	107%	
100m rugslag	series	12.	2:08.45	-	2:01.50	25-2-2018	89%	
<b>Sven Vette, 31-5-2009</b>								<b>1</b>
100m vrije slag	series	1.	1:33.08	-	1:45.45	25-2-2018	128%	
100m wisselslag	series	2.	1:44.31	-	NT		-	
<b>Tessa de Regt, 19-12-2008</b>								-
50m vrije slag	series	5.	54.43	-	NT		-	
100m rugslag	series	13.	2:19.81	-	NT		-	
200m wisselslag	series	AFGEM		-	NT		-	

De Krabben

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Hieronymus									26
Adam Ziani, 26-2-2011									2
25m vrije slag	series	1.	21.08	-	23.68	3-2-2018	126%		
25m rugslag	series	1.	24.61	-	26.73	3-2-2018	118%		
Alon Seniow, 26-5-2011									2
25m vrije slag	series	2.	23.90	-	32.72	3-2-2018	187%		
25m rugslag	series	2.	26.99	-	33.95	3-2-2018	158%		
Anoar Seniow, 15-12-2009									-
25m vrije slag	series	1.	21.39	-	NT		-		
25m rugslag	series	2.	25.34	-	NT		-		
Britt Jongeneelen, 4-1-2010									-
100m vrije slag	series	1.	1:48.30	-	NT		-		
100m wisselslag	series	1.	2:00.84	-	NT		-		
Cathalina Bals, 9-9-2009									-
25m vrije slag	series	2.	23.90	-	NT		-		
25m rugslag	series	2.	26.57	-	NT		-		
Delano van der Wegen, 12-7-2008									2
100m vrije slag	series	1.	1:14.91	-	1:20.00	14-4-2018	114%		
100m rugslag	series		1:28.60	-	1:30.90	10-6-2018	105%		
Eva Koremans, 3-7-2008									-
50m vrije slag	series	1.	47.75	-	NT		-		
50m rugslag	series	1.	53.80	-	NT		-		
Imke Gram, 22-1-2008									2
100m rugslag	series	1.	1:26.71	-	1:26.75	9-6-2018	100%		
200m wisselslag	series	1.	3:13.24	-	3:16.93	23-9-2018	104%		
Indy Verhoeven, 6-10-2009									-
25m vrije slag	series	1.	22.78	-	NT		-		
25m rugslag	series	1.	24.93	-	NT		-		
Jens van Sundert, 21-5-2009									-
100m wisselslag	series	1.	1:38.42	-	NT		-		
Jessy van Vlimmeren, 27-6-2008									2
100m rugslag	series	3.	1:35.58	-	1:40.22	9-6-2018	110%		
200m wisselslag	series	6.	3:32.71	-	3:35.76	10-6-2018	103%		
Joshua Prevoo, 22-6-2006									-
100m vrije slag	series	1.	1:42.17	-	NT		-		
Karlijn van der Schrier, 1-2-2009									2
100m vrije slag	series	3.	1:24.16	-	1:43.52	25-2-2018	151%		
100m rugslag	series	3.	1:36.62	-	1:39.71	10-6-2018	106%		
Kate de Boe, 29-8-2009									2
50m vrije slag	series	3.	49.73	-	1:02.99	3-2-2018	160%		
50m rugslag	series	3.	59.99	-	1:00.17	3-2-2018	101%		
Kick Buijs, 7-4-2010									-
50m vrije slag	series	1.	47.81	-	NT		-		
50m rugslag	series	1.	56.56	-	NT		-		
Meike Gram, 11-2-2011									-
50m vrije slag	series	1.	58.21	-	NT		-		
50m rugslag	series	1.	1:00.28	-	NT		-		
Pien Koop, 24-2-2009									2
100m vrije slag	series	1.	1:19.72	-	1:24.89	9-6-2018	113%		
100m rugslag	series	2.	1:31.05	-	1:35.70	10-6-2018	110%		
Quinty Buuron, 5-10-2010									-
25m vrije slag	series	5.	26.03	-	NT		-		
25m rugslag	series	4.	28.72	-	NT		-		
Robin Burger, 20-1-2010									2
50m vrije slag	series	2.	1:01.46	-	1:10.69	11-3-2018	132%		
50m rugslag	series	2.	1:18.02	-	1:25.95	28-1-2018	121%		
Romano Bernard, 26-10-2008									2
100m vrije slag	series	3.	1:42.14	-	2:11.10	25-2-2018	165%		
100m rugslag	series		1:51.14	-	1:56.36	28-1-2018	110%		
Rona Goverde, 17-7-2009									2
100m vrije slag	series	2.	1:20.95	-	1:24.91	9-6-2018	110%		
100m rugslag	series	1.	1:30.61	-	1:36.61	28-1-2018	114%		
Róben Geers, 5-5-2008									1
100m rugslag	series	7.	1:43.28	-	1:46.75	8-10-2017	107%		
Sarah Wessels, 2-7-2008									-
100m rugslag	series	6.	1:42.39	-	NT		-		
Storm Buijs, 9-7-2007									1
100m rugslag	series	5.	1:32.27	-	1:34.77	9-6-2018	105%		
200m wisselslag	series	6.	3:37.68	-	3:37.00	10-6-2018	99%		
Thijmen Puijssers, 14-5-2010									-
100m vrije slag	series	3.	1:44.35	-	NT		-		
100m wisselslag	series	3.	1:46.91	-	NT		-		

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Vera Bastiaensen, 4-3-2008								2
100m rugslag	series	2.	1:31.56	-	1:36.78	9-6-2018	112%	
200m wisselslag	series	2.	3:17.49	-	3:21.75	23-9-2018	104%	

Sg ZOC

Keyn Stroosnijder, 8-5-2008

25m vrije slag

series

2.

22.34

-

NT

-

25m rugslag

series

1.

23.27

-

NT

-

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<b>Z &amp; PC De Zeeuwse Kust 1</b>									<b>36</b>
Alina Louws, 11-5-2009									-
25m vrije slag	series	3.	24.43	-	NT			-	
25m rugslag	series	4.	30.70	-	NT			-	
Anouk Vis, 15-4-2009									1
100m vrije slag	series	9.	1:48.48	-	1:58.80	9-6-2018	120%		
Aymée Simons, 17-5-2009									1
50m vrije slag	series	4.	52.91	-	1:02.01	11-3-2018	137%		
50m rugslag	series	4.	1:03.58	-	NT			-	
Chloe Steendijk, 17-2-2011									1
25m vrije slag	series	9.	34.05	-	NT			-	
25m rugslag	series	8.	32.31	-	42.13	28-1-2018	170%		
Delano Meulmeester, 28-5-2008									-
25m vrije slag	series		AFGEM	-	NT			-	
25m rugslag	series		AFGEM	-	NT			-	
Dewi Mes, 22-1-2009									2
100m vrije slag	series	7.	1:35.68	-	1:45.11	9-6-2018	121%		
100m rugslag	series	7.	1:46.91	-	1:48.25	10-6-2018	103%		
Dirk de Kater, 13-8-2009									-
50m vrije slag	series	10.	1:09.54	-	NT			-	
50m rugslag	series	10.	1:05.44	-	NT			-	
Djelaysa Buunk, 26-10-2009									2
100m vrije slag	series	4.	1:30.94	-	1:45.23	9-6-2018	134%		
100m rugslag	series	5.	1:39.97	-	1:47.74	10-6-2018	116%		
Emma Boschloo, 15-4-2009									-
100m vrije slag	series	12.	2:00.99	-	NT			-	
Erekle Papunashvili, 29-9-2007									2
100m rugslag	series	1.	1:26.36	-	1:30.78	25-2-2018	110%		
200m wisselslag	series	1.	3:02.39	-	3:08.83	11-3-2018	107%		
Finn Bustraan, 1-8-2009									1
50m vrije slag	series	9.	53.75	-	1:17.82	11-3-2018	210%		
50m rugslag	series	9.	1:03.82	-	NT			-	
Floris Hoogesteger, 1-11-2010									1
25m vrije slag	series	5.	33.51	-	35.53	11-3-2018	112%		
25m rugslag	series	4.	31.74	-	NT			-	
Floris van Zweeden, 25-5-2007									2
50m vrije slag	series	5.	43.82	-	48.74	11-3-2018	124%		
50m rugslag	series	2.	48.64	-	52.70	28-1-2018	117%		
Gabriël Platteeuw, 10-9-2008									-
25m vrije slag	series		AFGEM	-	NT			-	
25m rugslag	series		AFGEM	-	NT			-	
Hugo van Beest, 12-4-2007									1
200m wisselslag	series	5.	3:31.78	-	3:43.21	10-6-2018	111%		
Jesse Koppejan, 26-5-2007									-
50m vrije slag	series		AFGEM	-	NT			-	
50m rugslag	series		AFGEM	-	NT			-	
Jip Peeters, 8-6-2009									2
100m vrije slag	series	6.	1:32.79	-	1:36.05	9-6-2018	107%		
100m rugslag	series	4.	1:37.50	-	1:47.49	28-1-2018	122%		
Josefien Stroo, 16-6-2008									2
100m rugslag	series	8.	1:44.10	-	1:46.33	9-6-2018	104%		
200m wisselslag	series	7.	3:44.34	-	3:46.92	23-9-2018	102%		
Juta-Cato te Winkel, 1-5-2010									-
25m vrije slag	series	3.	23.88	-	NT			-	
25m rugslag	series	5.	29.28	-	NT			-	
Kimi-Njordr Jonkman, 22-7-2007									2
100m rugslag	series	4.	1:30.34	-	1:33.95	25-2-2018	108%		
200m wisselslag	series	4.	3:27.17	-	3:28.81	10-6-2018	102%		
Kyvano Elslander, 21-11-2010									1
25m vrije slag	series	3.	25.05	-	29.52	11-3-2018	139%		
25m rugslag	series	3.	29.58	-	NT			-	
Lisa Koole, 15-11-2009									2
100m vrije slag	series	10.	1:50.32	-	1:54.21	9-6-2018	107%		
100m rugslag	series	9.	1:55.13	-	2:07.05	28-1-2018	122%		
Maceo Wisse, 11-2-2009									1
50m vrije slag	series	8.	51.64	-	1:02.40	11-3-2018	146%		
50m rugslag	series	7.	1:00.50	-	NT			-	
Madee Latuheru, 7-5-2011									-
25m vrije slag	series	8.	30.72	-	NT			-	
25m rugslag	series	7.	31.67	-	NT			-	
Meis Bergmans, 1-11-2010									-
25m vrije slag	series	7.	29.88	-	NT			-	
25m rugslag	series	6.	29.57	-	NT			-	

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Mikel Girgis, 26-6-2009									
25m vrije slag	series	3.	33.21	-	32.03	8-10-2017	93%		-
25m rugslag	series	3.	31.63	-	29.99	28-1-2018	90%		
Naomi Langemaire, 4-4-2008									1
100m rugslag	series	11.	1:57.01	-	NT		-		
200m wisselslag	series	8.	3:45.87	-	3:47.77	23-9-2018	102%		
Narkeasha Peterson, 3-4-2008									1
100m rugslag	series	5.	1:39.08	-	1:39.01	9-6-2018	100%		
200m wisselslag	series	4.	3:29.32	-	3:33.70	10-6-2018	104%		
Natalie Steendijk, 28-4-2008									-
50m vrije slag	series	6.	1:01.68	-	NT		-		
50m rugslag	series	5.	1:04.12	-	NT		-		
Niek Hoogesteger, 8-7-2008									2
100m vrije slag	series	2.	1:34.77	-	1:37.01	9-6-2018	105%		
100m rugslag	series		1:47.44	-	1:48.04	10-6-2018	101%		
Niels van Beest, 2-12-2009									1
50m vrije slag	series	7.	49.22	-	49.73	11-3-2018	102%		
50m rugslag	series	8.	1:01.04	-	NT		-		
Noor Ruitenbeek, 11-5-2009									2
100m vrije slag	series	5.	1:32.61	-	1:36.07		108%		
100m rugslag	series	6.	1:43.26	-	1:51.91		117%		
Sione Latuheru, 26-12-2008									1
200m wisselslag	series	10.	3:56.34	-	4:46.13	10-12-2017	147%		
Sven Kok, 24-8-2008									-
100m vrije slag	series	4.	2:06.44	-	NT		-		
100m rugslag	series		2:29.67	-	NT		-		
Sylvan Romeijnsen, 29-12-2009									-
100m vrije slag	series	2.	1:38.79	-	1:37.37	9-6-2018	97%		
Tess Odinot, 6-11-2008									1
50m vrije slag	series	7.	1:04.84	-	1:12.37	11-3-2018	125%		
50m rugslag	series	2.	57.33	-	NT		-		
Tycho Meliefste, 7-12-2008									-
50m vrije slag	series	6.	46.25	-	NT		-		
50m rugslag	series	6.	58.38	-	NT		-		
Verona van de Velde, 14-1-2010									-
25m vrije slag	series	4.	24.30	-	NT		-		
25m rugslag	series	2.	25.33	-	NT		-		
Vianne Goeree, 8-7-2008									2
100m rugslag	series	4.	1:36.87	-	1:43.50	9-6-2018	114%		
200m wisselslag	series	5.	3:30.66	-	3:46.76	11-3-2018	116%		
Zack Carbonel, 20-7-2010									-
25m vrije slag	series	4.	32.62	-	NT		-		
25m rugslag	series	5.	34.30	-	NT		-		
Ziva Lisman, 25-8-2009									1
100m vrije slag	series	8.	1:43.95	-	NT		-		
100m rugslag	series	8.	1:50.99	-	2:02.28	10-6-2018	121%		
Zoë Poppe, 2-11-2010									-
100m vrije slag	series	2.	1:55.67	-	NT		-		
100m wisselslag	series	2.	2:04.04	-	NT		-		

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Z&PC De Ganze								5
Abulfazi Nabizada, 1-7-2007								-
100m rugslag	series	7.	1:58.49	-	1:58.47	4-2-2018	100%	
200m wisselslag	series	7.	4:34.27	-	NT		-	
Bjorn van de Berge, 4-6-2007								2
100m rugslag	series	3.	1:27.22	-	1:33.78	9-6-2018	116%	
200m wisselslag	series	2.	3:03.97	-	3:27.08	11-3-2018	127%	
Elvina Louws, 28-4-2008								1
100m rugslag	series	10.	1:55.60	-	1:52.84	9-6-2018	95%	
200m wisselslag	series	11.	4:05.38	-	4:10.10	23-9-2018	104%	
Thijmen Lavooy, 10-8-2007								2
100m rugslag	series	6.	1:32.54	-	1:32.75	8-10-2017	100%	
200m wisselslag	series	3.	3:26.73	-	3:35.79	11-3-2018	109%	
Zenna Jansen, 14-9-2008								-
100m rugslag	series	9.	1:52.50	-	NT		-	
200m wisselslag	series	9.	3:55.95	-	NT		-	



Zeelandia

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ZPC De Zeeuwse Kust

Zwemclub Koewacht

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<b>Zwemvereniging De Zilvermeeuw</b>									<b>14</b>
<b>Dylano Van Brussel, 16-12-2009</b>									<b>1</b>
50m vrije slag	series	4.	42.84	-	55.08	15-4-2018	165%		
50m rugslag	series	5.	54.04	-	52.48	7-10-2018	94%		
<b>Giulia Rond, 8-4-2008</b>									<b>1</b>
200m wisselslag	series	3.	3:29.16	-	3:33.78	23-9-2018	104%		
<b>Jade Verhaegen, 5-7-2010</b>									<b>1</b>
25m vrije slag	series	2.	22.35	-	22.99	15-4-2018	106%		
25m rugslag	series	1.	25.07	-	24.73	23-6-2018	97%		
<b>Jens van Gils, 13-6-2007</b>									<b>2</b>
50m vrije slag	series	1.	39.38	-	40.06	30-9-2018	103%		
50m rugslag	series	3.	49.33	-	51.45	15-4-2018	109%		
<b>Joanna Corporaal, 10-3-2010</b>									<b>2</b>
25m vrije slag	series	1.	21.61	-	23.65	23-6-2018	120%		
25m rugslag	series	3.	26.48	-	28.87	12-5-2018	119%		
<b>Julia Grytz, 28-1-2008</b>									<b>2</b>
25m vrije slag	series	4.	25.14	-	29.36	1-7-2018	136%		
25m rugslag	series	3.	27.49	-	28.20	26-11-2017	105%		
<b>Kobe Verhaegen, 4-4-2008</b>									<b>1</b>
50m vrije slag	series	3.	42.19	-	48.08	12-5-2018	130%		
50m rugslag	series	4.	50.96	-	NT		-		
<b>Luca Bogaert, 31-12-2009</b>									<b>-</b>
25m vrije slag	series		AFGEM	-	23.66	30-9-2018	-		
25m rugslag	series		AFGEM	-	28.27	12-5-2018	-		
<b>Seppe Beunis, 7-6-2008</b>									<b>1</b>
50m vrije slag	series	2.	40.13	-	42.43	12-5-2018	112%		
50m rugslag	series	1.	47.57	-	NT		-		
<b>Sergio Rond, 25-8-2010</b>									<b>1</b>
100m vrije slag	series	4.	2:02.63	-	2:13.72	25-2-2018	119%		
<b>Zora Spriet, 5-8-2011</b>									<b>2</b>
25m vrije slag	series	6.	27.71	-	31.85	30-9-2018	132%		
25m rugslag	series	9.	36.21	-	42.20	23-6-2018	136%		