

Event 1  
13-1-2024 - 13:45

Women, 400m Medley

Senioren Open  
Results

rang	naam	vereniging	intijd	tijd	RT
<b>Junioren 1 en 2</b>					
1.	Yill van Bezouw	Hieronymus	5:20.96	201100704	<b>5:30.55</b> +0,79
	50m: 34.32	34.32 150m: 1:58.74	43.00	250m: 3:26.92	46.46 350m: 4:53.01
	100m: 1:15.74	41.42 200m: 2:40.46	41.72	300m: 4:13.50	46.58 400m: 5:30.55
2.	Lise Markes	Sbc2000	6:03.41	201101276	<b>5:58.16</b> +0,85
	50m: 36.62	36.62 150m: 2:07.84	46.62	250m: 3:42.75	50.11 350m: 5:18.21
	100m: 1:21.22	44.60 200m: 2:52.64	44.80	300m: 4:33.58	50.83 400m: 5:58.16
3.	Brecht van Ravensteijn	Arethusa	6:32.52	201100738	<b>6:06.47</b>
	50m: 40.48	40.48 150m: 2:17.77	48.28	250m: 3:52.20	48.13 350m: 5:25.78
	100m: 1:29.49	49.01 200m: 3:04.07	46.30	300m: 4:42.69	50.49 400m: 6:06.47
4.	Kendra van der Voort	Arethusa	6:28.99	201100536	<b>6:22.35</b> +0,89
	50m: 42.26	42.26 150m: 2:23.98	48.76	250m: 4:03.19	51.20 350m: 5:41.72
	100m: 1:35.22	52.96 200m: 3:11.99	48.01	300m: 4:57.83	54.64 400m: 6:22.35
5.	Tesse van de Wetering	Arethusa	6:41.31	201200780	<b>6:33.32</b> +0,77
	50m: 43.24	43.24 150m: 2:28.86	50.23	250m: 4:11.71	55.23 350m: 5:53.21
	100m: 1:38.63	55.39 200m: 3:16.48	47.62	300m: 5:08.90	57.19 400m: 6:33.32
6.	Kate Broekman	Arethusa	6:58.61	201200176	<b>6:51.61</b>
	50m: 46.82	46.82 150m: 2:37.67	52.82	250m: 4:24.18	56.87 350m: 6:07.51
	100m: 1:44.85	58.03 200m: 3:27.31	49.64	300m: 5:21.47	57.29 400m: 6:51.61

**Junioren 3 en 4**

1.	Luus Gielens	Psv	5:08.89	200900138	<b>5:10.98</b> +0,87
	50m: 32.96	32.96 150m: 1:50.98	39.84	250m: 3:15.03	46.61 350m: 4:35.76
	100m: 1:11.14	38.18 200m: 2:28.42	37.44	300m: 4:00.13	45.10 400m: 5:10.98
2.	Bregje Dekkers	Psv	5:09.48	200900746	<b>5:20.11</b> +0,71
	50m: 33.85	33.85 150m: 1:54.80	42.23	250m: 3:21.31	45.13 350m: 4:44.05
	100m: 1:12.57	38.72 200m: 2:36.18	41.38	300m: 4:07.74	46.43 400m: 5:20.11
3.	Kinley Cole	Psv	5:43.29	200903696	<b>5:34.96</b> +0,76
	50m: 34.98	34.98 150m: 1:58.81	42.33	250m: 3:30.72	50.32 350m: 4:59.35
	100m: 1:16.48	41.50 200m: 2:40.40	41.59	300m: 4:21.70	50.98 400m: 5:34.96
4.	Renske van den Bosch	V.Z.V. Njord	6:04.28	201001828	<b>5:48.47</b>
	50m: 38.21	38.21 150m: 2:07.39	43.31	250m: 3:40.00	49.92 350m: 5:10.27
	100m: 1:24.08	45.87 200m: 2:50.08	42.69	300m: 4:31.12	51.12 400m: 5:48.47
5.	Annebel Kluijtmans	Arethusa	5:44.48	200900808	<b>5:52.06</b> +0,71
	50m: 38.42	38.42 150m: 2:05.57	41.41	250m: 3:35.61	47.83 350m: 5:08.66
	100m: 1:24.16	45.74 200m: 2:47.78	42.21	300m: 4:25.38	49.77 400m: 5:52.06
6.	Jayna Wagemakers	Hieronymus	5:48.86	201000226	<b>5:59.51</b>
	50m: 36.89	36.89 150m: 2:06.16	42.68	250m: 3:40.38	50.90 350m: 5:18.44
	100m: 1:23.48	46.59 200m: 2:49.48	43.32	300m: 4:33.54	53.16 400m: 5:59.51
7.	Rona Goverde	Hieronymus	6:00.40	200900298	<b>6:00.00</b> +0,90
	50m: 38.21	38.21 150m: 2:10.76	46.64	250m: 3:46.47	51.17 350m: 5:21.46
	100m: 1:24.12	45.91 200m: 2:55.30	44.54	300m: 4:39.26	52.79 400m: 6:00.00
8.	Kyana de Vries	ZWK Merlet	5:59.31	200901260	<b>6:01.21</b> +0,80
	50m: 37.67	37.67 150m: 2:08.50	45.39	250m: 3:42.27	47.75 350m: 5:16.49
	100m: 1:23.11	45.44 200m: 2:54.52	46.02	300m: 4:31.51	49.24 400m: 6:01.21
9.	Alexx Broekman	Arethusa	5:46.62	200902374	<b>6:10.81</b> +0,98
	50m: 37.71	37.71 150m: 2:13.52	47.02	250m: 3:52.14	53.20 350m: 5:28.41
	100m: 1:26.50	48.79 200m: 2:58.94	45.42	300m: 4:46.03	53.89 400m: 6:10.81
10.	Ilja van Gemeren	Arethusa	6:22.92	201001330	<b>6:19.21</b>
	50m: 41.38	41.38 150m: 2:21.29	49.05	250m: 3:58.89	51.07 350m: 5:36.03
	100m: 1:32.24	50.86 200m: 3:07.82	46.53	300m: 4:51.04	52.15 400m: 6:19.21

**Jeugd 1 en 2**

1.	Julie van Nispen	Nuenen	5:25.39	200800290	<b>5:14.94</b> +0,85
	50m: 33.54	33.54 150m: 1:55.04	40.17	250m: 3:19.82	46.46 350m: 4:41.73
	100m: 1:14.87	41.33 200m: 2:33.36	38.32	300m: 4:06.12	46.30 400m: 5:14.94
2.	Isa Jansen	Sbc2000	5:17.52	200701176	<b>5:21.79</b> +0,74
	50m: 33.61	33.61 150m: 1:55.09	39.83	250m: 3:20.16	45.39 350m: 4:44.59
	100m: 1:15.26	41.65 200m: 2:34.77	39.68	300m: 4:06.10	45.94 400m: 5:21.79
3.	Lotte Blanken	Sbc2000	5:52.79	200801476	<b>5:40.01</b> +0,77
	50m: 35.55	35.55 150m: 2:02.52	43.20	250m: 3:32.88	47.83 350m: 5:03.48
	100m: 1:19.32	43.77 200m: 2:45.05	42.53	300m: 4:21.59	48.71 400m: 5:40.01

Event 1, Girls, 400m Medley, Jeugd 1 en 2

rang	naam	vereniging	intijd	tijd	RT	
4.	Livia Groenewegen	Psv	5:47.87	200700244	5:42.03 +0,81	
	50m: 35.00	35.00	150m: 2:00.77	42.67	250m: 3:32.96	49.53
	100m: 1:18.10	43.10	200m: 2:43.43	42.66	300m: 4:21.82	48.86
					350m: 5:02.08	40.26
					400m: 5:42.03	39.95
5.	Manadou Verhaar	AquaDream	6:00.94	200801376	5:51.62 +0,70	
	50m: 33.99	33.99	150m: 1:58.60	44.03	250m: 3:35.97	53.99
	100m: 1:14.57	40.58	200m: 2:41.98	43.38	300m: 4:30.85	54.88
					350m: 5:12.05	41.20
					400m: 5:51.62	39.57

Senioren 1 en ouder

1.	Nikita van den Ouden	Psv	4:49.21	199900622	4:55.17 +0,71	
	50m: 30.26	30.26	150m: 1:43.74	38.51	250m: 3:02.63	42.24
	100m: 1:05.23	34.97	200m: 2:20.39	36.65	300m: 3:45.19	42.56
					350m: 4:20.83	35.64
					400m: 4:55.17	34.34
2.	Robin Goossens	Nuenen	4:58.42	200003128	5:02.74 +0,72	
	50m: 31.76	31.76	150m: 1:50.31	40.89	250m: 3:09.63	40.86
	100m: 1:09.42	37.66	200m: 2:28.77	38.46	300m: 3:50.38	40.75
					350m: 4:27.51	37.13
					400m: 5:02.74	35.23
3.	Selene Wortel	Hieronymus	5:14.96	199700654	5:14.05 +0,69	
	50m: 32.25	32.25	150m: 1:52.07	41.33	250m: 3:17.04	44.28
	100m: 1:10.74	38.49	200m: 2:32.76	40.69	300m: 4:02.05	45.01
					350m: 4:38.49	36.44
					400m: 5:14.05	35.56
4.	Valesca van den Bogert	Hieronymus	5:10.65	200102138	5:17.71 +0,74	
	50m: 33.08	33.08	150m: 1:53.60	41.37	250m: 3:19.18	44.39
	100m: 1:12.23	39.15	200m: 2:34.79	41.19	300m: 4:03.25	44.07
					350m: 4:41.08	37.83
					400m: 5:17.71	36.63
5.	Liselotte Joling	Psv	5:36.31	197500268	5:41.64 +0,65	
	50m: 36.01	36.01	150m: 2:03.81	46.03	250m: 3:35.98	48.38
	100m: 1:17.78	41.77	200m: 2:47.60	43.79	300m: 4:25.49	49.51
					350m: 5:04.59	39.10
					400m: 5:41.64	37.05
6.	Fiona Meuffels	Psv	5:36.85	199504366	5:42.02 +0,71	
	50m: 35.24	35.24	150m: 2:04.31	45.24	250m: 3:35.48	46.66
	100m: 1:19.07	43.83	200m: 2:48.82	44.51	300m: 4:23.46	47.98
					350m: 5:02.72	39.26
					400m: 5:42.02	39.30
7.	Isabel van Alebeek	Wzvv	5:49.86	200301694	5:49.13 +0,77	
	50m: 34.31	34.31	150m: 1:59.54	43.88	250m: 3:34.95	51.08
	100m: 1:15.66	41.35	200m: 2:43.87	44.33	300m: 4:26.23	51.28
					350m: 5:07.95	41.72
					400m: 5:49.13	41.18
8.	Anne de Beer	ZWK Merlet	5:46.13	200502878	5:56.71 +0,79	
	50m: 37.78	37.78	150m: 2:08.37	45.39	250m: 3:40.19	47.77
	100m: 1:22.98	45.20	200m: 2:52.42	44.05	300m: 4:31.10	50.91
					350m: 5:15.01	43.91
					400m: 5:56.71	41.70
9.	Birgit Hage	Psv	5:41.71	200602898	5:58.39 +0,85	
	50m: 34.76	34.76	150m: 2:02.20	44.47	250m: 3:39.81	55.05
	100m: 1:17.73	42.97	200m: 2:44.76	42.56	300m: 4:36.49	56.68
					350m: 5:17.52	41.03
					400m: 5:58.39	40.87