

Limietwedstrijd Lange Baan Eindhoven
Eindhoven, 17-2-2019

Programmanr. 3
17-2-2019 - 12:55

Dames, 400m wisselslag

Senioren Open
Resultaten

Rang					In.tijd					Tijd		
1.	Tessa Giele				Feijenoord Albion	5:17.22	200203124	5:30.61				
	50m:	31.62	31.62	150m:	1:52.92	43.17	250m:	3:23.37	48.34	350m:	4:52.43	40.65
	100m:	1:09.75	38.13	200m:	2:35.03	42.11	300m:	4:11.78	48.41	400m:	5:30.61	38.18
2.	Roos Englebert				Hieronymus	5:25.33	200200606	5:32.48				
	50m:	34.68	34.68	150m:	2:00.67	43.61	250m:	3:29.18	47.72	350m:	4:55.43	38.44
	100m:	1:17.06	42.38	200m:	2:41.46	40.79	300m:	4:16.99	47.81	400m:	5:32.48	37.05
3.	Kira Tomcsik				Tiense Zwemmers	5:24.49	TZ/21005/04	5:33.41				
	50m:	34.18	34.18	150m:	1:58.72	43.25	250m:	3:30.17	47.84	350m:	4:58.20	39.10
	100m:	1:15.47	41.29	200m:	2:42.33	43.61	300m:	4:19.10	48.93	400m:	5:33.41	35.21
4.	Robin Vermeulen				MNC Dordrecht	NT	200700412	5:58.33				
	50m:	36.46	36.46	150m:	2:12.08	48.50	250m:	3:49.27	52.21	350m:	5:23.23	40.88
	100m:	1:23.58	47.12	200m:	2:57.06	44.98	300m:	4:42.35	53.08	400m:	5:58.33	35.10
5.	Shanna Joppe				Z & PC De Zeeuwse Kust 1	5:49.79	200601186	5:59.74				
	50m:	39.38	39.38	150m:	2:14.30	47.56	250m:	3:48.63	48.75	350m:	5:19.99	42.29
	100m:	1:26.74	47.36	200m:	2:59.88	45.58	300m:	4:37.70	49.07	400m:	5:59.74	39.75
6.	Ylva Konings				Hellas-Glana	NT	200700148	6:03.05				
	50m:	38.76	38.76	150m:	2:11.86	45.64	250m:	3:49.71	52.99	350m:	5:24.22	41.22
	100m:	1:26.22	47.46	200m:	2:56.72	44.86	300m:	4:43.00	53.29	400m:	6:03.05	38.83
7.	Rachelle Luimes				Hellas-Glana	6:14.26	200500654	6:05.38				
	50m:	37.62	37.62	150m:	2:08.24	45.15	250m:	3:48.22	54.38	350m:	5:25.19	41.44
	100m:	1:23.09	45.47	200m:	2:53.84	45.60	300m:	4:43.75	55.53	400m:	6:05.38	40.19
8.	Isa Coenen				Hellas-Glana	6:03.41	200300704	6:09.47				
	50m:	40.23	40.23	150m:	2:17.86	49.25	250m:	3:56.01	50.82	350m:	5:29.90	41.40
	100m:	1:28.61	48.38	200m:	3:05.19	47.33	300m:	4:48.50	52.49	400m:	6:09.47	39.57
9.	Leonie Habraken				Argo	5:58.98	200501184	6:09.79				
	50m:	43.39	43.39	150m:	2:23.66	47.23	250m:	3:59.87	49.77	350m:	5:31.82	41.05
	100m:	1:36.43	53.04	200m:	3:10.10	46.44	300m:	4:50.77	50.90	400m:	6:09.79	37.97
10.	Dide Provily				ZPC Wiekslag	NT	200700480	6:20.66				
	50m:	41.40	41.40	150m:	2:18.19	45.68	250m:	4:00.49	57.02	350m:	5:39.35	41.82
	100m:	1:32.51	51.11	200m:	3:03.47	45.28	300m:	4:57.53	57.04	400m:	6:20.66	41.31
11.	Lisa Roberts				Hellas-Glana	NT	200700170	6:23.96				
	50m:	43.08	43.08	150m:	2:26.59	49.39	250m:	4:05.89	50.53	350m:	5:42.52	44.16
	100m:	1:37.20	54.12	200m:	3:15.36	48.77	300m:	4:58.36	52.47	400m:	6:23.96	41.44
12.	Skye van Gilse				SG Bommelerwaard	NT	200700606	6:24.06				
	50m:	40.60	40.60	150m:	2:21.70	46.74	250m:	4:01.19	52.81	350m:	5:39.32	44.61
	100m:	1:34.96	54.36	200m:	3:08.38	46.68	300m:	4:54.71	53.52	400m:	6:24.06	44.74
13.	Juliette Krichel				Zwemsport Parkstad 1	6:46.11	200600270	6:25.95				
	50m:	39.67	39.67	150m:	2:22.50	51.49	250m:	4:04.65	54.41	350m:	5:44.55	44.18
	100m:	1:31.01	51.34	200m:	3:10.24	47.74	300m:	5:00.37	55.72	400m:	6:25.95	41.40
14.	Jennifer Koonen				Zwemsport Parkstad 1	6:35.31	200500386	6:26.21				
	50m:	40.95	40.95	150m:	2:21.36	49.71	250m:	4:05.39	55.83	350m:	5:44.86	41.99
	100m:	1:31.65	50.70	200m:	3:09.56	48.20	300m:	5:02.87	57.48	400m:	6:26.21	41.35
15.	Isabelle Janssen				MNC Dordrecht	6:35.10	200006318	6:40.99				
	50m:	46.02	46.02	150m:	2:31.30	52.73	250m:	4:19.25	56.16	350m:	5:59.29	43.23
	100m:	1:38.57	52.55	200m:	3:23.09	51.79	300m:	5:16.06	56.81	400m:	6:40.99	41.70
16.	Laura van Lierop				Psv	NT	200700810	6:43.75				
	50m:	43.54	43.54	150m:	2:32.67	52.20	250m:	4:15.87	52.16	350m:	5:58.84	46.83
	100m:	1:40.47	56.93	200m:	3:23.71	51.04	300m:	5:12.01	56.14	400m:	6:43.75	44.91
17.	Rosalie van der Bijl				Hieronymus	7:08.09	200701644	6:54.18				
	50m:	45.13	45.13	150m:	2:34.87	51.67	250m:	4:23.60	58.80	350m:	6:09.05	46.49
	100m:	1:43.20	58.07	200m:	3:24.80	49.93	300m:	5:22.56	58.96	400m:	6:54.18	45.13